



POWDER PUFF REGATTA

Riverside Yacht Club
102 Club Rd, Riverside CT
July 10, 2026



Notice of Race

Class: Feva, C420, ILCA 4, 6, 7; Optimist: Red, Blue, White; Green
Open to: Female Skippers Sailing in all boats of the above classes that meet JSA and Regatta Eligibility Requirements.

- Riverside Yacht Club is the Organizing Authority (OA) in partnership with the Junior Sailing Association of Long Island Sound.
- The notation '[NP]' in a rule in the SIs means that a boat may not be protest another boat for breaking that rule. This changes RRS 60.1.

Abbreviations:			
PC	- Protest Committee	RC	- Race Committee
OA	- Organizing Authority	SI	- Sailing Instructions
RRS	- Racing Rules of Sailing	JSA	- Junior Sailing Association of LIS
NoR	- Notice of Race		

1 RULES

1.1 The event will be governed by:

- the rules as defined in *The Racing Rules of Sailing*
- the Optimist Class Rules; C420, ILCA and RS Feva Class Rules. While the JSA accepts the use of both "ILCA" and "Laser Performance" boats, as well as practice sails and equipment for such boats, such acceptance is limited to JSA-sponsored events only. (see <https://jsalis.org/laser-class> for further details.)
- the [Rules for JSA Events](#)
- the [JSA Code of Conduct](#)
- the US Sailing [Athlete Safety Handbook](#)
- RRS Appendix V1 Penalty at the Time of an Incident, and Appendix V2, Penalty Taken After a Race, will apply.
- RRS Appendix T, Arbitration will apply

2 SAILING INSTRUCTIONS

- 2.1 The Sailing Instructions will be available at <https://theclubspot.com/regatta/hqVDP4Plp2> by Monday, June 29th, 2026, and during the regatta.

3 COMMUNICATION

- 3.1 This Notice of Race, results, and other information will be available at <https://theclubspot.com/regatta/hqVDP4Plp2>
- 3.2 Each coach and support vessel shall carry a VHF radio capable of communicating on all US channels.
- 3.3 All coaches and support vessels shall monitor VHF channel to be announced. Support persons shall maintain silence on this channel unless safety-related communication with the race committee or safety patrol is necessary. Riverside Yacht Club base can be reached on VHF channel 74 for operational and emergency support.
- 3.4 While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 This regatta is open to all female competitors who meet JSA and regatta eligibility requirements.
- 4.2 The regatta is open to female JSA members' racing boats of the Feva, C420, ILCA 4,6,7 & Optimist Classes who have been certified as competent for this event by, and are under the aegis of, the Head Instructor or Program Chair of the Junior Sailing Program at their club, or a similar competent organization. Optimist sailors will sail in a class based on age requirements set forth below

Class	Minimum Age (as of)	Maximum Age (as of)
Optimist (White)	8 as of July 11, 2026	10 as of July 11, 2026
Optimist (Blue)	11 as of July 11, 2026	12 as of July 11, 2026
Optimist (Red)	13 as of July 11, 2026	15 as of July 11, 2026

- 4.4 Eligible boats may enter by registering online at <https://theclubspot.com/regatta/hqVDP4Plp2>. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.5 There is a registration cap on Opti Green Fleet entries of 30 sailors.
- 4.6 Questions regarding eligibility and registration should be directed to juniorsailing@riversideyc.org.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 Each boat shall carry the safety equipment specified by its Class Association or JSA
- 5.2 Each sailor shall complete a safety check, pass such check before sailing, and present their completed self-check safety form to registration.
- 5.3 [DP] For Opti Sailors: Each boat shall display a streamer designating their Division (red, blue or white) from the top of their sail. Streamers will be provided at registration.

6 FEES

- 6.1** The entry fee is \$115 per sailor due by July 6, 2026. The fee for entries submitted after the due date is \$135 per sailor. No refunds of the entry fee will be made after July 6, 2026. Deadline for all entries of 10am on Thursday July 9, 2026. There is no fee to send an instructor. The entry fee includes a regatta giveaway for each sailor, lunch for Opti Green Fleet, post-race snacks, raffle, and awards for all classes.
- 6.2** All skippers, crews, and Instructors are required to personally check in during registration.

