

Mason's Island Yacht Club Opti Regatta 2026

July 28, 2026

Sailing Instructions

1. Rules: This regatta will be governed by The Racing Rules of Sailing and the Notice of Race, except as any of these are changed by the sailing instructions or its amendments.
2. Changes to the Sailing Instructions: Amendments to the Sailing Instructions will be posted online at theclubspot.com notice area before the competitors' meeting or verbally at the competitors' meeting. For on-the-water changes to the sailing instructions, the change will be announced by the Race Committee (RC) verbally.
3. Code of Conduct: Competitors and support persons shall comply with reasonable requests from race officials.
4. Signals Made Ashore: Will be auditory from the flagpole area of Mason's Island Yacht Club.
5. Schedule of Regatta:
 - *09:00-9:45 Check in
 - *09:45 RWB/Green Competitors' meeting outdoors at MIYC flagpole.
 - *10:00 Harbor Start RWB
 - *10:10 Harbor Start Green Each competitor must check in with RC before First Gun by sailing by the RC boat and identifying themselves. (Sailing Instructors feel free to go to starting area and prompt your sailors.)
 - *10:45 First warning RWB *10:45 First warning Green
 - *TBD Lunch (hamburgers/hotdogs/PBJ*) on shore Green
 - *TBD Lunch (hamburgers/hotdogs/PBJ*) on shore RWB

Sailing instructors please check in with RC if there are any changes to your roster after lunch.

*Racing resumes

*No warning signal shall be made after 15:30 *Awards ASAP after conclusion of racing

6. The Racing Area: Unless otherwise specified all races will be sailed in the waters east of Mason's Island.

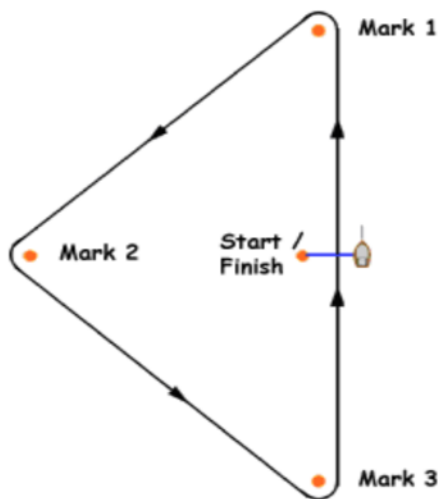
7. The Course:

The course letter will be posted on the committee boat.

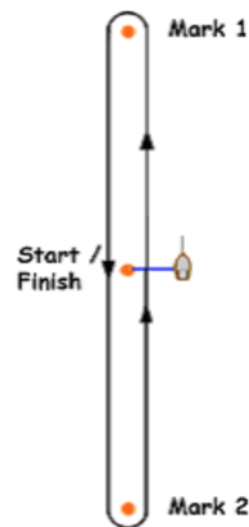
Marks will be orange inflatable shapes for the RWB fleets and inflatable animals for the green fleet.

The start and finish marks will either be an orange ball or a stake boat. The line will be sighted from the orange flag on the Committee boat and the mast on the stake boat if it is used. Note that Course W may include an offset buoy at the windward mark at the race committee's discretion.

Course T: modified triangle



Course W: windward



Note that Course W may include an offset buoy at the windward mark at the race committee's discretion.

8. Protest: Boats protesting will act according to RRS 61 except as modified in these sailing instructions. Upon finishing the race, you must tell the race committee whom you are protesting. You must

deliver your protest to the race committee within 30 minutes of the RC boat docking.

9. Safety: Each competitor shall wear a U.S. Coast Guard approved PFD, properly secured at all times, from dock to dock, except briefly while adding or removing clothing. Wet suits, dry suits, non-U.S. Coast Guard approved buoyancy aids, and inflatable PFDs do not constitute adequate personal buoyancy. This changes RRS 40.

10. The Start: Races will be started using the Sound Signal Starting System (a/k/a “three- minute dinghy starts”) of RRS Appendix U. This changes RRS 26.

11. Recalls – Individual Recall: will be signaled by Flag “X” and one sound signal. The Race Committee will attempt to hail the sail number of any boats over early. Failure to hear a hail shall not be considered ground for redress. General Recall will be signaled with two horn blasts and the first repeater will be hoisted. After a General Recall the one- minute (around the ends) rule will be in effect.

12. Time Limit: for the first boat to finish will be 60 minutes. Those boats that do not finish within 30 minutes of the first boat will be scored DNF. At the discretion of the Race Committee, the race may be abandoned if it seems futile. The Race Committee may also give boats their position to expedite the regatta.

13. Scoring Low Point System, Appendix A of the racing Rules of Sailing, will be used. If five or more races are completed, a boat’s series score shall be the total of her race scores excluding her worst score.

14. Support Craft/Spectator boats: Support Craft and Spectator Boats shall always stay clear of the race area(s) and stay outside of the course area. Coaching may occur only between races, up to the warning signal and well clear of the finishing area and any boats still on the course. Support craft shall be required to always monitor VHF Channel 69 for Green Fleet and VHF Channel 01A for RWB Fleet.

15. Risk Statement: RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’

By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

16. Lunch will be served on land. Hamburgers, hotdogs, chips, peanut butter and jelly sandwiches, and watermelon are provided for all registered sailors and instructors. Lunch is available for purchase for visitors while supplies are available. Water jugs will be available on land to refill water bottles. Please remember to bring a refillable water bottle.

****Participants with food allergies should bring their own lunch. MIYC cannot accommodate individual dietary restrictions.** The Mason's Island Yacht Club Race Committee and Instructor Staff appreciate your cooperation and wish all sailors the best of luck in this year's regatta. Thank you for your support and for coming to our regatta!