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Spring 2016



News from the ILYA

Did you know?

Thirty-five sailors attended the US Sailing Club Race Officer course at Lake Geneva. The "book-learning" course is one-day and deals with the basics of setting and running a race course. For a list of certified RC officials, check the [US Sailing RC](#) page. PROs for major regattas in our area are served by US Sailing race officers.



The **BEST** deal is the low early bird rate for the social package at the ILYA Championships in August on Lake Geneva. A June 15th commitment is as low as it goes. Thanks go to the ILYA Executive Committee and the Finance Team of Dave Berg, Tom Larimer and Todd Haines for the most generous reduction and subsidy for our youth sailors. [Click here](#) to order the social package. GET IT NOW!! [Register here for the regatta.](#) - July 25th for early BOAT REGISTRATION; June 15th for first social early deadline

JUNE 8th is the early deadline for the ILYA 420 Champs. There are currently NO entries. [Click here to register.](#)

Other June deadlines include the C Invitational and ILYA/National Melges 17/ I-20 Championships. Why not register now before you get busy with



[Join Here](#)

Regattas / Calendar
Submit your 2016 dates

June

4-5 MIR C Delavan
8 - ILYA 420 Champs early deadline
10-12 C Nationals - Monona
16-17 Zenda U - Oconomowoc
18-19 WI MC Champs - Oconomowoc
18-19 USODA Great Lakes - Macatawa Bay, MI
21-22 TRAP X - Pine
[23-24 ILYA 420 Champs - Okauchee](#)
22- Deadline for C Invite, I-20 Champs, ILYA and National Melges 17 Champs early reg
23-26 A Scow Nationals - Torch Lake, MI
27 LBSS Opti - Lake Beulah
28-29 Girls/Women's Clinic - White Bear, MN
29-30 Quad X - Pine

July

7-9 I-20 and Melges 17 ILYA & National Championships
8-10 C Invite - Nagawicka - Note date change
11-12 GLSS X
13 - GLSS Opti
13-14 Girls'/Women's Clinic -

home lake sailing?

[ILYA and National Melges 17 Championship](#) - June 23rd early deadline

[ILYA I-20 Championship](#) - June 23rd early deadline

[ILYA MC Invitational](#) - June 30th early deadline

[ILYA E Invitational](#) - June 30th early deadline

[ILYA X Champs](#) - July 11 early deadline. Okoboji is registering spots on spectator boats, selling meal packages and softgoods [here](#).

[ILYA Opti Champs](#) - July 11 early deadline

You are Invited - Celebrate Rolex Winner Haeger

Team Haeger/Provancha Rolex Celebration and Send off

Saturday, June 4, 2016
6 - 9 pm

Lake Beulah Yacht Club
N9220 East Shore Road
East Troy, WI 53120



Join us as we celebrate Annie Haeger's Rolex Yachtswoman of the Year award and give an ILYA sendoff to Team HP as they head to Rio!

Complimentary hors d'oeuvres and beverages
Team HP merchandise available; donations accepted; reserve for a post-Olympic dinner October 1st to hear of Annie's experience

No RSVP required

Second Olympian with ILYA Ties

From Delavan YC email

Sailor with Disabilities - Sarah Everhart Skeels.

"Sailing provides a truly level playing field when it comes to sport,"

If you don't know longtime DLYC Members Dave & Sherry Everhart, you might want to know about their daughter Sarah Everhart Skeels who is in the final qualifying regatta to represent the US in the 2016 Olympics for Disabled Sailing. Sarah lectures at Brown and Tufts Universities. Sarah and her crew Cindy Walker are the only female team to compete for this spot. The final qualifying regatta is this month.

