



Tell tale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



August, 2013

Commodore's Corner

And...they're off!

It's time to take a backstretch tour at Saratoga Race Course.

The backstretch is on the opposite side of the race track from the Clubhouse and Grandstand, and includes 91 barns with 1,800 stalls and dormitories for 1,000 backstretch workers. Each day begins at dawn, and nearly 2,500 people are busy working—including trainers, exercise riders, grooms, hot-walkers, jockeys, agents, assistant starters schooling young horses at the starting gate, owners, veterinarians, farriers, cooks in the backstretch kitchen, and many others.

Backstretch tours are free to the public. There are no tours on dark days (Tuesdays—no racing), Travers Stakes Day, Labor Day, or when it's raining. The first tour departs from the Nelson Avenue entrance opposite the Circle of Jockeys at 7:30 a.m. A tram drops visitors off at the backstretch for a 30-minute walking tour. The last tram departs for the backstretch at 9:00 a.m.

If you're lucky, I'll be your tour guide. If not, I'll see you at the Labor Day Lobster Boil!



Labor Day Lobster Boil

Monday, September 2, 2013
Appetizers at 4:00 - Dinner at 5:00

Lobster Dinner	\$23
Steak Dinner	\$20
Surf & Turf	\$28
Kids (hot dogs/burgers)	\$7

Soft drinks, Beer, Wine Provided

Please bring an appetizer or dessert to share

Members whose last names begin with the letters M through Z please sign up for set-up or clean-up when you make your reservation.

All members, please indicate appetizer or dessert with your reservation

E-mail reservations preferred:
SLSCreservations@gmail.com
or contact Kathleen & Vic Roberts
399-4410

**Reservations must be received by Friday,
August 30**

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Upcoming Events

Sept 2.....	Labor Day Lobster Boil
Sept 7.....	Ensign Regatta
Sept 28-29.....	Indian Summer Regatta
Oct 5-6.....	Thistle Regatta

Sailing School Updates

By Mark Welcome

As we head into the middle of August, the sailing school season is beginning to wind down. As those of you who frequent the club have seen, it has been a very busy season. As of today we have had 67 students in our adult sessions, and 68 students in our junior sessions, which is pretty close to full capacity for how many people we can handle. It has been nice to hear from all the students and parents how much they have enjoyed the school. The 2 most frequent comments we get are a) the instructors are great and b) the club members are so friendly. A big thank you to all the members for making the school people feel so welcome at our club!

Classes might be over, but instruction is not

While the sailing schools formal schedule is coming to a close, it seems like instruction is not. Requests for private lessons for both kids and adults appear to be at an all time high this year and are still coming in. For that, we have to thank Aaron, Peter and all of our instructors for doing such a great job with the students. Word about the quality of our instructors has certainly spread, and we are happy to be able to offer instruction to so many people. If you would like to set up some private instruction for any level of sailing, please just contact Emmett at info@saratogasailingschool.org. Club members get private lessons at a greatly reduced rate, the instruction is terrific, your sailing will improve quickly, so why not go ahead and get a hold of Emmett?

Junior Racers going strong

There are a number of regatta summaries included with this TellTale, so you can read for yourselves how much the Juniors have been traveling around, having some fun and competing with other kids. For those of you who race on Wednesdays and/or Sundays, you have no doubt seen some of the juniors out there in the FJ's and Lasers competing with the rest of the club. We have a couple of kids who are trying hard to free up their busy schedules so that they can race enough to qualify for the season series. We have our fingers crossed that they can qualify (although secretly we hope that they finish just behind us in the standings).

Many hands make light work

Although the school season is short, the work is year round. We are looking to expand our sailing school volunteer list to help reduce the work load on our existing committee. As we look at our winter list, we could really use some help with:

- Boat repair and maintenance (a never ending task)
- implementing an online registration and management system
- working on an expanded social sailing program for juniors for next year

We certainly appreciate any help that members can offer us with any of the many functions involved with running the school. To become involved please just contact Mark Welcome at slsc_sailingpgm@sailsaratoga.org



SLSC FJ Horse Race Regatta 2013 - Recap

By Devon Howe

This was our 3rd year sponsoring the FJ Horse Race for our Junior Sailing Team. In 2011, we filled our 3 boats and let Community Sailing (Burlington, VT) Juniors borrow our other 3 for a total of 6 boats in the one-day regatta. In 2012, we filled 4 of our boats, loaned the other two to Community Sailing and welcomed Lake George Club Juniors with their two boats for a total of 8 boats in the regatta. This year, we filled all 6 of our FJs with qualified junior racers from SLSC and welcomed 3 boats from Mallet's Bay Boat Club (Burlington, VT) and 3 from Lake George Club for a total of 12 boats. The larger fleet made the racing more fun and competitive for the Junior sailors this year.

