

Telltale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



April 2021

Commodore's Corner
See Page 2

New York Boater Safety Class at SLSC, April 11

The changes in the NYS Boating laws require every boat operator to have taken a Boater Safety Class by 1/1/2025. We are starting now to provide these classes free of charge, except that NYS gets \$10 to send you your card. The class will be April 11, starting at 9 am, ending about 5 pm.

In order to assure the safety of all participants, we are meeting all present CDC guidelines.

All participants must be two weeks beyond their completed Covid vaccination(s).

No food will be provided. Please bring your lunch and drinks and a pen.

The course will be taught in the house unless the weather allows an outside session.

All participants will be screened and will need to sign a standard Covid screening form.

We prefer one family member only unless we have extra space.

Please preregister with me via an email or phone call as soon as you can. The space will be limited for this first session.

Thank you,
Allan
allancmiller48@gmail.com
518-441-3899

2021 Commodore's Party

September 10th

from 5:30pm – 9:30pm

The Century House Restaurant

997 New Loudon Rd, Latham

Please join fellow club members in celebrating the upcoming 2020 sailing season.

Plated Dinner Party
Commodore's Award Presentation

Invitations will be mailed soon.

SARATOGA LAKE SAILING CLUB

LASER DERBY - SATURDAY JUNE 5th, 2021

Registration STARTS AT 9:00 AM

Price \$25

Please contact David Burtis
at david_burtis@yahoo.com

or Leslie Warner- Rafaniello
at Saillesson@nycap.rr.com or [518-301-4109](tel:518-301-4109)

Saturday, April 24th

**Docks-In & Clean-Up
Work Parties**

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Commodore's Corner

By John Smith

For the first time since last March I can write an article with some positive news. The first and most important item, **DOCKS IN April 24th**. This means that it is time to open the club for the summer. Like last year we will be organizing work parties as much as possible for members in the same bubble. Please reach out to the following board members to get an assignment.

- David Hudson – for docks, ramps
- Jake Greiner – for preparing the motor fleet
- James Symon – for raking, mowing, cleaning the old barn, potholes in the driveway and more
- Barbara & Allan Miller – Interior and exterior projects on the house
- Joanne and Terry Fraser – preparing boats for the racing program
- Mark Welcome – preparing boats for Sailing School

If the first board member does not have a project for you just contact another. There is almost always something that needs done.

Health and Safety

- The club house is in lock-down. The access code has been changed until it is deemed safe to reopen. If you have a need to enter the house, you will need to contact a board member.
- A First Aid Kit and Automatic External Defibrillator (AED) have been placed in the race equipment shed.
- A second port-a-potty will be brought to the club again this year until we can open the house
- We will setup the wash station with liquid hand soap near the house on the north side.

The racing season looks promising this year. The first step in the permit process has already been approved, one more step to go. All of the fleets are planning regattas for this summer. If you compare last year's calendar to this year it is real easy to see the difference.

An issue that is starting to confront all sailing clubs is the certification of motor boat operators. Allan Miller is working to get as many members certified as possible. As you can see by the NYS law we now have members that need to be certified.

Who needs a boating safety certificate?

Motorboats

Under a new law, known as Brianna's Law, all motor boat operators:

Born on or after Jan. 1, 1993 will need a boating safety certificate beginning in 2020.

Born on or after Jan. 1, 1988 will need a boating safety certificate beginning in 2022.

Born on or after Jan. 1, 1983 will need a boating safety certificate beginning in 2023.

Born on or after Jan. 1, 1978 will need a boating safety certificate beginning in 2024.

All motor boat operators regardless of age will need a boating safety certificate beginning in 2025.

One of my personal regrets last year was to see all of our social events cancelled. We will have to watch how the summer develops to have gatherings. There is one event that is usually the kickoff event – the Commodore's Party. I am happy to announce that the 2021 Commodore's Party has been scheduled for Friday September 10th at the Century House in Latham. The plan is for a plated dinner party. Since the capacity was just increased a few days ago I will need to announce the details later. Reservations will not be taken until August.

I want to thank all of the members that have renewed. We are aware that there have been a few issues with the new renewal process but for the most part it has been a success.

Finally, get your boat prepared for safety and performance. I hope to see many of you soon.

Covid Safe Spring Work Party 2021

by James Symon, Flag Lt Grounds

It's that time of year again. The snowbanks are melting quickly. The lake ice is just about gone. The geese are eyeing up the lawn. That means it's time to start getting the sailing club up and running for another great season.

