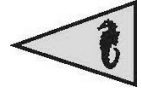


Telltale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



February 2021

Commodore's Corner

By John Smith

What a difference a year makes. I reviewed last year's comments listing all of the events for the coming year like the Memorial Day Brunch, 4th of July Bar-b-que, Labor Day Lobster Boil and all of the regattas. Unfortunately, this coming year does not look like I could just plug in last year's article and just change the dates. I would laugh if it was not so depressing since most of these events may have to be abandoned again this year. How little did we know how last year would turn out.

Terry and Joann Fraser (FI Lt Race) are trying to update the calendar for 2021 using the 2020 wish list. I sincerely hope that we can accomplish at least half of the events this coming season. We are still planning Docks In for May 1st. Again this year we will need to have smaller targeted work parties instead of the traditional 2 days with over a 100 members on site at a time. Club racing will begin as soon as we get our permit from NYS Parks and Recreation. The Sailing School will at least start the season similar to last year's format with all of the Covid-19 regulations in place.

I need to announce that Daniel has moved closer to his job and will no longer be the caretaker. We wish him well and thank him for his service.

The selection committee consisting of Allan Miller, Barbara Prince Miller, Shirley Waterfield, Mark Welcome and James Symon have selected Lynn and Kevin Bates as the new caretakers. They will be moving into the apartment by the 1st of February. Please see their information in this Telltale and welcome them when you meet them at the club.

Most important is the upcoming Annual Budget Meeting on Sunday February the 14th at 5:00 pm. Like the Annual Meeting, this will be conducted on Zoom. If you do not get emails and want to attend, please contact me. I will get you the phone number to call. For all other members, we will be sending an email with the information to connect through Zoom. Stay safe and be well. We hope to see you at the meeting.

Annual Budget Meeting

Sunday, February 14th, 3:00 pm

Virtual via Zoom

If you want to participate in the meeting and do not have a computer, please contact John Smith for information on connecting to the meeting.

Upcoming Events

June 5.....Laser Derby

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OUR NEW CARETAKERS



The Executive Committee has the pleasure of introducing our new caretakers: Lynn & Kevin Bates.

Lynn worked for 10 years as the evening manager of the Whiteface Lodge in Lake Placid and then worked at the Lake Placid Lodge, taking care of two rental homes, preparing them, cleaning and inspecting both before and after rentals. For the past 3 years, she was the lead person in the grandstand at the Saratoga Flat Track, training new staff and dealing with distressed customers to de-escalate any situations. She is presently working in the elementary schools as a substitute Special Aide.

Recently retired, Kevin drove trucks for 42 years and is well-versed in using and repairing farm tractors and other machinery. He is, also, experienced in the use of both power and hand tools.

They are both very excited to handle their responsibilities in the clubhouse and on the grounds. We are, also, extremely excited and relieved that we were able to find two very capable people to take care of our beloved club.

We would like to thank Daniel for his two years as our Caretaker. We appreciate his efforts in maintaining the clubhouse and grounds and getting to know our members. We wish him much luck in the future, staying safe and healthy.

We would, also, like to thank our Interview Committee of John Smith, James Symon, Mark Welcome, and Shirley Waterfield.

Barbara & Allan, Flag Lieutenants House

Safety

The capsizing of American Magic on Sunday lead to the decision to print this article. Most of the boats in our club are capable of capsizing. Knowing how to recover is an important skill.