The event was held on Friday, July 12th. The kids from Mallet's Bay came the night before to rig-up and relax. We welcomed them with pizza, S'mores and a movie in the clubhouse. They slept at the club which they really appreciated. The weather was perfect for the regatta the next morning....light winds out of the North and mostly sunny skies...not too hot. The Lake George boats arrived in the morning and rigged their boats quickly. We had lunch and then set out to get at least 5 races underway. The Juniors normally sail a windward-leeward course in 1 lap over about 20-30 minutes, which is the course we set for them.

The lightest team was from Mallet's Bay Boat club which included an Opti sailor who had never sailed an FJ. She made her presence quickly as she was in the lead in several early races. However, the SLSC team of Piotr Czajkowski and Shea Weilbaker dominated the down-wind leg of the course, keeping near perfect boat balance and optimizing their chute work. They came from mid-fleet to the front of the pack on several occasions as a result of the downwind leg. Brett Howe and David Hamlin from SLSC had some streaks of brilliance (it is always "brilliance" when you make a scientific-wild-ass-guess about which direction the next shift will come from) rounding the windward mark in the top three on several races.

The team of Helaina Howe (Brett's sister) and Austin Wyles mostly beat Brett Howe and David Hamlin, but had a two bad races which caused them to finish only 3 points behind (whew, the dinner table at the Howe house could have been a dangerous place for Brett). Andrew Welcome and Hannah Merrill from SLSC had some great moments too. They worked their spinnaker well to overtake some unlucky sailors downwind. Also from SLSC, Eli Fisher and Luka Newton were somewhat inexperienced in racing, but found some nice grooves in the upwind legs, rounding the first mark in top position by 20 boat lengths in one particular race. Drake McDonough and Ian Davis, also from SLSC were new to racing and gained some confidence as sailors as they managed to beat one challenger from Mallet's Bay.

Overall, the team of Piotr and Shea dominated the regatta with only 6 points (four bullets and a 2nd). Since we sailed 6 races, we included the throw-out provision.

There are many people to thank for making this regatta possible. The Junior sailing team were able to sail with spinnakers this year due to the hard work of Aaron Holland and Peter Hudson (and the money from the program) in rigging the boats. We must also thank our race committee which included Bruce Blackie, Mark Welcome, Aaron Holland and Peter Hudson.

FJ Horse Race 2013 - Results

Skipper	Crew	Sail		Club	Place	Points
		Boat	Number			
Piotr Czajkowski	Shea Weilbaker	FJ	9	SLSC	1	6
Mikey Hayes	Morgan Hazo	FJ	22	MBBC	2	13
Julia Shannon-Grillo	Loughlin Neuert	FJ	EH	MBBC	3	20
Russell Merchant	Olivia Balton	FJ	13	LGC	4	21
Brett Howe	David Hamlin	FJ	2	SLSC	5	23
Helaina Howe	Austin Wyles	FJ	3	SLSC	6	26
Marina Merchant	Annabelle Fiest	FJ	2-6	LGC	7	34
Andrew Welcome	Hannah Merrill	FJ	8	SLSC	8	36
Eli Fisher	Luka Newton	FJ	1	SLSC	9	40
Tatum West	Samantha Boardman	FJ	14	LGC	10	41
Drake McDonough	Ian Davis	FJ	7	SLSC	11	42
Rozlyn Caleron	Lindsea Hayes	FJ	139A	MBBC	12	53

2013 Cheeseburger Regatta Report

By Aaron Holland

The SLSC Junior Racing Team had its best showing at an away regatta with 5 Flying Juniors represented at Lake George Club this year. Conditions were great for sailing on day one with winds exceeding 18mph. Many FJ's braved the strong winds. There were several capsize, but our team did not suffer a single one! The breeze subsided some for the afternoon allowing for some great spinnaker flying. The SLSC team was great at getting off the line. Team Brett Howe/Cameron Parry had a particularly nice port tack start over the 28 boat fleet which led to their 3rd place finish in the race. The traditional cheeseburger dinner was hard earned by all at the end of racing.