Sarah and Cindy are featured on a [Facebook video](#) sponsored by Sunbrella. [A powerful more in depth video.](#)

Cedar Lake, WI
 15 - TRAC Opti - Cedar
 18-19 Xtreme X - Oshkosh
[14-17 MC Invite - Harriet](#)
 14-17 E Invite - Mendota
 23-24 WYA X - Beulah
 25 No Tears Opti - Cedar
 27-30 ILYA X Champs - Okoboji
 31- 8/2 Opti Champs - Clear

August

4 Pram Power - North Lake
 5-7 WYA C Pewaukee
 10-13 WMYA - Spring Lake, MI
 12-13 X Blue Chip - Cedar, WI
 17-21 ILYA Champs - Geneva

September

10-11 Maxinkuckee Fall
 Big Waters C- South Shore
 George Dorn MC - Beulah
 10-11 USODA Midwest
 Champs - Pewaukee
 17-18 C Blue Chip - Okauchee
 22-25 E Blue Chip - Pewaukee
 24-25 Lotawana C
 Beulah C Challenge

October

1-2 Polar Bear - Davenport, IA
 8-9 C Worlds - Delavan

[Donate to ILYA or Support
 your Olympic Contenders](#)



Join the ILYA

[Register for Dues](#)

According to Father Dave:

"Sarah crewed a little on the E in the mid 80s when she was in high school but didn't really get into it until after the accident in 1990 when she was 22. She suffered a severed spinal cord which left her paralyzed from the chest down and very limited use of her right arm and hand. She started sailing as part of her rehab at Shake a leg in Newport. RI.....first in a Freedom and then a Sonar. Ever the competitor, Sarah really got into paralympic sailing five years ago and decided to make a run for this year's paralympic over a year ago. This has lead to intense training and sailing many regattas in this country plus Italy, Australia and The Netherlands.

Right now, she and her crew, husband and support team just finished a warmup regatta in Lake Garda, Italy before the final selection regatta in Medemblick, Netherlands beginning May 24. She races a Skud 18, a 2 person keel boat, mainsail, jib and spinnaker. She can be followed on her Web page goodkarmaracing.org and Facebook for the latest news.

Their [Facebook Page](#) :

[A Newport TV report on Good Karma Racing:](#)

If you wish to make a donation to Sarah and Cindy, donations can me made at goodkarmaracing.com.

Athlete Profile

Skipper Sarah Everhart Skeels, Tiverton, RI, and Cindy Walker, Middletown, RI, the only all female team competing in The Skud 18 class, in action during the C. Thomas Clagett, Jr. Memorial Clinic & Regatta at Newport, Rhode Island hosted by Sail Newport at Fort Adams. The Clagett is North America's premier event for sailors with disabilities with sailors competing in the 3 Paralympic class boats and is an integral part of preparation for athletes preparing for Paralympic and world championship racing. Newport, Rhode Island

Sarah Everhart Skeels

Lives in Tiverton RI, married with one child
 Lecturer at Brown and Tufts universities - lectures on disability studies at Brown and has been at Brown for 13 years. At Tufts she lectures on Community-based services and health promotion at the Dept. of OT at Tufts. She is also a researcher with the New England Regional Spinal Cord Injury Center at BU School of Public Health. Skeels sustained a spinal cord injury after being hit by a car while riding her bicycle training in a triathlon in 1990. She has been paralyzed from the chest down and living life from a wheelchair for 25 years.

Sails in the SKUD 18 class as the skipper, is in the 2015 US Sailing Team Sperry (only all female team in the SKUD 18 class campaigning at a Paralympic level, with Cindy Walker - Middletown RI as crew)
 Moved to RI in 1996 from Washington DC. Has sailed in every Clagett regatta since its inception. Started out sailing in the Sonar class at Clagett, prior to that sailed in the Freedom

Has hand-cycled across the United States, swum across the span of the Newport Bay Bridge, voyaged off Guadeloupe, and has gone scuba diving in Bonaire. She is a volunteer adaptive-skiing instructor.

Sarah serves Governor's Commission for People with Disabilities and is Chairperson for the Employment Committee. She serves as Vice President on the Board of Directors of New England Disabled Sports, is on the Board of the C. Thomas Clagett, Jr. Memorial Clinic and Regatta and is Chairperson of the US Sailing Committee for Sailors with Disabilities

"Sailing provides a truly level playing field when it comes to sport," commented Skeels. Sarah does not let her misfortune impair her enjoyment of life, she concluded " life doesn't end after disability; it just continues in a different way."

