



Tell tale

Saratoga Lake Sailing Club

Web page: sailsaratoga.org



August, 2012

Commodore's Corner

If you haven't seen me around the club most mornings since July 20th, it's because I'm a Backstretch Tour Guide at the Saratoga Race Course. The backstretch is the most beautiful place at the track.

The backstretch is on the opposite side of the race track from the Clubhouse and Grandstand, and includes 91 barns with 1,800 stalls and dormitories for 1,000 backstretch workers. Each day begins at dawn, and nearly 3,000 people are busy working—including trainers, exercise riders, grooms, hot-walkers, jockeys, agents, assistant starters schooling young horses at the starting gate, owners, veterinarians, farriers, cooks in the backstretch kitchen, and many others.

On the very first day of organized racing at Saratoga, the opening race was won by a gray mare, Lady Suffolk. Lady Suffolk immediately became a hero in Saratoga. Later, she was raced far beyond her prime, prompting songwriter Stephen Foster to pen the tune, "The Old Gray Mare, She Ain't What She Used to Be." How did the Oklahoma Track get its name? Who are the four horses buried at the track? Take the tour, and find out. It's a great way for locals and out-of-town visitors, alike, to learn about the workings and history of the Saratoga Race Course.

Backstretch tours are free to the public. There are no tours on dark days (Tuesdays—no racing), Travers Stakes Day, Labor Day, or when it's raining. The first tour departs from the Nelson Avenue entrance opposite the Circle of Jockeys at 7:30 a.m. A tram drops visitors off at the backstretch for a 40-minute walking tour. The last tour departs at 9:00 a.m. If you haven't been on a Backstretch Tour, you should consider taking one. You'll be happy you did.

See you at the Labor Day Lobster Boil!

Labor Day Lobster Boil

Monday, September 3, 2012
Appetizers at 4:00 - Dinner at 5:00

Lobster Dinner \$23

Steak Dinner \$20

Surf & Turf \$28

Kids (hot dogs/burgers) \$7

Soft drinks, Beer, Wine

Please bring an appetizer or dessert to share and indicate which you'll bring with your reservation

Members whose last names begin with the letters M through Z.

Please sign up for set-up or clean-up when you make your reservation.

E-mail reservations preferred:
SLSCreservations@gmail.com
or contact Margaret Shirk
475-0412

Reservations must be received by
Friday, August 31.

Upcoming Events

Aug 11-12.....Flying Scot Invitational
Sept 1.....Stride Regatta
Sept 3.....Labor Day Lobster Boil
Sept 8.....Ensign Regatta

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July 18-19th: Malletts Bay Boat Club in Vermont "MBBC Junior Regatta"

Participating from SLSC:

Boat 1: Brett Howe and Piotr Czajkowski

Brett and Piotr teamed up to sail the "Purple Duck" and finished strong.

After some flashes of brilliance yesterday (best finish was 4th out of 28 boats), they started today with some very poor starts. In the first two races they managed to get 20th out of 28...yikes. But after some "coaching" (my yelling at them to get some clean air down at the pin end), they managed to get a good start and 6th in the next race. The races were very short and a good start was 80% of the battle. In the last race of the day, they got a great start and sailed toward a puff on the left which turned-out to be header, so they tacked and were able to port tack the entire fleet and rounded the first mark in first place. They were chased by two boats on the down wind, but they FINALLY were able to get their spinnaker working for them and did an "auto gybe" (big wind shift that forced the main to switch tacks without their planning), so they successfully gybed the spinnaker without losing much steam and then took-off like a rocket, leaving the other boats on the old tack and struggling to gybe too late. They rounded the leeward pin ahead by about 20 boat lengths and coasted to any easy bullet!

They were so excited that they were able to pull together what they learned during the two days: getting clear air at the start, sailing to the dark water and tacking on headers, then successfully flying the chute and gybing...it was fun to see them grow their skills.