We will be doing the Spring Work Party Grounds items with no set date and while observing the Covid safety rules again this year. Solo, family units, masks, bring your own water, etc. You know the rules.

I have the white board set up on the old barn with things that need to be done. Head over to the sailing club when the weather is nice and knock something off the list. We always need help cleaning up the branches and leaves, so bring your favorite lawn tools. If there is something you like doing ever year, you can do that too.

New members can reach out to me if they have no idea what I am talking about. Part of being a member at the sailing club means helping to set up and take down the club each spring/fall.

Let's get the sailing club set up so we can all get back out on the lake.

HOUSE DOCKS-IN WORK

With regard to getting the house prepared for the season, there are 3 areas that need some attention:

1. The porch needs the plastic on the French doors removed and taken down to the basement; all porch windows washed; all the chairs wiped for dust; and the floor damp mopped.
2. The basement needs all old paint cans removed (put kitty litter in to solidify any liquid) and put in the dumpster. We need someone to assess the miscellaneous tools and hardware as to what needs to be tossed.
3. The 3rd floor (attic) needs someone who can distinguish between trash and items that need to be saved.

So, we would like to have only 3 volunteers per assignment. You are welcome to form a team of 3 but please make sure to let us know who you are and what time you might come on April 24.

Thanks so much,
Barbara (518-577-0998)
Allan (518-441-3899)

Marcel Bernard Zucchini

SARATOGA SPRINGS Marcel Bernard Zucchini, 94, passed away peacefully at home on February 21, 2021. He was predeceased by his wife in 2001, and leaves behind many loved ones including his children, Nancy and Steven; his partner Muriel Finger; grandchildren, nieces and nephews, friends, and his cat now living with a family member. Born and raised in Jersey City, he enlisted in the Army in World War II and then earned a degree from Newark College of Engineering. From his college yearbook, "...Marcel is a serious-minded individualist; however, he has a wry sense of humor, especially when he and Nelson cavort in class." In 1951, Marcel married Margaret Mortensen. They lived in Long Branch, N.J., where Nancy was born. He took a job with Espey Mfg. and he and Margie soon moved to Saratoga Springs, where Steven was born. In 1967 Marcel formed his own business, Encore Electronics. He grew Encore for years, with longtime employees and clients, until he sold the company upon retirement. He had a passion for tennis at the Eastside Rec courts, competitive sailing on Saratoga Lake, and classic steam trains. He took joy in handball at Kaydeross Park, roller-skating to live organ music, running with the Early Birds, ice boating, bicycling, skiing, horseback riding and more. In the 1960s Marcel formed and mentored a youth YMCA model railroad club. **He was a founding member of the Saratoga Lake Sailing Club and the Adirondack Live Steam club.** He was an active member of the Capital District Model Boat Association and the National Model Railroading Association. Marcel enjoyed attending live music and performance, and once, to our surprise, showed up on the Home Made Theater stage. He liked to help animals, and provided a loving home to many dogs over the years. Win or lose, Marcel appreciated a game well played - with integrity, honor and good humor. He was generous and fair-minded, with a gentle, loving heart. Due to COVID-19 restrictions, a memorial gathering has been delayed. For those who'd like to make a donation in his memory, we suggest the Wilton Wildlife Preserve at wiltonpreserve.org, SmileTrain at smiletrain.org or The Tewecado Trust at tewecado.org.

Mr. Zucchini is listed as 1st Publicity Chair on the club's website founding narrative. (Editor's Note)

Sailing School Update

By Mark Welcome

Work Party

The Club will be doing small work parties again this year and the school could certainly use some help. Our first priorities will be in preparing the boats for our adult sessions which start in May. We will need help getting our Scots, Ensigns and Catboat cleaned, rigged and launched. We will then move on to our junior boats and get them ready. If you can help, please reach out to me (Mark Welcome) and we'll coordinate teams.

Registration update

Thank you for the overwhelming response to the school sign-ups this year. At this point, all of our junior programs with the possible exception of the Adventure Program (for advanced sailors) are full and only accepting waitlist registrations. Once we get the NYS guidelines for how summer camps will need to run this year, we will determine if we will be able to expand the size of our classes and accept students off the waitlist. Currently we are assuming that students will need to sail single handed unless they are with family members or other children withing their quaran-team. If we are allowed to group multiple children on the same boat, we will take people off the wait list so please be sure to sign up for the waitlists. Adult programs are partially full and accepting registrations.

