



Tell tale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



October, 2012

Commodore's Corner

The fall work party is scheduled for Saturday, October 20. SLSC does not have a paid professional staff, and relies on the active participation of its members to maintain the club facilities. If you have not met your obligation as a member in 2012, we look forward to your participation. The Social Committee will serve breakfast and lunch.

I would also like to take this opportunity to thank Flag Lt. Grounds, Don Zeibig, for his dedicated efforts during the past season. Unfortunately, Don will be relocating to Florida and leaving SLSC. On behalf of the entire membership, I extend our best wishes to Don and his family. He will be greatly missed.

Enjoy the rest of the sailing season!

The Club Needs You!

Fall Work Party Sat Oct. 20

Mark it on your calendar now.

We need your help.

Work parties form from 8:00 to 9:00 am.

If your are working outside, bring gloves, hammers, crowbars, pliers, rakes, wetsuits and waders.

According to the SLSC By-Laws, it's part of your obligation as a member, and yes, we do take names!

Good work, good fellowship and good food.
We'll see you there!

Upcoming Events

Oct 6-7.....Indian Summer Regatta
Oct 13-14.....Thistle Regatta
Oct 20.....Fall Work Party
Nov 10.....Awards Party

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SATURDAY EVENING, NOVEMBER 10 Sailing Awards Party

Ballston Spa Elks Lodge, Rt. 50 and Hamilton St.
6 PM cocktails, 7 PM buffet dinner,
\$29.50/person

FEATURING SPECIAL GUEST SPEAKER
Michael Aikey
Director, New York State Military Museum

**"Masts and Spars in the Wilderness:
An Historical Look at Navies on
Nearby Waterways"**

This party is for all members.
Reservations by Nov. 3, Barbara or Allan
885-5510 or email: amille2@nycap.rr.com

Laser Derby 2012

By Allan Miller and Barbara Brown

Light wind which almost disappeared at times, on a wonderful sunny Saratoga Lake, was the weather of the day for the annual Saratoga Derby Laser Regatta. Ex-NY Maritime hot sailor Dan Hesse showed skill and patience to win the regatta with Allan Miller drifting into second. Chas Williamson was just behind, in a series of two 90 minute races, where the racers finished surprisingly close. In the second race any one of three people would have won overall - depending on which direction the final zephyr came in on the last run to the finish. Chas banked on the left side and of course the zephyr arrived from the right. Allan Miller ghosted across the finish line to lock up second ! Dave Nicol from Georgetown came in fourth, followed by Skyler Munger, who has competed very well this year. Past winner Mike Kitner came in 6th overall. The final places were:

- | | | |
|--------------------|-----------------|------------------------|
| 1. Dan Hesse | 6. Mike Kitner | 11. Lois Haigner |
| 2. Allan Miller | 7. James Nicol | 12. Luke Miller |
| 3. Chas Williamson | 8. Wes Britton | 13. Peter Britton |
| 4. David Nicol | 9. Joe Miller | 14. Melissa Hatch-Tkal |
| 5. Skyler Munger | 10. Dave Burtis | 15. Piotr Czajkowski |

Special thanks go to all the SLSC sailors who helped make the Derby happen, from behind-the-scenes preparing to day-of registration and organizing and to the great race committee for getting a few races run in difficult conditions. Those include, but are not limited to Barbara Brown, Dave Burtis, Michael Hall, Melissa Hatch, Mike Kitner, Allan Miller, James Nicol, Bob Posson, Paul Waterfield, Jerry Burr, Jim Bendson and John Kimball.



Canada Adventure

By John Kimball

ARE YOU CRAZY? IT'S TOO #%+^&* WINDY! That was my attitude. The race committee had a different idea. They thought we should sail until everyone tips over. Then it will be too windy. This was the plan carried out at the first ever international MC regatta held at the Club de Voile Deux-Montagnes near Montreal.

On September 8, eight MC sailors (some brave and others not so brave) faced the wind. This was the same day that Saratoga's Ensign regatta was cancelled because it was too windy. Ensign sailors are sensible people.

MC sailors learned some interesting facts that day. As the wind approaches 30 knots, capsize is nearly certain. At wind speeds significantly greater than 30 knots, the guaranteed capsize will catapult a sailor a considerable distance beyond the boat. Once the boat is on its side, it will drift downwind faster than anyone can swim, so it is a good idea to hang on to something.

Saratoga sailors Devon Howe (three capsizes) and John Kimball (two capsizes) survived the first day and were faced with only moderately heavy winds the second day. Devon did quite well on the second day and won one of the three races. Cowardly John refused to jibe, finished last in the first race and then quit. Shame on him.

