

2026 C420 Atlantic Coast Championship

August 6-7, 2026

Organizing Authority (OA): Shelter Island Yacht Club
Shelter Island, NY 11965



SAILING INSTRUCTIONS

The notation [NP] in a rule in the SI means it shall not be grounds for protest by a boat. This changes RRS 60.1(a).

1. RULES

- 1.1 The regatta will be governed by The Racing Rules of Sailing (RRS) and the Club 420 Association Class Rules.
- 1.2 Appendix P shall be in effect with the changes below. (a) Delete the word “first” in the title and body of P2.1. (b) Delete P2.2 and P2.3. (c) P3 is changed to read: “If a boat has been penalized under Rule P1 and the Race Committee signals a postponement, general recall or abandonment, the penalty is canceled.”
- 1.3 Boats that race before completing the entry procedures described in the NOR will be scored Did Not Compete for such races, without a hearing. This is added to RRS 63.1, A4 and A5.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted 30 minutes prior to the scheduled harbor start on the day it will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the official notice board which is located online at the regatta webpage on Clubspot.

4. SIGNALS MADE ASHORE

- 4.1 Signals made shore will be displayed on the main flagpole located at the entrance of Club.
- 4.2 Flag AP displayed ashore means races are postponed. The first warning signal will be made not less than sixty (60) minutes after the AP displayed ashore is lowered. This changes the RRS Race Signals AP.

- 4.3 [NP] Boats shall remain on shore until a sound from the signal mast has been made with the display of code flag D and associated class flag(s). Violating this SI may result in a DSQ.

5. SCHEDULE OF RACES

Thursday– August 6 (Race Day #1)

1000	Coaches meeting at the SIYC Sailing Center
1030	Competitors meeting in the front yard of SIYC
1200	Harbor start
1300	First warning signal

Friday – August 7 (Race Day #2)

1000	Coaches meeting at the SIYC Sailing Center
1030	Competitors meeting in the front yard of SIYC
1200	Harbor start
1300	First warning signal
1600	No Warning Signal after this Time

Awards Reception as soon as possible at SIYC after racing.

6. CLASS FLAGS

- 6.1 No class flags are required.

7. RACING AREAS

The racing area will be Orient Harbor. See Attachment A in the Notice of Race.

8. THE COURSES

- 8.1 Courses will be sailed on an outer and inner trapezoid and will be designated as:
O (outer trapezoid) and **I (inner trapezoid)** as shown in the diagram in Attachment #1 and Winward Leeward
- 8.2 Boats shall not sail across the starting line or finishing line in either directions unless they are starting, finishing, correcting an error or taking a penalty while starting or finishing. Boats sailing on the outer trapezoid course shall not sail through the leeward gate on the inner trapezoid course in either direction except when sailing to mark 1.

9. MARKS

- 9.1 All marks will be inflatable marks and/or pink balls.
- 9.2 The starting marks will be Race Committee boats displaying orange flags.
- 9.3 The finishing marks will be a Race Committee boat displaying a blue flag and a nearby light inflatable buoy.

10. AREAS THAT ARE OBSTRUCTIONS

There are no areas designated as obstructions.

11. THE START

- 11.1 Races will be started using RRS 26.
- 11.2 The starting line will be between Race Committee boats displaying orange flags on each end of the line.
- 11.3 A midline boat may be used. This will be announced before racing starts.
- 11.4 A boat starting later than 5 minutes after her starting signal will be scored “Did Not Start” (DNS) without a hearing. This is added to RRS Appendix A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

The position of the marks may be adjusted slightly for small shift without signaling a change of course. Any adjustments will be made before the first boat is on the leg to the effect mark. This is added to RRS 33.

13. THE FINISH

The finishing line will be between a Race Committee finish boat displaying a blue flag and a nearby finishing mark.

14. PENALTY SYSTEM

- 14.1 RRS Appendix V will apply.
- 14.2 RRS 44.3 will not apply.

15. TIME LIMITS AND TARGET TIMES

- 15.1 The time limit for the first boat to sail the course and finish shall be ninety (90) minutes. If no boat sails the course and finishes within the time limit, the race for that fleet will be abandoned.
- 15.2 Boats failing to finish within twenty (20) minutes after the first boat of her flight sails the course and finishes, will be scored “Time Limit Expired” (TLE) without a hearing. Boats scored TLE shall be scored equal to the last boat to finish plus 1. This changes RRS 35, A4 and A5.
- 15.3 The Race Committee may score a boat or boats in place so that subsequent races may be sailed.

