X Boat Standard Notice of Race & Sailing Instructions

Release Revision 1 – 4-10-2020

This appendix only applies if the Notice of Race and Sailing Instructions Supplement so states.
These Standard Notice of Race & Sailing Instructions (Hereafter NOR/SI) may be used at an event in place of printed sailing instructions made available to each boat. To use them, state that "The Notice of Race & Sailing Instructions will consist of the instructions in the X Boat Standard Notice of Race & Sailing Instructions available at bit.ly/XBoatNORSI, and supplementary NOR/SI posted on the official notice board.
The supplementary Notice of Race & Sailing Instructions will include:

1. *The Organizing Authority Information.*
2. *Entry fee information.*
3. *A table showing the schedule, including:*
    a. *The first permissible time competitors may arrive at the venue.*
    b. *The onsite registration period(s) and details.*
    c. *Competitor's briefing time, location, and any alternative communication methods.*
    d. *The scheduled practice race, if any*
    e. *The schedule of races, including the day and date of each scheduled day of racing.*
    f. *The number of races scheduled each day and maximum number of races on any race day.*
    g. *The scheduled time of the first warning signal of the series.*
    h. *The latest time for a warning signal on the last scheduled day of racing (see NOR/SI 5 below).*
4. *The location of the regatta harbor and racing area.*
5. *The location of the official notice board, race office, and the flagpole on which signals made ashore will be displayed (see NOR/SI 4.1)*
6. *The competitor VHF Channel*
7. *A description of marks that will be used including how new marks will differ from original marks if they are different (NOR/SI 14).*
8. *The time limits, If different than 90 minutes race time limit and 30 minutes finishing window, that are listed in NOR/SI 19.1.*
9. *The protest/redress time limit if different than the later of 75 minutes after the last boat finishes the last race before coming ashore or the display of flag A or H before coming ashore.*
10. *If the time for displaying notices of protest will be different than 30 minutes after the protest time limit.*
11. *The minimum time after Flag AP ashore is dropped until a warning signal if different than 45 minutes.*
12. *If the scoring is different than Appendix A, there is a minimum number of races for a series, and describing excluded scores.*
13. *Any measurement requirements in addition to following class rules*
14. *A description of prizes to be awarded.*
15. *Contact info for more information.*
16. *Any changes or additions to the Notices and Instructions in this Standard Notice of Race & Sailing Instructions.*

A copy of the Standard Notice of Race and Sailing Instructions will be available to competitors on request.

X Boat Standard Notice of Race & Sailing Instructions

Release Revision 1 – 4-10-2020

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X Boat Standard Notice of Race & Sailing Instructions

Release Revision 1 – 4-10-2020

1 Rules

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2 Appendix T – Arbitration will apply.

1.2.1 Rule T1(b) is changed to "A Post-Race Penalty is a 30% scoring penalty or 50% of the places between the boat's finishing position and the number of entries, whichever is less, calculated as stated in rule 44.3(c). However, Rule 44.1(a) applies.

1.3 Racing Rules 29.1, 30.1, 30.3, 30.4, 33, 35, 41, 44.2, 61.1, 61.3, 62.2, A4.2, A11 & Race Signal AP will be changed as stated in NOR/SI 27. The changes are summarized here. Please note that these summaries are for convenient reading and the full text of the actual changes is stated in NOR/SI 27.

1.3.1 RRS 29.1 Is changed so OCS boats in P and I flag starts to be hailed as soon as practicable on the competitor VHF Channel.

1.3.2 RRS 30.1 is changed so if a mid-line start boat or mark is in place, you may clear from being OCS by rounding it to port.

1.3.3 RRS 30.3 is changed so boats identified as OCS under a U Flag start that is not a general recall will be announced via the competitor VHF channel. There is no timeline for this announcement.

1.3.4 RRS 30.4 is changed so boats identified as OCS under a Black Flag start that is not a general recall will be announced via the competitor VHF Channel. There is no timeline for this announcement.

1.3.5 RRS 33 is changed so course bearing changes less than 5 degrees may not be signaled.

1.3.6 RRS 35, A4.2, and A11 are changed so a TLE boat is scored as the last boat that finishes plus 2.

1.3.7 RRS 41 is changed so that a crew member overboard may be returned to the boat by outside assistance in the same general area as the crew member went overboard, but a capsized boat that receives outside help shall retire.

1.3.8 RRS 44.2 is changed to allow penalties for breaking a Rule of Part 2 or Rule 31 in the zone of the windward mark or on the offset leg to be delayed until no later than promptly after rounding mark 1a (the offset).

