



# Telltale

Saratoga Lake Sailing Club

Web page: [sailsaratoga.org](http://sailsaratoga.org)



June, 2008

## From the Commodore

By James Nicol

As we approach the heart of our sailing season, the number of blue tarps around the club have dwindled, more boats are bobbing at their moorings, and Fred tells me he has more than enough interesting material for this Telltale edition. I think he's trying to tell me something! So I'll keep this brief.

The Board will be discussing and voting on what to do about the lower barn at the June 12th Board meeting. In addition to the estimate to repair the roof and make minor repairs (which was approved as a budget item at our budget meeting in February), a professional inspector recently identified a number of other items that need attention. We're exploring any other options to bring the barn back to a usable condition. We'll discuss them and make a decision that evening on which course of action to take.

Our sailing program swings into action in 3 weeks. Aaron Holland, who led such a successful program last year, is back, assisted by David Nicol who is an alum of our program. I'd encourage sailors of any age and ability to participate -- the adult program last year was very enjoyable, so give it a try. For the youngsters, we added 3 Optis to our fleet, and we're looking forward to putting them to good use. Applications and more information are at our web site.

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## Thank You...

for all the cards, letters, calls, e-mails, and visits during my recent surgeries and medical adventures. Jayne and I were deeply humbled and gratified by the response from so many of you. Believe me; it has made a significant difference in my recuperation. We're not out of the woods yet; I have another scheduled surgery in mid-to late June, and then a 4 to 6 week recovery period before I can think about sailing again. But I will sail before the season is over; that's my goal and my dream.

When I was Commodore, I used to end my column in the Telltale by saying, "Where the wind meets the water, magic happens." Well, for this old sailor, you made magic happen.

Thanks from the bottom of our hearts,  
**Emmett & Jayne McCarthy**

## Fourth of July Chicken Bar-B-Q

Appetizers at 4:00    Dinner at 5:00

**Bar-B-Q Chicken**  
**Hot Dogs**  
**Beans**  
**Salads**  
**Ice Cream Sundaes**

**Soft Drinks   Beer   Wine**

Everyone is requested to bring an appetizer or dessert.

Members whose last names begin with the letters  
I through P  
are asked to volunteer for food preparation, serving, or  
Clean-up.

**For reservations, call Cindy Benson at 882-6267  
or e-mail [cbensonfly@aol.com](mailto:cbensonfly@aol.com) by July 2, 2007.**

Adults: \$12.00    Children: \$6.00

## Upcoming Events

**June 7.....Race Clinic**  
**June 14.....Laser Derby**  
**June 21-22.....Thistle Regatta**  
**June 30-11.....Junior Sailing, Beginners**  
**June 30-05.....Adult Sailing, Level 1**

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## From the Commodore (Continued from Page 1)

Lastly, thanks to all those that helped make the champagne brunch such an enjoyable event. A lot of work goes into preparing such a spread of delicious foods -- preparation AND clean-up, and once again Team Shirley pulled it off with flying colors. Participation was up significantly over last year. The weather was great. Well done to all.

### Racing News

By Paul Waterfield

Well, the 2008 Season is off to a great start! As of this writing we've sailed all seven races scheduled compared to last year when we only completed three. Thirty skippers have been out, eleven of them Laser sailors. Scott Meyer, fresh off the frostbitten season in Westport, currently leads the fleet in the Zephyr Series with three bullets in four races where he went head to head with perennial fleet champion Allan Miller. Scott jumped to a Thistle in the first race of the Manning on Wednesday night and managed a close second to the powerful three generation team of Dave, John, and Peter Hudson. Commodore James Nicol thumped Georgetown-bound son David in all three of their races so far. The trick according to James is keeping the pointy end of the sail pointing up. Both Allan and David are knocking the rust off their games so I'm not giving odds that these trends will continue.

Lucy Fahy and Lois Haignere celebrated Mothers' Day with first and second places respectively. Lucy and JT somehow managed this with a pair of three-year olds, Aidan and Allison, aboard their Thistle. Mother's Day was not without controversy however. The Race Committee was properly protested for improperly shortening course in the second race. The Race Lieutenant cleverly deflected attention from his ignorance of the rule by awarding multiple first place finishes.

The Wednesday Night Manning series got off to a good start too with twelve finishers. The race was noteworthy for winds up to 20/mph and a few capsizes. The Hudsons struggled with their chute on the first reach but got back in the race and went on to win when the short-handed team of JT and Lucy hit the leeward mark on the first lap and had to re-round. Scot sailors Matthew Sweeney and Glenn Miner were late for the start but came out for fun anyway. Glenn set a club speed record for single-handing under spinnaker before he "augered in" as Bernie Zabek put it. Rescuing a swamped Scot isn't easy but Allan Miller and Bernie were nearby to help Glenn get the pointy end back up.

