



# SCOWLINES

Publication of  
Inland Lake Yachting Association

Volume 14, Issue 1

January 10, 2019

## 2019 Calendar

### February

2 - Strategic Planning session - Harken

### March

10 - Dave Dellenbaugh Racing Seminar - Beulah  
30 - US Sailing Judges Certification Course

### April

27th - [US Sailing RC Club Officer Certification Course - Cedar, WI](#)

### May

4 - RC Course - Lake Geneva  
[1-5 US Sailing Level One Instructor Course - Pewaukee](#)  
11 - US Sailing Race Committee Certification Course - Clear Lake, IA

### June

8-9 C MIR C- Beulah  
15-16 C Nationals - Pewaukee  
22-23 A Nationals  
22-23 WI MC Champs - Beulah  
24 Beulah Opti Regatta  
25-26 TRAP X Pine

## US Sailing Offers Deep Discount this weekend

### Renew your dues or JOIN US SAILING

Now through January 14th get an individual membership for only \$30 - plus this hat! (That's \$35 off!) Discount will be applied at check out. Please note this is for Individual 1 Year Memberships only.



**July**

1-2 Quad Lakes - Cedar  
 8-9 GLSS Dinghyfest X  
 9-10 GLSS Dinghyfest Opti  
 11 GLSS Dinghyfest Melges 14,  
 Open Bic  
 12-14 E Invitational - Clear Lake  
 15-16 X Treme Oshkosh  
 20-21 WYA X - TBD  
   MC Invitational - Gull  
   C Invitational - Okauchee  
 22 No Tears - Cedar  
 24-27 ILYA X Championships -  
 Minnetonka  
 28-30 ILYA Opti Champs - White  
 Bear

**August**

1-4 WMYA Championships -  
 White Lake, MI  
 2-4 WYA C - LaBelle  
 8 - Pram Power - North Lake  
 9-10 X Blue Chip - Cedar  
 14-18 ILYA Championships -  
 Oshkosh  
 22-25 MC Nationals - Minnetonka

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**What is SafeSport? US Sailing website news ----**

We recognize the safety of athletes depends on all those involved in the sport. US Sailing takes seriously its responsibility to help raise awareness about misconduct in sport, promote open dialogue, and provide resources to our individual members, member organizations, athletes, coaches, parents, and volunteers.

We are more active than ever in preserving the integrity of sport safety. US Sailing's partnership with the U.S. Center for SafeSport reinforces our commitment to creating a safe and positive environment free from abuse and misconduct. US Sailing has a ZERO TOLERANCE policy for abuse and misconduct. This includes not only on-water safety, but also safety ashore in any part of US Sailing's programs.

**What SafeSport training is all about:**

SafeSport training is a free three-module online course that provides education on:

1. Sexual Misconduct Awareness
2. Emotional and Physical Misconduct
3. Mandatory Reporting (Understanding Your Responsibilities)

David Dellenbaugh's  
**SPEED&Smarts**

**HARKEN 50**  
 CELEBRATING 50 YEARS



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By being better educated and more aware of the various types of misconduct and how to recognize them, each of us can make our sport safer and help end abuse in sport.

How this information pertains to you:

US Sailing has systems in place to protect participants from physical abuse, sexual abuse and other types of misconduct that can be harmful to sailors and other participants.

These include:

- Policies regarding Physical Misconduct, Sexual Misconduct, Bullying and Harassment, Hazing, Electronic and Social Media Communication, and Travel Teams.
- Codes of Conduct applicable to administrators, coaches, officials, parents, sailors and spectators.
- The US Sailing SafeSport Program Handbook is intended to inform and provide guidance to our sailing constituents about SafeSport policies and how you and your organization can create a culture of SafeSport at home in your programs.

In accordance with recent SafeSport Policy, the following individuals within our US Sailing Family are required to successfully complete annual SafeSport training. See the list below and click here for more details.