They finished 13th overall, but have confidence that they will make a good showing at the Cheeseburger regatta next week-end. By the way, they expect over 50 FJ's at this regatta!!!

July 26-27th: North Lake George Yacht Club "Cheeseburger"

Participating from SLSC:

Boat 1: Brett Howe and Piotr Czajkowski

Boat 2: Helaina Howe and Nick O'Brien and Eli Fisher

Day 1: 31 FJ sailboats descended on the North Lake George Yacht Club (NLGYC) in Hauge, NY. Boats came from Mallet's Bay Boat Club (VT), Lake Champlain Club, The Lake George Club, SLSC and NLGYC. After periods of light rain and low winds, the weather improved. The rain came again, but without thunder so the regatta started. A group of NLGYC sailors were in the front of most races, including Colby Vickerson, who finished first in each race. Brett Howe and Piotr Czajkowski finished consistently in the top third of the fleet. The starts were a little intimidating to most of these sailors, as 31 boats and 62 kids, many of them yelling "up, up" and "starboard," were bobbing and weaving their way to the starting line. Our coach, Aaron Holland, provided some much needed advice.

Junior Regatta Participation

By Devon Howe

Day 2: The rain went away and the wind improved to 8-10 knots, perfect for these young sailors. Again, Colby Vickerson put on a clinic with a first place finish in each race. Brett and Piotr improved and had a 3th place finish in one race after starting to master the spinnaker. Helaina and Eli got a few good starts and even rounded the first windward mark in 4th place (way ahead of her brother, she might add). But since she did not use a spinnaker, her chanced dimmed on the downwind legs. Helaina is a little more gutsy than most kids, so she tended to run the line on port, then stuff her boat into a hole on a starboard tack. Overall, all of the junior sailors got some great experience in a large regatta, including some great coaching by Aaron Holland. Brett and Piotr finished in 8th place and Helaina was a little South of mid-fleet. The kids had lots of fun and made new friends.

Yacht Club "Rig it Up" July 30-31st: Lake Sunapee

Participating from SLSC:

Boat 1: Brett Howe and Piotr Czajkowski

Boat 2: Helaina Howe and Hanna Merrill

Boat 3: Luka Newton and Guest Michael from Lake Sunapee YC

Day 1: 11 FJ sailboats and 6 "420s" came from Mallet's Bay Boat Club, Lake Champlain Club, SLSC and NLGYC.

The winds were very light which was perfect for Luka and his skipper from Lake Sunapee. They sailed to the right and caught some nice pressure and rounded the windward mark in first place by 30 boat lengths. Even without a spinnaker, they coasted to a bullet in the first race. Brett and Piotr won the second race due to a good start and solid spinnaker work. They were winning the third race but the wind dropped to near zero and they drifted too wide around the leeward mark and got passed by two boats with more boat speed as the other boats rounded the mark with better sail trim and cut sharply past the mark (learning moment #1: mark rounding).

Day 2: With no wind in the morning, it looked like the races would be cancelled. The junior sailors were treated to multiple racing workshops, including rules (I learned something), knots, tactics, etc. Then a miracle blast of wind appeared later and it quickly cranked to 12-15. Hannah injured her leg and was a little nervous about the wind, so her boat retired. Luka and his guest had a hard time taming their boat in the brisk wind. Brett and Piotr had a great start in the first race and again rounded the first mark all alone. However, when the raised the chute, they quickly found out that they lacked a necessary ingredient for a successful downwind leg - the spinnaker pole! (learning moment #2: check your equipment). They made it back to shore and got the pole...and had a great start heading to a huge puff on the left. They tacked to

port - almost on layline - then tried to pinch on a starboard tack to make the windward mark first...however, they lost boat speed then drifted sideways and hit the mark (been there...done that!)...(learning moment #3: mark rounding). Brett and Piotr's competition for 2nd place was betting on light air but they found themselves frequently standing on the centerboard of their capsized boat during day 2, taking them out of contention. So Brett and Piotr finished in 2nd place, Luka and Guest finished a strong 5th place, while Helaina and Hanna got DFL. All of the kids made new friends, got reacquainted with old ones and learned some sailing skills....all-in-all, a great trip to a very nice club with especially nice people.