7 SCHEDULE – Friday, July 10, 2026

Time	Activity	Location
Feva, C420, ILCA 4,6,7; Opti R, B, W		
08:00-09:00	Registration	RYC Parking Lot
09:15	Instructors Meeting	Club House
09:15	Skipper's Meeting: Feva, C420, ILCA 4,6,7	West Deck OR Lawn
09:15	Skipper's Meeting: Opti Red, Blue, White	West Deck OR Lawn
10:00	Harbor Start: Feva, C420, ILCA 4,6,7	
10:15	Harbor Start: Opti R, B, W	
10:45	First Warning Signal	Separate Starting areas in Captain Harbor
14:00	Opti Red, Blue, White No Warning Signal after	
14:30	Feva, C420, ILCA 4,6,7 No Warning Signal after	
Post Racing	Snacks and Awards	West Deck & Lawn
Opti Green		
08:00-09:00	Registration	RYC Parking Lot
10:00	Competitor Meeting and Lawn Games	Club House
11:30	Lunch	West Deck & Lawn
12:30	Harbor Start	
12:45	First Warning Signal	
14:00	No Warning Signal after	
Post Racing	Snacks and Awards	

8 VENUE

- 8.1** The racing area will be Captain's Harbor with separate starting areas: a) Feva, C420, ILCA 4,6,7 and b) OPTI RBW. OPTI Green Fleet will sail off the Riverside Docks (Inner Harbor/Mianus River)

9 COURSES

- 9.1** The course to be sailed will be as described in the Sailing Instructions.

10 SCORING

- 10.1** One completed race per class is required to be completed to constitute a series for that class.
- 10.2** When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. When six (6) to ten (10) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When eleven (11) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores. This changes RRS A2.1.
- 10.3** The Red and Blue age groups will start together and be scored overall. The White age group will start and be scored separately.

11 PRIZES

- 11.1** Prizes will be awarded to the top three finishers in each class.
- 11.2** Equal Prizes will be awarded to helm & crew positions.
- 11.3** A sportsmanship trophy or trophies may be awarded at the discretion of the Race Committee.

12 SUPPORT VESSELS

- 12.1** Any program entering three or more boats shall supply an instructor with a support vessel equipped with a working VHF radio, an anchor and a first aid kit.
- 12.2** Any program entering fewer than three boats that will not supply a support vessel shall arrange with another program to allow the supervising instructor out onto the water. In no circumstance shall competitors be allowed to sail without a designated instructor on the racecourse.
- 12.3** All support vessels shall be equipped with a functioning engine safety cut-out switch (kill switch) which shall remain attached to the operator at all times while the engine is running.
- 12.4** Instructors shall register with the OA at registration.
- 12.5** Instructors shall attend the instructors' meeting to receive safety assignments.

13 DRONE USAGE

- 13.1** Drones are not allowed at the event unless they are authorized by the Organizing Authority (OA). Content from OA authorized drones should not be used for coaching during the event. If the content is used for coaching (or other similar purposes) it shall be made available to all competitors at the same time and not during competition hours. Further, the content shall be made available to the JSA for promotional purposes by promptly emailing said content to news@jsalis.org."

14 TRANSPORTATION AND PARKING

- 14.1** Neither competitor nor coach boats may arrive before July 10, 2026.
- 14.2** Coach boats that arrive by water should contact RYC Dock House on VHF channel 74 for docking instructions.
- 14.4** Coach boats shall not launch by hoist without assistance from Riverside Yacht Club staff.

15 RISK STATEMENT

- 15.1** RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

I agree to be bound by all rules that govern this event.

Regatta Chairperson: Katherine Longsworth
Principal Race Officer(s): Beth Danilek (Opti RBW)
Andrée Pruett (Feva, C420, ILCA 4,6,7)
RYC Coach TBA (Opti Green)

Questions: juniorsailing@riversideyc.org

Riverside Yacht Club
102 Club Road
Phone: 203-637-1706
VHF Channel 74