College Nationals

San Diego is the site. Women's Semifinals are complete and the Women's Nationals begins today. Making it through the semis is Wisconsin, Stanford, Boston College - all with ILYA sailors. Mimi El-Khazindar (Stanford - Minnetonka), Isabella Loosbrock (Boston College - Minnetonka) and Kate Klement (Wisconsin - Beulah) will sail today. Addy Ferguson (Fordham - Minnetonka) also competed in the semifinals.

Co-ed and Team Racing Nationals follow directly on the heels of Women's. Watch for other sailors in these two disciplines. [Watch here](#) for scores and click A and B Division tabs to see names of participating sailors.

Lake Forest and Minnetonka Represent Midwest from Scuttlebutt

Washington to host High School Team Racing Nationals

Published on May 25th, 2016

High School Sailing (Interscholastic Sailing Association - ISSA) concludes the spring Championship season with the Team Racing Championship, to be held May 28-29 in Anacortes, WA.

The Baker Trophy, dedicated in 1990, will be held in Club Flying Juniors for the 12 schools which advanced from the seven U.S. districts. The following schools advanced from their district qualifiers:

Northwest (1): Sehome High School (Bellingham, WA)

Pacific Coast (2): Point Loma HS (San Diego, CA); Newport Harbor HS (Newport Beach, CA)

New England (2): St. George's School (Middletown, RI); Tabor Academy (Marion, MA)

Mid Atlantic (2): Christchurch School (Christchurch, VA); Severn School (Severna Park, MD)

South Atlantic (2): Antilles School (St Thomas, ISV); St. Thomas Aquinas High School (Fort Lauderdale, FL)

Midwest (2): Lake Forest High School (Lake Forest, IL); Minnetonka High School (Minnetonka, MN)

Southeast (1): Clear Falls High School (League City, TX)

Event details: <http://www.hssailing.org/event/home/baker>

Report from Minnetonka dad, Duane Olmstead:
The Minnetonka High School Varsity Sailing Team places second at the Baker Qualifier in Lake Forest, Illinois, to qualify for the ISSA Team Racing Championship.