The kids would like to thank the Club and the Sailing School for purchasing new sails and a framework for a trailer that enabled us to take all three FJs on one trailer.



4th of July BBQ and Labor Day Lobster Boil

By Margaret Shirk

Independence had nothing to do with the making of the bountiful meal served to 124 club members and their guests on the 4th of July. There's a great tradition of working together here at SLSC. Thanks to all those who contributed, especially Dave and Amy Hudson, Charlie and Kathy Koines, Jim Benson and the pyrotechnics, Bill and Yvonne Barringer, Maggie Lock, Suzy Haslup, Jerry Danielski, Lorrie Anthony, Steve Hadcock, Martha and Joe Liipfert, Brenda and Skip McEwing, Gene and Jeanne Auciello, and those of you who participated in setting it all up and cleaning it all up. As always, thanks to Kathy Johnson for keeping the house and grounds as we wish our own were.

Now it's time to sign up for the Labor Day Lobster Boil. Get your reservation in early, it makes planning and organizing easier, Labor has a lot to do with these events. Bring your family and friends, and a good appetite.

2012 Kestrel NA Championship

By Bob Barringer

The Kestrel Fleet held their annual regatta - The Kestrel North American Championship - on Saturday July 21.

The wind was forecasted to be low, but turned out to be nonexistent most of the day. What there was came generally from the east, the kiss of death on Saratoga Lake. After waiting and waiting and waiting, we decided to try to exploit the projected southerly shift and pick-up around 3PM. The race committee set a course and we were able to have 2 short races in about 1.5 knots of "light air".

We had 9 boats scheduled and 8 started. David Duquette our visitor from New Jersey had already started getting his boat ready for the road so he was unable to sail. SLSC boats participating (Skipper/Crew) - Joe Choi (Chuck Batzinger), Ken Choi (Erika Choi), Bob Barringer (Brenda Johnson), Tony Bianchini (Mark Welcome), Tim Cerqua (John Smith). Mel Chudzik sailed with his son John and grandson Alex as crew - 3 generations. New club member Larry King sailed Hunter Currin's boat with Dave Burtis as crew. Our club sailing instructor, Aaron Holland sailed with Sharon Mattsson as crew on Ed Henson's Black Hawk.

Aaron Holland won first place in the regatta due to his first place finishes in both races, Bob Barringer was second and Mel Chudzik placed third.

A big thank you goes to the race committee (Bill and Yvonne Barringer, Steve Olson and Fred Barker) for waiting around all day.

On the Block

KESTREL

Hull #1000. This is an older boat in decent shape. Newer trailer included. The boat and trailer can be viewed in the SLSC field – look for a sticker with “Burgess”. The sails are at the owner's home. \$800.

Call Fred Burgess @ 783-6786 or email fburges1@verizon.net

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\$695.00 buys boat, trailer and 150lb mushroom anchor, ground tackle and buoy.

Please call Carroll F. Cook at 484.553.3736 for details.

KESTREL – Black Hawk For Sale: \$1500

Nicely restored Kestrel on trailer with newer boat cover and full set of sails, “2012 Winning Boat in the North American Kestrel Regatta” Located by the launch with the other Kestrels.

Please contact Ed Henson
518-469-1638 or Ejhenson@verizon.net

FLYING SCOT for sale (#4510);

Model year 1989; grey deck and white hull; newer dark blue waterline and trim; newer gunwale molding; rigged for racing with internal spinnaker trims and jib cleating on seats; teak centerboard cap and teak tabernacle; used North main, jib and spinnaker; and a galvanized trailer.

