



**2017**  
**ILYA**  
**CHAMPIONSHIP**  
LAKE GENEVA YACHT CLUB  
AUGUST 16-20

**SCOWLINES**  
*Publication of*  
*Inland Lake Yachting Association*

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### In Memoriam

**Stacie Kwam Carlson**  
*Minnetonka*

*Remembered by her bright smile as she  
photographed our X fleet at many ILYA  
and other regattas*

**Henry N Bills**  
*Nagawicka*

*NLYC Commodore, ILYA and WYA  
Delegate*

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### Pewaukee Nominated for Best Yacht Club Bar

#### Who knew? Place your vote!

Nominations are closed for the eighth annual Wight Vodka Favourite Yachting Bar Competition, with the top ten submissions now put forward for online voting until January 30. The winning bar will be announced on February 1.



There are many rumors about the bar at PYC - most Mount Gay sold across a bar in the World, most inebriated E skippers in one place at one time, most fun on any Saturday night, best bar to meet your lifelong friends, more sailors in underwear than any other bar in the Western Hemisphere. ----- This is in fun but why let anyone else win? Get your friends to vote. Bring the trophy home. --- Seriously, there are nearly 2500 of you who read this rag. Have some levity in your life and spread the news.

#### Top Ten Nominees:

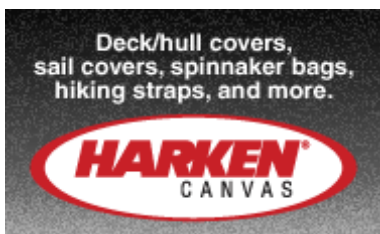
- \* Gladstone's Long Beach, USA
- \* Happy Island Bar, Union Island, St. Vincent & Grenadines
- \* **Pewaukee Yacht Club, USA**
- \* Rochester Yacht Club, USA
- \* Roger's Beach Bar, Hog Island, Grenada
- \* Royal Bermuda Yacht Club, Bermuda



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**MELGES**



[Harken](#)



- \* Royal Hamilton Amateur Dinghy Club, Bermuda
- \* Royal Hong Kong Yacht Club, Hong Kong
- \* Sloop Tavern, Ballard, USA
- \* Windward Mark at Bitter End YC, BVI

To vote...[click here](#).

**Turns out you can vote everyday!! Vote often!!**

### Rolex Yachtswoman of Year Short List

#### Roble and Haeger/Provancha Nominated

Annie Haeger and Stephanie Roble are the past two years' recipients of the prestigious US Sailing Rolex Yachtswoman of the Year. This year both women are short-listed for their 2016 accomplishments. The ceremony is held annually at the NYYC in Manhattan. March 2, 2017 the winner will be announced.

Annie, (top photo) along with her Olympic partner, Briana Provancha, represented the US courageously in Rio. They were also the South American Silver Medalists.

Stephanie is a part of a winning Melges 20 team and was 2nd in the world in the Women's International Matchracing Series.

While Haeger has not announced her 2020 intentions, Roble has teamed with Chicago sailor Maggie Shea and is preliminarily committing to a 2020 Olympic campaign in the 49er FX boat. She will attend her first regatta with an alternate crew in late January in Miami.



### Strictly Sail - McCormick Place -- This Weekend



#### Ticket Deadline Discount TODAY!!

While this show has evolved into an emphasis on big boat sailing, our partners are still there which means your friends are there!! Thu-Sun ticket sale [discounts are available here](#).

Stop in to visit the following:

- Gage - ILYA Champs sponsor Site - P1650 and P1700
- Gill - our ILYA Championship sponsor - get your apparel and other sailboat needs Site - S1054
- Gordy's - ILYA Champs sponsor Site - P1700 and P1200



[Donate to ILYA or Support your Olympic Contenders](#)



Join the ILYA

[Register for Dues](#)

**2017 Regattas**  
**More MC listings next edition - they are plentiful but many unconfirmed**

### February

3-5 Train Wreck MC - Lake Eustis, FL  
 18-19 Pacific Coast MC Champs - Mission Bay YC

