



MARLIN SAILING SCHOOL

SEPTEMBER 11 - 13 2026

SAILING INSTRUCTIONS

Organizing Authority:

Marlin Sailing School Ceiba, PR

September 11-13, 2026

1. RULES

- 1.1 This Regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS). To the extent permitted by Part 7 of the RRS, specific provisions of the RRS may be modified, altered, or made inoperative by the Notice of Race (NOR) or the Sailing Instructions (SI).
- 1.2 By the act of entering, all participants (sailors, crew, parents, support staff, among others) agree to be bound by the RRS as well as all other rules and regulations that govern this event.
- 1.3 This Regatta is sanctioned by the Puerto Rico Sailing Federation (FVPR) as a qualifying event for the 2026 World Sailing Youth Championship to be held from December 11, 2026, until December 19, 2026, in Vilamoura, Portugal, for the classes ILCA 6, IQ Foil, 29er and C420.
- 1.4 Rules of participating ONE DESIGN C420, ILCA, 29er, IQ Foil, Optimist and O'Day Mariner classes will apply, except as modified, altered or made inoperative by the NOR or the SI, to the extent permitted by such class rules.
- 1.5 For the Optimist Green, Optimist Super Green, and O'Day Mariner Classes, if the sustained winds speeds exceed 20 knots, the Race Officer (RO) shall postpone, cancel the race or shorten the course as applicable.
- 1.6 Competitors and support persons shall abide and follow the FVPR, PROA codes of conduct and with reasonable requests from race officials.
- 1.7 If there is a conflict between languages, the English text will take precedence.

2. SAFETY REGULATIONS

- 2.1 [DP] Before leaving to race on each scheduled racing day and upon returning to shore, competitors shall personally sign in and out on with the respective Shore Committee person who will be located at the Ramp Area's tent.
- 2.2 [DP] All boats that intend to compete shall check in with the RCSV upon arrival to the racing area. Failure to do so could constitute grounds for disqualification.
- 2.3 [DP] A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the race officer as soon as possible after returning ashore.
- 2.4 All Dinghy competitors shall always wear a PFD (Personal Flotation Device) while afloat in compliance with applicable regulations. This changes RRS 40.1
- 2.5 All Dinghy competitors are required to have a whistle attached to PFD.

3. NOTICE TO COMPETITORS

3.1 Notice to competitors will be posted on the Official Notice Board located at the Regatta Clubspot Website.

4. CHANGES IN SAILING INSTRUCTIONS

4.1 Any changes to the Sailing Instructions will be posted before 0900 hours of the day it will take effect, except that any changes to the schedule will be posted by 2000 hours on the day before it will take effect. Notices shall be posted via Regatta Clubspot Website.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the ramp's tent located in Marlin Sailing School (MSS).

5.2 If the AP flag is displayed ashore, when it is dropped, no race will begin for at least 30 minutes, this changes Race Signals.

5.3 Flag D with one sound indicates Harbor Launch. Boats shall not leave their assigned space until this signal is made. The warning signal will not be made before the scheduled time or 30 minutes after flag D is displayed.

6. SCHEDULE OF RACES

6.1 Saturday, September 12, 2026, and Sunday, September 13, 2026.

6.2 [DP] Mandatory Competitors & Coaches' Meeting at 0930 hrs at the MSS facilities on Saturday, September 12, 2026.