FJ Horse Race - 2012 - Final Results

By Devon Howe

<u>Hull</u> <u>#</u>	<u>Sail</u> <u>#</u>	<u>FNAME</u>	<u>LNAME</u>	<u>CLUB</u>	<u>Race</u> <u>1</u>	<u>Race</u> <u>2</u>	<u>Race</u> <u>3</u>	<u>Race</u> <u>4</u>	<u>Race</u> <u>5</u>	<u>Thr-</u> <u>Out</u>	<u>Total</u>	<u>Place</u>
13		Russel	Merchant	LGC	3	2	1	1	2	3	6	1
		Tatum	West	LGC								
3	SLSC	Brett	Howe	SLSC	1	1	2	4	5	5	8	2
		Shea	Weilbacker	SLSC								
9	SLSC	Piotr	Czajkowski	SLSC	2	7	4	2	1	7	9	3
		David	Hamlin	SLSC								
8	SLSC	Andrew	Welcome	SLSC	8	3	3	3	8	8	17	4
		Luka	Newton	SLSC								
2	69	Ben	Hunt	CSC	4	4	6	6	6	6	20	5
		Gunnar	Bierbaum	CSC								
14		Marina	Merchant	LGC	6	5	8	5	4	8	20	6
		Annabell	Feist	LGC								
1	SLSC	Helaina	Howe	SLSC	5	8	5	8	3	8	21	7
		Cameron	Parry	SLSC								
7	199	Loughlin	Newert	CSC	7	6	7	7	7	7	27	8
		Laura	Connolly	CSC								

LGC = LAKE GEORGE CLUB (NY)

CSC = COMMUNITY SAILING CENTER (VT)

SLSC = SARATOGA LAKE SAILING CLUB (NY)

Labor Day Homanus Americanus Boil

By Margaret Shirk

151 members and friends enjoyed the end of summer celebration at our beautiful club. I always like to step out of the kitchen and with a sigh of relief and pleasure look out at the lake everyone gathering on the lawn. This pleasure is afforded by the work of the many hands that contribute to these wonderful, big events we put on every summer.

Thank you Shirley for all your encouragement and for organizing all the information needed to put these meals together, for the Caesar salad dressing recipe extraordinaire and for teaching me how to cut up a tenderloin into steaks. Thanks to Jim Benson and Charlie Koines for picking up 120 lobsters, bushels of corn, sacks of potatoes, and keg of beer, and to Lorrie Anthony and Jerry Danielski for procuring all the other stuff and helping to prepare it all. Thanks to the pit crew, Dave Hudson, Phil Booth and Steve Hadcock. Much appreciation to everyone who helped with set up and clean up, especially Darla Zabek for the beautiful trays of tomatoes and mozzarella embellished with basil from Charlie's garden, and Vic Roberts for endurance dishwashing. Harry Redgrave and Ryan Decker set up the tents and didn't complain when we asked them to take one down after all. Thanks to Auciello for the behind the scenes registration assistance and to Joan Goldstein and the Rices for manning the registration table. Thanks Dan Mehlman for being my partner in all of this. And thanks to all of you for the delicious appetizers and desserts and your enthusiastic appreciation for the good fortune we share at SLSC.

See you at the work party on October 20. You can look forward to a hearty lunch and a breakfast of bagels and coffee.

On the Block

KESTREL for sale

Hull #1000. This is an older boat in decent shape. Newer trailer included. The boat and trailer can be viewed in the SLSC field – look for a sticker with “Burgess”. The sails are at the owner's home. \$800.

Call Fred Burgess @ 783-6786 or email fburges1@verizon.net

1974 O'DAY 22 for sale

\$695.00 buys boat, trailer and 150lb mushroom anchor, ground tackle and buoy.

Please call Carroll F. Cook at 484.553.3736 for details.

KESTREL – Black Hawk for sale: \$1500

Nicely restored Kestrel on trailer with newer boat cover and full set of sails, “2012 Winning Boat in the North American Kestrel Regatta”. Located by the launch with the other Kestrels.

Please contact Ed Henson
518-469-1638 or Ejhenson@verizon.net

FLYING SCOT for sale (#4510);

Model year 1989; grey deck and white hull; newer dark blue waterline and trim; newer gunwale molding; rigged for racing with internal spinnaker trims and jib cleating on seats; teak centerboard cap and teak tabernacle; used North main, jib and spinnaker; and a galvanized trailer. Also includes winter Sailor's Tailor cover. \$7,800.

