

SCOWLINES Publication of

Inland Lake Yachting Association

Volume 13, Issue 8

# 2018 Regattas - send your confirmed dates

#### April

6 Martinson Rules Discussion -Harken Simms Family Lecture with Malcolm Page - Lake Geneva 7 - US Sailing Judges Course -Harken 27-29 Springfield C

#### May

5-6 Cedar, IN Icebreaker
11 - Bilge Puller North Meeting
11-13 Mother's Day C Regatta -Spring Lake, Mi Cedar, WI C/MC Spring
18- Bilge Puller South Meeting

19-20 E Spring Regatta - Lake Geneva Yacht Club LaBelle Tuneup C/MC/X

#### June

7-8 ILYA Instructors Clinic -Okauchee 9-10 Wawasee E - Wawasee, IN 15 - AJH X regatta - Cedar 22-24- <u>JOs - Okoboji IA</u> 23-24 WI MC Champs - Pine Lake 25 - LBSS Opti - Beulah March 26, 2018

# **ILYA #FairSailing**

# Campaign Kickoff

If you have been reading Scowlines lately, you know there is a group of volunteers working with the ILYA board to refocus our sailors, both youth and adult, on our legacy principles of sportsmanship and fair sailing. Formerly the Corinthian Committee, going forward it is ILYA #FairSailing. Comprised of sailors, race officers, moms and dads, ILYA #FairSailing is working on initiatives to help ensure our sailors at all levels have the information and motivation needed to maintain our high standards.

You'll be hearing more in coming weeks but we're starting off with this piece printed with permission from David Dellenbaugh:

Be a good sport!

Good sportsmanship might be much more evident at regattas if winning was not so important. Without the expectation and pressure to perform at a high level over and over, competitors would be much more relaxed. They could devote a lot more time and energy to the many other reasons why most people race sail-boats -to have fun, make friends, enjoy the outdoors, keep learning and to see improvement in their sailing skills.

But the reality is that winning is important. It's the object of every sailboat race and the goal of most sailors who strive to be the best they can be. So if good sportsmanship is to flourish among racing sailors, it must do so in conjunction with the urge to win that most sailors possess.

26-27 TRAP X - Pine Lake

#### July

June 29-Jul 1 - US Sailing JO's -Lake Forest 5-6 Quad Lakes - Beulah 9-10 GLSS X - Geneva 10-11 - Note change - GLSS Opti, two-day 14-15 ILYA MC Invitational -Nagawicka 13-15 ILYA E Invitational -Geneva 16-17 XTreme X Regatta -Oshkosh 18-19 Women's/Girls Clinic -Nagawicka 16-19 Area K Jr. Championships -Sheboygan 21-22 ILYA C Invitational - Beulah 21-22 WYA X - Cedar 23 - ILYA No Tears - Beulah 25-28 ILYA X Champs - Pewaukee 29-31 ILYA Opti RWB and Green **Champs - Pewaukee** 

#### August

2 - Pram Power- North Lake 3-5 WYA C - Okauchee 6 - Madison Opti Regatta 10-11 X Blue Chip - Cedar, WI 13-14 RWB Chip - LaBelle 12-19 ILYA Championships -Minnetonka 12-15 A/MC Scows -15 Bilge Pullers Dinner 16-19 E/C Scows 21-22 MCSA National Junior Championship Cedar Lake Wisconsin 23-26 MC Nationals - Pewaukee Yacht Club

#### September

8-9 Dorn MC - Beulah
15-16 - C Blue Chip - Okauchee

30th Annual North Lake Fall
Classic MC
Lake Fenton C, Fenton, MI

20-23 E Blue Chip - Pewaukee
22-23 Beulah C Challenge Beulah
28-29 Lasers Masters Great Lakes
Championships - Delavan
29-30 Polar Bear Regatta - Lake
Davenport Sailing Club



Join Our Mailing List!

When you think about it, sportsmanship and winning are not mutually exclusive. In fact, many of the qualities that make someone a good sport are the same attributes needed to win races. This includes sound judgment, respect for competitors, a commitment to fairness, a graciousness in losing (made easier with the realization that losing is just a step toward winning) and a recognition that winning races is the result of hard, honest work rather than doing anything that could be even remotely perceived as cheating.

There are many reasons to be a good sport, but most of all it is just the right thing to do.