6.3 A boat, competitor or coach shall not leave its assigned boat bay until D Flag is displayed ashore.

6.4 The warning signal for the first race on Saturday will be 1200 hrs and Sunday will be 1100 hrs.

6.5 No warning signal will be hoisted after 1400 hrs on Sunday.

6.6 Multiple races scheduled back-to-back races each day will be run each day.

6.7 The award ceremony will be held on Sunday, September 13, 2025, beginning at 1600 hours, at the MSS Facilities.

7. CLASS FLAGS

7.1 The following class flag are designated for the following classes:

Class	Flag
Optimist Super Green	Class Flag
Optimist Green	Class Flag
Optimist RWB	Class Flag
ILCA 4 (Incl. Green) & 6	Class Flag
C420	Class Flag
29er	Class Flag
IQ Foil	Class Flag
O'Day Mariner	Class Flag

8. RACING AREA

- 8.1 The navigable waters in the Ensenada Honda Bay at former Roosevelt Roads Naval Station as shown in Appendix A. NOAA Chart #25666. And the waters of the Passage outside Ensenada Honda.
- 8.2 There will be three (3) Racing Areas for the competition, as shown in Appendix A. Racing Area A; will be for Optimist Super Green, Racing Area B; will be for Optimist Green, ILCA 4 (Green), IQ Foil O'Day Mariner, and Racing Area C; will be for Optimist RWB, ILCA (4 & 6), C420 & 29er.

9. THE COURSES

- 9.1 The courses diagrams in Appendix B will be sailed at the discretion of the RC. Appendix B shows the approximate configuration of the courses including the order in which the marks are to be rounded, and the side on which each mark is to be left. Although the RC will attempt to set courses that comply with these illustrations, failure to duplicate them precisely shall not be grounds for protest or redress.
- 9.2 The course number designation for the course to be sailed by each class will be posted no later than four (4) minutes before each start for that class by the Race Committee Signals Vessel displaying the designated numeral pennant. This changes RRS 27.1.
- 9.3 The Race Office (RO) may change location of any course due to weather conditions.

10. MARKS

- 10.1 All the marks for the race series are as described as temporary buoys of different shapes and are yellow, orange, and white in color.
- 10.2 All Marks are to be left to PORT unless specified with (S) at a gate, or the finish line in an upwind finish.

11. THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the RCSV at the starboard end of the starting line and a mark on the port end starting line.
- 11.2 Boats whose warning signal has not been made shall avoid the starting area.
- 11.3 The starting line will be considered an obstruction once started and while racing. A boat crossing this obstruction will be disqualified and scored DSQ without a hearing.
- 11.4 A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes Rules A4 and A5.

12. THE FINISH

- 12.1 For courses on Racing Area C the finish line will be between a staff displaying a blue flag or shape on the RCFV and a finishing mark at the course side finish mark. For courses on Racing Area B the finish line will be between a staff displaying a blue flag and a finishing mark to starboard.
- 12.2 The finish line will be considered an obstruction while racing. A boat crossing this obstruction will be disqualified and scored DSQ without a hearing.
- 12.3 Boats that have already finished shall avoid the finishing area and proceed to the waiting area. A boat obstructing the finish area will be disqualified and scored DSQ without a hearing.

13. SUPPORT TEAMS

- 13.1 Coaches and support persons are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 13.2 Support persons who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (the "No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches

and/or sailors is permissible, these persons shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other support persons. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".

13.3 All support vessels shall stay out of the racing area while boats are racing and at least 100 meters away from the course, any racing boat, and move slowly and with minimal wake, except where permitted in these instructions.

13.4 Penalties

13.4.1. Competitors affiliated with any support person vessel that break SI 13 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This changes RRS 41.

13.4.2. Support persons that repeatedly and/or intentionally break these SI may be subject to disciplinary actions up to and including exclusion from the venue.

14. TIME LIMIT

14.1 Time limits apply for all One Design Classes.

14.1.1 Boats failing to finish within the Time Limit of 10 minutes after the first boat of their class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes Rule 35, A4 and A5.

15. PROTEST AND REQUEST FOR REDRESS

15.1 Protest shall be written on forms available at MSS.

15.2 In addition to the requirements of RRS 61, protesting boat shall inform the RCFV of their intention to file protest, as soon as reasonably possible after finishing the race. This changes rule 61 RRS.

15.3 Protest and requests for redress or reopening shall be delivered to MSS within the appropriate time limit. The Protest Time Limit is sixty (60) minutes after the RCFV has docked.