### March

5 - ILYA Board meeting, White Bear, MN  
 7 - Zenda U MC Clinic - Eustis Sailing Club, FL  
 9-11 MC Midwinters - Lake Eustis YC, FL  
 17-19 Sarasota E Midwinter - Sarasota Sailing Squadron  
 18-19 Mardi Gras MC - New Orleans YC

### April

21-23 Black Tie C/E - It's Back - Rush Creek, Tx  
 28-30 Charleston E - Carolina YC  
 29-30 Springfield C - Island Bay, IL

### May

6-7 Icebreaker C - Cedar, IN  
 13-14 Mother's Day C - Spring Lake, MI  
 13-14 Cedar MC/C Spring -

- Harken - major sponsor with large space - ILYA Championship sponsor Site - S2415
- Jerry's Majestic Marine - ILYA Champs sponsor Site - P1330
- Line Honors - next to Melges - ILYA Championship sponsor
- Melges Boat Works - can't miss with the masts - ILYA Championship sponsor Site - S1042
- Stelluca - ILYA X and Opti Championship sponsor Site - S2305

In addition, there are free educational sessions. No dinghy sessions or youth sessions this year but Amy Gross-Kehoe is featured answering "anything you wanted to know about sailing". She is a wealth of junior sailing knowledge - she is a can't miss. Dawn Riley is there each day. If you are considering cruising, there are sessions for you. And a knot specialist - always fun.

## ILYA Dues and Donations

### Save Us Time - Time to Renew

It will soon be club and sailor dues renewal time. Renewals for individuals will be sent digitally first so consider getting ahead of the crowd. [Click here](#) to renew or join the ILYA. Scowlines is a free publication but if you enjoy it, please consider purchasing an associate membership for \$35. If you support us as race committee or regatta management, your renewal is invited.



Regular dues are \$70, youth \$40 and associate \$35. Crews do NOT need to join but are always welcome to support our association. Do yourself a favor, streamline your regatta registration and register for membership now.

Donations are always welcome. There are multiple reasons to support the ILYA---

1 - **Help the youth** (those up to age 25) attend events. The ILYA is so successful at the transition to adult scows due to our generous 50% off for all youth sailors. The funds to support this program come from the Promotion Committee. We support all our classes of scows from these funds. In addition, sponsorship money from the ILYA Championships is utilized to subsidize the social package for our youth. We are leaving no excuse to have our youth stay home. Consider a promotion donation.

2 - Foundation - This fund supports our **Olympic or national/international sailors** through their individual funds. Currently we host Sally Barkow's Team Magenta, Steph Roble's Epic Women's Matchracing team, Melges/Rowe 2020 Olympic campaign, Erik Bowers 2020 Olympic campaign, and a soon-to-be formed Roble/Shea 2020 Olympic campaign. Is it too early to support our potential Olympians? Absolutely NO!! For example, the Melges/Rowe team has been to Florida for training twice in the last two months. The old Miami Olympic Classes Regatta, now Sailing World Cup Miami, is late January. Watch for our teams to attend. In addition early team clinics and coaching are occurring to identify the

Cedar, WI  
 20-21 LaBelle Tuneup C/X -  
 LaBelle YC  
 20-21 Geneva Spring E - Lake  
 Geneva YC  
 20-21 - Heritage Spring E  
 - Lake Hopatcong YC

### June

3-4 Eastern C - TBD  
 10-11 MIR C - Long Lake, IL  
 10-11 Wauwasee E -  
 Wauwasee YC, IN  
 16 - AHJ X - Cedar Lake, WI  
 16-18 C Nationals - Okoboji  
 17-18 Payton E - Mendota YC  
 23-25 A Nationals -  
 Minnetonka  
 24-25 WI MC Champs -  
 Nagawicka  
 26 - LBSS Opti - Lake Beulah  
 28-29 TRAP X - Pine Lake YC