-Speed&Smarts, Issue #133, Jan/Feb 2015

# BRUCE MARTINSON ON THE RULES AND JUDGES SEMINAR

# April 6 -7 at Harken

Join us on **Friday night at 6:00** for an informal discussion on rules or how to get through a protest - from the sailors' side. Free pizza and drinks will be casually served. **Please contact** <u>Dave Berg</u> **to let him know you are coming.** All are welcome - we just need a head count for pizza. Juniors welcome. This is another offering by the ILYA #Fair Sailing committee to get you acquainted with rules.



**Saturday, April 7th**, is a one-day **9-5:00** course where you will learn the ins and outs of serving as a judge. That terminology applies to those of you who serve on protest committees. Let's demythify the whole protest procedure. Also we will discuss the arbitration process briefly which may be a consideration you want to add to your sailing instructions - it is a quick version of the protest procedure. This course may or may not be used to certify you as a club judge - you decide if you want to take the test. But come for the education. If you are serving at a regatta as a judge, you definitely want to consider attendance. --- And thank Mark and Mary Carol DeGuire for the snacks and meals. Our volunteers make us so unique.

Register at US Sailing for the certification course.

# **Youth Development Committee**

# **New Inland Instructor Seminar**

Sailing school instructors are invited to come to the first Inland level instructor seminar on **June 7th and 8th at Okauchee Yacht Club from 9am-3:30pm**. This will be a **free course** and is designed to get our instructors together to promote better instruction among all of our Inland yacht clubs. This will be a great opportunity for



instructors to get together, make friends, share best practices and learn to be better instructors. If you have questions, please contact Ed Eckert at 262-343-2396 or edeckert136@gmail.com. Please let us know how many instructors will be coming.





<u>Roble Shea - Donate here</u> <u>Visit us on Facebook</u> <u>Visit our website</u>



<u>Melges Rowe - Donate here</u> <u>Visit us on Facebook</u> <u>Visit our Website</u>



BowersSailing Donate Here



# **MC Youth Nationals**

Get ready to challenge all of your friends, and come the MC Youth Nationals on August 21st and 22nd on Cedar Lake. This will be a great opportunity for sailors under 21 years old to compete one last time prior to going back to school. There are lots of MCs available, so beg borrow or steal (please return after regatta) an MC and come to the event. This is being sponsored by the MCSA, so cost will only be \$30. Their will be social activities as well. Please contact Rick Trester at 262-644-8398 or rktrester@gmail.com for any questions.

# New Spring High School Sailing Circuit is Starting

New for this year is a **free level three high school sailing** circuit on Saturdays. So, grab your friends and form a team (four sailors). **You do not need to be from the same high school.** If you do not have a full team contact Ed Eckert to see if we can help fill out your team. This is a great opportunity for sailors that do not have a high school team to have a chance to experience high school sailing. The events are scheduled as follows:

April 28 - Cedar Lake May 5 - Sheboygan (Cinco De Mayo themed!) May 19 - Milwaukee

Please contact Ed Eckert at 262-343-2396 (edeckert136@gmail.com) to let us know you will be attending or if you have any questions.

# HARKEN INTRODUCES HARKEN DERM



Peter Harken and his wife Edit Olasz Harken MD, PhD, an academic dermatologist and researcher teamed up to create Harken Derm: a professional skincare solution for sailors.









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# Donate to ILYA or Support your Olympic Contenders



Join the ILYA

**Register for Dues** 



Edit has listened to and answered so many questions from sailors about sun protection and skin care. She felt that she could serve the sailing community the best if she offered a trusted, professional solution, so she set sail on a new journey: creating the absolute best protection for sailors to help battle against the triple threat: sun, wind and water and pursue her mission to prevent

skin cancer.

Harken Derm's high performance sunscreen was created to satisfy the highest standards in the US:

Broad spectrum SPF 50, water resistant (80 minutes), sweat resistant, and all mineral - meaning no chemicals that are harmful to your body, our oceans, and the environment - so it can withstand the toughest conditions.

Antioxidants further protect from free radical damage, and keep the skin silky and smooth, leaving you confident and comfortable in all your adventures.

But damage doesn't stop when you leave the sun. It is important to repair the damage to the skin caused by the harmful elements in our environment.

Harken Derm's Daily Skin Repair Lotion does just that - clinically proven to reduce brown spots, wrinkles, and fine lines.

Harken Derm's face and body moisturizer has 11 potent antioxidants, ceramides and essential fatty acids that stop damage right in its tracks - naturally strengthening, hydrating, and tightening the skin, reversing the damage and signs of aging, because it's never too late to repair your skin health.

