SCOWLINES

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2020 ILYA Dues

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Report on Our Olympians and '24 Hopefuls in Miami





Sorry about the spelling, John RUFF!







by Dave Berg, ILYA Executive Director

Last weekend my wife Margaret and I had the opportunity to take a quick peek into the world of our Olympic 49er FX Sailors Steph Roble and Maggie Shea and our future hopeful Olympian 49er Sailors – Harry Melges and Finn Rowe.

It was great to see the Olympic Training Center which paid homage to all of the sailors who have won medals representing the United States in the Olympics over the years, including some of our very own including Harry "Buddy" Melges, Bill Allen, Bill Bentsen, Peter Barrett and John Ruf.

Inspired by this legacy, (and in the case of H4, his very own grandfather H2!) the teams are training hard on a daily basis. As a matter of fact, we only had a few moments to greet the boys and send them off, as their training pod of Nevin Snow and Dane Wilson (First 2021 Olympic alternates) and Ian Barrows and Hans Henken were in the midst of launching when we arrived. It was great to see them briefly (and in Covid guarantine pods) nonetheless!

The teams have a rigorous training schedule. 5 days a week on the water for 3-4 hours, 1-2 hours of daily boat maintenance and at least an hour of post training debriefing. That is in addition to 2.5 hours of gym time, 3 sessions per week. Unless, of course, you are rehabbing from an injury, which requires 2 hours daily of PT! Unfortunately, Maggie Shea has had to pull bonus time, because of a thankfully minor injury, and just got back on the boat with Steph this past Monday. Suffice it to say that our sailors are really putting in the work!

Normally, the 49er and 49er FX teams would be utilizing this training as a springboard for a lot of travel and prep regattas around the world, however, the Covid-19 has cast some doubt

on their ability to do so. Thus, US Sailing has set up a number of US based practice events in case the teams are unable to globe-hop as they normally would.

Luckily, the teams are blessed with some spectacular coaches. Giulia Conti, 4x Italian Olympian and World Champion 470 and 49erFX sailor coaches our young ladies and Mark Asquith, hailing from Great Britain. Giulia was in Australia with Steph and Maggie when they clinched their Olympic berth last year and they really value her knowledge and coaching acumen.

Our other team, Nikki Barnes and Lara Dallman-Weiss, sailing the 470 class, was in the Canary Islands for a regatta where they finished 13th. The 470 team hasn't been announced yet, so they are still competing for a spot and we wish them success!

It was great to catch up with Steph and Maggie, and they wanted to impart how much they valued the support of the ILYA and their fervent desire to take home the gold as US Olympic athletes representing our country and all who have supported them on their journey! (Then they'll be up on the US Sailing Wall of Fame in great company!)

You can go to ilya.org, scroll to the bottom of the home page and learn more about the teams that the ILYA supports, as well as make a donation to support them. Or click below also to get directly to the donations page for our three teams.



US Sailing Offers FREE to Members Coaching Symposium - December 7-9

You are invited to participate in US Sailing's 2020 National Coaching Symposium, presented by Regatta Craft Mixers. This year's symposium will be hosted online – December 7-9, 2020. The fourth annual National Coaching Symposium features three days of presentations with a collection of leading sailing coaches and experts from around the country. The symposium will include up to four live presentations per day. Access to the symposium is EXCLUSIVE and FREE for all US Sailing members.

https://www.ussailing.org/events/national-coaching-symposium/



MC Sailors, Melges Interviews the SE MC Circuit Winner after Series 1

There is still time to go attend some warm weather MC sailing at Eustis for the remaining events sponsored by Quantum. For a quick lesson on how to sail this favorite venue, go here:

Facebook Link https://business.facebook.com/MelgesUSA/videos/196990328598664/

YouTube Link: https://youtu.be/ZQ2VmbuRuJo

Sailing Schools, Consider your Safety Protocols

With every sailing tragedy our schools learn how to improve our procedures. While the nation mourns over the recent death of a Green Fleeter in FL, this is an opportunity for all our local sailing schools to consider next year's budgetary inclusions. Speed governors, prop guards, kill power switches all should be on the table. Please spend the time to review your equipment. Now is your opportune time to budget or seek donations to protect our youth in the future.



717-274-5621 INFO@CORALREEFSAILING.COM

The Roble/Shea Sailing Team Storefront is open! - **Ends December 3rd** for Christmas Delivery

Click here to get to the store.