15.4 [SP]A boat that has taken a penalty under RRS 44.1 shall, as soon as practical after racing, complete a penalty acknowledgement log at the protest committee desk

15.5 No deposit shall be required to file a protest.

- 15.6 A notice will be posted on the Official Notice Board as soon as possible indicating the time when Protest Time started and the time when it will end for each course and class.
- 15.7 Protest notices will be posted on the Official Notice Board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The inclusion of a sail number of a boat on the Official Notice Board shall be considered as notice that a representative should attend a hearing as indicated.
- 15.8 Protest will be heard in approximately the order they were received, beginning as soon as practical.
- 15.9 On the last day of racing, a request for reopening a hearing shall be delivered as follows:
- 15.9.1 Within the protest time limit if the requesting party was informed of the decision on the previous day.
- 15.9.2 No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 15.10 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.
- 15.11 No protest or redress will be accepted due to mechanical, boat or equipment failure.

16. SCORING

- 16.1 A minimum of one (1) race will constitute a regatta.
- 16.2 The Low Point System (A4) will apply.
- 16.3 When five (5) or fewer races have been completed, a boat's series score will be the total of her race scores.
- 16.4 When from six (6) to ten (10) races have been completed, a boats series score will be the total her race scores excluding her one (1) worst score.
- 16.5 When from eleven (11) to fifteen (15) races have been completed, a boats series score will be the total of her race scores excluding her two (2) worst scores.