#### **Mandatory SafeSport training** is for:

- All trained Instructors, Instructor Trainers, and Master Instructor Trainers for US Sailing Training Programs: Small Boat, Keelboat, Powerboat (including current, candidates, and recertifying)
- All Certified Race Officials (including current, candidates, and recertifying)
- US Sailing Championship Committee Chairs
- US Sailing Coaches; US Sailing Contract Coaches; US Sailing Coach applicants
- US Sailing Team and Olympic Development support persons, as defined in The Racing Rules of Sailing, to include but not to be limited to medical; therapeutic; boat wrights
- US Sailing Leadership and Management: Board of Directors, staff and interns and members of the Olympic Sailing Committee

#### **Recommended SafeSport training** is for:

- Individuals/volunteers who are in frequent and direct contact with and in a position of authority over athletes (strongly recommended to successfully complete SafeSport training)



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Join the ILYA

[Register for Dues](#)

- Other members of US Sailing Championship Committees (strongly recommended to successfully complete SafeSport training)
- All members of US Sailing (encouraged to successfully complete SafeSport training)

\*All US Sailing participants and member organizations should familiarize themselves with each form of misconduct and refrain from engaging in misconduct and/or violating any of these policies.

US Sailing encourages its members and member organizations to use the policies, guidelines, best practices, strategies and tools included in the US Sailing SafeSport Program Handbook to implement SafeSport practices at the local level. Together we can provide a safe environment for all sailors to enjoy our sport.

Please note that SafeSport training consists of three modules:

- Sexual Misconduct Awareness
- Emotional and Physical Misconduct
- Mandatory Reporting

You must complete all three modules to be SafeSport trained. When you have completed all three, your SafeSport training will be logged in US Sailing's data base.

**[Click here](#) to find out more about SafeSport and how to take the course if you are a US Sailing member.**

If you took the course in 2018, there is an abbreviated 2019 mandatory review course now available.

*Note - this is the same course many of your children's coaches for school and club sports are now required to complete depending on district or sports organization.*

## SAVE THE DATE

### Race Committee, Judge and Fair Sailing Courses - March through May



Save the date. Registration may not be open as yet for several of these offerings. Look for completion of registration within the next couple weeks. Coordination of the courses will allow you to attend one a month to prepare for the 2019 season.

### March 10 - Sunday - Dave Dellenbaugh Speed and Smarts

Dave returns to SE WI for Take Two on Strategy and Sailing Fast. Site is tentatively set to repeat at Lake Beulah. A youth



half-price discount will be offered. This is aimed at sailors but Dave always emphasizes the rules that take effect during the discussed aspects of sailing. Course is 8:30 - 4:30. Course is \$75. Lunch included. AM or PM sessions are \$40 without lunch. Youth fee is \$40. Registration is not open at this time.

### **March 30 - Saturday - Judges Certification Course - Harken?**

Bruce Martinson returns down south to train Judges - that is, protest committee members. This is a US Sailing certification course which includes arbitration training. Each regatta needs to have three persons on board for potential protest/arbitration hearings. Here is where you learn the process. Registration is through US Sailing and is not open at this time.

### **April 27th - Saturday - RC Club Officer Certification - Cedar Lake, WI**

John Strassman with assist from Chip Mann will present the annual RC certification course. This course is a basic US Sailing certification course. Course is open now for registration on the US Sailing website. **One Day Race Management Seminar at Cedar Lake Yacht Club** - [Enroll Now](#). Cedar Lake Yacht Club, West Bend, WI , Contact: [John Mann](#). \$55 registration fee includes course materials, online testing, breakfast and lunch. Seminar runs from 0830-1700 at the Cedar Lake Yacht Club.

### **May 4th - RC Course at Geneva**

Watch for more details to come on an RC course held at Lake Geneva. The presenter will be John Strassman. Registration is not open at this time.

### **May 11th - RC Cert Course on Clear**

This course is a western repeat of the April 27th course. John Strassman travels to Clear Lake, IA to train MN and IA local RC folks. This is a US Sailing certification course and will posted soon on the US Sailing site. Pricing is determined by the local club so may vary from the April 27th offering due to travel expenses and housing. Registration is not open at this time.

