

HANS FOGH YOUTH REGATTA

NOTICE OF RACE

WEDNESDAY, AUGUST 19 - THURSDAY, AUGUST 20, 2026

Organizing Authority (OA) – Etobicoke Yacht Club, Toronto, Canada



RACING



The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The Sail Canada prescriptions shall apply.
- 1.3. [DP][NP] RRS 40.1 applies at all times while afloat.
- 1.4. Appendix T (Arbitration) will apply.

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available after 0830h on Friday, August 14 at <https://theclubspot.com/regatta/gUvIWkznJO> and at check-in on Wednesday, August 19.

3. COMMUNICATION

- 3.1. The online official notice board is located at: <https://theclubspot.com/regatta/gUvIWkznJO>. As a courtesy, notices may be posted on the notice board located on the North Wall of the Dry Sail Building.
- 3.2. [DP] Coaches MUST carry a VHF radio and monitor the assigned radio frequency for the course they are coaching on, between the display of flag D on shore and the docking of the signal boat for that course each day. In the event of a safety issue on the course, coaches will be contacted and shall be required to follow the instructions of the EYC safety officer or the course race officers (CROs).

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to boats of the following classes.

4.1.1. Club 420 (white sail and spinnaker)

- 4.1.1.1. Boats in the C420 class may use any recognized C420 hull form and the standard club training rig (with non-tapered mast) and shall have a minimum weight of 100 kg fully rigged for sailing and in dry condition but without sails and personal equipment.
- 4.1.1.2. Boats must declare if they are sailing white sail or spinnaker at the time of registration. Requests for a change in fleet will only be permitted prior to the start of the first race of the event and must be made in writing.

4.1.2. RS Feva ('S' and 'XL' fleets)

- 4.1.2.1. Boats in the XL fleet will race with battened mainsail, jib and asymmetric spinnaker with 2 persons on board.
- 4.1.2.2. Boats in the S fleet will race with un-battened mainsail and jib no spinnaker and with 2 persons on board.
- 4.1.2.3. Boats sailing with an XL mainsail will be scored with the XL fleet even if no spinnaker is flown.
- 4.1.2.4. Boats must declare if they are sailing in the XL or S fleet at the time of registration. Requests for a change in fleet will only be permitted prior to the start of the first race of the event and must be made in writing.

4.1.3. ILCA 4, ILCA 6 and ILCA 7 Classes

4.1.4. Optimist Class – Red Fleet, White Fleet, Blue Fleet and Green Fleet

- 4.1.4.1. Boats must declare if they are sailing in the Red, White, Blue or Green fleets at the time of registration. Requests for a change in fleet will only be permitted prior to the start of the first race of the event and must be made in writing.

- 4.2. All entrants must be a member of or participant in a Sail Canada affiliated sailing club or school.

- 4.3. Entrants competing in the C420 and ILCA classes should have a minimum of CANSail2 certification. Entrants competing in the Feva, Optimist Red, White and Blue classes should have a minimum of CANSail1 certification.
- 4.4. All entrants must be under the age of 19 years at the time of the event.
- 4.5. Eligible boats may enter by registering on-line only at <https://theclubspot.com/register/regatta/gUvIWkznJO/class>.
- 4.6. Online registration will close at 1800h Tuesday August 18, 2026.
- 4.7. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

5. FEES & REGISTRATION

5.1.

Date	Class	Fees
Early Bird Fee: Completed entry form & entry fee received on or before August 11, 2026	Club 420, and RS Feva classes	CAD \$100+HST per boat
	ILCA 4, ILCA 6 and ILCA 7 classes	CAD \$50+HST per boat
	Optimist classes	CAD \$50+HST per boat
Regular Fee: Completed entry form & entry fee received after August 11, 2026	Club 420, and RS Feva classes	CAD \$140+HST per boat
	ILCA 4, ILCA 6 and ILCA 7 classes	CAD \$70+HST per boat
	Optimist classes	CAD \$70+HST per boat