For more information please visit harkenderm.com.

# Nagawicka to host Annual Event - July 18-19

# Women and Girls of all Ages

Set the dates - For Opti and X sailors, this is your tune-up for the WYA, X and Opti ILYA Championships and the Blue Chips.

This is always the most special event where the instructor to student ratio is low which provides personalized guidance.

The clinic will offer instruction in traditional

SAIL STRONG SAIL PINK INA CLINE FOR WOMEN AND GIRLS

Opti and X, 420. Moms, adult women sailors, grandmothers - plan to come to learn on land, on the water with other women from the ILYA. More as the course details develop. But SAVE THE DATE. You won't be disappointed.

Cedar C/MC Spring Event with Friday Melges Seminar

|   | SPRING TUNE-UP REGATTA<br>CEDAR LAKE YACHT CLUB—WEST BEND, WI   |
|---|---|
| Short track racing! Lots of starts, 20-40 minute races. Great Tune-Up for 2018 Sailing Season. On-water MC and C tuning session with pro instructors from Melges and North Sails Zenda! Post session chalk talk is scheduled to be held on Friday, May 11th at 3PM! |   |
| Venue:  | Cedar Lake Yacht Club<br>4719 Yacht Club Drive<br>West Bend, WI 53095   |
| Schedule:   | Friday 5/11/2018           2:00PM - On-water MC and C tuning session with pro instructors from Melges and North Sails Zendal           Post session chalk talk is scheduled to be held.           Registration 12:00PM - 11:30PM and 5:00PM - 7:00PM.           Boat set up begins at 12:00PM.           Regatta Cocktail Party and dinner at the Reilly residence.   |
|   | Saturday 5/12/2018         Registration begins at 7:30AM.         No competitor briefing.         First warning - MC's - 10:00AM and C's at 10:30AM.         MC's and C's will compete on separate courses.         Lunch - PRO determined.         Racing continues after lunch.         Regatta Cocktail Party and dinner held at CLYC clubhouse, dinner is included with race registration fee.  |
|   | Sunday 5/13/2018 First warning for C's at 9:30AM and MC's at 10:00AM. MC's and C's will compete on separate courses. Lunch and trophy and awards presentation after racing.   |
| Fees:   | Early Registration Period (On or before May 1, 2018)           C's         \$75         Includes sailing, lunches, Saturday dinner and beer for two.           MC's         \$50         Includes sailing, lunches, Saturday dinner and beer for one.           Extra lunches are \$7.50 each and extra dinners are \$20 each.         Includes sailing, lunches, Saturday dinner and beer for two.           C's         \$55         Includes sailing, lunches, Saturday dinner and beer for two.           MC's         \$50         Includes sailing, lunches, Saturday dinner and beer for two.           MC's         \$70         Includes sailing, lunches, Saturday dinner and beer for one.           Extra lunches are \$10         Beach and extra dinners are \$25 each. |
| Trophies:   | Awarded to top 3 for each fleet. Overall regatta champion goes to boat with best record of<br>either fleet.   |
| Housing:  | Just call or email, we'll find you a spot!  |
| Contact:  | Jeff Shabino at (847) 790-6104 or Shabino@me.com  |
| Register:   | Send Name, Crew, Class, Boat, Number and how many for dinner on Saturday to Jeff Shabino<br>Also register on line at www.dyc.com  |

# X-Boat Spring Clinic May 19 - 20, 2018

#### GLSS at Buddy Melges Sailing Center

Geneva Lake Sailing School and the Buddy Melges Racing Team invite you to register for our X Boat Clinic at the Buddy Melges Sailing Center Saturday and Sunday, May 19-20th. We offer regional X Boat sailors two days of on the water coaching and classroom discussions preceded by a rigging and tuning session Saturday morning. Low coach to boat ratio will provide all attendees with close interaction with the coaches.



#### Schedule: Saturday May 19th

9:30am - Arrival deadline. 9:30am - 11:00am Rigging and tuning clinic. Please do not rig your boat ahead of the clinic 11:00am - 11:30 am Briefing and Lunch 12:00pm - 4:00 pm On Water Drills 4:00pm - 4:30 pm Debrief

#### Sunday May 20th

9:30am - 10:00am Briefing. Boats to be rigged before the meeting. 10:00am -3:00pm - On water clinic and practice races. Lunch on the water. 3:00pm - 3:30pm Debrief - Clinic concludes.

