

**ILYA Scowlines**

Publication of  
**Inland Lake Yachting Association**

Volume 11, Issue 20

April 17, 2016



### TAX DAY! And Last Day for Lowest C Nationals Fees



2016 C Scow  
National Championship Regatta  
June 10-12, 2016

*Lake Monona*

### Register by midnight Monday -- Tax reFUND day. What's more FUN than C Nationals?

The government has given you a break. The tax filing extension to Monday gives you three extra days to pay at your lowest. The price for C Nationals registration has been kept at its lowest through Monday at midnight. \$185 Monday; \$200 Tuesday. Lake Monona sits under the shadow of the State Capitol Dome. It is a spectacular view. The Sheraton Hotel and Holiday Inn Express are within walking distance of Olin Park. The sponsorships are lining up which all proves to be a topnotch event at a new venue for us in a familiar city.

**It's OFFICIAL! RIO!!!!!! Just in case you missed it!**



[Join Here](#)

**Regattas / Calendar**  
**Submit your 2016 dates**

### April

22- 24 Charleston Spring E Regatta  
 23-24 No Frills C - Missouri YC  
 30 - 5/1 Springfield C

### May

7-8 Icebreaker C - Cedar IN  
 Mother's Day C - Spring Lake, MI  
 14-15 Cedar Spring C/MC - Cedar, WI  
 21-22 LaBelle Tuneup  
 21-22 Geneva Spring E

### June

4-5 MIR C Delavan  
 10-12 C Nationals - Monona  
 16-17 Zenda U - Oconomowoc  
 18-19 WI MC Champs - Oconomowoc  
 18-19 USODA Great Lakes - Macatawa Bay, MI  
 21-22 TRAP X - Pine  
[23-24 ILYA 420 Champs - Okauchee](#)  
 23-26 A Scow Nationals - Torch Lake, MI  
 27 LBSS Opti - Lake Beulah  
 29-30 Quad X - Pine

### July

7-9 I-20 and Melges 17 ILYA & National Championships  
**8-10 C Invite - Nagawicka - Note date change**  
 11-12 GLSS X  
 13 - GLSS Opti  
 15 - TRAC Opti - Cedar



**RIO 2016**  
 ANNIE HAEGER &  
 BRIANA PROVANCHA

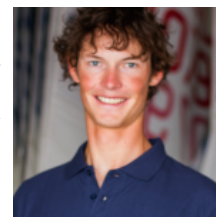


The Olympic whirlwind begins - Hyeres, France next and then more and more sailing until August. Watch for an opportunity to see Annie and Briana on short notice when they determine when they can return home for a celebration for the Rolex and Olympic selection. Watch Scowlines for more info.

To make a donation to the ILYA Foundation for this team, [click here](#). It has only just begun for these two amazingly humble young ladies.

## Bowers Will Continue to Train

*Editor's Note: It is with maturity and composure that those in Olympic campaigns leave their hard-fought years of striving. They become introspective, forever positive regarding lessons learned from each event or practice and appreciative of their fellow competitors who are sacrificing just as they have. Below is a final report from Erik Bowers which is so excellently descriptive of his last few racing experiences. Watch for Scowslants in your mailbox to see a retrospective by Stephanie Hudson. Congratulations to our fine youth who bring us such pride.*



This is the final update following the Princess Sofia Regatta in Palma de Mallorca, Spain.

This regatta was the second in the 2 part Olympic Trials for the Men's Laser to determine the single representative for the US. After Miami at the end of January, I was 8 places behind Charlie Buckingham. So I would need to beat him by 8 or more in Palma.

