

FOIL Kingston Regatta Ontario Provincial WASZP Championship



Organizing authority: Kingston Yacht Club (KYC)

July 17 - 19, 2026

Kingston Yacht Club
Kingston, Ontario, Canada

WE CAN FOIL

Sailing Instructions (SI)

The notation '[NP]' in a rule in the Sailing Instructions (SIs) means that a boat/board may not protest another boat/board for breaking that rule. This changes RRS 60.1 (a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to schedule of races will be posted by 2000 on the day before it will affect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the online official notice board located at [Regattas - Kingston Yacht Club](#).
- 3.2 On the water, the Race committee intends to monitor and communicate on VHF radio channel 69.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials, KYC staff members, or launch area volunteers.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the main flagpole located at the western break wall at Kingston Yacht Club.
- 5.2 When the flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 A maximum of eight races per day are scheduled.
- 6.2 The warning signal for the first race each day will be made at 1100.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7 CLASS FLAG

- 7.1 The WASZP class flag will be the black WASZP insignia on a white background.
- 7.2 The Wingfoil class flag will be numeral pennant 1.

8 RACING AREA

- 8.1 Racing will be conducted in the area southwest of Kingston Yacht Club.

9 COURSES

- 9.1 The diagram in SI Addendum A show the course, the course designations, and the order in which marks are to be passed and the side on which each mark is to be left.

10 MARKS

Mark	Description
1s, 2p, 2s	Yellow autonomous mark
Start/Finish	Red autonomous mark

11 THE START

- 11.1 RRS 26 is changed as follows:

Signal	Minutes before the start	Sound Signal	Visual Signal
Warning	3	One	Class flag displayed
Preparatory	2	One	Preparatory flag displayed
One-minute	1	One-Long	Preparatory flag removed
Starting	0	One	Class flag removed

- 11.2 The starting line will be between the staff displaying an orange flag on the committee boat and the start mark.
- 11.3 A boat/board that does not start within 2 minutes after the starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12 THE FINISH AND GRAND PRIX SCORING

- 12.1 The finish line will be between the staff displaying the blue flag on the committee boat and the course side of the finish mark.
- 12.2 When the first boat/board sails the race, the race committee vessel will immediately display a green flag with a sound signal.
- 12.3 A boat/board that completes two legs of the course but does not cross the finishing line within 15 minutes after the lead boat/board finishes will be scored according to its position at mark 2. The changes RRS 28.1, A5.1 and A5.2.
- 12.4 A boat/board that fails to complete two legs within 10 minutes after the lead boat finishes will be scored DNF.
- 12.5 [DP] If a boat/board is asked by an official vessel, it shall return to the starting area and scored in their last known position. This changes RRS 28.1, A5.1, and A5.2.
- 12.6 [DP] Boats/boards that have finished racing shall sail clear of the finish area.

13 TIME LIMITS AND TARGET TIMES

- 13.1 The time limits and targets for each race will be as follows:

Mark 2 Time Limit	Target Time	Race Time Limit	Finish Time Window
20 minutes	15 minutes	30 minutes	10 minutes

- 13.2 If no competitor has passed Mark 2 within the Mark 1 time limit, the race will be abandoned.
- 13.3 Competitors that do not finish within the Finish Time Window will be scored from

their position at Mark 2.

- 13.4 Failure to meet target time is not grounds for redress. This changes RRS 61.

14 HEARING REQUESTS

- 14.1 The protest time limit is 60 minutes after the last boat/board finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 14.2 Hearing request forms are available on-line (<https://www.sailing.ca/protests-appeals/>), from the protest committee or on-shore volunteers.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearing may be a mix of in-person and videoconference. The location, date and time of hearings will be posted on the notice board.

15 [DP][NP] SAFETY REGULATIONS

- 15.1. Competitors shall check in with shore volunteers at the launching area prior to racing and again following racing. Failure to check in or out will be subject to penalty.
- 15.2 A competitor that retires from a race shall notify the Race committee, a safety boat, or a launch area volunteer as soon as possible.

16 SUPPORT BOATS

- 16.1 Support persons shall stay outside of areas where competitors are racing from the time of the preparatory signal until all competitors have finished or retired or the Race committee signals a postponement, general recall, or abandonment.
- 16.2 All support boats must register with the organizing authority.

SI ADDENDUM A – COURSE DIAGRAM