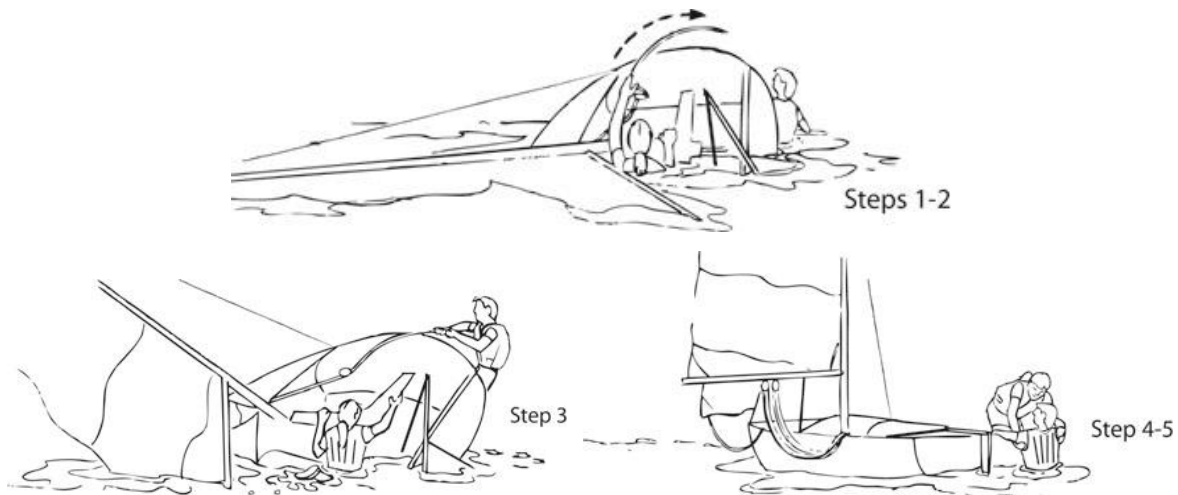
Sailing Capsize Recovery: Scoop and Single-Handed Methods

Content provided by **US SAILING**.

Sailors can unexpectedly find themselves in the water. The best sailors in the world have experienced capsizing and falling overboard. Wearing a **lifejacket** and being comfortable in the water make sailing a safer experience for every sailor.

Capsize Recovery – Scoop Method

Most often, when a boat tips over it capsizes to leeward because the force of the wind overcomes the ability of the crew to hike or let out the sails. It is important to practice capsizing recovery drills before you need to use them on your own. Once the boat is on its side and the sails are in the water, you should act promptly to right the boat. The Scoop Method of recovery gets its name because one crew is "scooped" into the cockpit as the other rights the capsized boat. *(click images to view full-size)*



Scoopee

1. Tread water near the stern until the scooper has control of the centerboard.
2. Move to centerboard trunk and free the mainsheet, jibsheet, and boom vang if possible. If necessary, throw the windward jib sheet over the high side to the scooper to assist the Scooper in getting up on the board.
3. Hold on to a cockpit structure as the boat goes upright and get scooped in.
4. Balance the boat and steer it into the safety position.
5. Help the scooper on board over the stern.

Scooper

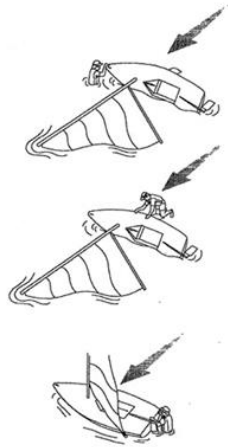
1. Move around the boat to the centerboard.
2. Climb up onto the board, using the jibsheet if necessary. Remember to avoid putting pressure on the tip of the board or you may break it.
3. Once on the board make sure the scoopee is ready for the boat to be righted. Place your feet close to the base of the board where it enters the hull and lean back, bracing yourself with the tail end of a sheet or halyard for leverage, until the boat gradually comes upright.
4. Swim to stern to climb back on board

(Continued on next page)

Safety (Continued)

Capsize Recovery – Single Handed Boats

1. Boat capsizes and helmsman falls into water.
2. Helmsman uncleats main sheet and boom vang.
3. Mainsail should be lying to leeward of the hull in the water. If the mainsail is lying to windward of the hull, the boat can be either rotated so the sail lies to leeward or it can be brought upright which will result in the boat quickly capsizing again but with its sail lying in the water to leeward of the hull.
4. Helmsman moves to centerboard, climbs onto it, and while holding onto the gunwale leans back to bring the boat upright.
5. Helmsman climbs in over stem.



The usual way to end an article like this is to suggest you go out and practice. Not likely this time of year. You can frequently find more information by looking in your class newsletters for tips on righting your type of boat.

Safe sailing,
Allan

Sailing School Update

By Mark Welcome

We just wanted to send an update on progress for the 2021 sailing season. We appreciate your patience as we plan for a season with some unknowns and also work to come online with a new and improved registration system.

Here is where we stand:

1. We fully intend to operate the sailing school for both adult and children's classes.

2. We are planning on the same protocols for Covid as we used last year with one notable exception: We plan to run the children's classes as full day sessions. At this point we are more confident in the children's abilities to properly social distance during meals and shore time given their experiences over the last year. This works better for working families and also limits the number of exposures we have to students in a given week.