17. RADIO COMMUNICATIONS

17.1 The official radio communication is VHF channel 69 for Racing Area C and VHF channel 71 for Racing Area B

18. PRIZES

18.1 Class trophies will be awarded to the first three boats in each class.

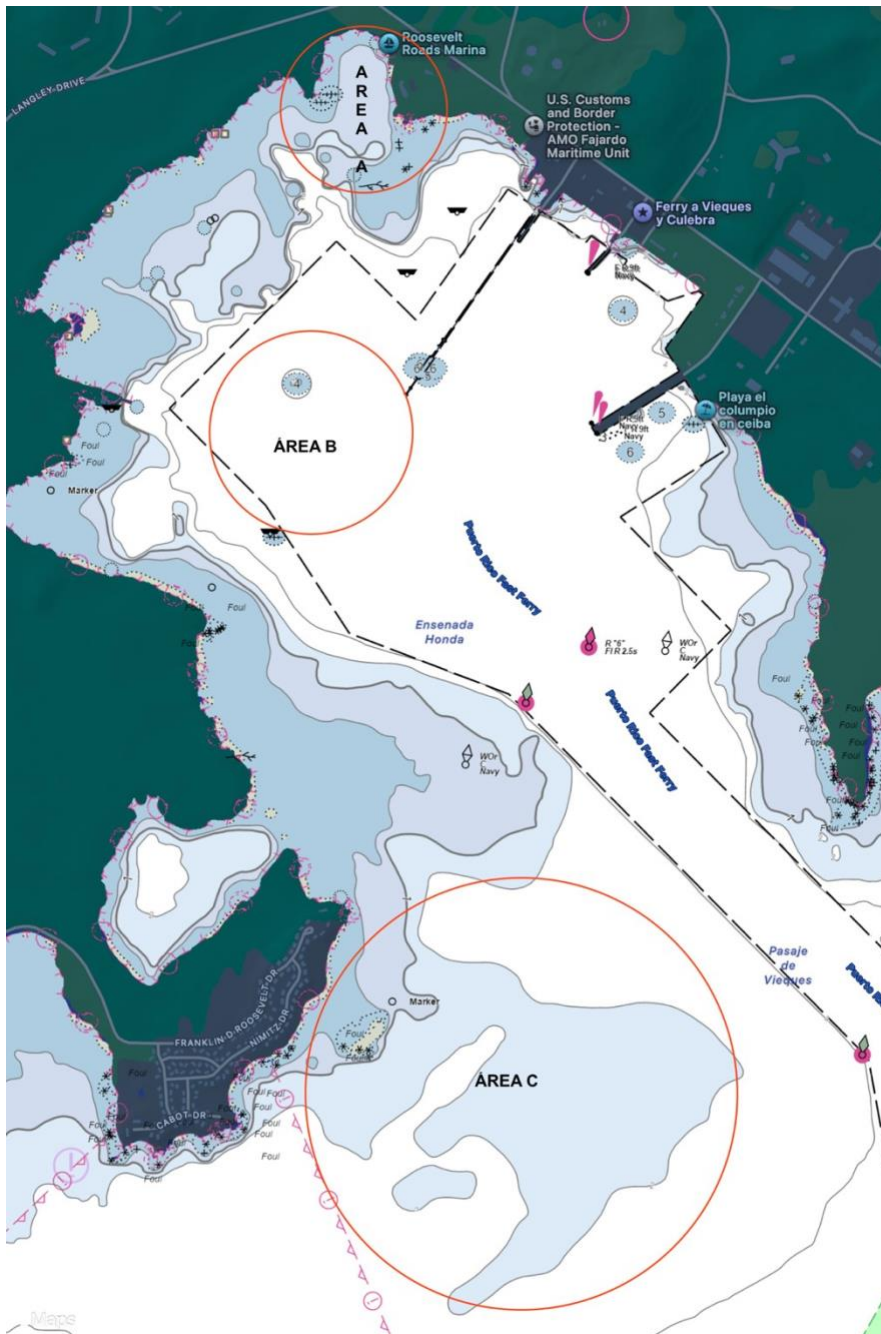
19. DISCLAIMER OF LIABILITY

Competitors participating in the regatta are entirely at their own risk. Competitors agree to be bound by the rules as defined in The Racing Rules of Sailing (RRS), by Sailing Instruction (SI), the Notice of Race (NOR), USCG Regulations and any additional information to the SI or to the NOR. Competitors agree to take any responsibility for nautical qualities of their yacht, the rigging, the crew ability and all safety requirements. Competitors also agree to take any and all responsibility for damages caused to third persons (bodily injury included but not limited thereto) or their belongings, to themselves (bodily injury included but not limited thereto) or to their belongings, ashore and at sea as a consequence of their participation in the regatta, relieving of any responsibility Marlin Sailing School, Federación de Vela de Puerto Rico, and all its members, the sponsors and all persons involved in the organization under whatever qualification and to accept full responsibility for their behavior and dress of yacht's crew, representative and guest. Competitors are to be acquainted with RRS Part 1 Fundamental Rule 4: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". In any case, competitors agree that Federación de Vela de Puerto Rico, and Marlin Sailing School, the sponsors and their agents, have no responsibility for loss of life or injury to members or others or for the loss of, or damage to any vessel or property. As part of the registration process, each individual participating crew member will be required to sign a declaration accepting this disclaimer of liability before participating in the event.

20. RIGHT TO USE AND LIKENESS

20.1 By participating in the Advantix Regatta, a competitor automatically grants the MSS Organizing Committee, the Federación de Vela de Puerto Rico, and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the competitor during the period of the Advantix Regatta, without compensation.