1.3.9 RRS 61.1 is changed to request that all boats intending to protest or request redress inform the RC after finishing as soon as practicable (when there isn't traffic at the finish) and the protest committee as soon as practicable after coming ashore.

1.3.10 RRS 61.3 is changed so the protest time limit is the later of 75 minutes after the last boat finishes the last race before coming ashore or the display of flag A or H before coming ashore, or as otherwise listed in *The Supplement*.

1.3.11 RRS 62.2 is changed so the redress time limit matches the protest time limit.

1.3.12 RRS A4.2 is changed so boats that do not start within 4 minutes of the starting signal will be scored DNS.

1.3.13 Race Signal AP is changed to allow the displayed ashore delay before a start to be 45 minutes or as otherwise stated in *The Supplement*.

2 Advertising

2.1 [DP] Boats may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, *World Sailing Regulation 20.9.2* applies.

3 Eligibility and Entry

3.1 The regatta is open to all boats of the X Boat Class. Other requirements may be listed in *The Supplement*.

3.2 a condition of entry, each participant (and in the case of children and minors, each participants parent or guardian) grant the Organizing Authority, race organizers, sponsors, and their designated photographers the perpetual, irrevocable right, license and permission to use, publish and distribute the participant's name, photos, video, images, finishes, results, and statements of them and their boat and crew in all forms of media worldwide (including without limitation Internet) for any purposes whatsoever (including without limitation advertisements, promotions, public sale of pictures, etc.) without compensation or further permission.

4 Fees

4.1 *The Supplement* will include the required fees and standard entry deadline.

4.2 *The Supplement* will include any late fee information and dates where late fees apply.

4.3 *The Supplement* will include any additional late fee for onsite registration.

5 Insurance

5.1 [[NP][DP] The parent of each 'person in charge' (see RRS 46) shall secure adequate valid third-party liability insurance.

5.2 The Organizing Authority is not responsible for verifying the status or validity of insurance.

6 Risk Statements

Competitors and support persons participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each parent or guardian of a competitor agrees and acknowledges that:

6.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their child, their crew, and their boat to such inherent risk whilst taking part in the event.

6.2 They are responsible for the safety of themselves, their child, their crew, their boat, and their other property whether afloat or ashore.

6.3 They accept responsibility for any injury, damage, or loss to the extent caused by their child's or their own actions or omissions.

6.4 By participating in the race, they are satisfied that their child's boat is in good working order, equipped to sail in the event, and they and their child are fit to participate.

7 Notices to Competitors

Notices to competitors will be posted on the official notice board listed in *The Supplement* and may be unofficially duplicated as listed in *The Supplement*

8 Changes to the NOR/SI

Any change to the NOR/SI that is not listed in *The Supplement* before the regatta begins will be posted before 0900 or 90 minutes before a scheduled warning signal, whichever is

earlier, on the day it will take effect, except that any change to the schedule of races will be posted before 2000 on the day before it will take effect.

9 Signals Made Ashore

9.1 The location of signals made ashore will be listed in *The Supplement*.

9.2 Race Signal AP is changed as described in NOR/SI 27.1.13 or as otherwise stated in *The Supplement*.

10 Schedule

10.1 The following items will be described in *The Supplement*.

10.1.1 Registration Period(s) and details

10.1.2 The competitor's briefing time, location, and any alternative communication methods.

10.1.3 The dates of racing.

10.1.4 The number of races and maximum number of races on any race day.

10.1.5 The scheduled warning for the first race of the series.

10.1.6 The last permissible warning time on the scheduled last day of racing.

10.2 After flag A or H is displayed, the scheduled warning for subsequent racing will be posted on the Official Notice Board.

11 Class Flag

The class flag will be the X Boat logo on a white background, or as described in *The Supplement*.

12 Venue and Racing Area

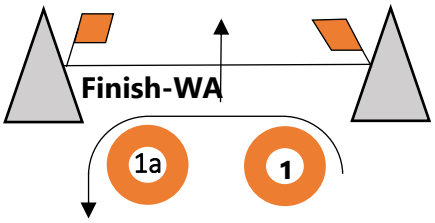
12.1 The regatta harbor will be described in *The Supplement*.

12.2 The racing area will be described in *The Supplement*.

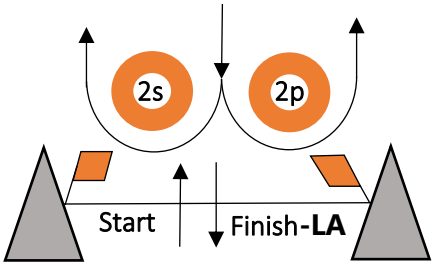
13 Courses

13.1 No later than the warning signal, the race committee will designate the course by displaying two letters followed by a number, and it may also display the approximate compass bearing and length of the first leg.

