



SCOWLINES

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Inland Lake Yachting Association

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2019 Calendar

April

27th - [US Sailing RC Club Officer Certification Course - Cedar, WI](#)

May

4 - RC Course - Lake Geneva

1-5 [US Sailing Level One](#)

[Instructor Course - Pewaukee](#)

4-5 Cedar Icebreaker - C - Cedar Lake, IN = Not to be missed!

10-12 Cedar Spring MC/C - Cedar, WI

11 - US Sailing Race Committee Certification Course - Clear Lake, IA

18-19 LaBelle Spring X/ MC/C - Oconomowoc, WI

June

8-9 C MIR C- Beulah

15-16 C Nationals - Pewaukee

16-18 JO's Opti/420s Wayzata

21-23 MC Masters Nat'ls, Keuka, NY

22-23 A Nationals- Mendota

24 Beulah Opti Regatta

25-26 TRAP X Pine

29-30 WI MC Champs - Beulah

29-20 JO's Optis Mentor, OH

WYMAN Takes the Helm



Oshkosh's Beth Wyman Leads ILYA

The ILYA welcomes new Commodore Beth Wyman for a two-

July

1-2 Quad Lakes - Cedar
 8-9 GLSS Dinghyfest X
 10-11 GLSS Dinghyfest Opti
 12 GLSS Dinghyfest Melges 14,
 Open Bic
 12-14 E Invitational - Clear Lake
 15-16 X Treme Oshkosh
 20-21 WYA X - Nagawicka
 MC Invitational - Gull
 C Invitational - Okauchee
 22 No Tears - Cedar
 24-27 ILYA X Championships -
 Minnetonka
 28-30 ILYA Opti Champs - White
 Bear

August

1-4 WMYA Championships -
 White Lake, MI
 2-4 WYA C - LaBelle
 8 - Pram Power - North Lake
 9-10 X Blue Chip - Cedar
 14-18 ILYA Championships -
 Oshkosh
 19-20 MC Youth Nat's - Cedar, WI
 22-25 MC Nationals - Minnetonka

September

6-8 USODA Midwest - Pewaukee

October

5-6 JO's Optis - Macatawa. Bay

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year term. Beth comes to the top position after serving as Chair of the ILYA Championships several times. The ILYA thanks her, in particular, for pioneering (pun for those of you oldsters, not that she was part of any of the shenanigans) the multiple fleet format. Beth also chaired the Centennial event too many years ago to mention. She is known for building the Oshkosh X fleet from near obsolescence to one of the largest in the ILYA by welcoming community sailors into the Oshkosh Yacht Club. Some of those sailors have become collegiate and now adult scow sailors. She developed a model to emulate. Wyman has left the other incoming commodores in the dust as she initiated strategic planning the meeting prior to her takeover. Look for new initiatives and energy as she commands the organization. (She is pictured here with outgoing Commodore David Porter who is presenting Beth with the traditional Mickey Mouse pen. The tradition began with Suzi Reese as she passed the tiller to Jeff Baker. It is a reminder that we are really about the fun of sailing. "Get the job done but don't forget the fun.")



Past Commodore Porter was presented with an individualized ILYA burgee for his service to the ILYA.



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Regatta changes

WI MC Championships - June 28-29 on Beulah

Due to the Masters Nationals date, the WI MC Championships will be held the fourth weekend of June. Preliminary talks are in process to offer a Friday clinic for those who want to improve their skills.

MC Youth Nationals - Site now Cedar Lake, WI

Due to the success of last year's event on Cedar and a conflict with Pewaukee, the MC Nationals will repeat at Cedar, WI. Plan now to attend August 19-20.

GLSS Dinghyfest - Change to schedule

Last year's two-day Optimist expansion was successful. The X boat regatta will be held the traditional Monday and Tuesday; Optis will sail Wednesday and Thursday; Melges 14 and O'pen Bic will be Friday.

Roble-Shea Qualify for Pan Am Games and Japan Test Event



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Words from the team:

"We are super excited to announce that we have qualified to represent Team USA at the Pan American Games and Tokyo Test Event this summer!!!"

"We started the trials for these events at World Cup Miami and went into the racing at Trofeo Sofia with a 9 point lead. While we were hungry to finish better than 16th at Trofeo Sofia, we are proud to accomplish our goal of winning this Trial.

"Big picture we are absolutely stoked for these upcoming experiences. Small picture we are going to take some time to reflect and ask why we didn't sail a top series last week. We



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know we need to be patient with ourselves on this journey to the top. It takes time and requires trusting and focusing on the process. One step at a time; one learning moment at a time. We will find the way.

"Most importantly, thank you so much to our title sponsor Kilroy Realty Corporation and our network of supporters from Chicago Yacht Club ILYA-Inland Lake Yachting Association Lake Beulah YC, Chicago Match Race Center and US Sailing Team !"