16. REQUESTS FOR HEARINGS

- 16.1 The hearing request time limit will be twenty 20 minutes after the finish boat docks.
- 16.2 Hearing request notices will be posted within 15 minutes of the hearing time limit to inform competitors of hearings in which they are parties or named witnesses. Hearings will be held at the Shelter Island YC Sailing Center, 2nd Floor.
- 16.3 Notices of hearings by the race committee or protest committee will be posted to inform boats under rule 61.1 (b).
- 16.4 RRS 61 is changed to add the following: “In addition to the requirements of RRS 61, a boat must inform the finish boat or the signal boat, at the first reasonable opportunity after finishing, of its intention to protest.” The protest committee may waive this validity requirement if there is good reason to do so.
- 16.5 For races held on the last day of racing, scoring inquiries must be filed within the protest time limit or 20 minutes after the provisional final results are posted, whichever is later.
- 16.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered as follows. This changes RRS 66:
 - 16.6.1. if the requesting party was informed of the decision on the previous day, the request to reopen shall be delivered within the time limit.
 - 16.6.2. if the requesting party was informed of the decision on that day, the request to reopen shall be delivered no later than 30 minutes after the requesting party was informed.

16.8 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17. SCORING

17.1 One (1) race in all fleets shall constitute a series.

17.2 When two (2) or fewer races have been completed, a boat's score will be the total of all races sailed.

17.3 When three (3) or more races have been completed, a boat's score will be the total of all races sailed excluding her worst score.

17.4 RRS Appendix A5.3 shall apply.

18. SAFETY REGULATIONS

18.1 All competitors wear US Coast Guard approved Personal Flotation Device (PFD) at all times while afloat.

19. REPLACEMENT OF CREW OR EQUIPMENT [NP]

19.1 Substitution of competitors will not be allowed without approval of the PRO or the Protest Committee. If necessary, the protest committee may approve a substitution after the fact, but the request must be filed within the protest time limit of that day's racing.

19.2 Any substitution of damaged or lost equipment must be reported to and approved by the PRO or the Protest Committee. If necessary, the Protest Committee may approve a substitution after the fact, but the request must be filed within the protest time limit of that day's racing.

20. OFFICIAL BOATS

20.1 Judge boats may be marked by either a Code Flag J or a Flag with letter "J".

20.2 RC boats will be marked by a blue flag with letters RC.

21. SUPPORT BOATS [NP]

21.1 General coach boat and spectator boat requirements

21.1.1 Coach boats must register with the Organizing Authority prior to the competitor's meeting on the first day of racing. On the check in day, coaches will be assigned a flag that shall be displayed at all times when on the water. Failure to return the flag before the awards ceremony will incur a \$30 fee.

21.1.2 Coach and Spectator boats shall carry a working VHF radio and monitor the race committee channel.

21.1.3 Coach boats shall stay more than fifty (50) yards away from any boat racing, or intending to race, from the time of the warning signal for a race until all boats have finished that race, or until the race committee signals a postponement, general recall or abandonment.

21.1.4 Coach and spectator boats shall follow the instructions of the race committee, safety, judges, race management boats and the executive director. Coach boats are responsible for helping all boats in distress, not just their own.

21.1.5 No coach boat or spectator boat shall tie up to or congregate around any aid to navigation, such as buoys or channel makers.

21.2 Coach boats may only get within 50 yards from a boat racing for safety reasons when rendering assistance to a boat in distress. When doing so, a boat must notify the Race Committee of her action.

22. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

23. RADIO COMMUNICATION

The Race Committee working channel will be **VHF 72** and will monitor VHF 68 Safety

24. PRIZES

Top ten (5) for the Series.

Top Junior Team overall (both skipper and crew under age of 16 for the entire calendar year)

25. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The Organizing Authority and the Club 420 Association will not accept any liability for material damaged or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