13.2 The course diagrams show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.



Course WA - Windward/Leeward with Offset Mark, Windward Finish	
Signal	**Mark Rounding Order**
WA2	Start - 1 - 1a - 2s/2p - Finish
WA3	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - Finish
WA4	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - Finish
WA5	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - Finish



Course LA - Windward/Leeward with Offset Mark, Leeward Finish	
Signal	**Mark Rounding Order**
LA2	Start - 1 - 1a - 2s/2p 1 - 1a - Finish
LA3	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a- Finish
LA4	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - Finish
LA5	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - Finish

14 Marks

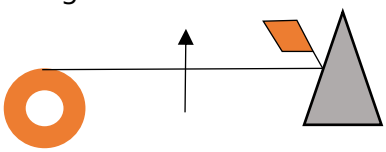
All *Marks* will be described in *The Supplement*.

15 The Start

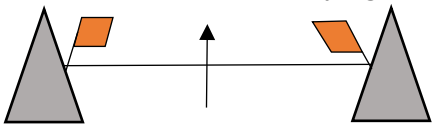
15.1 The start will be governed by using RRS 26.

15.2 The starting line will be:

15.2.1 Between a staff displaying an orange flag on the race committee vessel at the starboard end of the starting line and the course side of the starting mark at the port end of the starting line or

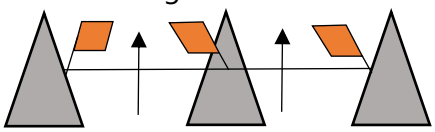


15.2.2 Between two staffs displaying orange flags on two race committee vessels or

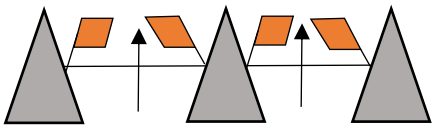


15.2.3 From a staff displaying an orange flag on a race committee vessel on the starboard end to a staff displaying an orange flag on a race committee vessel at the approximate center

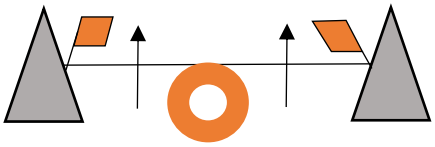
of the line to a staff displaying an orange flag on a race committee vessel at the port end of the starting line or



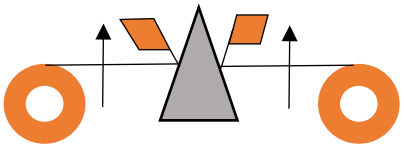
15.2.4 From a staff displaying an orange flag on a race committee vessel on the starboard end to a staff displaying an orange flag on the starboard side of a race committee vessel at the approximate center of the line and from a staff displaying an orange flag on the port side of the race committee vessel at the approximate center of the line to a staff displaying an orange flag on a race committee vessel at the port end of the starting line or



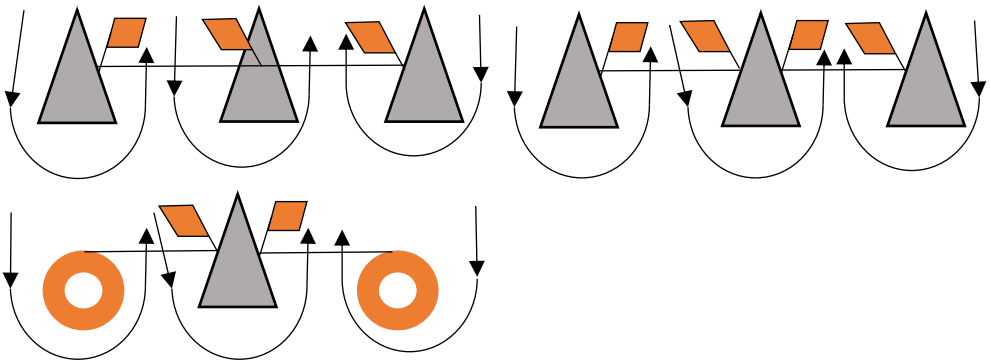
15.2.5 From a staff displaying an orange flag on a race committee vessel on the starboard end to the course side of a mark in the approximate center of the line and from the buoy at the approximate center of the line to staff displaying an orange flag on a race committee vessel at the port end of the starting line or



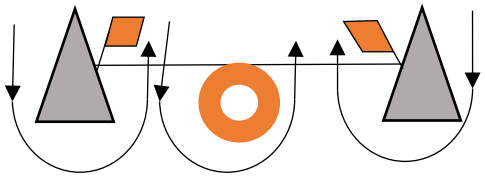
15.2.6 From the course side of a mark at the starboard end of the starting line to a staff displaying an orange flag on the starboard side of a race committee vessel at the approximate center of the line and from a staff displaying an orange flag on the port side of the race committee vessel at the approximate center of the line to the course side of a starting mark at the port end of the starting line.