## **ILYA Announces New Foundation Account**

## Charlie Allen, Pewaukee, Announces Campaign

Dear Scowlines Readers,

Hello my name is Charlie Allen, a proud member of Pewaukee Yacht Club. I am a thirteen-year-old who loves to sail. I race my Opti, my X boat, and crew on my family's E boat on Pewaukee. I have also raced on C boats, MCs, Melges 14s, Melges 17s, Melges 24s, Lasers and even A boats.



**I am launching a campaign to help me with my goal of qualifying for the IODA Opti Worlds. My campaign with the ILYA Foundation is to represent Pewaukee Yacht Club, Pewaukee Lake Sailing School, BMRT, the ILYA and the USA as a member of Team USA for Opti Worlds in 2020. When I achieve my goal, I will be the fourth sailor from the ILYA to make it to Opti Worlds, and the first from Pewaukee!** *(Editor's Note: - Prior ILYA members to make the IODA World Team include Lake Beulah sailors Joe Kutschenreuter, Steph Roble and Will Haeger.)*

During my campaign to make Opti Worlds 2020, I will need to train and race extensively. This training will include attending the regattas and practices listed below, as well as others later this year and next. Being from the Midwest, I am faced with ice on the lakes for part of the year while most of my competitors live in warmer climates. Most of the top Opti sailors can train all year long at their home clubs. In my case, lots of traveling is necessary to try to get more time on the water in order to try to level out the competition. Here are some examples of what your contributions would provide:

- \$5,000 - all my expenses for attending Team Trials in California this spring
- \$1,200 - all my expenses for a US National Team practice
- \$400 - the expense to charter an Opti at one regatta

If you would consider donating airline miles or hotel points, please send an email to [gochuck22406@gmail.com](mailto:gochuck22406@gmail.com). I mainly fly on Southwest Airlines, but any miles or points would be very appreciated!

My goals which will help me get to Worlds are: First, I want to re-qualify for the 2019 US National Team so I can continue attending those practices and improving my sailing.

My other goal is to finish in the top 5% of every USODA regatta going forward. Ultimately, I will need to be a top five finisher at Team Trials to make Worlds.

I'm willing to give it all I've got to make Worlds. However, it is going to take a lot of effort for me to qualify. I'm committed to doing everything that I can do to achieve my goals. There are high costs associated with coaching, travel, regattas, etc. I am asking that you consider supporting me by donating to my campaign. Tax-deductible donations can be provided through my account with the ILYA Foundation. Please click the link to donate to my campaign below. There will also be a fundraiser at Harken on Saturday, March 9th, where you can come and learn more about my campaign. Details for the event will be shared soon.

I'd like to tell you about how I got to this point. My sailing career started on my fourth birthday when my parents surprised me with my first Opti. I was very excited to sail! When I was five years old, I started sailing in KinderPrams at Pewaukee Lake Sailing School. I began racing Optis and also crewing on an X boat when I was eight years old. I think it was crewing on the X boat that made me realize how much I truly love sailing.

In September 2016, I started competing outside of the ILYA in USODA (US Optimist Dinghy Association) regattas when I sailed in Midwest Champs on Pewaukee. During that regatta, I qualified for Team Trials the following spring. After I qualified, I sailed in New Orleans, Miami, Jensen Beach, FL, and at Team Trials in Brant Beach, New Jersey over the winter.



In March 2017, I started sailing with the Buddy Melges Racing Team (BMRT) and Coach Marek Valasek. He is one of the top Opti coaches in the world and I am lucky to have him helping me. Since joining BMRT, I have spent many days practicing on Geneva and competing in regattas with the team. Sailing with BMRT means I am one of the first boats on the water after the ice goes out and one of the last boats in fall. I have learned a lot from my coach about on the water skills as well as dryland training, fitness and nutrition. All of these things are important to help me become a better sailor.

