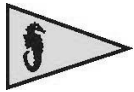


Telltale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



October 2020

Commodore's Corner

By John Smith

The Lobster Boil became just another social event that did not happen this year. I know that I missed these events as much as most of you. Hopefully 2021 will return to normal.

Due to the concerns about large groups indoors, we are working on having the annual meeting to elect next year's board via zoom. There will be more information about this as we get closer to the meeting. Just as a reminder, if you are interested in serving on a committee with a particular board member, please contact Scott Meyer or myself.

The 2020 racing season is drawing to a close. It has certainly been an interesting year for wind. I have never seen 99 degrees and 20 mph winds on Saratoga Lake. One day there is almost no wind at all or blowing 15-20 mph. I am amazed that we have been able to get 20 races in the books with three Sundays remaining. The Rice Series will have 3-4 more Wednesday evenings of sailing before the docks are pulled. Then it will be time for the Frost Bite series on Sundays until the lake ice forms. The Ensigns are the only fleet to have a regatta to date with Kestrel scheduled for the 26th of September.

We will be removing the dock on Saturday October 24th. This day is usually the final work party of the year. This year, in order to comply with social distancing, we ask that you contact one of the following to see if they need assistance. There may be work that can be performed either before docks out or after.

Allan & Barbara Miller – House
Jake Greiner – Boats
James Symon – Grounds
Mark Welcome – Sailing School
David Hudson – Docks

Finally, I want to address safe sailing. I know that we are not required to wear a PFD, to have a boat sailing with a proper crew or a boat that is good condition. Allan Miller will be presenting articles about safety in this and upcoming Telltales. We would like to encourage everyone to wear their PFD at all times when on the water. In wind conditions above 10-12 mph you should have your class specified experienced crew. Last but not least, keep your boat in good operating condition. Usually the flotation air tanks or foam are in need of inspection. The foam may be waterlogged and or the airtight compartment may no longer be uncompromised. I would like to encourage the fleet captains to schedule a safety day for their fleet to help members inspect their boats. Your safety and that of any rescue team is at stake.

Fall Work Party

Saturday, Oct. 24

We need your help.

To comply with the New York Dept. of Health recommendations, please contact one of the following for a work assignment. We will be trying to schedule work over several days to limit the number of members at the club any given day.

Allan & Barbara Miller – House
Jake Greiner – Boats
James Symon – Grounds
Mark Welcome – Sailing School
David Hudson – Docks

SLSC Covid Guidelines

- **Maintain 6' from other non-household members**
- **Wear masks if you are closer than 6'. The docks are only 6' wide.**
- **No group gathering other than household members**
- **Stay away from other member's boats. Do not help other members launching or retrieving boats unless it is an emergency, this includes helping on the dock with lines.**
- **Use sanitizer or wash your hands after contact with high touch areas such as:**
 - **Trailer dollies**
 - **Crane controller**
 - **Boat hooks**
 - **Ramp hand rails**
 - **Hoses**
 - **Port-a-potty door handle**
 - **Tractor**

“Mega Winds Collide with 1st Sunfish Mega Bowl Regatta”

By Tom Dunne

Mega, Mega, Mega Bowl takes over the Rice Series. That's right sailors, the 1st Annual Sunfish Mega Bowl Championships took place Sept 16 within the Rice Race and the turnout was spectacular!

Six Sunfish came out to challenge for the honor of winning the first Mega Bowl Regatta. Our brave Race Committee got off two races in winds in the high teens. I wish I could tell you it was close, but Dan Hesse did what Dan Hesse does and that my friends is win. The odds makers were really talking up the super-fast Scott Meyer, but work commitments caused him to miss race one and be late for race two. My official review showed he took an easy second place in that one and computer modeling using historical data give him at least a second in the first race. Word on the lake is the race promoters kept Scott late at work so this highly anticipated battle for Mega Bowl Champion would have to wait another year before these two titans of the lake could battle once more. So folks, you can debate it all winter but we just don't know, would Dan be the real MBC or would it have gone a different way?

In the newcomer's division we had three excellent and new Sunfish racers who came out with dreams of being crowned first rookie Mega Bowl champion. Although there were gusts up to 20 knots Jordan Roberts hiked hard and that seemed to make the difference as she captured 2 first place finishes. Sam Butler may have had some big race jitters but next year expectations for her are high. Honorable mention to Lauren Meyer who is breaking into skippering in the Sunfish class which is now becoming the new renegade fleet at SLSC. After all 6 Sunfish hit the lake, in the dark, in late Sept and in high winds. This Mega Bowl regatta is a calling to all sailors to clean off their old Sunfishes or just buy one and join us in 2021. We embrace all and everyone who have the desire to grab the tiller and get out there to race around or into a few marks on the most pristine and beautiful lakes around. Don't forget we got Hesse and Meyer so if you are looking for a challenge, we got Mt Everest and El Capitan.

Sail a Sunfish and be ready for The 2021 Sunfish Mega Bowl at SLSC. No other class of boat at the club has a Mega Bowl Regatta. Even SLSC didn't know they had Mega Bowl until today!

2021 Saratoga Sunfish MEGA BOWL.

Unofficial, unsanctioned, and unbelievably awesome! Date tbd.

If interested in entering the fold,
come to a regular Wednesday or Sunday race
or check in with Tom
at tomdunne56@gmail.com

Safety is Priority 1

By Allan Miller, FI Lt House

Safety is clearly the most important area we constantly need to think about when it comes to the sport we enjoy at SLSC. We are starting a monthly article to provide information on safety. This will cover all aspects of our sport and our club. If you have suggestions on areas we should write about, please let us know.

This first topic is fundamental to all of us and that is the safety of your boat. A good way to know the elements included into your boat design is to go online to either the manufacture's website or the class association website. Most small boats are designed with some mechanism for the boat to float when capsized or swamped. This improves the ability of the skipper and crew to right the boat and sail it dry. If the floatation is compromised or removed, the safety of the boat is reduced as well. Some older designs are now recommending or requiring floatation bags to improve the characteristics of the boat when capsized. Floatation in the mast is something also that should be looked into and, if recommended by class rules, it should be added.

Once you know your boat is compliant with the latest safety recommendation of the the manufacturer/class, the next area to look at is the equipment you carry. Personal floatation is first here. The statistics bear out the need to wear a PFD all the time. 80% of accidents that resulted in drowning were individuals not wearing a PFD. Did you ever try to put a PFD on when you are in the water? Not Easy. Now think of doing that on a day with 20+ winds and 50 degree water and it is not a drill.

Talking to a member the other day, the question is what about a 90+ degree drifter? Have you watched the way some of the power boaters drive? Do you trust them not to hit you? And if they do, hopefully, you get the point. I signed a pledge that I will always wear a PFD when on the water. I intend to keep it. Will you join me? There are several other things I keep in the pocket of my PFD, tied on, of course: a whistle (a sounding device is required on every boat, including stand up paddle boards), and a knife.

Other equipment you need to have are a paddle (even if you have an engine), and an anchor, which is an important safety device that keeps you in position when the forces of nature are moving you somewhere you don't want to be. There are other things but for the purposes of this article, we are sailing only in the daytime and you need a fire extinguisher only if you have an engine.

Your comments and thoughts are invited. We want to make these articles meaningful and worthwhile.

Physics of Sailing



I'm sure many Saratoga Lake Sailing Club members know the reason John Kimball is nearly always up front of the fleet in his MC Scow. I was reminded of the reason as I watched the racing this past Sunday from the vantage point of the Committee Boat. Yes, he's a great sailor, but there's another reason. He wrote the book of sailing.

I remember the phone call well. It was in 2002 and I got a call from my son, Everett. He said, "You won't believe this, Dad, but there's a professor here and his specialty is the physics of sailing!" After hanging up I got out the U Albany college catalog and sure enough I found "John Kimball, PhD, The Physics of Sailing."

I discovered he wrote a textbook: "Physics of Sailing." I bought a copy of the book and started reading it right away.

This is an incredibly well written book that advances from a timeline history of sailing through explanations of various aspects of sailing for non-sailors. Then the book gets into serious physics complete with equations and formulas and illustrations.

Chapters include, "See How the Mainsail Sets," "Upwind, the Hard Direction," "Tipping Torques and Trouble," as well as "Downwind, The Easy Direction."

The Archimedes principle, Bernoulli's equation, and the Navier-Stokes equation, with references to Einstein, Aristotle and Newton are just a few of the mentions and descriptions in John's textbook. When I have a question I simply go to the index and can quickly get the answer.

Subsequently I switched sailing clubs to join the growing Y-Flyer group at Saratoga Lake Sailing Club and met John Kimball in person! He is indeed the "Professor of Sailing!"

So impressed was I, that I purchased a few copies of "Physics of Sailing" that I arranged to be signed by John and they were handed out as prizes at the Y-Flyer Internationals hosted at SLSC a few years ago.

I should mention that Club members Sally Snowden, Richard Olson and others provided some of the pictures used by John in the book.

All-in-all this book is an important book in my personal library and I'm proud to mention to other sailors that John is a member of our Club.

Incidentally, "Physics of Sailing" is available from Amazon.

Terry Fraser, One half of Flag Lieutenant Race

Ensign Fleet 72 Regatta September 12, 2020



Final		Skipper	Total Points
1	2017*	Welcome	4
2	530	Cannone	5
3	1151	Carofano	12
4	177	Miller	13
5	1765	Robinson	14
6	580**	E. Murnan	15

* Ensign 23 using 2017 sail number

**Ensign 228 using 580 sail number

Grounds Report

By James Symon, Flag Lt Grounds

Hopefully everyone had a great summer of sailing and enjoyed getting safely out of house for a bit. But now it's that time of year when the evenings are getting colder, the lake is cooling off and people are starting to think about putting away their summer toys (boats for us). So along with that we will need to pack up the stuff at the sailing club once racing is done for the season.

We usually have a Fall Work Party where everyone gets together, we eat some food and we put everything away. But we can't have large gatherings right now so we need to break up the projects into smaller chunks. For Grounds projects there are a lot of things that can be done solo or with people that live together. Some projects will need a small group of people to complete (e.g. laser ramp).

Please reach out to me to help out take on a Grounds mini project. Or if you helped out in the spring you could take on the same project in reverse. I might even try to put up a whiteboard of projects on the old barn. Again, we can start putting things away once racing is finished for the season.

Feel free to pack up your boat at your own pace. Reach out to me for any guidance on boat winter storage locations. Hopefully we all know the general guidance for winter storage. Bow up, drain plug out, good condition tarps, etc.

We are a member run sailing club and can only keep things going as long as everyone helps out. A lot of smaller efforts will get us big results. Thank you in advance for joining in and helping to prepare the sailing club for the winter.

Upcoming articles by your Flag Lieutenant Race

Next month: A discussion of trailers and trailering



In the future: A discussion of flag usage
“Hey skipper! What are we supposed to do now!??”



On the Block

Please visit our website to view more details and/or pictures of the following boats for sale.

Beach wheels.....\$200

Will fit a Hobie 16.

Contact Scott at ScottMeyerone@gmail.com

Standard Horizon Eclipse + VHF Marine Radio

Price: \$45

This is a fully functional dash mounted, high output (25W) marine VHF radio that was in an Ensign I purchased last year.

The package contains:

- 1) The radio + handheld microphone.
- 2) A whip antenna.
- 3) Coax cable + VHF connectors.

Contact: Jeff Robinson 518-310-9606.

Pearson Ensign 841.....\$7000

"Dawn Treader 2", full keel boat, white deck, navy blue hull, white waterline, red bottom paint (needs attention), teak cockpit deck, teak bilge cover, mahogany seats,

Includes:

Newer Quantum jib and Quantum mainsail, rolled and stored in waterproof storage bags
Schaefer SnapFurl roller furling system

Spinnaker

Spinnaker pole

Canvas boat cover with tie downs

Rescue paddle

Bilge pump

All required hardware, including winch handles

Red bottom paint and painting supplies

Water Tender 9' 4" rowing dingy

Aluminum oars with oar locks

5-HP Honda outboard with reverse gear

Rebuilt outboard motor bracket

New 3 gallon low permeation above-deck fuel tank

Almost new gas line hose and fittings

New 15" diameter mooring buoy with hardware

Mooring tackle including new chain, plus swivel and mushroom anchor

Heavy-duty jack stands

Full winter tarp

Contact: James Ross (518) 584-1332
jross17006@aol.com

Kestrel.....\$450

Great boat! Comes with a great fleet of other boats and friendly, competitive sailors. This is a great opportunity for someone to get started in racing at

Saratoga Lake Sailing Club or to join the "Frost Bites" Boat is priced to sell \$450. Many accessories are also available and are priced to sell as well.

This good old boat has a story.

See online listing at SLSC web page for more details

Contact gmcnallyd68@gmail.com

4 Kestrels for sale

#1635, Black.....\$9975

Winner of 2017, 2018, 2019

Kestrel North American Championships.

Who will sail her and win it in 2020?

This is the boat featured on the builder website, hartleyboats.com

#1559, Red\$7000

Owned by sailing school.

#1550, White.....\$7000

Owned by sailing school.

#823.....\$2500

Winner of 2016

Kestrel North American Championships.

Contact Larry King 518-421-7597
or Mark Welcome 518-928-6187

'86 Catalina 22..... \$5000

6 hp Yamaha OB

Main, 110 Jib, 150 Genoa,
Trailer

Contact: Howard Ghee
518-283-3203 (Leave a message)
Or email gheehe1@twc.com

Ensign Regatta



Ensign Regatta



SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

SANCTIONED FLEETS

Ensign.....	Tony Cannone 271-0246
Flying Scot.....	Shirley & Paul Waterfield 584-5552
Kestrel.....	Tony Bianchini 877-5062
Laser.....	Leslie Rafaniello 301-4109
MC Scow.....	Andrew Murnan 420-5368
Thistle.....	Jerry Zell 767-9216
Y-Flyer.....	Terence Fraser 495-4037

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2020 OFFICERS & CHAIRPERSONS

Commodore.....	John Smith slsc_commodore@sailsaratoga.org.....	786-1340
Vice Commodore.....	Scott Meyer slsc_vicecommodore@sailsaratoga.org.....	248-1229
Rear Commodore.....	Dave Hudson slsc_rearcommodore@sailsaratoga.org.....	370-4894
Secretary.....	Anthony & Laura Massa slsc_secretary@sailsaratoga.org.....	526-9121
Treasurer.....	Jeff Robinson slsc_treasurer@sailsaratoga.org.....	310-9606
Flag Lt. Boats.....	Jake Greiner slsc_boats@sailsaratoga.org.....	203-767-8783
Flag Lt. Grounds.....	James Symon slsc_grounds@sailsaratoga.org.....	316-1190

Flag Lt. House.....	Barbara & Allan Miller slsc_house@sailsaratoga.org.....	885-5510
Flag Lt. Race.....	Terry Fraser slsc_race@sailsaratoga.org.....	495-4037
Membership.....	Ann Seidman slsc_membership@sailsaratoga.org.....	877-8731
Newsletter/Publicity.....	Charlotte Osborne slsc_publicity@sailsaratoga.org.....	669-7646
Sailing Program.....	Mark Welcome slsc_sailingpgm@sailsaratoga.org.....	587-9041
Social.....	Open slsc_social@sailsaratoga.org.....	
House Phone.....		584-9659