



# ILYA Scowlines

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## 2015 Inland Lake Yachting Association Championships

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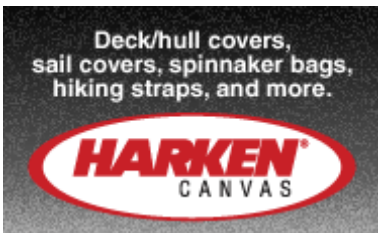


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In Memoriam  
Lake Geneva Yacht Club

**Robert Pegel - Service 3/28**



### ROLEX YACHTSWOMAN OF THE YEAR

#### Stephanie Roble

Roble accepted her 2014 Sailor of the Year award at the New York Yacht Club, Thursday, Feb 26th. In her acceptance speech, she noted the importance of team. Her sailing has gone from a premiere singlehanded Opti sailor to doublehanded college sailor to skipper of her Epic matchracing team. What distinguishes her team sailing is her ability and commitment to serving on any position on a multitude of classes. She was an integral part of the World Champion Etchells team this past season. She has climbed up the ladder with an 11 year old Melges 20 sailor as skipper. Watch nearly any weekend and Roble's name will appear on the results grid.

For an abbreviated video of the presentation, [click here](#).

Here's a pictorial review of Roble:

**JOIN US SAILING**  
through our  
Member Partner Program



[Join Here](#)

**Regattas / Calendar**

**March**

8-9 ILYA Board Meetings

**April**

18-19 No Frills C- Missouri YC  
25-26 Springfield C - Island Bay

**May**

2-3 Icebreaker C - Cedar, IN  
8-10 Cedar WI C/MC  
9-10 Mother's Day C- Spring  
Lake, MI  
16-17 Labelle tuneup C -  
LacLaBelle YC

**June**

6-7 Eastern C - Chautauqua, NY  
6-7 MIR C - Browns  
12-14 C Nationals - Minnetonka

**July**

17-19 ILYA C Invite - Beulah

**August**

1-2 Interlake C - TBD  
5-8 WMYA Champs -  
Torch  
7-8 X Blue Chip - Cedar, WI  
7-9 WYA C - Okauchee  
19-23 ILYA Championships A, E,  
C, MC, Melges 17 - Geneva

**September**

5-6 USODA Midwest  
Championships, Minnetonka, MN  
12-13 Maxinkuckee C  
19-20 Fenton Fall C  
19-20 C Blue Chip - Okauchee  
24-27 50th E blue Chip -  
Pewaukee  
26-27 Nan Norris Beulah C  
Challenge  
26-27 Lotawana C Fall

**October**

3-4 Polar Bear C - Davenport, IA  
10-11 C Worlds - Delavan





**Submit your 2015 dates**

[Donate to ILYA or Support your Olympic Contenders](#)



Join the ILYA

[Register for Dues](#)



Roble won Leiter Cup in high school





Roble in MC on home lake Beulah; Roble with Annie Haeger co-skippering won Dorn MC Regatta

For Roble's full acceptance speech, [download here](#). It is a larger file so allow time for full download.

## Women's and Girls' Clinic

### Yes, it's a REPEAT!!

Lake Beulah will again host the event with the hopes another club will own it next year. It was a rousing success with 100% of the participants responding to a post-event survey with "YES, continue" and two comments, "It changed my life" and parents reporting youth participants claiming it as "inspirational" The event has been moved to July 16-17 this season to allow more folks to get settled into the sailing mode. It has been placed after the Xtreme to allow our Northern friends ease of transportation down to this region with return up north possible for weekend sailing.



### Instructors - Olympians all the way

**Sally Barkow** - fresh off the Volvo Ocean Race, Sally will come with tales of the sea. She is a member of SCA the first all-female team to tackle the around the world event. Sally is a past Olympian and past ILYA X champion. Sally appeared via SKYPE

last season and kept the women mesmerized with discussions about preparation, clothing and goals.

**Annie Haeger** - in two of her rare days at home this summer, Annie will repeat as X instructor for the event. She is currently campaigning for a spot in Rio sailing the women's 470. Her students last year took both top female sailors in the ILYA X Championships, top female in WYA X, top 15 finishes in ILYA X Champs for all clinic participants.

