



# 2022 HIYC Summer Sailing COVID Prevention Policy

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## Resources Statement

This document was developed drawing from the following resources and recommendations. While HIYC Sailing Camp and Nashville Sailing Foundation (NSF) strives to meet all recommendations by OSHA, CDC, US Sailing, and local polices it is important to note that virus transmission is still a possibility. Any employee or sailor that participates in summer programming will have the responsibility to decide if they are willing to take that risk.

The author of this document is the HIYC Summer Sailing Director, reviewed by the NSF Board of Directors. The document will be updated as needed with revision dates noted. The medical administrative point person for all COVID related issues will be the Summer Sailing Director or, on the Director's absence, the Assistant Director.

American Red Cross FAQ - [https://cpr.heart.org/-/media/cpr-files/resources/covid-19-resources-for-cpr-training/community-faqs\\_pediatic-covid19-and-cpr.pdf?la=en](https://cpr.heart.org/-/media/cpr-files/resources/covid-19-resources-for-cpr-training/community-faqs_pediatic-covid19-and-cpr.pdf?la=en)

CDC Community, Schools, Workplaces and Events Guidance - <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

CDC Cleaning and Disinfecting Guidance - <https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>

Gowrie Group COVID 19 Risk Management Guide - <https://cdn.ussailing.org/wp-content/uploads/2020/05/Gowrie-Risk-Report-COVID-19-Risk-Managment-Best-Practices.pdf>

US Sailing Leadership Guidance Webinars - <https://www.ussailing.org/starboard-portal/>

US Sailing COVID 19 Resources - <https://www.ussailing.org/membership/organizations/resources/>

## Employee Safety

All employees and volunteers of HIYC Sailing Camp will first need to sign a medical release waiver (see in the Waivers section).

The following preventative actions will be in place to keep employees safe:

- Employees will be told that they should not come to work if they feel sick or if anyone in their household has tested positive for COVID19 (this will also be stated in their signed waiver).

- If an employee has a fever of 100.4F or greater, they will be isolated and sent home. An incident report will be filled out. Any surfaces they may have touched will be disinfected.
- If an employee begins to feel sick while at work they will immediately tell the Director and isolate themselves until they can leave the facility.
- No medical records will be kept for normal temperature readings, only for fever readings. All fever incident reports fall under HIPPA laws and will not be disclosed except to the employee or guardian.

### Cleaning and Disinfecting

At the end of each session, all high touch points will be cleaned with an environmentally safe soap and water . These areas include but are not limited to:

- Coach boat driving mechanisms
  - Radios
  - Tillers
  - Main Sheet / Jib Sheet and other controls
  - Sails and sailbags
  - Sprit poles
  - Hoses and sprayers
  - Tools
  - Classroom chairs
  - Tables and counters
- Employees will use the Yacht Club restrooms and will wash their hands before sessions begin and have time to wash hands throughout the day.
  - Hand sanitizer will be provided for employees and sailors' use.

### PPE

- Masks will be optional unless otherwise mandated by local government
- Medical gloves will be provided in the first aid kits.

### Food / Water

- Employees will be required to bring their own lunch

## Sailor Safety and Protocol

The following minimum preventative measures will be taken to provide a safe environment for sailors. Instructors along with the Summer Director will be responsible for enforcing these measures.

## Registration

- During registration, parents are asked for any health issues of the sailor. All health or medical issues disclosed will be kept private.

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## Sign-in and Social Distance in the Facility

- Parents and guardians will receive all pre-session information including this policy one week before their session begins.
- Parents will be asked to stay in their car during drop off and pick. Instructors will meet the sailors in a car drop off line where sailors will be checked in. Pick up will be done in a similar car line fashion.
- Most all activities will take place outside

## Personal Belongings

- All personal belongings MUST be taken home after each session. There will be no locker or cubby storage available after sessions
- All sailors must have their own personal life jacket (PFD) and must take it home with them after every session.

## Bathrooms/Water/Food

- All arriving sailors will be taken to the restroom at the beginning of each session to wash hands or use the bathroom as needed. Additional restroom breaks will be provided at for hand washing and restroom use as needed. Restrooms are part of the Harbor Island Yacht Club Marina and will be cleaned each day.
- No showers will be available for use
- WATER JUGS will be provided to refill water bottles. If you do not want your child to use the HIYC water jugs, please provide enough water for the full day
- Food cannot be shared and no snacks or food will be provided by HIYC (except on Friday Pizza Lunch awards day)
- All snacks and lunches will be eaten outside with social distancing.

## Boat Occupancy

Sailors are typically paired with at least one other student during camp for sailing. Parent/guardians should let instructors know before or on the first day of class if sailors prefer to sail alone for social distancing purposes.

## PPE requirements

- All mask or face coverings are optional during all camp activities.

## Sick Child Protocol and Reporting

If a child begins to feel sick with any COVID symptoms as described by the CDC, the child will immediately be isolated in an outside space with instructor observation.

- A temperature reading will be taken.
- Guardians will be called immediately to pick up the child.
- The sailor will remain in isolation until picked up.
- An incident report will be filed and subject to HIPPA laws will only be shared with the guardian.
- Per Wilson County and local government, no contact tracing will be done unless otherwise mandated.

## Return to Camp

Wilson County School protocol will be followed for return to camp. If days are missed, HIYC Director will work with families to reschedule those days if needed.

Wilson County Protocols can be found HERE: <https://www.wcschools.com/Page/5349>

## Media Response

All media and interview requests will be directed ONLY to the Summer Sailing Director or the Chair of the Board for Nashville Sailing Foundation

## Refund Policy

- If the session has already started, no refund will be issued for illness or any other reason per the HIYC Refund policy
- If a session is canceled because of government health orders, a full refund will be issued.