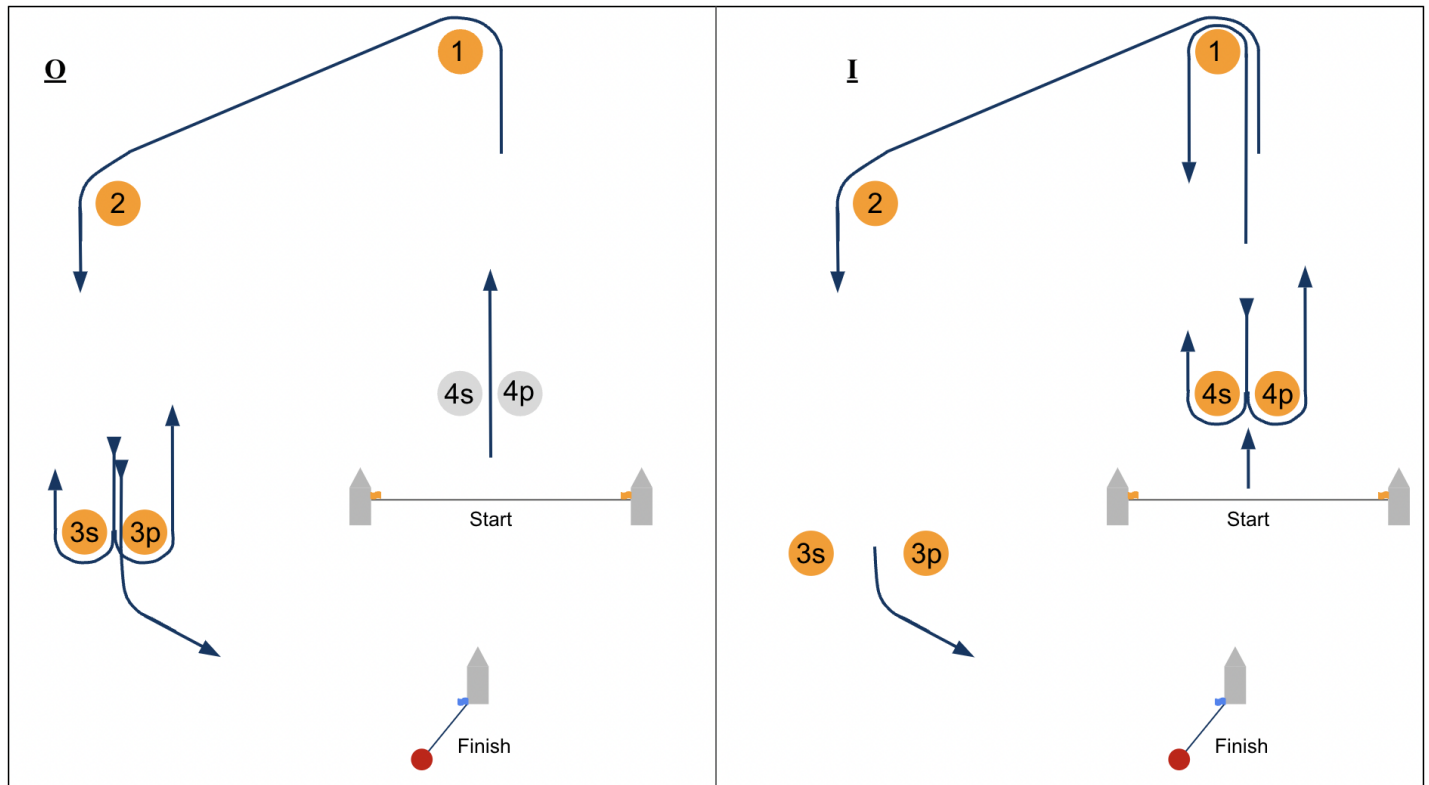
26. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant the Organizing Authority, the Club 420 Association and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue until their final departure, without compensation.

ATTACHMENT #1

C420 ACC's Trapezoid Race Course with Inner and Outer Courses (not to scale)

(for diagram purposes only – not to scale – actual marks may differ in shape, size and color)