### July

6-7 Quad Lakes X - Nagawicka  
 10-11 GLSS X - Lake Geneva  
 YC  
 12 - GLSS Opti - Lake Geneva  
 YC  
 14-16 ILYA MC Invitational -  
 Lake Beulah YC  
 14-16 ILYA E Invitational -  
 Pewaukee YC  
 17-18 Xtreme X - Oshkosh YC  
 20-23 MC Masters Nationals -  
 Cedar, WI  
 21-23 Michigan E Invitational -  
 Crystal Lake YC, MI  
 22-23 ILYA C Invitational -  
 LaBelle YC  
 22-23 WYA X - Pine Lake YC  
 24 ILYA No Tears Opti -  
 Nagawicka  
 26-29 ILYA X Champs -  
 Delavan YC  
 30- ILYA Opti Champs -  
 Delavan YC

### August

1-2 ILYA Opti Champs -  
 Delavan YC  
 3-5 ECESA - Little Egg Harbor,  
 NJ  
 2-5 Western MI Champs  
 E/C/MC - Crystal Lake  
 4-6 WYA C - Nagawicka YC  
 11-12 X Blue Chip - Cedar, WI  
 16-20 ILYA Championships -  
 C/MC/A/E - Lake Geneva YC

potential "keepers" for the quaddrenium.

In addition, the Foundation has a general fund which is designated to **support the development of the X class**. The ILYA is the class governor of the X class. There are means available for clubs to apply for funds to develop a fleet on homelake waters.

3 - **General donations** are always accepted for use for regatta sponsorship (all regattas are eligible), race committee supplies and other needs.

Donations are accepted [here](#).

## 2017 Scow Calendar

### Get Your Regatta Listed

Our first listing of the 2017 events is included here in our first 2017 Scowlines. There is no intent to omit anyone. Submit your event for inclusion. As you develop your NOR, the ILYA is happy to link to it so there is a consolidated site for all our events.

## Holiday Regattas - It's about the Bowls



### Sugar Bowl

UW - Milwaukee took the New Orleans Sugar Bowl college regatta by storm winning both A and B divisions. Sailors A Division Parker Trepton (LaBelle) and B Division Jack Behrend (Nagawicka)/Susie Voltz (White Bear) topped their fleets in the granddaddy of regattas. Andrea Sullivan (Beulah) was named top female sailor - photo above.

### Orange Bowl

Opti sailors from Geneva, Minnetonka, Okoboji and Pewaukee traveled to Miami during Christmas vacation to compete at Coral Reef and Coconut Grove YCs. Chapman Petersen was the top Opti sailor from the ILYA in the Opti division. Harry Melges and Finn Rowe learned alot, OCS in the first two races but won a race and ended the event in 4th in the 29er fleet.

[Opti and Laser results here](#)

## September

8-10 Max C/MC Fall -  
Maxinkuckee YC  
8-10 E Nationals - Carolina YC  
9-10 Big Waters C - South  
Shore YC  
16-17 C Blue Chip - Pistakee  
YC  
16-17 Fenton Fall C - Lake  
Fenton YC  
23-24 NNN Beulah C Challenge  
- Lake Beulah YC  
23-24 Lotawana C - Missouri  
YC  
30 - Oct 1 - Polar Bear C/MC -  
Lake Davenport Sailing Club

## October

7-8 C Worlds - Delavan YC

[29er results here](#)

## Join Buddy Melges Sailing Team - First event is Valentine's Day regatta - WARM Florida!

### One Event per Month until our warm season arrives

The Buddy Melges Racing Team, led by new GLSS Executive Director Marek Valasek, will travel to the 2017 USODA Valentine's Regatta in St. Petersburg, Florida with its Optimist Racing Team. Competitors will be in both Gold and Silver Fleets with members traveling from both the Midwest and the Northeast to this Team Trials Qualifying Event. Six young sailors are planning to compete, with a BMRT practice day being held on Friday, February 3rd. Racing takes place on Saturday and Sunday, February 4th and 5th.

Marek is already off to a strong start (as expected). The Buddy Melges Racing Team (Optimists) has published the following regatta calendar for the Spring of '17:

Feb. 4-5 USODA Valentine's Regatta, St. Petersburg, FL (St. Petersburg Yacht Club)

March 4-5 USODA Sunshine State Championship, Jensen Beach, FL (US Sailing Center Marin County)

April 8-9 Spring Fling Regatta, Miami, FL (Coral Reef Yacht Club)

May 11-14 USODA Team Trials, Brant Beach, NJ

Come one/Come all - Optimist practices will commence at the Lake Geneva Yacht Club/Buddy Melges Sailing Center as soon as the ice is off the lake. The published BMRT Opti practice schedule is below:

April 1-2

April 15-16

April 22-23

April 29-30

May 20-21

May 27-28

Those who have qualified will head to the USODA Team Trials on Saturday, May 6th and hold three days of practice May 7-9th.