As a result of my hard work and coaching, my regatta results have continued to improve. At Team Trials last April, I qualified for the US National Optimist Team (USNT) and an international travel team. With the international team, I had the chance to represent the United States in Belgium as part of Team USA.

Most recently at USODA Midwinters in New Orleans, I finished 28th out of 234 boats and qualified for another international travel team. On my schedule for 2019 so far are the following events:

- January -USODA Team Race Regatta - St. Petersburg, FL
- February - USNT Practice - Galveston, TX
- March - USODA Sunshine State Champs - Jensen



Beach, FL

- March - USNT Practice - Marina del Rey, CA
  - April & May - BMRT Practice on Lake Geneva
  - April - 37th Optimist Meeting - Lake Garda, Italy
- (Team USA)
- April - USODA Team Trials - Marina del Rey, CA
  - May - USNT Memorial Day Practice - TBD
  - Summer - Team USA Summer Regatta - TBD
  - Summer- USODA Great Lakes Champs - TBD
  - September - USNT Labor Day Practice - TBD
  - September & October - BMRT Practice on Lake Geneva
  - September - USODA Midwest Champs - Pewaukee, WI
  - October - USNT Fall Practice - TBD
  - October - USODA Spring Team Qualifier - Arapahoe, NC
  - November - US Sailing Junior Olympics River Romp - Fort Meyers, FL
  - December - US Sailing Junior Olympic Festival - Jensen Beach, FL
  - December - Orange Bowl International Youth Regatta - Miami, FL

Sailing with the Pewaukee Yacht Club and the ILYA has provided me with so many opportunities for which I am very grateful. This sport has led me to great friendships with peers and adults. My favorite experiences include: meeting one of my idols Jimmy Spithill, spending a windy Sunday night sailing a 29'er with my dad's friend, racing in a Melges 24 regatta and crewing on a A boat during Nationals when I was nine. I've been lucky to receive advice from Buddy Melges. I've had a blast sailing with friends from other lakes in the C WYA and C Inland. Other highlights include: winning the Senior X Inland as a crew, getting pointers from experienced sailors after races, taking second in the Junior X Inland and winning the X Blue Chip as a skipper this last summer, sitting down with senior sailors and hearing racing stories from over fifty years ago, and learning boat maintenance and rigging from people who work at Harken and Melges - just to name a few.

I am looking forward to sailing in high school and college. I also have a goal of sailing in the Olympics. I think that it is great that I am going to be able to spend the rest of my sailing life with the people I am friends with today. I am grateful to have gotten my start sailing in the ILYA. Please consider donating to my campaign to help me achieve my goal of making it to IODA Optimist Worlds.

Thank you for your consideration,

Charlie Allen

[Follow Charlie on his Facebook Page](#)

## Roble/Shea 2020 Olympic Campaign - ILYA Foundation at Work



We recently wrapped up 16 days of training in beautiful Sydney, Australia and made it back to the States just in time to celebrate Christmas with our families. The Sydney Harbor is known for difficult conditions with mixed chop/swell at the Heads, strong current, breeze always off the land, some gnarly windy summer days and of course a lot of ferry traffic.

Our goal in going there was to sail in some of the toughest conditions with some really good teams - the Japanese and Australians. This training tested us physically and mentally to make us stronger as a team in all aspects.

We used the racing at the Sail Sydney regatta to work on our "rules of thumb" in shifty offshore conditions and solidifying our tactical playbook for the top of the beat and bottom of the run. As 2018 shook out, we didn't spend much time in big breeze so it was nice to get a few of those days mixed into the racing as well. Those days are all about focusing on your boat and simply executing while keeping an eye on the others.

For the remainder of the time, we focused on downspeed boat handling on the start, consistency with our acceleration move, locking into a mode sooner off the line, smoothing out upwind/downwind transitions, practicing racing

communication from the plays we solidified, windy boat handling technique and simply racing with a good group.

