



Volume 1, Issue 1

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"A good sport is someone who adheres to a code of ethics and doesn't compromise the quality of the game"

- Dave Perry, author, champion sailor, rules guru

Thanks to Dave Dellenbaugh for getting us started as we launch ILYA #Fair Sailing. With Dave's permission, in April, you will enjoy excerpts of his sportsmanship edition of Speed and Smarts.



- April**
- 6 - Martinson Rules Discussion - Harken
- 7 - US Sailing Judges Course - Harken
- 28 - John Strassman RC 201 - Practical Teaching

May
Rules of Week to be featured

June
Visits to Clubs and Sailing Schools

THANKS TO OUR #FAIR SAILING SPONSORS

Sportsmanship and fair play are valued attributes that are expected to come naturally from within each sailor. --- **Speed & Smarts #133 Dave Dellenbaugh**

In most sports the rules are enforced by referees or umpires, who impose penalties and legislate fair play. Breaking a rule often doesn't matter unless the officials see it, and good sportsmanship doesn't seem very important to many of the athletes.

The sport of sailing is completely different. Except for certain specialized

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events like match racing, we don't have referees or umpires. The racing rules are enforced by the competitors themselves, and breaking a rule is a big deal even if no one else sees it.

A set of sportsmanship guidelines:

- **Apply the golden rule: Do unto others as you would have them do unto you.**
- **Understand and appreciate the rules.**
- **Enjoy yourself and encourage enjoyment of others.**
- **Take responsibility for your actions.**
- **Exhibit respect for the officials.**
- **Do not tolerate bad behavior from your teammates.**
- **Cheer in a positive manner.**
- **Accept all decisions by officials without question.**
- **Applaud good plays by teammates and competitors.**
- **Applaud at the end of the contest for the performance of all participants.**
- **Encourage all surrounding people (fans included) to display sportsmanlike behavior.**

BRUCE MARTINSON ON THE RULES AND JUDGES SEMINAR - HELP YOUR CLUB WITH PROTESTS

April 6th at Harken

This is another offering by the ILYA #Fair Sailing committee to get you acquainted with rules.

Join us on **Friday night at 6:00** for an informal discussion on rules. **The ILYA #Fair Sailing group is ready to "beta test" its rules presentation.** This computer show on the rules is brought to you by the ILYA and UK Sails. It presents the rules in order with great graphics and the opportunity for

discussion. Free pizza and drinks will be casually served. **Please contact [Dave Berg](#) to let him know you are coming.** All are welcome - we just need a head count for pizza. Juniors welcome.



We NEED You! - ILYA Regattas, Home Lake Racing - Know how to arbitrate and/or hold a protest

Saturday, April 7th, is a one-day **9-5:00** course where you will learn the ins and outs of serving as a judge. That terminology applies to those of you who serve on protest committees. Let's demystify the whole protest procedure. Also we will discuss the arbitration process briefly which may be a consideration you want to add to your sailing instructions - it is a quick version of the protest procedure. This course may or may not be used to certify you as a club judge - you decide if you want to take the test. But come for the education. If you are serving at a regatta as a judge, you definitely want to consider attendance. --- And thank Mark and Mary Carol DeGuire for the snacks and meals. Our volunteers make us so unique.

[Register at US Sailing](#) for the certification course.

Inland Lake Yaching Association, PO Box 662, East Troy, WI 53120-0662

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