Course: Inner Trapezoid

Mark Rounding Order

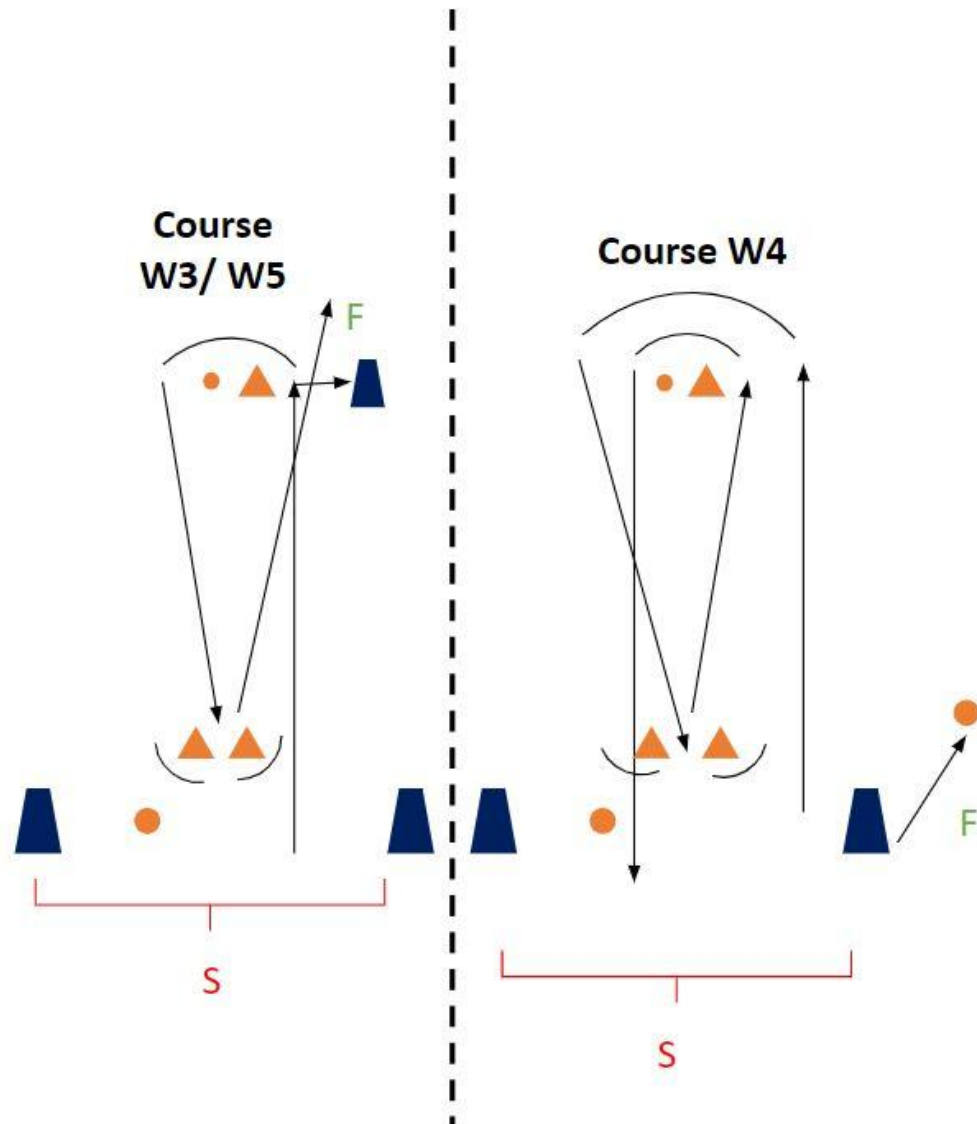
Start - 1 - 4s/4p - 1 - 2 - 3p - Finish

Course: Outer Trapezoid

Mark Rounding Order

Start - 1 - 2 - 3s/3p - 2 - 3p - Finish

Attachment #2



Attachment #3

Class Inspections

1. Class Inspections

- 1.1. While on the water, competitors are subject to inspection by the Club 420 Class Executive Director (ED).
- 1.2. One boat in the top ten of the fleet will be chosen for inspection. The top ten boats shall report immediately after finishing to the inspection boat anchored beyond the finish line and displaying a solid **GREEN** flag. They shall stay in the vicinity of the inspection boat, until checked or released by verbal instruction. Boats in doubt as to whether they finished in the top 10 should report to the inspection boat. The specific finishing positions to be inspected after each race will be chosen in advance of the first start of the regatta by a randomizing formula.
- 1.3. Additionally, the ED has the ability to inspect up to six boats at some point during each day of racing. The specific boats to be inspected shall be chosen in advance of each day of racing by a randomizing formula.

2. Components and Penalties

- 2.1. The inspection will check for adherence to Class Rules (CR):
 - C.3.5 – For any race or series of races, competitors who are US Citizens or US residents shall wear a US Coast Guard approved Personal Flotation Device (PFD) at all times while afloat. Competitors who are residents of another country shall wear either a US Coast Guard approved PFD or a PFD approved by the country of their citizenship or residence. The PFD shall not be an inflatable type life jacket. The PFD may be removed temporarily so that clothing may be changed, added or removed.
 - C.3.6 – A whistle shall be attached by a lanyard to the PFD. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.
 - C.4.3 – Each boat shall carry one line designated as a towing line. This line shall be at least 40 ft (12m) long, 3/8 inch (9mm) diameter, and shall float. The towing line shall be secured to the boat either around the mast or bow shackle. The towing line shall be accessible on the deck within 6 inches of the bow stem at all times, including while capsized. Tape or Velcro may be used to help secure the towing line to the bow deck or stem.
 - C.4.4 – Each boat shall use a line attached from the rudder to the boat that will keep the rudder connected to the boat in the event of a capsize or turtle.
 - 2.2. The penalty for the first failed inspection of the day of CR C.3.6, C.4.3, or C.4.4 will be 20% for the nearest race in time.
 - 2.2.1. The penalty for any subsequent failed inspections in the same day of CR C.3.6, C.4.3, or C.4.4 will be a DSQ for the nearest race in time.
 - 2.2.2. Penalties for breaches of CR C.3.6, C.4.3, and C.4.4 shall not make a boat's race score greater than the points for a DSQ in that race.
 - 2.3. The penalty for a breach of CR C.3.5 will be a DNE for the nearest race in time.
 - 2.4. Penalties initiated by the inspection boat are not subject to redress. This change is added to RRS 62.1a.
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