Call Chris Smith at 583-6939 or
email sunonsaturday@gmail.com

LASER for sale

Yellow, hull #29970, spars, and trailer from about 1975. Sail, racing rigging, and Seitech dolly are recent. Plus radial sail and mast section, and boat cover. \$1,800.

Call Thad Mirer 765-5577, or email: tmirer@gmail.com

SLSC Water System

By Vic Roberts

“Water, water, everywhere, nor any drop to drink.” Sometimes it seems that way when the water system is not working properly in our club house. Newer members may not know that we have our own water supply system. There is no town water in Malta, and the water distribution pipes installed by the new Saratoga County Water District run down the east side of Saratoga Lake on their way to Global Foundries.

In the winter we get our water from a 500-foot deep well, and in the summer, when demand is higher, we draw water faucet in the kitchen.

All of this magic takes place in the basement of the club house. Because the well has a low flow rate, we store about 400 gallons of water in tanks in the basement. In the winter, the tanks provide water for weekend social events, and the well refills them after the event.

As you might imagine, our water system has a large number of parts. There are three water pumps and one chlorine pump; four pressurized water tanks; two large volume, non-pressurized water tanks; a lake water input filter; two charcoal filters; one sand filter; three reverse osmosis filters; the UV sterilizer, and control systems that keep everything working. In a system with this many moving parts, and one that gets so much use, it is hard to keep everything working. And, when one part fails, the whole system may stop working. We have had a few water problems this past season, and we know those can be very frustrating. In addition, most of our activities take place on weekends or holidays. Those are the times when it is the most difficult to get a service person to come to the club, which makes water from Saratoga Lake and from our well. The water is treated with chlorine and then passed through an ultraviolet sterilizer. Some of the water is then processed in a reverse osmosis system and supplied to the special drinking the water system failures that much more inconvenient.

In 2009 we replaced the lake water input filter, refurbished the sand filter and one charcoal filter, and installed a second charcoal filter, the chlorinator and the reverse osmosis system. Those systems have worked well. Other parts of the system have served us well for over 15 years, but are showing signs of age. This summer we have had problems with the water pump that distributes water from the storage tanks to the house, the well, and the main control system.

The house water pump will be replaced by the time you read this.

The well water normally contains small clay particles that give the water a gray color, but this summer the water turned black and we were forced to turn off the well. Since winter is approaching we need to remove the lake water input and get the well working again. We are working with two water treatment companies to determine the best course of action for the well. We may install a silt filter or perhaps a system that uses alum to cause the silt to form larger particles and precipitate out of the water. We will have one of these systems installed by the time the lake water intake is removed.

We are also considering a new control system for the water storage tanks that uses electronic water level probes. The current system uses mechanical buoyancy (float) switches. They have worked well for many years, but occasionally get dirty and stick On or Off, leading to too much or not enough water in the tanks. A system based on electronic probes is expected to greatly reduce the number of times we need to go down into the basement during a social event to manually override the control system.

Our current goal is to upgrade the water system so that the frequency of failures is greatly reduced. However, if you have ever relied on a well for water in your house, you know that it is unreasonably expensive to reduce the failure rate to zero.

Our long term goal is to convince the Town of Malta to install town water so we can connect to a professionally-maintained and reliable system; and get rid of all of our pumps, tanks, and filters. If you have any contacts in the Town government that can be used to move that process forward, please contact a member of the Board.

STRIDE Sail 2012

Photos by Cameron and Caroline Parry



Allan Perrotti and Peter Czajkowski share their experience with Robert.

STRIDE Partnership with SLSC by Skip Parry

Six years ago the partnership with SLSC was born in a fledgling effort to get the kids out of the classroom and onto the water. SLSC has a rich tradition in sailing instruction and a well-established place in northeast sailing, so it was a logical conclusion. As of 2012 we have taught some 50+ kids the enjoyment of boat handling and sailing. Without the reception and continued support of the Saratoga Lake Sailing Club we would literally be (a fish) a program, out of water. The quality of facility, boats and surroundings - make for a very nurturing teaching environment; the kids simply wouldn't make the progress they have without that support.

Each August over the course of five Monday evenings we run a blended adaptive program of learn to sail and intermediate lessons designed to take the kids reasonably out of their comfort zones every week. What this means is very individualized, some of the kids are out of their comfort zones quite early on as relating to their peers or unfamiliar adults or surroundings can be a large challenge, much less getting out in a small boat of any kind - given balance and motivation difficulties. We don't let them rest too much and do require tremendous emphasis on water safety and participation in multiple skills

individually and as a group before they get on the water each night. While the kids are in class this provides them an opportunity to socialize and interact with new friends.