Anybody interested in joining the Buddy Melges Racing Team can contact Marek Valasek directly at [Sail@glss.org](mailto:Sail@glss.org). Regional sailors are HIGHLY encouraged to reach out to Marek and get aboard this fantastic opportunity!

## Western Michigan Announces Schedule

## All are Welcome Crystal Lake, MI

The "Western Michigans" are known as a family-friendly, fun event. It is novel in that many classes are scheduled each day so all in the family compete throughout the day. The MCs and now the A's are recently in MI so spread the word about the beauty of the Michigan lakes.



### SCHEDULE OF EVENTS

#### TUESDAY AUGUST 1

Welcome Party - 5:00 p.m. - 8:00 p.m. appetizers, beer  
WMYA Annual Meeting - 7:00 p.m.

#### WEDNESDAY August 2

Skippers Meeting - 8:30 a.m.  
Morning Races - 10:00 a.m. - Back-to-back - MC, Butterfly, Laser  
Afternoon Races - 2:00 p.m. - Back-to-back - E, C, Opti  
Lean-In - Following races, approximately 4:30 p.m.

#### THURSDAY AUGUST 3

Morning Races - 10:00 a.m. - Back-to-back - E, C, Opti  
Afternoon Races - 2:00 p.m. - Back-to-back - MC, Butterfly, Laser  
Kid's Party - 6:00 p.m.

#### FRIDAY AUGUST 4

Morning Races - 10:00 a.m. - Back-to-back - MC, Butterfly, Laser  
Afternoon Races - 2:00 p.m. - Back-to-back - E, C, Opti  
Commodore's Ball, Crystal Lake Yacht Club - 6:30 p.m. DJ, dinner and cash bar

#### SATURDAY AUGUST 5

Morning Race - 10:00 a.m. - E, C, Opti  
Afternoon Race - 12:30 p.m. - MC, Butterfly, Laser βNOTE TIME CHANGE OF RACE!!!  
Trophies - Approximately 3:00 p.m. (after the last race)

LUNCH - Available on racing days 11:00 a.m. to 1:00 p.m.

### Erik Bowers Update

Hey there,

It's been a while since the last update. A lot has happened in the past month. My teammates and I had our second training camp, I did some coaching, and my sister Sara and I road tripped from LA to Miami.

First though, I would like to correct a typo error from my last update. It came to my attention that I mistakenly typed the phrase "...coaching for pretty teenage sailors." I omitted "pretty good teenage sailors." The error is admittedly a bit funny, but my personal conduct is still respectable. I should also proofread better lol. Hat tip to reader DP for pointing out the mistake.

OK now on to the sailing. Our emphasis for the second November camp was on starting. Charlie, Chris, and I played out different scenarios. We were also joined by the younger Marshall brothers, William and Henry. So the 5 of us practiced starting in a tight group at each end and in the middle. We also emphasized the boat handling moves in the prestart. These moves are critical to making the most of what little space is normally available in a skilled fleet. Later in the camp we emphasized racing with some windward-leeward courses about half the length of a normal race.

Following the second camp, I coached as part of a regional clinic for southern California's up-and-coming youth sailors. Sailors in the clinic ranged in age from 14-18. Five classes of boat were sailed, three doublehanded classes plus Laser and Laser Radial. The Laser and Radial group was quite large, about 20 kids for 3 coaches. The kids were quite enthusiastic and put forth a strong effort overall. The first thing that we (the coaches) did for the kids was to put marks on their vang and outhaul adjustments. This allows you to be able to reproduce good settings while saving yourself the burden of thinking. The part of the clinic that was most enjoyable for me was helping to direct their focus and energy onto the particular techniques for the given conditions. When frustration did rear its ugly head, it was mostly because the individual sailor didn't know with clarity what he or she was trying to accomplish. One of the tricks I use to address this is by asking 4 questions.

