

SAILING INSTRUCTIONS FOR THE LOPN OPTI REGATTA
THURSDAY, July 16, 2026
NAGAWICKA LAKE YACHT CLUB
DELAFIELD, WI

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (the organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor, or in the case of minors, each competitor's parent or guardian agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

1. RULES

The regatta will be governed by the rules as defined in the current Racing Rules of Sailing. It is classified as a Category C event in Accordance with ISAF Regulation 20.

2. ENTRIES

The regatta is open to International Optimist Dinghies. Competitors shall be members in good standing of LaBelle, Okauchee, Pewaukee, and Nagawicka Yacht Clubs. No competitor shall reach or have reached the age of 17 during the calendar year.

3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located at Regatta Headquarters or on the electronic registration platform.

4. COMPETITORS' BRIEFING MEETING

Senior and Junior Fleets: 0900, Thursday, July 16, 2026 at NLYC

5. CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions (SI) will be posted no later than 60 minutes before the first warning signal on the day it will take effect. Except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed by the Fleet Signal Boat at NLYC.

6.2 When the Answering Pennant ("AP") is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes in the Race Signals AP'.

6.3 When flag AP over H is displayed ashore, it means: "No boat shall leave the harbor. Wait for further instructions." This changes Race Signals, AP over H.

8. SCHEDULE OF RACES

Senior and Junior Fleets:

This is a one day, 4 race regatta. Warning signal for first race: Thursday, July 16th, 10:00 a.m. Except when races are sailed back-to-back, the time of the warning signal for subsequent races will be posted. If one race is completed, no warning signal will be made after 3:00 p.m. on Thursday, July 16th. In any case, no warning signal will be made after 3:00 p.m. on Thursday, July 16th.

If one race is completed, no warning signal will be made after 3:00 p.m. on Thursday, July 16th. In any case, no race will be started after 3:00PM on race day.

11. THE COURSE

11.1 The courses and their designations are shown as COURSE ILLUSTRATIONS.

11.2 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one mark of the gate is present, it should be rounded, leaving it to port.

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12. MARKS

All marks will be large orange balls and the offset mark will be an orange ball.

13. THE START

13.1 Races will be started by using RRS 26.

13.2 RRS 30.1 (the I FLAG RULE) will be in effect for all starts. This changes Race Signals.

13.3 The starting line will be between a staff displaying an orange (or FI) flag on the RC boat at the starboard end of the line and a buoy flag on a RC boat at the port end.

13.4 A boat starting later than five minutes after her starting signal will be scored DNS. This changes RRS A4.1.

13.5 If RRS 30.2 is used, flag Z will be displayed alone as the Preparatory Signal (flag I is to be assumed.) This changes Race Signals.

13.6 If a General Recall is signaled or the race is abandoned after the starting signal under the Z or Black Flag, all competitors who received a 20% scoring penalty under the RRS 30.2 or were disqualified under the RRS 30.3 in the recalled or abandoned race are again eligible to race without penalty. This changes RRS 30.2 and 30.3.

14. RECALLS

Following the display of Code Flag "X", the Race Committee will attempt to announce the sail number of all boats identified on the course side of the starting line at the starting signal. Such announcement is a courtesy and failure of the race committee to make the announcement, or of boats to hear or understand it, or the order of the hails, shall not be grounds for granting redress. This changes RRS 62.1

15. CHANGE OF THE NEXT LEG OF THE COURSE

15.1 To change the next leg of the course, the race committee will either move the original mark (or the finishing line) to a new position, or the RC will lay a new mark and remove the original mark as soon as practicable.

15.2 The RC may adjust gate marks without further signaling to maintain the appropriate course configuration.

16. THE FINISH

The finishing line will be displayed between a staff displaying an orange (or FI) flag on a RC boat and the course side of the nearby mark, or between a staff displaying an orange (or FI) flag on a RC boat on one side of the finishing line, and a staff with an orange (or FI) flag on another RC boat on the other side of the finishing line.

17. PENALTIES

17.1 Penalties for breaking RRS 42: Appendix P will apply.

17.2 Penalty for breaking rules of Part 2 (RRS44): The Two-Turns Penalty, RRS 44.2, shall apply.

18. TIME LIMIT

18.1 The time limit will be 60 minutes.

18.2 Boats still racing 15 minutes after the first boat sails the course and finishes will be scored the position of the last boat to finish plus 2. This changes RRS 35 and A4.1.19. PROTEST AND REQUESTS FOR

19. REDRESS

19.1 A boat intending to protest about an incident that occurs in the racing area shall notify the RC finish boat of her intention, including the sail number of the boat (s) being protested. This changes RRS 61.1 (a).

19.2 Protests shall be written on forms available at Regatta Headquarters and delivered there within the protest time, which will end one hour after the signal boat docks. The docking time will be posted.

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19.3 Notices will be posted within 20 minutes of the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a location at Regatta Headquarters.

19.4 On the last day of the regatta a request for reopening a hearing shall be delivered:

(a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day.

(b) No later than 30 minutes after the party requesting reopening was informed of the decision on that day.

(c) This changes RRS 66.

19.5 A boat that does not comply with 44.1 or 44.2, but prior to a hearing, acknowledges breaking a rule, shall be penalized 50% of the number of boats entered, but not less than six places, except that she shall not be scored worse than DNF, as approved by the Protest Committee.

20. SCORING

20.1 The Low Point System in Appendix A of the RRS will apply, except that RRS A2 is changed so that each boat's total score will be the sum of her scores for all races. One completed race shall constitute a regatta.

20.2 Scoring will be accomplished and awards presented based on age. Senior Fleet will be competitors ages 10- 15. Junior competitors are ages 9 and under.

20.4 A helms-person's age is determined by his or her age on date of event.

21. DISPOSAL OF TRASH

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed, or be subject to other suitable disciplinary action or both.

22. SAFETY

22.1 Each competitor, including skipper and crew, his parent or legal guardian, is ultimately responsible for such competitor's safety.

22.2 All competitors shall wear, while on the water, a properly fastened U.S. Coast Guard approved PFD.

22.3 A boat that retires from a race shall notify a RC boat before leaving the racing area, or, if that is not possible, notify a regatta official at Regatta Headquarters immediately upon arrival on shore.

22.4 Boats that are not leaving the harbor to race shall inform Regatta Headquarters or a regatta official prior to the start of the first race of the day.

22.5 A boat that breaks 22.1, 22.2, 22.3, 22.4 shall receive, at the discretion of the protest committee, and without a hearing, a warning or penalty, which may be added to a boat's series score, disqualification, or other appropriate penalty. This changes RRS 63.1.

23. RADIO COMMUNICATION

The only communication devices that may be used by competitors when racing are: (a) a weather monitor and (b) a cell phone that may be used for emergency purposes only. The penalty for breaking this rule will be total disqualification from the regatta or such lesser penalty as may be determined by the Protest Committee.

24. SUPPORT AND COACH BOATS

Coach boats will be utilized throughout the course to assist those boats with need and to coach those boats at the rear of the fleet. Communication with the PRO is always welcome from coaches. Support (parent) boats shall not regularly communicate with the PRO during racing but always in the case of emergency or safety concerns.