3. Similar to last year, we will be running weekly sessions that cover all ability levels and dividing the sailors up into groups based on their experience. Families seemed to like the flexibility this gave them from a scheduling perspective and we have the staff to handle multiple levels of sailors every week. We still recommend that newer sailors come for 2 consecutive weeks if possible (or at least 2 weeks during the season) to get time on the helm.

4. For planning purposes, here is the tentative junior sailing schedule
 Week of 6/14 – Reserved for private school session
 Week of 6/14 – Reserved for private school session
 Week of 6/28 - Race Program week
 Week of 7/5 – Adventure Program Week
 Week of 7/12 – Sailing School session 1 (all session are for all levels)
 Week of 7/19 – Sailing School session 2
 Week of 7/26 – Sailing School session 3
 Week of 8/2 – Sailing School session 4
 Week of 8/9 – Sailing School session 5

5. For adult courses, we are assuming at this point that all boats will be limited to 1 sailor per boat unless sailors come with family or friends with whom they are quaran-teaming. We will be offering "Family sailing" which includes discounts for entire families learning together each week.

6. For planning purposes, here is the tentative Adult sailing schedule
 Week of 5/17 - Adult Sailing School session 1 (all session are for all levels)
 Week of 5/24 – Adult Sailing School session 2
 Week of 6/7 – Adult Sailing School session 3
 Week of 6/14 – Introduction to Racing/race crew
 Week of 7/12 – Adult Sailing School session 4
 Week of 7/26 – Adult Sailing School session 5

Please let us know if you have any questions, and we hope the above helps you plan a little bit for summer. Be well!

The Sixth Sense of Sailing

By Capt Terryble, ½ Flag Lt, SLSC Race Dept

I once accused a top-notch sailor of having the ability to see the air molecules moving in the air. I asked what it was that made him such a good racer.

He said, "I watch the clouds."

I laughed, but he was serious.

After a couple sips of my beverage, I turned and walked away. But I've never forgotten what he said. I believe him.

Sight, hearing, touch, smell, taste are the basic five senses many humans are blessed with. I'm convinced good racers develop a sixth sense.

I suppose sight is the most important sense. You've, of course, got to "keep your head on a swivel and keep your eyes open." Your eyeballs need to be moving up at the sails and down at the compass, ahead to see the waves coming at the bow, clues on the surface of the water as well as a litany of other details.

It's good to spot those gusts coming from upwind and be ready to depower or hike out and use every ounce of that extra pressure. Similarly, keep an eye behind you when heading downwind. The more you see, the better prepared you can be for what may be coming.

Next might be hearing. Obviously, you have to hear other sailors as they approach. Pay close listen to others especially as you approach and round marks.

Of course, I listen to my tactician for advice and my navigator calling out the compass. That's one and the same person on my boat, and she makes sure I hear her!

Pay attention to the sound the boat's hull is making. You can tell how fast or slow your boat is moving by the sound of the hull.

Sails make noise all the time but there is good sail noise and bad sail noise.

Then there's "the wind in the wires making that tattle-tale sound" that can be of use. Wires and centerboards can hum at different frequencies. I have thought about taking my guitar tuner on board while practicing and logging the sound frequencies and the related speed over distance.

However, remember most One-Design class rules don't allow all but certain approved electronic or computerized aids onboard during racing.

Touch is important. A hand on the tiller extension can tell how the rudder is moving through the water. Is there too much helm pressure from the windward or leeward side? Is there a wrestling match going on with the rudder? That information helps with balancing the boat and reducing drag through the water.

All that being said, I've come to know that top sailors have a sixth sense.

It's not ESP as some people believe. It's the ability to gather all the information from the active senses and then convert that input into a sailing sense of knowing what to do out there on the racecourse.

Things like where to be on the start line, when to arrive on the start line and then which way to go after the start horn. Also, when and where to tack, how to approach a mark, when and when not to cover, when and when not to take a risk.

Developing a sailor's sixth sense can make the difference between the bitter taste of defeat or the sweet smell of victory.

It makes sense to me.

On the Block

Please visit our website to view more details and/or pictures of the following boats for sale.

Beach wheels.....\$200

Will fit a Hobie 16.

Contact Scott at ScottMeyerone@gmail.com

Standard Horizon Eclipse + VHF Marine Radio

Price: \$45

This is a fully functional dash mounted, high output (25W) marine VHF radio that was in an Ensign I purchased last year.

The package contains:

- 1) The radio + handheld microphone.
- 2) A whip antenna.
- 3) Coax cable + VHF connectors.