Now a couple of thank-you's are due. First to Gene Auciello for hosting the Race Program Meeting and

organizing a fascinating tour of the state-of-the-art National Weather Service office in Albany where he is the Forecaster-in-Charge. The place looks like Mission Control. Suffice it to say I will not be inviting the group for a tour of my workplace anytime soon. We had great presentations from Gene and Senior Forecaster Brian Montgomery. Check out the Web Links of Interest section of the NWS flyer on the Race Bulletin Board. Thanks also to John and Dave Hudson for organizing our first ever (as far as I know) Race Management Clinic. Attendance exceeded the available handouts and Sunday Race Captain Jim Benson is now thinking America's Cup.

Finally, I'll mention the race clinic on Saturday June 7 at 9:00 AM. Allan Miller will lead this. He may need a few more of us to form a mini Race Committee. The focus will be on starting with plenty of on-the-water practice. We're targeting the novice/beginner racer crowd but the more the merrier. I've posted a sign-up sheet on the bulletin board but you can e-mail me as well. We'd like to have a head count in advance.

**Race Meeting at NWS Office**



## New Members

By the Membership Chairpersons

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Please welcome the following new members to the club:

**Al & Susan Easton:** Al is a retired actuary who did some racing in college and shares ownership of a 24' sloop on Lake George with Elly and Randy Rice. He and his wife have visited the club often with the Rices. They decided to buy a Flying Scot and join the fun on Saratoga Lake.

**Sam Grondahl:** Sam is a recent high school graduate who will be attending Williams College in the fall. He has sailed various boats on Lake George, Lake Champlain and on Cape Cod. His family recently purchased a home on Saratoga Lake and he will be sailing a JY-15.

**David & Carol Miller:** David has done quite a bit of sailing but would like to learn to race. He has skill in carpentry and cabinet-making as well as landscaping. He and his wife are the proud owners of Ensign 177.

**Samantha Butler:** Samantha works at State Farm. After crewing for many years at our club, she decided the skippers were having too much fun and purchased her own Flying Scot. She would love to assist with social events and has experience in grant-writing.

**Harald & Joyce Witting:** Harald has been sailing for more than 25 years and crewed for Mark Benz (a member from a while back) in Mark's Jet 14. He has experience in plumbing and wiring.

**Christopher & Cindy Dobson:** Chris is a contractor whose parents belonged to the club for many years. Myla is their 8 year old who, we hope, will find sailing as much fun as her father has. Chris and Cindy bought Flying Scot 3971.

**James & Ellen Kiehl:** We welcome James and Ellen back to the club. James is retired and Ellen works in the insurance industry. They own an O'Day Daysailer.

**Susan & John Moses:** Susan raced Lightnings on Lake

Delta and has also served on race committees. We hope she and John see the fun they can have on our race committee!

**Devon Howe & Kathy Warlow:** Devon is the president of a dental products company. He and his family have sailed for quite some time. They are now the proud owners of, not one, but 2 Lasers, so their children, John, 14, Brett, 11, and Helaina, 8, don't have to fight too much over the boats.

**Thomas & Linda Adomat:** Thomas is a State Farm Adjuster. He, his wife, and Lindsey, their 16 year old, have sailed Sunfish, Hobies, and Sonars in the past. They now own a Flying Scot. Thomas is handy with carpentry, painting, and drywall. He also knows about property claims. We hope we never have to use that part of his expertise.

**Michael & Jane Perrotti:** Michael is a physician who has raced Sunfish for many years. He and his wife have 2 children, Alan, 11, and Margaret, 8. He also has a Mariner. He would like to help with any special needs programs and club maintenance.

**Jay & Emily Gallagher:** Jay is a journalist with the Gannett News Service. He has sailed the Sunfish for 20 years. It was rather leaky but, after he visited the club with a member, he decided to fix the boat and apply.

**Stephen & Jennifer Dempsey:** Stephen is a radiologist in Saratoga. He and Jennifer have 3 children, Hugh, 7, Norah, 5, and Cara, 5 months. They own a Vanguard Zuma. Although they don't have experience sailing, they are very enthusiastic about learning. Stephen has skills in carpentry, landscaping, writing, and copy-editing.

Please join Allan and me in welcoming our 2008 class of new members to the Saratoga Lake Sailing Club. We wish them many years of good breezes and warm fellowship at our club.