**Maggie Shea** - Maggie has been a part of the most successful Epic team of women's matchracing. She is integral to Steph Roble's success and came recommended as Steph is out in California this time around. Maggie is sailing director of the Chicago Match Race Center. She is currently sailing with the Epic team and also campaigning as a newcomer for the Rio Olympics.

**Steph Roble** - this year Roble will be the SKYPE lecturer on Thursday morning. Steph's class last year was entirely Green fleet. These girls won every race in the ILYA Green fleet with the exception of one. Took overall title and three in top five at ILYA Champs. There is no comparison to top notch coaching.

### **Format - all ages welcome**

The 2015 format will be the same as last year but may be altered by future host clubs. Instruction will be in Optis, X boats, MCs and Cs. While Optis and X boats will be led by one instructor, C and MC participants will be 1:1 instruction. This allows new entrants, crew wannabes or experienced sailors individualized attention. This is only possible by the generous offer of volunteer time by other women of the ILYA. Six C and six MCs will be provided by Lake Beulah members. This event is held immediately prior to the ILYA C Invite to allow those with privately-owned boats to attend the clinic and stay for the regatta.

Instruction is on land and water drills on Wednesday; Thursday consists of short races with instructors on board for racing in the scow fleets.

### **Mentoring**

An honorary Sail Pink, Sail Strong Board exists of women in sailing in the Midwest who will join the participants for Wednesday's banquet. Any woman of an ILYA-member lake is welcome to attend. Table discussion is directed to provide our youth with an overview of where sailing has taken our successful Women of the ILYA.

### **Sponsorship**

YES, WE NEED YOU! Last year our inaugural named sponsor was the Windhover Foundation who generously supported us with \$5000 - nearly 50% of our donations. This allowed us to support breast cancer research as well as provide sailing gear and the best of the nation's instructors. We thank the Quadracci (Harned) family who donated, participated as Opti sailors and served. Elizabeth Harned served as one of our honorary Board members. Elizabeth is an example of the strength of our members - successful in business, sailing her own campaigns in E scows and Melges 20 and next year moving her three young children from Optimist Dinghys to X boats. Her children join those of her sister - an example of the ILYA family heritage we all enjoy.

Many of our ILYA members supported us to allow us to fulfill the mission statement:

*. . . Empower girls and young women with confidence through the sport of sailing & support breast cancer research*

***Last year's donors:***

***Windhover Foundation***

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***Kiernan Family***

***Charles and Sarah Lamphere***

***Transtech - Mary Kay Davenport***

***Kathy Barth***

This year SCA has committed money to the women aboard its Volvo boat. Sally Barkow has asked that her money be dedicated to this event. Details of the donation are not firm at this time. Small donations have begun arriving before the official announcement of the date of the event. Donations are charitable due to the ILYA 501(c)(3) status.

**More info:**

There is more info to come as we are able to plan with receipt of donations. Reserve your dates now so we are on your calendar. Beulah will attempt to house as is available with a C Invite also in the same week. If you are a woman interested in volunteer coaching, PLEASE email to volunteer. This is the most difficult asset to obtain. Thank you. --- [candaceporter@wi.rr.com](mailto:candaceporter@wi.rr.com)

## Sailing School Instructors - Training and jobs

### US Sailing Certification Courses

Want to learn how to teach sailing? US Sailing provides top instruction in areas of safety, sportsmanship, drills on land and water, discipline, etc. The three-day courses on Lake Geneva:

#### **Level One INSTRUCTOR - June 6-9**

Designed to provide sailing instructors with information on how to teach more safely, effectively, and creatively. Topics covered in the course include: classroom and on-the-water teaching techniques, risk management, safety issues, lesson planning, creative activities, ethical concerns, and sports physiology and psychology.

**Or Pewaukee 5/30/2015 - 6/07/201**

**Or White Bear June 8-11**

**Or Minnetonka June 1-4**

#### **LEVEL 2 INSTRUCTOR - June 11-12**

Focuses on developing knowledge and skill in teaching sail theory, sail controls, introductory management skills, spinnaker and trapeze use (and instruction) and powerboat operation for emergency situations. Safety awareness is a major component of this course, with instruction on how to address capsizing recovery, or

prevent entrapment while operating a powerboat.

**LEVEL 3 COACH - June 13-14**

Provides coaches with information on how to effectively develop performance boat handling and racing skills and instill in athletes the importance of ethical behavior and sportsmanship in the sport of sailing. Topics include race management procedures, team management and logistics and drills.

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