18-19 Xtreme X - Oshkosh  
[14-17 MC Invite - Harriet](#)  
 14-17 E Invite - Mendota  
 23-24 WYA X - Beulah  
 25 No Tears Opti - Cedar  
 27-30 ILYA X Champs - Okoboji  
 31- 8/2 Opti Champs - Clear

## August

4 Pram Power - North Lake  
 5-7 WYA C Pewaukee  
 10-13 WMYA - Spring Lake, MI  
 12-13 X Blue Chip - Cedar, WI  
 17-21 ILYA Champs - Geneva

## September

10-11 Maxinkuckee Fall  
     Big Waters C- South Shore  
     George Dorn MC - Beulah  
 10-11 USODA Midwest  
 Champs - Pewaukee  
 17-18 C Blue Chip - Okauchee  
 22-25 E Blue Chip - Pewaukee  
 24-25 Lotawana C  
     Beulah C Challenge

## October

1-2 Polar Bear - Davenport, IA  
 8-9 C Worlds - Delavan

[Donate to ILYA or Support  
 your Olympic Contenders](#)



Join the ILYA

[Register for Dues](#)

In the end, I was unable to beat Charlie. The event got off to a slow start for me on day one while Charlie had a better day. He followed it up on day 2 with a 3,1 whereas I had a 5,6. I managed to outsail him on day 3, first day in the gold fleet. But it was only by 4 points. After day 3, he was 4th & I was 15th. I went for broke on day 4, but it was not to be. When the smoke cleared, Charlie was the one who made it through the bottleneck.

Olympic sailing is a cruel game for almost everyone who steps into the arena. It is natural selection with a deadline. In the end, only the guy on the top step of the podium wins the game. So I will join the others who didn't make it through the national selection bottleneck. The others who went unspared in the Laser include the number 1 ranked sailor in the world and the 2014 world champion.

But this is not the only way to view the Olympic Sailing crucible. The nature of the game makes the journey all the more rewarding. Everything is earned, little is given. Ultimately, the necessary work gets done the best by those who love the pursuit the most. Clarity & valuable lessons come to those willing to see things as they are.

A regatta result is the outcome from your moment-by-moment skill expression across a number of races. Patterns emerge, strengths are clear as are deficiencies (more later).

2015 was a very tough year for me. I was chasing results & not enjoying the work & processes for the first half of the year. So I took 6 weeks out of the boat last August & September. I read a couple books that changed my approach to things. Took the fresh plunge back into training at the end of September.

In the past 6 months time, with the help of present & past coaches, I've made more progress than any other period in my sailing. In the high-pressure trials, I had a serious fight with Charlie for the selection. It was not until race 18 (of 20 races between the two events) that things were decided in his favor. Along the way, I did some of my best racing to date.

After taking a hard look at both Miami & Palma, here are the biggest differences between Charlie & Me.

We both had similar opportunities, similar starting, and similar speed. But he was able to convert more of the good opportunities & make lemonade out of lemons following mistakes. Across the 2 events, my finish in each race was always worse than my best position in that respective race. I also tended to make multiple mistakes in a row. These have a devastating compounding effect.

But really, to sum it all up, his game has more RESILIENCE than mine currently does. I basically require more benevolence from the Universe (ie favorable things outside my control) to have consistently strong races.

So from here, I actually have a great opportunity. I have the chance to train hard with Charlie up through mid-July. We have both benefited from going head-to-head in both training and racing. So I will help him prepare to hopefully win a medal at the Games come August. We have some training scheduled in Long Beach at the end of April followed by the 2016 Worlds in

May in Mexico. This will be the lowest pressure regatta in some time! After the Worlds, I will have the chance to see what goes into the final months, weeks, and days leading up to the games. This training & racing is going to be a study in RESILIENCE.

My enthusiasm for Olympic sailing and the Laser game remains strong. We will see what the future brings!

Thank you all for following and supporting me on this endeavor! I race the boat alone but undertake the effort with enormous collective support.

Erik

## Join us at the Louis Vuitton America's Cup World Series Chicago



Dear ILYA members and friends,  
Chicago is pleased to welcome the Louis Vuitton America's Cup World Series (ACWS) to the freshwater of the Great Lakes for the first time in history on June 10 - 12, 2016. As a local Midwest club and sailing advocate, we wanted to personally reach out to ensure that you've received group pricing information & had a direct contact should you have any questions. We hope you will encourage your club members to join us in the Windy City for this historic event!