Day two brought even less pressure over the course but the westerly wind added extra shiftiness to the game. Team Piotr Czajakowski/Shea Weilbaker started strong with a first place finish in the opening race. Drew Welcome/Hannah Merrill, and Brett/Cameron also had good finishes to round out the day. Piotr/Shea was the highest finishing team from SLSC earning 8th place out of nearly 30 boats.

Coaches for each participating club met and gave Drake McDonough the Sportsmanship award for the FJ's.

Teams for the regatta were:

Piotr Czajakowski/ Shea Weilbaker
Brett Howe/ Cameron Parry
Drew Welcome/ Hannah Merrill
Helaina Howe/ Austin Wyles
Drake McDonough/ Nick O'Brien

Special thanks to Devon and Kathy Howe, Marek Czajakowski, and Mark Welcome for trailering 5 boats up and back from Lake George. It was a tall order and took a lot of help from parents and club members.

Lake Sunapee Regatta Report – Peter Hudson

By Peter Hudson

The Rig it Up Regatta held this week at Lake Sunapee was a huge success for our Junior Race Team. Five of our sailors attended and competed in both Lasers and Flying Juniors. Monday began with a late start waiting for the wind to show up, but when it did, our team kicked into gear and gave it their all. With winds around 10mph our team was able to display some magnificent spinnaker flying and great boat speed. The team was quick to notice some big wind shifts throughout the day and took advantage of them to gain an early lead.

After getting off the water the team was treated to a hearty dinner of pizza and enjoyed a variety of board games supplied by the club. Later in the evening we retired to our luxurious lake front housing, provided to us by our generous hosts, where we enjoyed a late night swim and comfortable beds. The next morning the wind came in early and strong, allowing the kids to get six more races in, bringing the total number of races for the regatta to ten. Our sailors worked hard and with a few lucky wind shifts were able to pull off two well-earned victories.

When all was said and done, our team of Piotr Czajakowski and Hannah Merrill took first place in the Flying Juniors and Helaina Howe took first place in the Lasers. New racers Austin Wyles and Eli Fisher showed constant improvement as they get more regatta experience. Although this regatta wasn't very large, it was tons of fun for the kids and a great way to wrap up our junior sailing regatta schedule. Many thanks to the parents who made this regatta possible and we hope for an even better turn out next year.

Project STRIDE Update

By Skip Parry

Ph: 518-223-2848

Email: skisure64@nycap.rr.com

STRIDE: <http://www.stride.org/>



In the Learn to Sail - Session one, we took another seemingly small step in our collaboration with project STRIDE, in which one of our STRIDE Sail participants completed the two week course. This is quite an accomplishment for the participant – Robert Johnson, who has completed two Stride Sail programs in the last two August efforts. I believe more significantly this is an accomplishment for SLSC in the greater community of sailing in support of this effort.

Robert (above) is like most kids whose lives are not on the water with their parents. A little tentative at first then gaining confidence – he really liked the capsizing drills, sailing Lasers, games of Blob Tag, (green) popsicles at the end of the day and wrestling a little with Peter (Hudson) and Aaron (Holland). It was really great to see the interaction between Robert and the other students and our compliment of Junior Instructors as well.



Robert's mother, Eileen, is extremely grateful for the opportunity and comments, "Kids like mine don't do well in team sports; they are kind of in their own world. I am always looking for activities that get him outside, doing something since (otherwise) he would be on the computer or PS3 playing some video game if I didn't. And whatever the activity, it can't require a lot of interaction with others since that won't work. In the summer, sailing is perfect for his needs." (Above, Robert playing blob tag)

Last summer when Eileen approached the club with the idea we thought it could work, the Jr. Instructors had been around the STRIDE sail participants during the STRIDE regatta and we new Robert was very manageable save for his intense dislike of flying insects – which is not an unusual concern for this summer. Over the winter, we dialogued with Eileen and Robert's Father, Terry during the STRIDE Great Race in which Robert skis every year at Jiminy Peak with STRIDE. We discussed putting Cameron with Robert as a shadow to maintain confidence, Helaina Howe was equally supportive. Great stuff.

Anyone interested in getting involved with STRIDE we are again conducting the program Monday nights in August from 5-8 PM and will be seeking boats and volunteers for the STRIDE Regatta Saturday the 31st around noon.