APPENDIX A – MARINE CHART & COMPETITION LOCATIONS



APPENDIX B - RACE COURSES

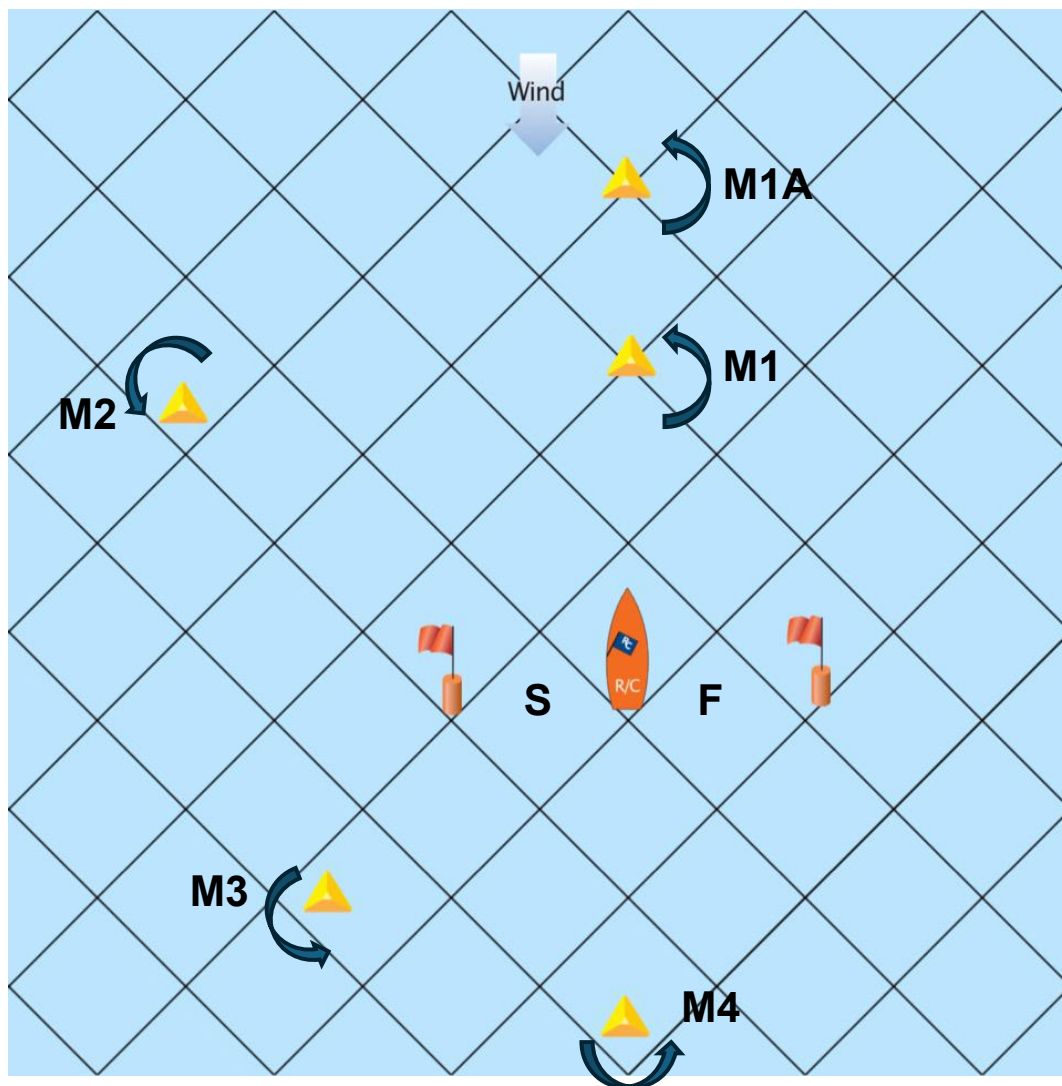
COURSES RACING AREA B

Optimist Green

1. S-M1-M2-M3-F
2. S-M1-M2-M3-M4-F
3. S-M1-M4-F
4. S-M1-M4-M1-M4-F

O'Day Mariner / ICLA 4 (Green) / IQ Foil

1. S-M1A-M4-F
2. S-M1A-M4-M1A-M4-F
3. S-M1A-M4-M1A-M4-M1A-M4-F



COURSES RACING AREA C (VIEQUES PASSAGE)

OPTIMIST RWB

1. S-W2-W3-F
2. S-W2-W3-W2-W3-F

ILCA / C420 / 29er

1. S-W1-W3-F
2. S-W1-W3-W1-W3-F
3. S-W1-L-W1-W3-F