### Lake Math

By Phillip A. Ortiz, Ph. D.

Area Coordinator and Mentor - Natural Science, Mathematics, and Technology  
Center for Distance Learning, SUNY - Empire State College

Assuming Saratoga Lake has an area of 6 square miles (which is equivalent to 167270400 sq ft (ft<sup>2</sup>), or 24086937600 sq in (in<sup>2</sup>)); and assuming that 1,000,000 gallons of water were to be drawn off each day (there are 231 cu in/gal, so 231,000,000 cu in (in<sup>3</sup>) would be taken), doing the math:

$$231,000,000 \text{ in}^3 / 24086937600 \text{ in}^2 = 0.00959026 \text{ in}$$

In a day that one million gallons of water was taken, the lake level would drop less than 1/100 of an inch.

Assuming no water is ever released over the spillway, it never rains, and no water is added (from rain, creeks, etc.), over the course of an entire year the lake level would drop 3.5 in. But since we get more than 36" (3 feet) of rain each year, and there's plenty of input from the Creek, etc., and tons of water is lost to evaporation (probably ten to 100 million gallons each day!) and sent over the spillway, the take for a water source is minuscule.

## House Matters

By Vic Roberts

My request in last month's Telltale for donation of a couch for the clubhouse living room brought very quick results. I want to thank Melissa Hatch and Gregory Tkai for donating a very attractive, like-new couch and delivering it during the May 3rd work party. We can all now enjoy their donation each time we are at the club.

As the first step in painting the house, Greater Saratoga Remodeling has removed the old storm/screen windows. The new storm/screen windows will not be installed until the windows have been repaired and repainted. The absence of window screens will, unfortunately, allow insects into the house, especially in warm weather when we want to have more windows open. We purchased one temporary sliding screen for the kitchen window and will be considering similar temporary options for other windows in the house. Please contact me if you have any unused sliding screen units you are willing to loan to the club.

Two new sliding screen doors for the clubhouse porch are scheduled to be delivered on June 6 and should be installed on June 8. The oak door threshold for the sliding door unit will be sanded and varnished on an upcoming weekday, though not, of course, on a Wednesday. A sign will be placed on the sliding doors indicating that they are not to be used for 24 hours after application of the varnish.

Plastic labels have been installed on the new kitchen hood to indicate the functions of the two switches. Installation of the main hood power cut-off switch on the wall has been delayed due to the schedule of the electrician.

I want to remind all members that they are expected to clean up after they use any part of the house. There have been a number of instances this past month when members did not clean up after they used the kitchen and other areas of the house.

## Alcohol Policy

By Tony Bianchini

With the new season underway, we thought it would be a good idea to remind everyone of the alcohol policy adopted last year. The policy was created to protect club members, and meet the requirements of our insurance carrier. On the behalf of the board I am asking that all members read and adhere to the policy so that we can all enjoy a safe sailing season. The policy can be found under "member manual" on the web site.

## Laser Fleet News

By Allan Miller

Wow! The turnout for racing has been spectacular. Sunday May 25 we had 9 boats. It is great to get good competition at all levels and lots of participation. Tuesday nights have started slowly but the weather has not been cooperative.

Coming up is the Saratoga Laser Regatta June 14. Please participate and race in this one day regatta at our club. It is also the Empire State Games qualifying regatta for the Adirondack region. If you are not planning to race we do need help running the regatta on shore. Please give me a call and I will divide up the work.

Let me know what we can do to make your Laser sailing more fun.

## Flag Lt. Boats

By Peter Renders

I would like to introduce myself as your Flag Lt. of Boats for the 2008 summer season. This will be my family's third year as club members, so many of you will be more familiar with the boat maintenance needs of the club than me. My experience with boats is from using and maintaining my own boats, both sail and motorized. I look forward to meeting and working with you to expand my experience as we keep the club boats in good working order.

Use of the club boats is for support of our sailing program. As such a large number of members are expected to use our motorized vessels. I would appreciate members' support in informing me of boat related problems as you become aware of them. While I will attempt to anticipate our clubs needs, your help in reporting problems with motors, boats, fuel, radios, safety gear etc., would be greatly appreciated. I will leave a notebook in the shed at the dock for messages or you could use my club e-mail address.

The club boats involve a significant financial expenditure and it is in our interest to look after them. Persons not familiar with the use of these boats should not just decide to use them without having gone out with an experienced user first. Please feel free to contact me if you wish to gain experience in the safe use and operation of our motorized vessels.