CRS





Please check out Melges Gear which is available at https://www.melgesapparel.com Great gifts for any racing sailor.

If you are looking for specialized boat parts for a gift review available items at Melges.com as there are unique go fasts for every scow class. https://shop.melges.com

ILYA Announces New Store - Merchandise, Jewelry -- ILYA Gear Shop

<u>Click here</u> for ILYA belts, pendant, lapel pin, hats, decals. There is a one-time shipping fee of \$10 which will be applied. For that traditional, always-in-style gift, check us out. Buy your crew matching hats, prepare for the Spring Bilge Pullers dinner with a tasteful ILYA lapel pin, give your significant female a pendant -- you can add the diamond to mark her gem of a personality to understand your sailing obsession. Belts and car decals - they are all here



Tentative Regatta Schedule for 2021

April

24-25 Island Bay Springfield C regatta - CONFIRMED

May

1-2 Cedar Icebreaker C --- CONFIRMED

8-9

15-16 C/MC Cedar, WI - CONFIRMED

22-23 Labelle Tuneup - CONFIRMED

Geneva E - CONFIRMED

29-31 Memorial Day weekend

June

4-6 Orlando Webb Regatta - Lotawana, Missouri - CONFIRMED

5-6 Wawasee E Regatta - CONFIRMED

11-13 2020 (Yes, that's right) E Nationals – Little Egg Harbor- CONFIRMED

12-13 MIR C -Delavan - CONFIRMED

WI MC Champs – Monona (tentative date);

18 AJH X Regatta – Cedar - CONFIRMED

18-20 C Nationals - Muskegon, MI - CONFIRMED

22-23 TRAP - X at Pine - TENTATIVE CHANGE in DATE

26-27 A Nationals- Pewaukee - CONFIRMED

MC Nationals – Clear - CONFIRMED

28 LBSS Opti - Beulah - CONFIRMED

July

- 1-2 Lake Country Beginners X Clinic
- 6-7 Quad Lakes Nagawicka CONFIRMED
- 8 TRAC Green fleet Cedar CONFIRMED
- 9 TRAC RWB Fleet Cedar CONFIRMED
- 9-11 ILYA MC Invite Okauchee; PRO Mark Prange ILYA E Invite Mendota; PRO Mark DeGuire
- 12-15 Dinghyfest X Mon-Tue; Opti Wed-Thu, Melges 14 O'pen Bic Fri CONFIRMED
- 17-18 ILYA C Invitational Minnetonka PRO Blake Middleton
- 19-20 Oshkosh Xtreme CONFIRMED
- 24-25 WYA X Delavan CONFIRMED BY BYLAWS
- 26 No Tears Opti Cedar DATE CONFIRMED BY BYLAWS
- 28-31 ILYA X Champs Pewaukee; PRO Senior Mark Tesar; Junior Chip Mann

WMYA Championship -- Spring Lake

August

- 1-3 ILYA Opti Champs Beulah; PRO RWB David Porter; Green Candace Porter
- 5 Pram Power North CONFIRMED
- 6-8 WYA C Okauchee CONFIRMED BY BYLAWS
- 8-10 Opti RWB Chip LaBelle CONFIRMED
- 13-14 X Blue Chip Cedar CONFIRMED
- 15-21 ILYA Championships Okoboji; 16-18 As and MCs; 19-21 Es and Cs; Bilge Pullers 18th CONFIRMED

September

- 10-12 2021 E Nationals Torch Lake, MI CONFIRMED
- 11-12 Dorn MC Regatta Beulah CONFIRMED
 - Fall C and MC Maxinkuckee
- 18-19 C Blue Chip Okauchee CONFIRMED
- North Lake Fall Classic CONFIRMED
- 24-26 E Blue Chip Pewaukee CONFIRMED
- 25-26 Nan Norris C Challenge Beulah CONFIRMED
 - **USODA Midwest**
 - Polar Bear MC and C Davenport, IA

As your dates become clear, Scowlines is happy to mark the event as confirmed. A little positive thinking and LET'S SAIL!



Support Our 2021 Olympic Contenders Roble - Shea, Olympic hopefuls Barnes - Dallman-Weiss and the continued efforts of Melges - Rowe

Click the links below, or donate through the ILYA



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