The focus will be on ALL skill levels and teaching X Boat sailors to be selfsufficient when they arrive at an event, rigging their boat properly and being ready to launch. On the water we will focus on boat handling and team work among skippers and crews. At the conclusion of the clinic, our missions is for participating X Boaters to have a significant jump on the start of the 2018 season at their home clubs and on the exciting regatta circuit.

As the clinic coincides with the Geneva Spring E Scow regatta, this will be a great opportunity for the racers who have children sailing X Boats to make it a family weekend on Lake Geneva. If you do not have a boat or teammate, please contact Marek at sail@glss.org to see if we can make arrangements that work for you.

Cost is \$125 per sailor for the clinic, which includes lunches both days and a tech shirt.

Online Registration Click Here

# MIDWEST YOUTH SAILORS WILL GET AN OKOBOJI EXPERIENCE

# Okoboji Yacht Club to Host USA Junior Olympics Sailing Festival - Midwest

The Okoboji Yacht Club is proud to host for the first time a USA Junior Olympic Sailing Festival on June 22nd through June 24th. This regatta to be held on West Lake Okoboji at the Okoboji Sailing Center and is part of a nationwide series for youth ages 8 to 20 years. Over 30



events are held across the continental United States and Hawaii with close to 5,000 sailors expected to compete. The goal of the sailing festival regattas is to encourage young sailors to enjoy sailing and to develop their skills in the sport. It will mix Olympic-style competition with elements of fun and education at all levels from beginning racers to those with Olympic dreams.

The June 22 - 24 long weekend kicks off with registration. Pre-regatta activities include an Opti Adventure Practice Race and a race clinic given by H.C. "Cappy" Capper on Friday afternoon with the opening ceremonies and social later in the day. After opening ceremonies, participants and their families will then get to enjoy an authentic "Boji Experience" with a night of enjoying rides and games at Arnolds Park, a lakeside amusement park tradition that dates back over 125 years.

With so many unique locations hosting the Junior Olympics, the Okoboji Yacht Club wants to assure all attending that they will receive a signature experience that can only be found in the Great Lakes Area of Iowa. Sailing will begin Saturday morning and run through Sunday afternoon. The weekend will conclude with closing ceremonies and awards given to each of the fleets attending, Optimist Green Fleet, Optimist Red, White and Blue Fleets; Laser, and X Boat.

For more information on the Junior Olympics Festival and all the family filled activities that offered in the Okoboji area, please visit our website at <a href="https://www.2018JuniorOlympicsOkoboji.com">www.2018JuniorOlympicsOkoboji.com</a> or learn more about all our youth

sailing programs at <u>www.OkobojiSailingCenter.org</u>. Okoboji Yacht Club Sailing School, Inc. is an Iowa 501(c)(3) non-profit that supports personal growth by teaching the skills of sailing to people of all ages. We provide services focused on education with facilities that support that training

ILYA Chicago Sailors, want to change to some big boat sailing downtown?



#### **Big Boat Opportunity in Chicago**

Boyd Rice graciously consented to lead the ILYA Corinthian group through a strategic planning session to get the committee headed in the right direction. --- Thanks, Boyd.

For those of you who have been itching to go racing on Lake Michigan here is your chance. **Spanker** competes in the Beneteau 40.7 one-design fleet in Chicago (that's **Spanker** leading the way in the photo). Over the course of the summer we race in three weekend-long, round-the-buoy regattas, three (sometimes four) distance regattas, and Wednesday night Beer Cans. It's just the right blend of serious and social racing.

We sail out of DuSable Harbor at the foot of Randolph Street, perfect for those of you who live or work close to downtown.

If you're interested please contact me, Boyd Rice, at <u>bvr8742@gmail.com</u>. I'd love to tell you more.

# Change up your Friday Night - Go Visit Geneva



GLSS Invites You Simms Family Lecture Series Friday April 6th at 5:30 pm Geneva Lake Sailing School invites you to attend the first lecture presented by the Simms Family. Malcolm Page will travel to visit us for this exciting night. Malcolm will address LGYC members and guests about his sailing experiences and his exciting role as Chief of Olympic Sailing for US Sailing. LGYC will be providing light appetizers during the Friday night presentation. Dinner will be available after the presentation.