Looking for Lasers

Do you have an old Laser sitting on the lawn that isn't getting as much use as it should? The school has a few junior sailors and racers who are looking for Lasers and are having trouble finding ones locally.

- If you have one you would like to donate, the Foundation would be happy to give you a tax letter and find it a home while raising money for the sailing school.
- If you have one you'd like to sell, we'd be happy to make introductions to some families who are looking for Lasers for their kids.

Either way, we just want to make sure the kids have something to sail this year.

Please reach out to Mark Welcome at 518-928-6187 or slsc_sailingpgm@sailsaratoga.org

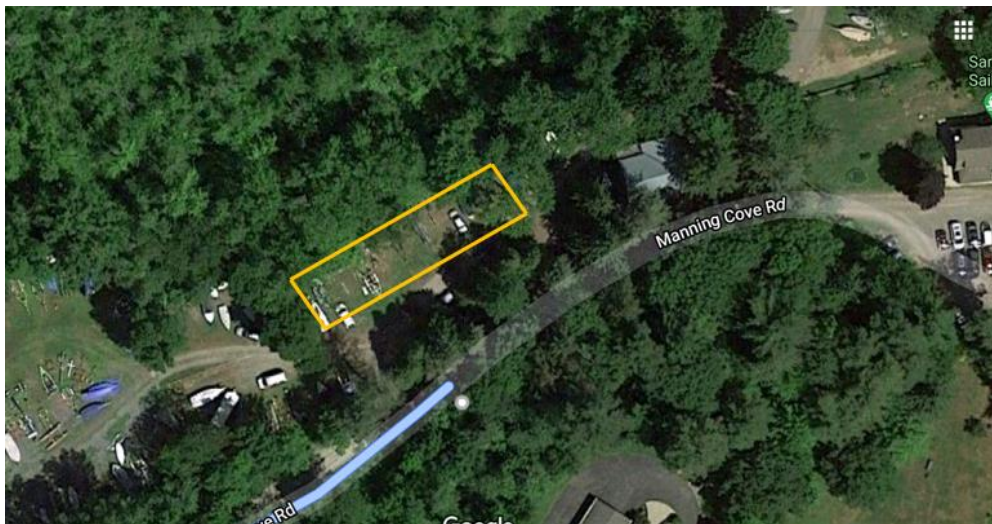
SLSC Keel Boat Winter Storage Area Improvement Project

by James Symon, Flag Lt Grounds

This spring we are going to do a site improvement project in the keel boat winter storage area. Multiple truck loads of gravel will be brought in to level off the area to make winter storage easier and safer. All keel boats and trailers from O'day 23 Smith through Ensign 1177 Brenenstuhl will need to be out of the work area. This is the area closest to the wetlands. See map below.

During the spring keel boat moving party, all keel boats need to be moved out of the planned work area and relocated elsewhere (the lake, other sections of the keelboat area, the meadow or off the property). This includes any and all project boats. All boats must be moved out of that area. During the fall keel boat party the keel boats and trailers can be brought back to the area for storage. The club does not plan on changing anyone's current keel boat winter storage location.

This is an improvement to the club. This is an improvement for the keel boat area. This is a good thing.



Cold Water Safety

By Allan Miller

The air temperature is perfect, but the water is still really cold. This article is from [Practical Sailor](#).

When we read about a sailor lost overboard in a storm, we think about PFDs and personal locator beacons, and accept the sea is unforgiving. When we read of novice boaters drowning in a local lake, we're sad, but say that will not happen to us because we wear PFDs. But when we read of a PFD-equipped sailor falling overboard and dying within minutes, it's a real eye-opener.

Spring sailing in temperate climates still carries the risk of cold-water shock. With the water temperature in the low 50s, true hypothermia sets in at about 30 minutes. Swimming can be difficult after about 20 minutes. However, 50 degrees is well below the accepted threshold of shock. Most likely, when the icy water slams into a person's face it causes an involuntary gasp. It's hard to recover from inhaling water, even for a strong swimmer.

Originally known as sudden disappearance syndrome, cold water shock has been known since the 1970s. Different from true hypothermia, which results from the body core temperature dropping over a period of 20 minutes to hours, cold water shock is immediate. Being cast headfirst into icy water is one of most severe shocks a human can face, with deadly effects. It is estimated that 20 percent of victims die within 2 minutes.