I'd like to acknowledge Stride volunteers past and present: The Perroti's, Emmette McCarthy, Tony Cannone, Anthony Benson, Glenn Miner, Mike Flanagan, Laura Rappaport, Jerry Zell, Nat Corwin and Sarah Miller, Tony Bianchini, Bruce Blackie, Peter and Anne Seidmann, James Nichol, Vick Roberts, Clark Cooper, Mike Funk, Mary Kate McCarty, Paul Waterfield, Joan link, Jim Benson, Kathy Johnston, Peter Hudson, Aaron Holland **Jr. instrs:** Helaina and Brett Howe, Peter Czajkowski, Emma Benson, Cameron, Caroline, Nick and Alex Parry.

Kestrel North American Championship

By Bob Barringer

The Kestrel North American Championship was hosted by the SLSC Kestrel fleet on July 20-21. Eight boats participated including 1 non-club boat skippered by David Duquette from New Jersey. We had 7 races (5 on July 20 and 2 on July 21) with 1 throw out.

There were three nice races Saturday morning and the wind picked up for two exciting afternoon races. The wind on Sunday was a wonderful steady breeze at about 8 to 10 knots from the head of the lake and we had two very nice races to finish the series.

Many thanks to the Ensign fleet and Y-Flyers who supplied our race committee of Bill and Yvonne Barringer, Tony Cannone, Fred Barker, Vic Roberts, Terry Fraser, Dave Miller, Garrett Hamlin and Emmett McCarthy.

The overall results were, in order of finish:

Boat Skipper/Crew

498 David Duquette/Mike Kitner
824 Tony Bianchini/Mark Welcome
822 Joe Choi/Erica Choi
518 K. Choi
1211 M. Chudzik
823 L. King
1274 R. Barringer
1498 G. McNally

Kestrel Championship



On the Block

KESTREL #498

Has a 505-style spinnaker setup, new cover, all new lines, lots of new hardware, the world's simplest homemade mast ram, a really exceptional rudder, new hiking straps. The trailer has been thoroughly rebuilt, with new bearings, wheels, bearings, tires, bunks, and electricals. Only issue is a leaky flotation tank.

Call David Duquette, Princeton, NJ for more details and to make an offer at (917) 757-9102.

1974 O'DAY 22

\$695.00 buys boat, trailer.

Please call Carroll F. Cook at 484.553.3736 for details.

LASERS WANTED

The Sailing School is in need of Lasers to support the youth program. If you know of someone storing a Laser in a barn that might consider selling or donating it to SLSC or if you have a boat that you are considering selling please tell us. Lasers are the world's most popular class and finding good used boats for our program is becoming increasingly difficult. Contact Greg Tkai or Allan Miller

2 KAYAKS FOR SALE

Perception Carolina 13.5, red and yellow one-person kayak with rudder. Foot pedals and cockpit cover are missing. Selling as is, with paddle. \$600.

Ocean Kayak Pro SI 129, yellow one-person kayak with rudder. With paddle- \$675.

Both kayaks are on the racks closest to the fenced children's playground, right side of rack, 1st and 2nd shelves, have "Burgess" stickers. See pictures on club website. Call Sharon Burgess at 729-2043.

ENSIGN #170

Watercolors is for sale! \$8,000 to \$10,000 invested. Two sets of sails, ground tackle, stands, dinghy and more included. Will accept best offer by end of summer. Call Doug McGivney at 518 755-6994 or email dmcgivney@nycap.rr.com

Kestrel Championship



Kestrel Championship



SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

ACTIVE FLEETS

Ensign.....Tony Cannone
271-0246

Flying Dutchman.....Bill Hamilton
877-5203
Flying Scot.....Misha & Olga Gutin
542-6922
Kestrel.....Bob Barringer
882-6087
Laser.....Barbara Brown
446-0426
MC Scow.....Devon Howe
867-7770
Sailboards.....Gene Altman
393-6713
Thistle.....John Hudson
374-0228

2013 OFFICERS & CHAIRPERSONS

Commodore.....Gene Auciello
slsc_commodore@sailsaratoga.org.....583-9558
Vice Commodore.....Vic Roberts
slsc_vicecommodore@sailsaratoga.org.....399-4410
Rear Commodore.....Dave Hudson
slsc_rearcommodore@sailsaratoga.org.....370-4894
Secretary.....Samantha Butler
slsc_secretary@sailsaratoga.org.....587-0659
Treasurer.....Bruce Blackie
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Flag Lt. Boats.....JT Fahy
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Flag Lt. Grounds.....John Smith
slsc_grounds@sailsaratoga.org.....786-1340

Flag Lt. House.....Greg & Melissa Tkal
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Flag Lt. Race.....Allan Miller
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