Saturday April 7th 9:00 am - Youth are invited

Malcolm will share his path from sailing "Manly Junior Class" in his native Australia to becoming two-time Olympic Champion. This portion of the lecture series will be dedicated to junior sailors. Since seating is limited, please RSVP for Friday night and/or Saturday morning.



Also following Malcolm, we will then start our first BMRT (Buddy Melges Racing Team) practice of the spring season. The practices will continue until the weekend before Memorial day. The team is open to all interested sailors in the area. For more information, check the <u>GLSS website</u> or contact <u>Marek Valasek</u>.

#### **Bilge Puller North Meeting**

To my Northern Bilge Pullers,

We are finalizing the details but it looks like the spring meeting will be on the Island this year! Yes, you heard that correctly! We might be building a fire in the fireplace but it will be cozy!



PA Zinn has been working with PA Jewett through all the details to make this happen! If you are willing to offer any help please contact either of those two fine gentleman.

Mark you calendars for May 11th and find a way out to the island! The mailing will be coming out in mid April so please rsvp as soon as you receive it to reserve your spot!

If anyone from the south would like to attend please let me know? Admiral Schweda

# Springfield Spring C -- Here We Go!

#### IBYC SPRING REGATTA 2018 THE FIRST REGATTA OF THE YEAR

The IBYC "C" Fleet is proud to announce we will be holding our 58th Spring Regatta the weekend of April 27-April 29, 2018. Festivities will begin on Friday evening with registration beginning at 6:00pm featuring Quiggs famous BBQ sandwiches, Springfield Dave's chili, hors d'ouvrers and of course FREE BEER! Lunches will be available Saturday and Sunday at a cost of \$6.75 which consists of a hot or cold sandwich a side and a drink, tickets will be sold at registration.

Registration will open at 8:00am Saturday. A skippers meeting will be held at 8:45 am. One hour harbor gun at 9:00am with a 10:00am start. Two back to back races are planned for the morning with two back to back races to follow lunch (FREE BEER). A final race is planned for Sunday morning with a 9:00am harbor gun with a 10:00am start. The regatta will be dry sailed.

Trophies will be presented following the final race (MORE FREE BEER) to skipper and crew for places 1-5. Registration fee will be \$35.00.

A casual dinner is planned for Saturday evening with cocktails (and FREE BEER) at 6:00pm and dinner at 7:30pm. Rib-eye steak dinner adults \$22.75, children \$9.25. Chicken Alfredo \$18.00. Chicken Caesar salad \$13.95 (Reservations must be made no later than lunch Saturday)

Send Registration to Hayden Davis 1017 West Monroe Springfield, IL 62704 Make checks payable to IBYC C Fleet

Level 1 Instructor Training at Pewaukee

Small Boat Instructor Level 1 at Pewaukee Lake Sailing School 5/31/2018 - 6/03/2018

#### Enroll Now

(early registration discount until 5/3/2018) There are 10 available slot(s) left

Pewaukee Lake Sailing School PO Box 457 Pewaukee, WI 53072 Contact: Taylor Martin Instructors: Sean Lennon

Changes for your home lake to consider

# SI's

- You will see the return of a two-turns penalty for the MC fleet at ILYA events.
- Appendix T, arbitration, will be added to the ILYA SI's. This is a "softer" protest procedure meant to hasten the process, perhaps provide a more educational approach but it is an important part of the ILYA Corinthian initiative. The ILYA is encouraging firmer or more consistent execution of the RRS. The arbitration process makes protests more palatable. Look for more information on the ILYA's initiative and its desire to have this start at home.

#### **Sailing Schools**

- The ILYA Youth Development Committee will host an independent Instructors Clinic June 7-8. Ed Eckert will welcome our instructors to Okauchee YC to discuss coaching, rules, drills, discipline, communication - all with an ILYA emphasis. Instructors will share successes or challenges with each other to improve skills and execution.
- Look for an incentive program to be utilized to encourage sailing clean and fair. Education will be the emphasis this year but your school will have an opportunity to declare its intent to join the fair sailing movement in the ILYA

#### Scoring program

The ILYA will move to RegattaToolbox for is scoring in 2018. This is a California-based company which provides support for its product. The owners are young and talented but, most importantly, responsive. Lake Geneva and Lake Beulah are moving to RegattaToolbox. If you are looking, give this a view. It is optimized for phone for viewing and scoring. Having said that, from the view of the signal boat, phone data entry is always difficult on our open-boat style of signal boats.

Inland Lake Yaching Association, PO Box 662, East Troy, WI 53120-0662

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