Physical effects

The instantaneous reflex is a violent gasp, totally unlike the one scary movies strive to cause. This results in a massive inrush of air, which can be fatal if you are underwater. Unlike the controlled plunges of the local polar bear club, where participants walk in via a beach and are attended by rescue swimmers in dry suits, MOB sailors plunge in head first, the result of tripping over the lifeline. Even with an automatic vest, your head will plunge 6 feet underwater before popping to the surface. If the first blast of inhaled water doesn't drown you, you'll arrive on the surface gasping and unable to swim and swallowing more. Drowning will typically occur in less than a minute. The initial gasp is followed by several minutes of hyperventilation, making any physical effort nearly impossible. Consequences include the inability to hold your breath or think clearly.

Instantaneous and massive increases in heart rate and blood pressure can cause heart failure in otherwise healthy individuals. Clear thought is impossible. Panic is likely, only serving to increase problems with breathing control and heart rate.

These reactions may appear to an observer as nothing more than panic. Flailing, spastic breathing, muddled thinking, and a racing heart fit the pattern. But victims include experienced sailors and strong swimmers who are not at all prone to panic. If you fall overboard in warm water and reasonable weather, your first concern might be embarrassment over screwing up the race, and later whether the boat would be back in the next half or hour so. It wouldn't have felt life threatening.

If you survive the first critical seconds, then come the more traditional challenges of cold-water exposure. Cold incapacitation and swimming failure begins in 5-20 minutes, the result of failed muscle control. In the absence of a PFD, drowning follows. Death from true hypothermia (cold core) takes considerably longer, at least 30 minutes in very cold water up to a few hours in cool water.

How do you keep this from happening to you? First, don't fall in. The first line of defense is careful movement and the use of harness and tether systems. If sailing a smaller boat, prone to capsize or swamping, dress for full water immersion. In cool water either a thin wetsuit or dry suit is effective. Once the water temperature drops below about 50F, only a dry suit is suitable.

Unfortunately, once the air temperature gets above about 55F, dry suits get steamy, tempting the wearer to open the zipper and defeating the whole purpose. As the water temperature rises into the 50s, we like paddling jackets and dinghy smocks, with snug fitting wrist, neck, and waist seals. Water will sneak in pretty quickly, but shock is reduced and the seals reduce the exchange of cold water. The wearer is also more mobile than in conventional foul weather gear.

Soft shells may also have possibilities. Once our tester found himself in 35F water, with ice around the edges. He was dressed not in foul weather gear or dry suit, but in Wind Blocker fleece tops and bottoms. The saving factors were that the wrist, waist, ankle, and neck closures were all tightly secured; not all soft shells have effective closures. Although very cold, it was more survivable than ordinary foul weather gear.

Conclusions

The last 12 months have been hard on ocean racers. It is more than coincidence cool or cold water was a common factor. In the UK, cold-water shock is considered to be the root cause of most drowning, including non-boating accidents.

We like certain features of manual inflating PFDs; they don't go off inadvertently and climbing back aboard is easier. But cold water is different. Because of the high probability the wearer will be incapable of action for a minute or more, auto-inflation is the way to go. We would like to see race committees post cold water warnings. It is common to require PFDs be worn above a certain wind speed. The race committee should at least recommend that protective gear such as a wet suit or drysuit be worn if the water temperature is below about 55 F. Our level of caution around the rail varies with the risk we perceive, and that level of caution goes way up when the water temperatures go down.

Most importantly, sailors need understand what being thrown face first into cold water feels like and how their body will respond to it. A diehard for traditional foul weather gear? Don't fall off the boat in cold water, and don't expect to survive more than a few minutes if you do. Please send your ideas for safety subjects you consider would be helpful to our members.

On the Block

Please visit our website to view more details and/or pictures of the following boats for sale.

Beach wheels.....\$200

Will fit a Hobie 16.

Contact Scott at ScottMeyerone@gmail.com

Standard Horizon Eclipse + VHF Marine Radio

Price: \$45

This is a fully functional dash mounted, high output (25W) marine VHF radio that was in an Ensign I purchased last year.

The package contains:

- 1) The radio + handheld microphone.
- 2) A whip antenna.
- 3) Coax cable + VHF connectors.

Contact: Jeff Robinson 518-310-9606.