This year we had tremendous participation with both returning sailors and a few new faces in sailors and volunteers alike.

This program would not be possible without SLSC volunteers Tony Cannone and Emmett McCarthy serving this program with their Ensigns which have been great for confidence-building as the boats are very comfortable for early sailors especially if they need a parent to tag along which is rare but does happen. In addition we had the assistance of Anthony Benson in support boats and the use of his Flying Scot and the support of his daughter Emma.

Generally one of the more significant developments in this year's effort includes the tremendous support of our junior sailors Helaina and Brett Howe, Peter Czajkowski, Cameron, Caroline and Nick and Alex Parry and Emma Benson. These kids helped mentor and model for the STRIDE program and lent considerable assistance with the regatta both on and off the water.



Highlights

- 8 Junior Sailors from SLSC support the effort
- Returning veterans make the difference
- 6 STRIDE Sailors solo at Saratoga!

"Thanks for taking time to sail with Robert yesterday. On the way home, all he could talk about was sailing lessons next year. He was so excited"





Cameron, Helaina, and Brett take a lunch break.

Breakthroughs

It seemed as though St Elmo was truly on our side most nights this year as the storms of the late season threatened or simply passed leaving us with some of the best sailing the summer could offer. Emmett, Tony and I remarked week after week that we were amazed by the good fortune we experienced with beautiful light air and balmy evenings wherein we sailed nearly two hours every Monday night!

In progression from the big boats, down to paddling Kayaks to get used to the balance we move to smaller Optimists and Laser Radials. Accompanied by junior instructors on board at first or in kayaks for confidence the first time all the kids on the third night progressed from sailing tandem to singlehanded.

From the ramp at the base of the flag pole out around the warning buoy and back. It took some time but everyone made it out and back at least one time individually which was not surprising but really quite remarkable.

We are looking to put a couple of the kids into the junior program next summer.



The Regatta

Each year as we approach the regatta there is always an anxious little moment, when, as we take to the boats, I am hit with the sudden doubt that none of the placements I have considered will come together. It is indeed a delicate balance of car rides, nutrition, medications, rest, and many other factors beyond any human control. Luckily Saturday provided fantastic weather, STRIDE had us organized, all our volunteers arrived as promised, burgers and dogs, bug juice and a big old STRIDE cake indicated we were all on track and the club was of course the best place to be.

Lif jackets, sunglasses and sunscreen - water shoes and we were off like a flock of turtles. A few little last minute reservations and some shuffling of kids away from their parents, oh wait two more from New Rochelle sure squeeze em' in, and we were out on the lake.

Two I courses with some pretty tight racing between two Ensigns, two Scots and an S-2 with the wind about 6-8 out of the Northeast - perfect. Of course Emmett got the boat with the all girl crew plus Mac. Tony had the fast Crew plus Peter to take line honors a second and first to clinch the STRIDE Cup. My crew did some great singing of "Country Road" and ate a lot of grapes - we had lots of fun shouting "ahoy" to the other boats as we tried to keep up and in the end we all won, not the least of all - the kids took victory with cake, certificates, cake, trophies, T-Shirts and did I mention - Cake? Great Day



Skip, Molly and Margaret rig an FJ.

Acknowledgements:

Stride volunteers past and present: Emmette McCarthy, Tony Cannone, Anthony Benson,

Jr. Instrs: Helaina and Brett Howe, Peter Czajkowski, Cameron, Caroline and Nick and Alex Parry and Peter Hudson Emma, Benson

Glenn Miner, Mike Flanagan, Bob Finkle, Laura Rappaport, Jerry Zell, Nat Corwin and Sarah Miller, Tony Bianchini, Bruce Blackie, Peter and Anne Seidmann, Tony Canone, James Nichol, Vick Roberts, Clark Cooper, Mike Funk, Mary Kate McCarty, Paul Waterfield, Joan Link and of course Jim Benson and Kathy Johnston.

2012 OFFICERS & CHAIRPERSONS

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kmorrisjohnston@gmail.com.....	583-9646
House Phone.....	584-9659

SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

ACTIVE FLEETS

Ensign.....	Tony Cannone
	271-0246
Flying Dutchman.....	Bill Hamilton
	877-5203
Flying Scot.....	Samantha Butler
	587-0659
	Mary Kate McCarty
	279-4205
Kestrel.....	Bob Barringer
	882-6087
Laser.....	Barbara Brown
	446-0426
MC Scow.....	Devon Howe
	423-0230
Sailboards.....	Gene Altman
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Thistle.....	John Hudson
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