15.3 If a mid-line boat is in place in accordance with NOR/SI 15.2.3, NOR/SI 15.2.4, or NOR/SI 15.2.6, a boat may comply with RRS 30.1 by rounding the mid-line boat, leaving it to port, before *starting*. This changes RRS 30.1.



15.4 If a mid-line starting mark is in place in accordance with NOR/SI 15.2.5, a boat may comply with RRS 30.1 by rounding the mid-line starting mark, leaving it to port, before *starting*. This changes RRS 30.1.



15.5 RRS A4.2 is changed as stated in NOR/SI 27.1.12.

15.6 RRS 29.1 is modified as stated in NOR/SI 27.1.1.

16 Change of the next leg of the course

16.1 To change the next leg of the course, the race committee will:

16.1.1 Lay a new mark and remove the original mark as soon as practicable, or

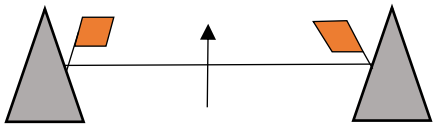
16.1.2 Move the finish line, or

16.1.3 Move the original mark(s) to a new location.

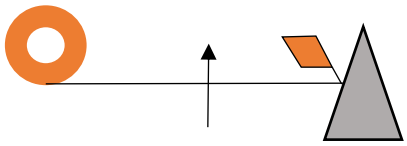
16.2 Course bearing changes less than 5 degrees may not be signaled as stated in NOR/SI 27.1.5.

17 The Finish

17.1 The finishing line will be between two staffs displaying orange flags on race committee vessels.



17.2 If only one orange flag is displayed, the finishing line will be between a staff displaying an orange flag on the race committee vessel and the course side of the finishing mark.



17.3 Code Flag "A" displayed, with no sound, while boats are finishing indicates "no more racing today."

17.4 Code Flag "H" displayed, with no sound, while boats are finishing indicates "racing will continue after a break ashore."

17.5 Neither Code Flag "A" nor Code Flag "H" displayed while boats are finishing indicates that another race will follow.

18 Penalty System

18.1 Appendix T – Arbitration will apply. Upon receipt of a protest, the protest committee will attempt to have an arbitration hearing as soon as practicable.

18.2 Rule T1(b) is changed as stated in NOR/SI 1.2.1.

18.3 RRS 44.2 is changed as described in NOR/SI 27.1.8.

19 Time Limits

19.1 Unless changed by *The Supplement*, the following time limits will apply:

- Race Time Limit 90 Minutes

- Finishing Window 30 Minutes

20 Protests and Requests for Redress

20.1 Protest forms are available at the race office listed in *The Supplement*.

20.2 Protests and requests for redress or reopening shall be delivered to any member of the race or protest committees.

20.3 Unless otherwise stated in *The Supplement,* Per RRS 61.3, the protest time limit is the later of:

- 75 minutes after the last boat *finishes* the last race before coming ashore, or
- 75 minutes after flag A or H are displayed before coming ashore.

20.4 RRS 62.2 is changed as stated in NOR/SI 27.1.11.

20.5 Unless otherwise stated in *The Supplement,* notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

20.6 Notices of protests by the race committee, technical committee, or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).

20.7 All boats intending to protest or request redress are requested to inform the RC after finishing as soon as practicable (when there isn't traffic at the finish) and the protest committee as soon as practicable after coming ashore per NOR/SI 27.1.9.

21 Scoring

21.1 The scoring System will be Appendix A except as modified by *The Supplement*.

21.2 The number of races required to constitute a series will be listed in *The Supplement.*

21.3 If RRS A.2.1 is to be changed, the arrangement for excluded races will be described in *The Supplement*.

22 Communication

22.1 [DP] Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not freely available to all boats.