We learned so much and are extremely grateful for the opportunity to go there. We could not do it without our supporters; thank you so very much for making this trip possible!!

Stephanie Roble



[Roble Shea Sailing - 49erFX Olympic Campaign](#)  
[Facebook](#) | [Instagram](#)  
 Mobile: +1.262.939.3199

## Regatta Toolbox is Expanded and changes name to ClubSpot

### **Vast regatta and yacht club enhancements with further development of RegattaToolbox - coming your way**

The ILYA and several of our member clubs adopted Regatta Toolbox last year as our scoring problem. Those of you who attended a Club 420 or the Orange Bowl as well as all ILYA regattas will recognize the name Regatta Toolbox. Now look for [ClubSpot](#) as the transition occurs.

The changes and improvements are so expansive a new name is warranted. The ILYA database will remain with the company as they change names. If you are a yacht club, be sure and check out the new enhancements. There are plans to host websites, point of sale capabilities, membership dues collection and a one-stop regatta management system. The ability to score using both the short and long series will be more automatic (i.e. DNS varies with total registered or total who appear on starting line. Both are in Appendix A)

## US Sailing Level One Instructor Course

### **COURSE LENGTH**

This is a 4-day, 40-hour course. Attendance at all 40 hours is mandatory. Absence from any portion of the course excludes the instructor candidate from certification.

### **MINIMUM AGE REQUIREMENT**

All candidates must have reached their 16th birthday within



the calendar year that the course is being held in. Candidates under 18 years of age who complete the course will be designated as a Sailing Assistant until their 18th birthday.

### **PREREQUISITES FOR ENTRANCE INTO THE COURSE**

Below are some of the primary prerequisites for the Level 1 Course. A full list is available during the registration process.

- Sailing experience in small boats, such as prams, dinghies, multihulls or daysailing keelboats.
- Current US Sailing Individual, College or Family Membership (youth membership is not applicable and only one instructor is allowed per family membership)
- Experience operating a safety boat. This course is evaluative: Powerboat skills are tested, not taught, during this course.
- Ability to swim 50 yards both with and without life jacket.
- National Association of State Boating Law Administrators (NASBLA) Safe Boating certification. Candidates who do not hold a NASBLA approved Safe Boating Certificate will not be allowed to operate a powerboat during the course. Online courses that are not NASBLA approved will not be accepted. BoatUS is one provider of online courses. Click here to see all available Boat US courses. You can also earn your certification at one of US Sailing's Safe Powerboat Handling Courses or see a current list of approved providers. Candidates holding a current USCG full or limited Master's or OUPV license are exempt from this requirement.
- **\*\*\*NEW\*\*\*** Coming for 2019 - Teaching and Coaching Fundamentals Online course - Details will be released after 2/1/19
- **SAFESPORT:** Beginning on 1/1/2018. This program, developed by the US Olympic Committee, is required training for all Instructors. This requirement is also being put in place for other National Governing Bodies. This free online training course must be completed every 2 years. Instructor certification is not active unless SafeSport training has been completed

### **TAKE THE TRAINING**

[Check the US Sailing calendar here](#) but Pewaukee will offer a course in early May. That course will be taught by Emlie Barkow. Parents, consider sending your instructor during Spring Break or look to Chicago if the Pewaukee dates do not work. AP high school testing is the following week.

Small Boat Instructor Level 1 at Pewaukee Lake Sailing

School  
5/01/2019 - 5/05/2019

Enroll Now  
(early registration discount until 4/3/2019)  
There are 11 available slot(s) left

Pewaukee Lake Sailing School  
PO Box 457  
Pewaukee, WI 53072  
Contact: Emlie Veinot  
Instructors: Emlie Veinot  
Please note the course schedule: Wednesday, May 1 3:00-8:00 Thursday, May 2 3:00-8:00 Friday, May 3 8:00-6:00 Saturday, May 4 8:00-6:00 Sunday, May 5 8:00-6:00

Inland Lake Yaching Association, PO Box 662, East Troy, WI 53120-0662

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