Also includes winter Sailor's Tailor cover. \$7,800. Call Chris Smith at 583-6939 or email sunonsaturday@gmail.com

Parking Issues

There have been a number of issues with parking so as a reminder:

According to our facility rules:

No cars or **other motor vehicles** may be parked in the boat park area. Parking is available off the roadway south of the clubhouse and west of the barns. This includes **No Parking** or **Driving** on the lawn areas.

Also-Think about emergency vehicles having to get through. Don't block them out.

Finally-Do Not leave your unattended vehicle blocking other members' boats for extended periods of time. If you have to bring supplies etc do so then park according to the club Facility Use Rules.

Don Zeibig, Flag Lt. Grounds

Ensign Fleet 72 News

By Tony Cannone

Ensign Fleet 72 will hold its 4th annual regatta on September 8th at the Saratoga Lake Sailing Club. This year's regatta is being billed as a Leukemia Cup Regatta. The Leukemia & Lymphoma Society's Leukemia Cup RegattaSM is a series of sailing events that combines the joy of boating with the important task of raising money to cure cancer. Since its inception, The Leukemia Cup Regatta has raised millions of dollars for lifesaving research and patient services, bringing help and hope to patients and their families.

At events held at yacht clubs across North America, skippers register their boats and recruit friends and colleagues to help crew and to raise funds. Crew members seek donations from friends, family, co-workers and employers to sponsor their boat. National and local event sponsors also support Regatta.

Nearly 957,902 Americans currently battle blood cancers. Every four minutes, someone is diagnosed - an estimated 137,260 new people in 2010 alone. They are men, women, children, of every race and every age. Every ten minutes, someone dies from these cancers. Participation in The Leukemia Cup Regatta helps save lives!

Funds raised through The Leukemia Cup Regatta advance LLS's mission: cure leukemia, Hodgkin and non-Hodgkin lymphoma and myeloma and improve the quality of life of patients and their families. LLS carries out its mission by funding leading-edge cancer research; providing information and support services for patients, and education for health care professionals; and advocating for patients at national and state levels.

We are excited to part of the 2012 Leukemia Cup Regatta and to have the opportunity to support this effort. Participants will receive a commemorative Leukemia Cup Burgee and have the chance to win prizes provided by the national sponsors.

As part of the event we will be providing a BBQ dinner catered by PJ's BBQ which will be open to guests and supporters who may not be sailing. In addition we will have silent auction which will include fun sailing related items as well as certificates donated by local businesses. Fleet members and local businesses are also selling paper sailboats that will be posted on the Ensign Fleet 72 bulletin board.

Please go to the SLSC website and click on Regatta Information, [2012 Ensign Regatta Notice Of Race for more information](#) on our event or [What is The Leukemia Cup Regatta?](#) for more information on the Leukemia Cup Regatta.



FLEET 72

2012 OFFICERS & CHAIRPERSONS

Commodore.....	Gene Auciello
slsc_commodore@sailsaratoga.org.....	583-9558
Vice Commodore.....	Vic Roberts
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Rear Commodore.....	Dave Hudson
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Secretary.....	John Kimball
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Treasurer.....	Bruce Blackie
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Flag Lt. Grounds.....	Don Zeibig
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Flag Lt. House.....	Samantha Butler
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Flag Lt. Race.....	Allan Miller
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Membership.....	Ann Seidman
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Newsletter/Publicity.....	Fred Barker
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Historian.....	Randall Rice
.....	785-7965
House Attendant.....	Kathy Johnston
kmorrisjohnston@gmail.com.....	583-9646
House Phone.....	584-9659

SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

ACTIVE FLEETS

Ensign.....	Tony Cannone
	271-0246
Flying Dutchman.....	Bill Hamilton
	877-5203
Flying Scot.....	Samantha Butler
	587-0659
	Mary Kate McCarty
	279-4205
Kestrel.....	Bob Barringer
	882-6087
Laser.....	Barbara Brown
	446-0426
MC Scow.....	Devon Howe
	423-0230
Sailboards.....	Gene Altman
	393-6713
Thistle.....	John Hudson
	374-0228