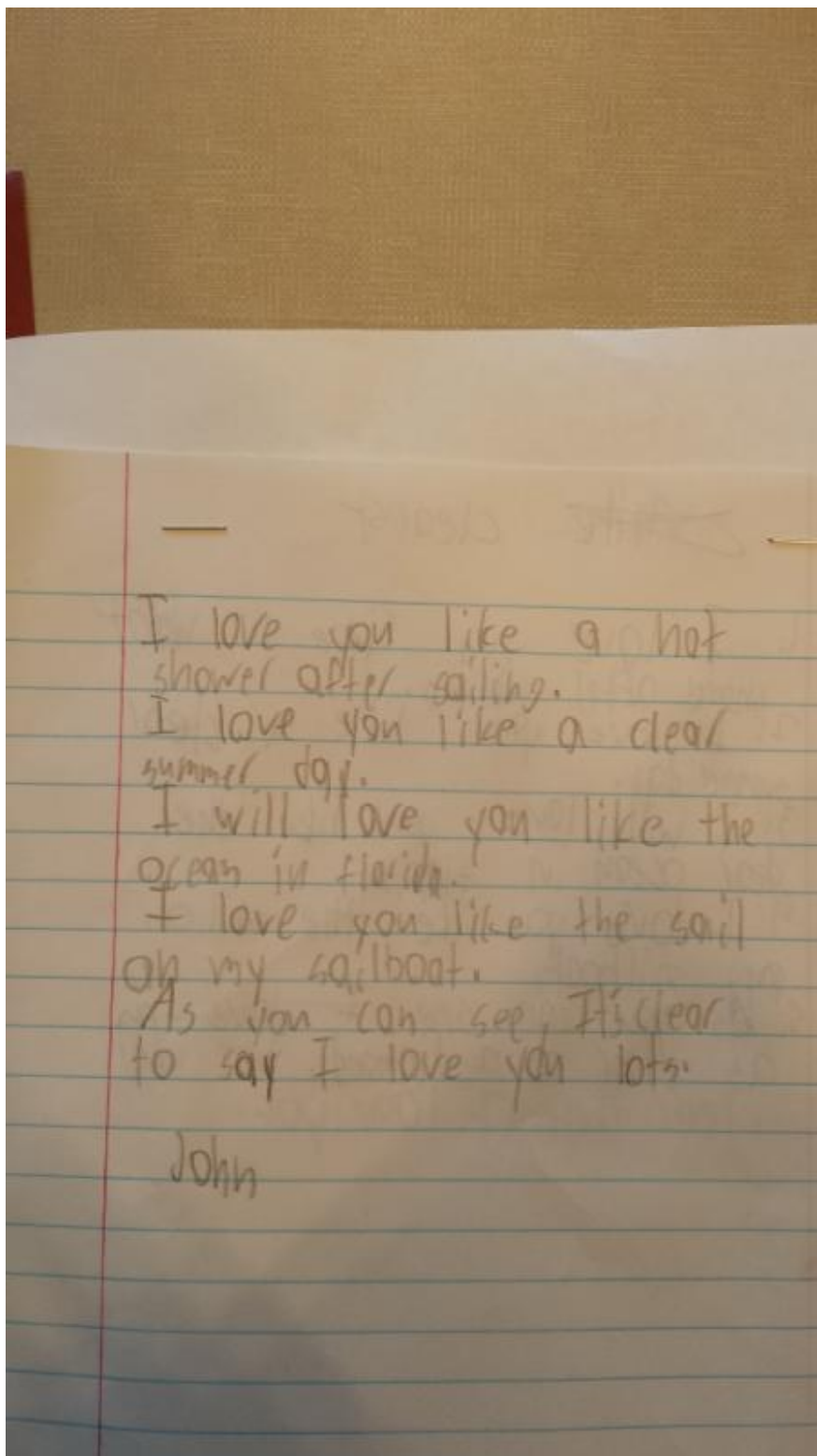
Last weekend 12 teams from Minnesota (MHS, Wayzata and Orono), Illinois, Michigan, and Wisconsin converged in Lake Forest to compete for two spots in the Baker National Interscholastic Sailing Association's Team Racing Championships in Anacortes, Washington. Minnetonka qualified by finishing second, losing a tie-breaker to Lake Forest High School (Ill.). This is just the third time a team from Minnesota has qualified.

Our Skipper team represented Minnetonka with pride both on and off the water. The regatta began with a long postponement due to winds in excess of 22 knots. The sailors took advantage of the time by studying for upcoming AP and IB exams. Late afternoon brought a significant decrease in winds but not in the 3 to 4 foot waves making for team race conditions never found on Lake Minnetonka. Even with these challenges, at the end of the day the Skippers were tied for second with a record of 3-1. As always, the second day brought the opposite challenges associated with light and shifty conditions. The Skippers won 5 of the 6 races sailed and finished with a record of 8-2.

The team raced hard and smart, especially in a late race against Arrowhead from Lake Pewaukee. The team didn't have their best start and found themselves in a 3,4,6 losing combination at the windward offset mark. Some fast downwind sailing allowed the team to catch the 2 which they parleyed into a 2,3,4 winning combination. Coach Trevor and Coach Gordy were seen high fiving after the race. Like a proud papa, Gordy smiled as he boasted that the Skippers practiced "text book team racing" during the event.

Travel plans have already been made for the trip to Anacortes, Washington. Winning means more travel expenses and the team is completely funded by the sailors. If you would like help out, donations can be made to the MHS Sailing Boosters at 150 Wildhurst Road, Tonka Bay, MN 55331

Happy Mother's Day



He loves his mom; or maybe it's sailing that's won his heart.

The editor received this cute note from an Okoboji mom who is awaiting your arrival for the ILYA Champs there in July. Thanks to Nan and Rob Baker for sharing.

Now get your Full Throttle Gear

Line Honors and Full Throttle Join

Brian Porter and Line Honors have a [newsletter](#) for you. Their first collaboration is a short sleeve spray top. Can you guess the name? FT "49"! It's sure to make you faster.



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