All six America's Cup teams will be in town accumulating points towards the America's Cup Finals, which will be held in Bermuda in June 2017. The racing against Chicago's magnificent skyline will be incredible; as you're aware the teams will be "flying" in the high performance AC45F catamarans that feature a 77' tall wing sail and foils that allow the boats to reach speeds of 40+ kts.

Here's a preview of the weekend schedule:

- THURSDAY, JUNE 9: Endeavour Day and AC45 boat launching at Navy Pier. The Endeavour Program is an educational initiative for Chicago youth with components in boating and environmental conservation.
- FRIDAY, JUNE 10: Practice day for teams
  - 01:30 - 3 PM: Fleet & match racing practice
  - 07:30 PM: Opening ceremony party
- SATURDAY & SUNDAY, JUNE 11&12: Race Days! The LVACWS Race Village at Navy Pier opens at 11AM and will include live broadcast



coverage on America's Cup history, America's Cup sailors meet and greet + poster signings, and the best vantage point to watch the racing with all race courses focused around the east end of Navy Pier.

#### PACKAGE OPTIONS:

Why not organize a group from your club and experience America's Cup racing together? Our Group Pricing makes it easy.

If your members are more interested in an all-inclusive VIP experience on the rooftop terraces of Navy Pier, there are Chicago Elite Hospitality packages available with semi-private spaces to accommodate groups from 4 to 40+ people.

Or, for those that are interested in viewing the racing from their own boats, we've created a special Boaters Pass that includes touch and go docking at Navy Pier, special access to the North end of the race course, tickets to the Friday night opening ceremonies, and access to the Chicago Harbors Boaters Bash in Monroe Harbor and the Skyline Dash hosted by Chicago Yacht Club on Sunday morning.

Please see the Group Order form [here](#) along with an overview on the Chicago Club VIP Hospitality program. Please note passes are limited. Full details on the ACWS Chicago's schedule and viewing options is available on [www.acwschicago.com](http://www.acwschicago.com) or questions may be emailed to [sales@acwschicago.com](mailto:sales@acwschicago.com)

### Charleston Spring Regatta

#### **Don't forget to attend**

Charleston SC - Spring Regatta  
Friday, April 22, 2016 at 0:00 AM  
Carolina Yacht Club  
50 East Bay Street  
Charleston, SC 29401  
Charleston Spring Regatta

[Click Here](#) for more information

### US Sailing Junior Olympic Festival Midwest Dates

USA Junior Olympic Sailing Festival - Midwest  
5/28/2016 - 5/29/2016

Registration  
Carlyle Sailing Association  
20960 Hazlet Park Rd  
Carlyle, IL 62231 USA  
Contact: Troy Tolan

USA Junior Olympic Sailing Festival - Ohio  
6/10/2016 - 6/12/2016

Mentor Harobr Yacht Club  
5330 Coronada Dr  
Mentor, OH 44060-1499 USA  
Contact: Kathy Allyn  
Classes: Optimist, Radial, C420

USA Junior Olympic Sailing Festival - Atlantic Coast Champs  
6/23/2016 - 6/24/2016

Brant Beach Yacht Club  
Bayview Ave & 59th St  
Brant Beach, NJ 08008 USA  
Contact: Bill Watters  
Classes: Radial, Laser 4.7, Optimist, C420

USA Junior Olympic Sailing Festival - Upper Midwest  
6/25/2016 - 6/26/2016

Lake Forest Sailing  
400 Hastings Rd  
Lake Forest, IL 60045 USA  
Contact: Morgan Collins

USA Junior Olympic Festival - Michigan  
7/29/2016 - 7/31/2016

Grosse Pointe Yacht Club  
788 Lake Shore Rd  
Grosse Pointe Shores, MI 48236 USA  
Contact: Jim Morrow  
Classes: Laser, Radial, Club 420, Optimist

USA Junior Olympic Sailing Festival - Michigan  
10/08/2016 - 10/09/2016

Macatawa Bay Junior Association

Holland, MI 49434 USA  
Contact: Steve Sisson  
Classes: Radial, Opti, C420 (spin & non-spin)



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