22.2 The competitor VHF Channel will be listed in *The Supplement.*

23 Measurement

23.1 A boat shall comply with RRS 78.1 at all times while racing.

23.2 Any additional measurement requirements will be listed in *The Supplement.*

24 Prizes

Prizes will be described in *The Supplement.*

25 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

26 Further Information

For further information, please contact those listed in *The Supplement.*

27 Rules – Full Text of Changes

27.1.1 RRS 29.1 is changed to, "When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line or she must comply with rule 30.1,

the race committee shall promptly display flag X with one sound. **Additionally, as soon as practicable, the Race Committee will hail via the competitor VHF Channel the list of boats identified that shall comply with RRS 30.1 and/or RRS 30.2.** The flag shall be displayed until all such boats have sailed completely to the pre-start side of the starting line or one of its extensions and have complied with rule 30.1 if it applies, but no later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. If rule 30.3 or 30.4 applies, this rule does not.

27.1.2 RRS 30.1 is changed to. "If flag I has been displayed, and any part of a boat's hull, crew, or equipment is on the course side of the starting line or one of its extensions during the last minute before the starting signal, she shall sail across an extension **or around a mid-line boat or mark in place under NOR/SI 15.2.3 15.2.4, 15.2.5, or 15.2.6, leaving it to port,** before *starting*.

27.1.3 RRS 30.3 is changed to, "If flag U has been displayed, no part of the boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first *mark* during the last minute before the starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or resailed. **Additionally, the Race Committee will hail via the competitor VHF channel the list of boats identified as breaking rule 30.3.**

27.1.4 RRS 30.4 is changed to, "If a black flag has been displayed, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first *mark* during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, even if the race is restarted or resailed, but not if it is *postponed* or *abandoned* before the starting signal. If a general recall is signaled or the race is *abandoned* after the starting signal, the race committee shall display her sail number before the next warning signal for that race, and if the race is restarted or resailed, she shall not sail in it. If she does so, her disqualification shall not be excluded in calculating her series score. **Additionally, the Race Committee will hail via the competitor VHF channel the list of boats identified as breaking rule 30.4.**

27.1.5 Rule 33 adds, "**(d) Course bearing changes less than 5 degrees may not be signaled**."

27.1.6 Boats failing to finish within the Finishing Window shall be scored TLE (Time Limit Expired), the position of the last boat that complies with RRS 28 to finish plus 2. This changes RRS 35, A4.2, and A11.

27.1.7 RRS 41 is changed to add:

27.1.7.1 **41 (e) A crew member who is overboard is considered "in danger" and may be returned to their boat through outside assistance provided the crew member's boat returns to approximate location the crew member went overboard before continuing in the race.**

27.1.7.2 **41 (f) A capsized boat that receives outside assistance to recover from a capsize shall retire."**

27.1.8 RRS 44.2 is changed to, "**(a) If a boat may have broken a rule of Part 2 or when she may have broken Rule 31 with the *Zone* of mark 1 or between marks 1 and 1a in course diagrams, a boat takes a One-Turn or Two-Turn penalty by getting well clear of other boats, no later than promptly after rounding mark 1a, and making**

the required number of turns in the same direction, each turn including one tack and one gybe.

(b) When a boat may have broken a rule of Part 2 or broken Rule 31 and is <u>not</u> within the *Zone* of mark 1 or between marks 1 and 1a in course diagrams, after getting well clear of other boats as soon after the incident as possible, a boat takes a One-Turn or Two-Turns Penalty by promptly making the required number of turns in the same direction, each turn including one tack and one gybe. When a boat takes a penalty at or near the finish line, she shall sail completely to the course side of the line before *finishing*.

27.1.9 RRS 61.1 is changed to add, "**61.1 (e) All boats intending to protest or request redress are requested to inform the RC after finishing as soon as practicable (when there isn't traffic at the finish) and the protest committee as soon as practicable after coming ashore."**

27.1.10 RRS 61.3 is referenced in this NOR/SI to make **the time limit 75 minutes after the last boat in the race *finishes* the race before the conclusion of racing for the day or a break ashore, or after the signal is made for a break ashore or no more racing today, whichever is later.**

27.1.11 RRS 62.2 is changed to, "A request shall be in writing and identify the reason for making it. If the request is based on an incident in the racing area, it shall be delivered to the race office within the protest time limit **~~or two hours after the incident, whichever is later~~**. Other requests shall be delivered as soon as reasonably possible after learning of the reasons for making the request. The protest committee shall extend the time if there is good reason to do so. No red flag is required. **On the last day of racing a request for redress or reopening based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted.**

27.1.12 RRS A4.2 is changed to, "A boat that did not *start* **within 4 minutes of the starting signal,** did not *finish*, retired or was disqualified shall be scored the points for the finishing place one more than the number of boats entered in the series. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c).

27.1.13 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP