

Telltale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



May 2020

Commodore's Corner

By John Smith

Right now we are less than a week away from our traditional docks-in work party. As I was writing this, it was blowing 20 plus with snow flurries. It seems strange to be considering sailing instead of ice boating.

It appears that the virus situation is starting to improve but we are still not out of the woods so to speak. NYS Pause is still in effect until May 15th. We are interpreting the recent changes to the regulations that now permits marina's and launches to be open for personal use as long as social distancing and sanitation protocols are followed to include sailing clubs.

Our plans at the moment

- Install the dock over the weekend of May 16th – 17th. We want to accomplish this with group of selected members only to reduce the health risks to all of the involved club members.
- Install the laser ramp
- Install the lake water intakes
- A port-a-potty has been installed as usual in the boat park
- Additional port-a-potty installed around the 16th
- Considering portable wash stations, however, all of the rental locations do not have any available. To set up our own would require developing a system to dispose of the grey water.
- No social gatherings
- The house is locked with no access

Some considerations to be discussed at the next board meeting

- Additional hand sanitizer (if we can find any)
- Access to the porch
- Access to the house
- Use of the picnic tables
- Developing a protocol for the club keeping it in line with the latest recommended guideline from the State and Federal Health professionals.

(Continued on Page 2)

SLSC Annual Memorial Day Champagne Brunch

This event has been cancelled

SLSC Laser Derby

The postpone flag has been raised for the planned May 30th date.

Stay tuned for updates.

See Derby details in the April issue.

What's Inside?

Grounds Report.....	Page 2
House Report.....	Page 2
Emmett.....	Page 3
Publicity Chair Report.....	Page 4
Flag Lt Race.....	Page 5
Sailing School Update.....	Page 6
On the Block.....	Page 7

Commodore's Corner (Continued from Page 1)

Here is how some other clubs are functioning

- Boaters can go from their car to their boat, the only deviation allowed is to go to the dumpster
- Must wear a mask and gloves at all times while on club grounds
- Do not get within 15' of anyone else at the club
- Clubhouse is not open
- No restrooms are open
- No social gatherings
- Cancel all Instructional Sailing
- If you are ill, have been quarantined, or may have come into contact with the virus, do not come to the club

I know that we all try to consider safety when we are on the water, life vest, whistle, knife and lights when needed. This year we all need to add safety on land as well. Sailing is one place that if you are trying to do your best, the rest of life has to take a back seat. This how it works for me, I forget about business, health and social issues while I am on the water. I come back more refreshed than after a good night's sleep. So, let us be smart on land to enjoy the water. I look forward to seeing all of you soon – from a distance.

House Improvements

By Barbara & Allen Miller, Flag Lts. House

Since most of you have not been in the house, we wanted to share what we have done over the past few months.

- A completely reorganized First Aid cabinet.
- The pantry is complete with new paint, a new floor (thanks to Justin Thomas, John Smith, Rob Hayes, Ken Choi & Greg Northrop), a very large new freezer and a large metal cabinet that we hope is mouse-proof.
- The second floor hallways have been sheet-rocked and painted with valuable help from Bob Boromisa and Paul & Robin Steve. A new ceiling fixture and replacement of 3 switchboxes were put in by a licensed electrician. The burgees will be dry-cleaned and eventually hung on the porch.
- Had a pest control company put out bait boxes to rid the house of mice and/or chipmunks and cleaned up all mouse droppings throughout the house.
- Scheduled repair of the roof flashing and eliminate the moss growing on the north side of the roof.

We, like all of you, are hoping that we can begin to use the club that we love as soon as possible. New York has said that marinas can open (which is basically our club). However, the health and safety of our members is paramount to anything else, so the house is still closed to members. Please continue to wear masks and gloves and socially distant yourselves as the Executive Committee tries to make a plan to open safely.

Grounds Report

By James Symon, Flag Lt Grounds

Well it looks like spring is here and winter is a memory. The ice is gone, the grass is green and the eagles are flying over the club. Sailing season is in sight and it is already here for a few diehards.

As usual getting the sailing club up and running requires a number of Grounds projects to be completed each spring. As we all know there can no large gatherings to complete these tasks at the moment. So how do we get these things done? Club members have graciously volunteered to have come out solo (or with live-in household members) to help out with various projects.

I want to thank Bill Hamilton, Lenny Lerner (and family), Andrew Murnan, Ethan Murnan, Kathy Johnston, George McNally, Dan O'Sullivan, Nigel Cage, Justin Thomas and his kids for working on the projects needed to reopen the club. So many members have come forward to offer assistance that I am probably forgetting a few people. Also, some people just come to the club and work on stuff they have always done for years. People are still working together for a common goal even though we cannot physically work together.

The sailing club is a community of like-minded people who enjoy sailing. No one that gets paid to keep things running year after year but almost everyone at the club contributes in ways that work for them. We are lucky to have the sailing club as place to go when things get a little crazy in the real world. Thank you again to everyone who keeps this great club going each year.

Emmett McCarthy Memorial Statement

"In the short run life is a tragedy, In the long run it's a comedy" That was the Charlie Chaplin quote Emmett would share with me over last year since Lady Jane passed away.

Emmett was always ready to tell a joke, create a pun, or sing a song - whatever the occasion or whether appropriate or not!

Emmett's contribution to the club was significant as a club officer, eventually as Commodore in 2003 & 2004. While serving as an officer he was the coordinator who led our kitchen renovation and created the great space we have today. After serving many years on the Board Emmett was a frequent contributor to the nominating committees. In 2010 Emmett was presented the Mary Elizabeth Hull Award for his many contributions to the club and sailing school. During the last few years Emmett served as the club's Historian having taken over after Randy Rice's passing.

During his many years at the club Emmett was one of the first people new members met at the Club. He went out of his way to reach out and introduce himself and took the time to introduce new members to existing members. He was also a great help to the sailing school over the years in a wide variety of roles. For many years he was the registrar along with Mary Kate McCarty and took care of scheduling all of the private lessons. Prior to that he sat on the sailing school committee and was very involved in the development of the adult programs as well as the expansion of the kid's programs.

Of course, Emmett was a sailor and racer having sailed a Flying Scot, the now infamous "Bad Haggis" and Ensign that he named after his drink of choice "B&B". He was very active in the Ensign fleet having contributed much to rebuilding of the Gin Poles and participating in every fleet activity. At the time of his passing Emmett was serving as the Ensign Fleet Captain. In addition to his contributions to our club and its members, Emmett enthusiastically participated in the STRIDE Sailing program volunteering many hours to young individuals with disabilities providing sailing instruction and fun aboard his Ensign.

The club certainly will not be same without Emmett and if there is an afterlife, I'm sure he is smiling down on us with a main sheet in one hand and a drink in other.

Tony Cannone, Mark Welcome, Allan Miller



Emmett and his "Froggies," AKA the "BVI Boys"

Emmett spent considerable time with a subgroup of his many friends, known in the club (or in our own minds) as the "BVI Boys," whom he fondly addressed as the "Froggies."

Spanning a period from 2004 to 2018, Emmett sailed with this group on numerous "big boat" adventures in the British Virgin Islands, Spanish Virgin Islands, the Bahamas and Narragansett Bay. Though he missed the trip to St. Martin and St. Barts, his "posse" created photographic "proof" of his presence there. A life size likeness of Emmett's face, attached to a paint stick, was held over the shoulder of another during many photographs.

Emmett's "Froggy" friends (Allan Miller, Jim Benson, Mike Funk, Mike Flanigan and Glenn Miner) sailed with him on numerous other occasions in our own Flying Scots and Ensigns in home waters. Several "froggies" last big-boat sailed with Emmett on Narragansett Bay in the summer of 2018, where he very much enjoyed sailing the salty New England waters.

Some background: In 2008, just prior to what was supposed to be Emmett's 3rd trip to the Caribbean with the "BVI Boys," he faced a sudden, life threatening, medical issue, which sidelined him to a hospital stay instead. During the trip, on the French side of St. Martin, Emmett's "posse," quite possibly fueled by mandatory rations of rum, began speaking in tongues. The Faux French accent which emerged might be described as Inspector Clouseau meets Jacques Cousteau, with a refinement only Pepe Le Pew could bring to the mix. This was practiced long into each evening, mixed, of course, with raucous and mischievous laughter. Upon our return, we quickly shared with Emmett the photographic proof of his "virtual" visit, as well as this new dialect, quite disrespectfully dubbed, "Harbor French," and spoken "fluently," of course, only by "Harbor Frogs." Thenceforth, Emmett fondly addressed our group as "Froggies."

There are many Emmett stories to recount from these trips. And together, with all his friends and family, when current "social distancing" norms no longer interfere with a proper gathering, we will raise a glass in his honor, and tell "Emmett" stories.....and LAUGH!....(as he would so enjoy us to do).

Sail Fast Brother -

Allan, Jim, Mike, Mike & Glenn

Sailing Is My Mantra

By Charlotte Osborne, Publicity Chair

These are very anxious times and I think for our own mental health, at least mine, we need to turn off the news for a while. I only started sailing 5 years ago and have fallen madly in love with the sport. I had knee replacement surgery last winter and all through my rehab I focused on sailing. When my physical therapist was cranking down on my knee and I had a death grip on the table so I didn't punch him in the face, I thought of sailing. Sailing was my mantra then and sailing is my mantra now. When I find myself getting scared about what is happening in the world, I imagine myself on a boat. Those who know me know I will crew on any boat. I have had the pleasure of sailing with many different skippers on a few different types of boats. Every skipper, every race has taught me something about sailing and about myself.

I've been told many times that life begins outside your comfort zone. This is something I know from personal experience to be true. I need to once again embrace that and push myself to take the helm. As I write this, I realize that statement expands to more than just sailing in my life. I want to push myself to take the tiller when it's offered to me (but only in light wind, please). I am hopeful that we will all be racing soon around the marks. I want to apologize in advance if I am at the helm in a race, I will probably barge you, cut you off or some other rookie mistake and violation of all the racing rules. You can yell and scream at me; I will not take offense. Besides it would not be the first time I was spoken to very sternly while crewing. I know at the end of the day we will all stand around on the lawn or in the house sharing a beverage and a story. I look forward to the advice given to me from all of you who are gracious enough to share your knowledge of sailing.

I started writing this to offer a few books or videos related to sailing that I plan to read and/or have watch. I'm sure these are not new to most of you but maybe you will be encouraged to reread or re-watch one. This past weekend I really enjoyed watching *The Weekend Sailor* about the first Whitbread race and the Mexican team that won. You can find it at www.theweekendsailor.com. Another movie I found on YouTube (so it's free) is *Swallows and Amazons* that is based on a classic book written in 1930. It is a family friendly movie about 4 siblings in 1930 England who sail to a deserted island and the adventures that ensue. On my list of books to read is *Casting Off* by Emma Bamford (2014). It's about a woman who runs away and decides to crew on a yacht in Borneo. Sounds like the kind of escape I could use right now.

Please stay healthy and safe so we can all go sailing together soon.

When Sailors Get Hurt

By Captain Terryble Fraser
SLSC Flag Lt Race

Current sailing and racing safety equipment such as toe protected footwear, flexible gloves, UV blocking sunglasses, strong sunscreen, zinc oxide paste for nose and lips, lightweight well-vented helmets, and comfortable lifejacket are all available to protect us from the hazards of our dangerous sport.

Sailors, racing or cruising, still can get hurt. So I sat down and designed the perfect form to help our local hospitals better treat our injuries when we arrive.

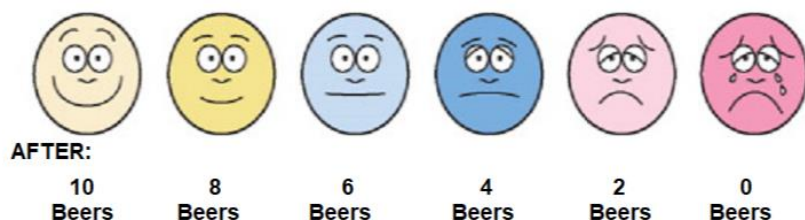
“Emergency Department Triage Assessment Form Just For Sailors”

(circle any or all events that brought you to the ED today)

- Slipped and fell on dock
- Slipped and fell between sailboat and dock
- Slipped and fell while standing on wet deck of sailboat
- Hit in head by boom
- Hit in head by a competitor’s boom
- Hair caught in block on boom
- Torso trauma when caught between a jibing boom and a side stay
- Torso trauma when caught between a starboard tacker ‘s bow and my side stay
- Stubbed toes inside slippery cockpit while sailing barefoot
- Skin cut by an open bailer on a capsized boat
- Twisted ankle when foot was caught in a cockpit drain during a roll tack
- Tailbone injury from sitting down hard on a winch
 - Sore tummy from skipper demanding excessive hiking
- Sore fingernail from removing or installing a ring ding
- Finger cut or pricked by frayed side stay
- Finger pinched during the removal or insertion of rudder in gudgeons
- Finger injury while opening beer can
- Tiller extension poke to ribs due to skipper’s bizarre actions at the helm
- Sea sickness

IMPORTANT NOTE: As you are a sailor it is understood that after the injury occurred you attended the postrace party before your arrival at the ED.

Therefore, please circle your current pain level:



Yes indeed, we participate in a dangerous pastime! I suggest the sailor in the picture on the right above is wearing the safest gear.

Sailing School Update

By Mark Welcome, Sailing Program Director

As with most things these days, the Sailing School is in a holding pattern just waiting to see how the current situation evolves. At this point, Head Instructor John Power and I are moving forward with our planning under the assumption that the Sailing School will be open. Our important dates to remember are:

- By 5/16- The Club is hoping to install the docks. This will at least allow members to get out on the water and will lay the ground work for beginning our adult lessons.
- 5/18 – Our adult programs are slated to open on May 18th. This will most likely need to push out but we have not postponed anything yet.
- Week of 6/1 – Our scheduled week for opening the school (training, boat prep, instructor meetings, etc.). We were planning on meeting during the afternoons. We'll have to see how the next couple of weeks go and what restrictions will exist after May 15th
- 6/8 – Our first Junior program is scheduled to begin (a private session for a number of children from the Brown School).
- 6/29 – The beginning of our the regular junior programs

We will make decisions of each of these dates as the dates draw nearer. A few things we have done or are doing that are of note:

- All sessions on our registration site have been switched to “waitlist only”. This is because we owe our registration company for every registration regardless of whether or not we cancel the class. We felt there was no reason to continue to allow registrations other than waitlists (and incur cost) until we are sure the classes will run.
- We are working with US Sailing to determine if/when/how we can run a Level 1 Instructor certification course. US Sailing is in the process of moving 2 of the 4 days of the class to an online format. I am trying to find out how to register for these so that our junior instructors can get certified.
- We have also been following US Sailing as they are working hard to be develop “return to play” guidelines for sailing schools in the event that we are allowed to open. Things change daily but they are hoping to be able to provide direction on how schools can operate safely under various possible situations.
- We have been in contact with the directors of other local junior programs to share thoughts as well as discuss possible scenarios for regattas.
- We have reached out to our instructors to let them know that we completely understand that they may need to have a job that is guaranteed for the summer. Many of them are in college and need to make money. I wish we could guarantee them that the school will be running normally but we simply can't at this point. If some need to find other work, we will adapt.

Stay safe and we look forward to seeing everyone on the water soon.

On the Block

Please visit our website to view more details and/or pictures of the following boats for sale.

Neptune 14.....\$600

A centerboard dingy. Includes a trailer, cover and one set of sails. End of season price reduction.

Contact Liz or Jon Hedman at
[518 399-7849](tel:5183997849) (H), [518 369-7162](tel:5183697162) (Jon's cell)
 or [518 369-7849](tel:5183697849) (Liz's cell). Email: jhedman@nycap.rr.com

'86 Catalina 22..... \$5000

6 hp Yamaha OB
 Main, 110 Jib, 150 Genoa,
 Trailer

Howard Ghee
518-283-3203 (Leave a message)
 Or email gheehe1@twc.com

Beach wheels.....\$200

Will fit a Hobie 16.

Contact Scott at ScottMeyerone@gmail.com

Thistle.....\$12,500

#3848, Built by Great Midwest
 John Baker custom made trailer w/spare
 Sheets, halyards etc., all in good condition
 Primary suit of sails in good/very good condition
 Located in Utica, NY

For pics & more info
Email Jonas Kelly jkelly@usawood.com

Y-Flyer 2527.....\$2000

Great condition.

Race ready and sitting in the SLSC boatyard.
 Originally from the Indianapolis Sailing Club
 with a great racing history.

Priority given to someone who will keep it racing
 in our Y-Fleet.

Contact Terry Fraser at elfraser@hughes.net

Standard Marine HX150 handheld marine radio.....\$95

Opened but never used (bought two only need one).
 Standard Horizon is one of the best manufacturers of
 marine radios.

This one has all the bells and whistles and it floats!
 This was purchased in June 2019 and is a bargain at \$95.

Contact Jeff Robinson Tel: 518-690-0391

CL 16.....\$2,000

Hull # 2324 Canadian-made 16-foot dinghy
 based on the British Wayfarer.
 Trailer and 1-year-old Sailor's Tailor boat cover.
 Currently at SLSC.

Contact Eric at (518) 618-8982
 or kellwasserevent@yahoo.com

Laser for Sale

Low hours very competitive race ready Laser with covers,
 sails, & galvanized trailer.

Full rig with 2 upper sections. 2 North sails, one regatta,
 one practice. Sail and hull number 167416.

All white hull. Trailer has bearing buddy's.

Sietech dolly in great shape. Blade bag.

Top and bottom trailering covers.

Excellent condition.

Contact Scott at ScottMeyerone@gmail.com

SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

SANCTIONED FLEETS

Ensign.....	Tony Cannone 271-0246
Flying Scot.....	Shirley & Paul Waterfield 584-5552
Kestrel.....	Tony Bianchini 877-5062
Laser.....	Leslie Rafaniello 301-4109
MC Scow.....	Andrew Murnan 420-5368
Thistle.....	Jerry Zell 767-9216
Y-Flyer.....	Terence Fraser 495-4037

2020 OFFICERS & CHAIRPERSONS

Commodore.....	John Smith slsc_commodore@sailsaratoga.org.....786-1340
Vice Commodore.....	Scott Meyer slsc_vicecommodore@sailsaratoga.org.....248-1229
Rear Commodore.....	Dave Hudson slsc_rearcommodore@sailsaratoga.org.....370-4894
Secretary.....	Anthony & Laura Massa slsc_secretary@sailsaratoga.org.....526-9121
Treasurer.....	Jeff Robinson slsc_treasurer@sailsaratoga.org.....310-9606
Flag Lt. Boats.....	Jake Greiner slsc_boats@sailsaratoga.org.....203-767-8783
Flag Lt. Grounds.....	James Symon slsc_grounds@sailsaratoga.org.....316-1190

Flag Lt. House.....	Barbara & Allan Miller slsc_house@sailsaratoga.org.....885-5510
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