- 5.2. The event fee covers racing snack, and an after racing BBQ on Thursday August 20. The first 100 entries will also receive an event T-shirt.
- 5.3. Competitors are asked to make every effort to ensure sail numbers, skipper and crew names are correct at the time of registration.
- 5.4. Requests for sail number or crew changes after registration must be made in writing prior to the start of the first race.
- 5.5. Team leaders, coaches, and other support personnel (including parents of competitors), intending to be on the water during the event, shall register with the organizing authority at <https://theclubspot.com/register/regatta/gUvIWkznJO/class>.
- 5.6. There is no registration fee for support boats and coaches.
- 5.7. The online Competitors, Coaches and Parents Waiver includes review of concussion awareness resources, Rowan's Law (<https://ontariosailing.ca/concussion-information/>), Sail Canada Code of Conduct for Competitors, Coaches and Parents (contained within [Sail Canada Code of Conduct and Safe Sport Package](#)).

6. SCHEDULE

- 6.1. Check In0800h August 19, 2026
- Competitors' Meeting.....0930h August 19, 2026
- Warning signal first race (first day).....1100h August 19, 2026
- No Warning signal will be made after (first day)1500h August 19, 2026
- Warning signal first race (second day)1000h August 20, 2026
- No Warning signal will be made after (second day)1400h August 20, 2026
- BBQ and Prize Giving1600h August 20, 2026

7. VENUE

- 7.1. The Etobicoke Yacht Club (EYC) is located at 300 Humber Bay Park Road West, Toronto, Ontario, Canada, M8V 3X7, 416-259-1159.
- 7.2. Sailing will take place on Lake Ontario adjacent to Etobicoke Yacht Club.

8. COURSES

- 8.1. The courses to be sailed will be windward/leeward or windward/leeward/triangle. Description of the courses will be in the sailing instructions.

9. SCORING

- 9.1. One race is required to be completed to constitute a series.
- 9.2. When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- 9.3. When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

10. [DP] SUPPORT PERSON VESSELS

- 10.1. Support person vessels will be assigned a berth or mooring area for the duration of the event. Such berth or mooring is subject to the terms and conditions for all boats using EYC controlled facilities.

11. PRIZES

- 11.1. Prizes will be given to boats placing first, second and third in each class with five or more entries; to those placing first and second in classes with four entries and to the first-place crew in classes with three entries.
- 11.2. For the purposes of prize giving, C420 White sail and Spinnaker will be treated as separate classes.
- 11.3. For the purposes of prize giving, Feva S and XL will be treated as separate classes. A trophy will be awarded to the overall winner of the Feva S and XL fleets when all scored together as one class.
- 11.4. The Optimist Class will receive prizes for Red, White, Blue and Green fleets.
- 11.5. Other prizes may be awarded.

12. DATA PROTECTION

- 12.1. Competitors grant, at no cost, the Etobicoke Yacht Club, the absolute right and permission to use their name, voice, image, likeness, biographical material as well as representations of the boats in any Club related media (including print and internet media), including video footage, for the sole purpose of advertising promoting, reporting, and disseminating information regarding Club events.

13. RISK STATEMENT

- 13.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

14. INSURANCE

- 14.1. Each participating boat shall be insured with valid third-party liability coverage of one million dollars (\$1,000,000) per incident.
- 14.2. The club or school with which a competitor is affiliated will be responsible for the financial obligations associated with any incident in which the competitor is found to be at fault.

15. FURTHER INFORMATION

- 15.1. For further information, contact: jsp@eyc.ca

PRACTICAL INFORMATION (NOT PART OF THE NOR)

1. EARLY ARRIVAL

For drop off of boats on Tuesday prior to the start of the event please email head.instructor@summersailing.ca to make arrangements in advance.

2. REFILLABLE WATER BOTTLES

To help reduce unnecessary plastic pollution, please bring refillable water bottles. Filtered water refilling stations are located in the washrooms in the main Clubhouse, in the Junior Sail building, and outdoors on the north side of the Dry Sail Building.

3. ACCOMMODATION

No camping is permitted this year.