Melges - Rowe



It's Springtime in Europe

Here is the latest report from the 49er team:

"Our First Steps of 2019

"We had lots of excellent training and racing in the first month of 2019. Many things happened in January; we traveled to Miami 3 times and spent a total of 20 days sailing. Both Finn and I managed to graduate early from high school thanks to the helpful staff at Bigfoot Highschool. Graduating from high school was essential for us because we can now start full time campaigning for Tokyo 2020.

"We traveled to Miami three times throughout January. Our first training started on January 2nd. We participated in the ODP (Olympic Development Camp) hosted by the US Sailing Team. We were pleased with how this camp went for us. We were able to spend four days on the water with some fantastic



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coaches such as Charlie McKee, Carlos Robles, Grant Spanake, and Luther Carpenter. The biggest takeaway from this camp was dialing in our set up in the more lumpy conditions, and being able to adapt our sailing abilities to the conditions.

"Our second trip to Miami was a short one with just three days of sailing. Our primary objective with this trip was to dial in our equipment. We knew that the next time we were coming down to Miami, we were going to jumping right into racing, so we made sure that our boat was perfect. Other than lots of boat work we spent about eight full hours on the water. When we were on the water, we wanted to see how far we could push our boat handling. The first 75% of our session was about the quality of our maneuvers and critiquing them. The rest of the session we would focus on quantity, basically doing as many tacks, gybes, sets, and takedowns as we could before one of us broke down.

"Our third trip to Miami was just awesome; we made lots of good processes considering the circumstances. We started this trip out with competing in the 2019 Miami Skiff Midwinters which had an unexpected outcome. On the second day of the regatta, we went out to race in very gnarly conditions, choppy and 25kts of wind. On our sail out to the racecourse, we managed to break our upper spreader which resulted in a minor foot injury because of the foot strap. The injury caused us to miss the last two days of the regatta and disabled us from sailing for the next five days. Three days before the Miami World Cup started we got the clear to sail again because of a speedy recovery. We pushed hard in the three days leading up to the World cup to get back to where we were before the injury. The first day of the World Cup had its ups and downs, but it was a solid day. We were going into the second day in 11th overall and were the top US boat. Throughout the regatta, the conditions got tougher, and our results became a little more inconsistent. We learned so many things throughout the month including the fact that we can hang with the top guys in the 49er fleet. The highlight of the regatta was getting a 3rd place in the windier conditions on the 3rd day. All in all, we go will be going into our next event with much more confidence than ever before!"

Malcolm Lamphere

Lamphere Makes Gold Fleet in Huge, Talented Fleet

With a fleet of near 200 and over 30 countries represented, the young Lamphere is beginning to hit his stride. The list of names participating is a Who's Who of Olympic country qualifiers or a list of US College Sailors of the Year. Laser World

Champions abounded in this fleet. The Laser class certainly appears to be a class unto itself.

The US frontrunners are Barnard (WHO WON!) and Buckingham who are now in their second quadrennium. Also representing the US were two young sailors from Harvard and Yale who appeared in the top third of this prestigious group. Lamphere sat as the third American hanging in the 40s until the last day when he slipped to the 50s. He and fellow youngster Marek Zalewski appear on paper to be neck and neck now but marking ones to watch for 2024. Of note, these two made the most competitive Gold Fleet this time around - a significant milestone for both on a stage this large. Lamphere had two ninths and a 22nd to top out his days.

US Sailing Offers Adaptive Sailing Instructor Course - held infrequently so register if your club offers instruction in this area.



Adaptive Instructor Workshops are a Go

Two Courses/Two Coasts are now open for Registration!

May 28-30 at American YC in Rye, NY

June 7-9 Richmond YC in Richmond, CA

Topics Include facility requirements, disability types/populations, breaking down

barriers to participation, safety requirements, volunteer/staff training and a detailed overview of how to correctly adapt your equipment (or what equipment is available to purchase).

A heavily interactive course, attendees will go through a variety of exercises to help them better understand what's required to teach sailors with disabilities including; physical, intellectual, vision impairments, autism, etc.

COURSE LENGTH & REQUIREMENTS

This is a three-day course. In order to receive the Adaptive Instructor Endorsement, candidates must hold either a current US Sailing Small Boat Level 1 or Basic Keelboat Instructor Certification. If you do not hold a current US Sailing Small Boat Level 1 or Basic Keelboat Instructor Certification you may audit the workshop with restrictions. To view a complete listing of the workshop prerequisites [Click Here](#).

TRAINING MATERIALS The Adaptive Sailing Resource Manual will be shipped to your course. You can review a free online copy of the manual [here](#).

[REGISTER TODAY at US Sailing/Education](#)

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