Contact: Jeff Robinson 518-310-9606.

Pearson Ensign 841.....\$5500

"Dawn Treader 2", full keel boat, white deck, navy blue hull, white waterline, red bottom paint (needs attention), teak cockpit deck, teak bilge cover, mahogany seats,

Includes:

Newer Quantum jib and Quantum mainsail, rolled and stored in waterproof storage bags

Schaefer SnapFurl roller furling system

Spinnaker

Spinnaker pole

Canvas boat cover with tie downs

Rescue paddle

Bilge pump

All required hardware, including winch handles

Red bottom paint and painting supplies

Water Tender 9' 4" rowing dingy

Aluminum oars with oar locks

5-HP Honda outboard with reverse gear

Rebuilt outboard motor bracket

New 3 gallon low permeation above-deck fuel tank

Almost new gas line hose and fittings

New 15" diameter mooring buoy with hardware

Mooring tackle including new chain, plus swivel and mushroom anchor

Heavy-duty jack stands

Full winter tarp

Contact: James Ross (518) 584-1332
jross17006@aol.com

4 Kestrels for sale

#1635, Black.....\$9975

Winner of 2017, 2018, 2019
Kestrel North American Championships.
Who will sail her and win it in 2020?
This is the boat featured on the builder website, hartleyboats.com

#1559, Red\$7000

Owned by sailing school.

#1550, White.....\$7000

Owned by sailing school.

#823.....\$2500

Winner of 2016
Kestrel North American Championships.

Contact Larry King 518-421-7597
or Mark Welcome 518-928-6187

'86 Catalina 22..... \$5000

6 hp Yamaha OB
Main, 110 Jib, 150 Genoa,
Trailer

Contact: Howard Ghee
518-283-3203 (Leave a message)
Or email gheehe1@twc.com

WANTED.....Sunfish

Contact: Allan Miller 518-441-3899

Y-Flyer 2627.....\$2500

This is a South Carolina "Lundquist" built fiberglass boat that I used to race, for example, at the Internationals in Sudbury, Ontario, Canada. It was a multi-time Kenyon Cup winner in Massachusetts with Doug Sabin at the helm and with his son George crewing.

It has come to my barn for rehab this winter from Marblehead. It now has a "bar" traveler instead of the bridal traveler. (Pictures on our website.)

\$2500 complete with trailer and 2 sets of sails and intentions are for it to be sold to a current or future club member.

Contact: Terry Fraser at elfraser@hughes.net

SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

SANCTIONED FLEETS

Ensign.....	Tony Cannone 271-0246
Flying Scot.....	Shirley & Paul Waterfield 584-5552
Kestrel.....	Tony Bianchini 877-5062
Laser.....	Leslie Rafaniello 301-4109
MC Scow.....	Andrew Murnan 420-5368
Thistle.....	Jerry Zell 767-9216
Y-Flyer.....	Terence Fraser 495-4037

2021 OFFICERS & CHAIRPERSONS

Commodore.....	John Smith slsc_commodore@sailsaratoga.org.....	786-1340
Vice Commodore.....	Scott Meyer slsc_vicecommodore@sailsaratoga.org.....	248-1229
Rear Commodore.....	Dave Hudson slsc_rearcommodore@sailsaratoga.org.....	370-4894
Secretary.....	Susan Kohler slsc_secretary@sailsaratoga.org.....	727-9648
Treasurer.....	Jeff Robinson slsc_treasurer@sailsaratoga.org.....	310-9606
Flag Lt. Boats.....	Jake Greiner slsc_boats@sailsaratoga.org.....	203-767-8783
Flag Lt. Grounds.....	James Symon slsc_grounds@sailsaratoga.org.....	316-1190

Flag Lt. House.....	Barbara & Allan Miller slsc_house@sailsaratoga.org.....	885-5510
Flag Lt. Race.....	Terry Fraser slsc_race@sailsaratoga.org.....	495-4037
Membership.....	Ann Seidman slsc_membership@sailsaratoga.org.....	877-8731
Newsletter/Publicity.....	Charlotte Osborne slsc_publicity@sailsaratoga.org.....	669-7646
Sailing Program.....	Mark Welcome slsc_sailingpgm@sailsaratoga.org.....	587-9041
Social.....	Lauren Meyer slsc_social@sailsaratoga.org.....	248-1229
House Phone.....		584-9659