1. What do you sense?
2. How do you know?
3. What does it mean?
4. How do you respond?

It's a way of taking sensory perception, discerning the useable info, and turning it into meaningful action on the water. The faster a sailor can go from step 1 to 4 correctly, the more opportunities will be available to them in training and racing. Better yet, it's applicable at all levels. With practice, this process becomes snapshots and images for various situations around the race course. For common situations, the response can be made automatic with minimum effort towards actual thinking. In the Laser, focus is a limited resource. This process helps to ration it. Overall, the clinic was a big success and I'm looking forward to coaching some of these same young sailors again in the near future.

-----

After the clinic, my sister Sara and I embarked on a cross country road trip from LA to Miami. I had been planning to make the drive anyway in order

to get my boat and equipment from Long Beach to Miami for Sailing World Cup Miami at the end of January. She has been taking a 5 week "holiday" in the US from her copyrighting and branding work in Italy. So it was a natural fit of course. And by "holiday", I mean she is engaged with work related projects, ideas, and visions for at least half her waking hours.

Instead of shredding the drive in 3 hard days, we took a more leisurely week to complete it. There were no concrete plans and we invented our own fun along the way. We saw a part of the country that neither of us had ever seen before. Our first day, we stopped in Joshua Tree. We drove around part of the park and took in its austere beauty and whimsical rock formations. The next day we drove to the Grand Canyon. On the third morning, we were blessed with a clear day and amazing views of the canyon. The scale must be seen in person to be truly appreciated. Hard to believe that it's the result of enough water flowing downhill for a long enough period of time. After seeing the canyon, we made an impromptu stop on the way to Albuquerque. The attraction you ask...? The one and only Meteor Crater!! We passed a sign on the interstate and the choice was practically made for us. It's the world's best preserved impact crater, owing mostly to its location in the desert. Sara and I were in awe at the scale of this hole in the ground with its entirely cosmic and random origin. Definitely made us wonder what else is out there in the vastness of space on a collision course with our planet.

Our concerns returned to matters more terrestrial and pedestrian ("terrestrial" perhaps?) as we arrived in Albuquerque that night. The next morning, we reached Santa Fe. Santa Fe is both the oldest (founded 1609 by the Spanish) and highest (7200 feet) capital city in the US. It also has a burgeoning art scene and market, not far behind NYC and LA. We visited the Georgia O'Keefe museum and made a spur-of-the-moment call to join an "Art Crawl" along Canyon Street. Canyon Street is the home of the city's galleries and haunt of all the local artists. It is a creative crucible and the occasion for the crawl was to celebrate the opening of the Santa Fe film festival. The procession was even accompanied by an outstanding Mariachi band! Sara was clearly in her element in this creative milieu, radiating her natural charm and networking magic. I tagged along as best I could while grappling with such questions as "What does this piece mean?", "How should I feel?", and "Why are we here?" Questions which I tend to happily ignore while obliviously immersed in the Laser game.

After magical Santa Fe came the hangover; a long boring slog across west Texas en route to Austin. Not much to say other than tumbleweeds are a real thing, not just an invention of Spaghetti Western movies. Austin boasts another art and culture enclave replete with numerous food trucks. We visited a couple more museums and an art gallery with numerous Dr. Seuss copies and other bits of stylized pop culture imagery. We found the place unexpectedly delightful and I took numerous pictures of works with high facebook meme potential.

The last bit of the trip from Austin to Miami we ripped across in 2 days. Thus ending our epic road trip. Sara wanted to maximize her brief time in Miami, while I have a few things to put in order here. I'm coaching here at the end of December prior to the US Sailing Team camp Jan 2-7. I will



update again in the New Year following the camp.

Also finally got my act together and made an Instagram account to share some images and short videos from this crazy endeavor. Handle is @erikbowers.

Thank you all for reading this longer-than-normal update. Sometimes the things peripheral to sailing take center stage. Only thing to do is naturally apply the same amount of enthusiasm!

Wishing all of you a Merry Christmas and Happy New Year!  
May you be in the presence of your loved ones and close friends.

See you in 2017!  
Erik

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