Pearson Ensign 841.....\$5000 or reasonable offer

"Dawn Treader 2", full keel boat, white deck, navy blue hull, white waterline, red bottom paint (needs attention), teak cockpit deck, teak bilge cover, mahogany seats, Includes:

- Newer Quantum jib and Quantum mainsail, rolled and stored in waterproof storage bags
- Schaefer SnapFurl roller furling system
- Spinnaker, Spinnaker pole
- Canvas boat cover with tie downs
- Rescue paddle, Bilge pump
- All required hardware, including winch handles
- Red bottom paint and painting supplies
- Water Tender 9' 4" rowing dingy
- Aluminum oars with oar locks
- 5-HP Honda outboard with reverse gear
- Rebuilt outboard motor bracket
- New 3 gallon low permeation above-deck fuel tank
- Almost new gas line hose and fittings
- New 15" diameter mooring buoy with hardware
- Mooring tackle including new chain, plus swivel and mushroom anchor, Heavy-duty jack stands
- Full winter tarp

Contact: James Ross (518) 584-1332
jross17006@aol.com

Sunfish..... \$500

Classic sunfish with wooden tiller, rudder and centerboard.

Trailer, sail and all rigging included. Boat at SLSC.

Contact: Joe Boudreau at 518-384-1978
or jboudre3@gmail.com

3 Kestrels for sale

#1559, Red\$7000

Owned by sailing school.

#1550, White.....\$7000

Owned by sailing school.

#823.....\$2500

Winner of 2016
Kestrel North American Championships.

Contact Larry King 518-421-7597
or Mark Welcome 518-928-6187

WANTED.....Lasers

Some students in the sailing school need Lasers.
If you have a Laser you would like to donate or sell,

Contact: Mark Welcome at 518-928-6187
or slsc_sailingpgm@sailsaratoga.org

Y-Flyer 2627.....\$2500

This is a South Carolina "Lundquist" built fiberglass boat that I used to race, for example, at the Internationals in Sudbury, Ontario, Canada. It was a multi-time Kenyon Cup winner in Massachusetts with Doug Sabin at the helm and with his son George crewing.

It has come to my barn for rehab this winter from Marblehead. It now has a "bar" traveler instead of the bridal traveler. (Pictures on our website.)

\$2500 complete with trailer and 2 sets of sails and intentions are for it to be sold to a current or future club member.

Contact: Terry Fraser at elfraser@hughes.net

Jet-14 #1062.....\$1300

Boat is in solid condition with nice hull paint.
Decent sails and trailer with registration.
Extra steel centerboard

Contact: Rick Castle at 518-337-3642

Kayak.....\$250

Old Town Dirigo 120, green hull with comfortable seat and paddle.

8 yrs. old, very good condition. Kayak at SLSC.

Contact: Joe Boudreau at 518-384-1978
or jboudre3@gmail.com

SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

SANCTIONED FLEETS

Ensign.....	Tony Cannone 271-0246
Flying Scot.....	Shirley & Paul Waterfield 584-5552
Kestrel.....	Tony Bianchini 877-5062
Laser.....	Leslie Rafaniello 301-4109
MC Scow.....	Andrew Murnan 420-5368
Thistle.....	Jerry Zell 767-9216
Y-Flyer.....	Terence Fraser 495-4037

2021 OFFICERS & CHAIRPERSONS

Commodore.....	John Smith slsc_commodore@sailsaratoga.org.....	786-1340
Vice Commodore.....	Scott Meyer slsc_vicecommodore@sailsaratoga.org.....	248-1229
Rear Commodore.....	Dave Hudson slsc_rearcommodore@sailsaratoga.org.....	370-4894
Secretary.....	Susan Kohler slsc_secretary@sailsaratoga.org.....	727-9648
Treasurer.....	Jeff Robinson slsc_treasurer@sailsaratoga.org.....	310-9606
Flag Lt. Boats.....	Jake Greiner slsc_boats@sailsaratoga.org.....	203-767-8783
Flag Lt. Grounds.....	James Symon slsc_grounds@sailsaratoga.org.....	316-1190

Flag Lt. House.....	Barbara & Allan Miller slsc_house@sailsaratoga.org.....	885-5510
Flag Lt. Race.....	Terry Fraser slsc_race@sailsaratoga.org.....	495-4037
Membership.....	Ann Seidman slsc_membership@sailsaratoga.org.....	877-8731
Newsletter/Publicity.....	Charlotte Osborne slsc_publicity@sailsaratoga.org.....	669-7646
Sailing Program.....	Mark Welcome slsc_sailingpgm@sailsaratoga.org.....	587-9041
Social.....	Lauren Meyer slsc_social@sailsaratoga.org.....	248-1229
House Phone.....		584-9659