## SLSC'S VERY OWN YAHOO GROUP FORMED

By Ed Lange

The Saratoga Lake Sailing Club has formed a Yahoo Group to supplement our excellent website. The SLSC Yahoo Group is exclusively for our club members and was formed to:

- simplify member-to-member communications
- give members a convenient place for discussions, to ask questions, seek advice or assistance, request crew, etc.
- help new members get to know the club and the people in it
- provide a place for SLSC members to post photos for other members to enjoy
- provide a place for SLSC members to list boats for sale with photos and details.

The Club's website is the prime source of official information about the club, including its Board of Directors, Calendar of Events, Race Schedule, By-Laws, Sailing Program information, Membership, and other valuable information. However, the Yahoo Group will provide an avenue for member participation, contributions, and communication.

SLSC member participation in the Yahoo Group is at your own discretion and is completely voluntary. Members may participate as much or a little as they like, but the more SLSC members who participate the more useful a tool it will be for us all. The more, the merrier, as they say! So all SLSC members are encouraged to participate in the fun. Share your photos, ideas, questions, problems, and solutions. There is no charge to the Club or members to participate, and it will be a great resource.

### HOW DO YOU PARTICIPATE?

1. Go to: <http://groups.yahoo.com/group/SaratogaLSC>.

2. Click on the large blue button on the right side of the page "Join This Group!".

3. You will be taken to a "Sign in to Yahoo" page.

A. If you already have a Yahoo ID, you sign in using your existing Yahoo ID.

B. If you don't have a Yahoo ID, you simply create one by clicking on "Sign Up" which will take you to a very brief Registration Form on which you create a Yahoo ID. NOTE: If you are concerned about privacy or security, there is a link on the Registration Form page for Yahoo Privacy Policy.

4. After you have created a Yahoo ID, you return to the SLSC Yahoo Group page and Request to Join. NOTE: Because the Yahoo Group is restricted to SLSC Members, all requests must be approved. Don't worry; if you're a member of SLSC, you'll be approved.

5. After your Request to Join is approved, you will be able to participate in all the features of our SLSC Yahoo Group. Discussions, photos, etc.

6. If you have any problems or questions about signing up, feel free to email SLSC Member, Ed Lange at [skipper@capital.net](mailto:skipper@capital.net), who will try to help.

JOIN SLSC's YAHOO GROUP! IT'S FUN, INFORMATIVE, SAFE, AND SECURE. IT'S ALSO FREE AND NON-FATTENING. AND WHO KNOWS, YOU MAY EVEN LEARN THE ANSWER TO A QUESTION THAT'S BEEN NAGGING YOU FOR YEARS (or at least see funny sailing photos)!

Spend an afternoon

### Soaring

over beautiful Saratoga Springs

Come take an introductory soaring lesson with the Saratoga Soaring Association. \$50.00 will introduce you to the art of soaring, provide you with a 3,000 foot tow and breath taking views of the great Hudson Valley.

Saturday July 12  
rain date Saturday July 19

For more information contact  
Cindy Benson  
882-6267  
[cbensonfly@aol.com](mailto:cbensonfly@aol.com)

### On the Block

#### Flying Scot:

1999 Flying Scot sail number 5249 for sale.  
Radical racing package w/ trailer- swim ladder and rail.

Like new reconditioned North sails with spinnaker.

Excellent shape. \$10,000

Contact Harry Redgrave 1-518-584-3769

## 2008 OFFICERS & CHAIRPERSONS

Commodore.....	James Nicol
slsc_commodore@sailsaratoga.org.....	449-3537
Vice Commodore.....	Tony Bianchini
slsc_vicemcommodore@sailsaratoga.org.....	583-4514
Rear Commodore.....	Dave Hudson
slsc_rearcommodore@sailsaratoga.or.....	370-4894
Secretary.....	John Kimball
slsc_secretary@sailsaratoga.org.....	439-1174
Treasurer.....	Bruce Blackie
slsc_treasurer@sailsaratoga.org.....	583-0759
Flag Lt. Boats.....	Peter Renders
slsc_boats@sailsaratoga.org.....	583-7855
Flag Lt. Grounds.....	Tony Cannone
slsc_grounds@sailsaratoga.org.....	271-0246
Flag Lt. House.....	Vic Roberts
slsc_house@sailsaratoga.org.....	399-4410
Flag Lt. Race.....	Paul Waterfield
slsc_race@sailsaratoga.org.....	584-5552
Membership.....	Allan Miller & Barbara Prince-Miller
slsc_membership@sailsaratoga.org.....	885-5510
Newsletter/Publicity.....	Fred Barker
slsc_publicity@sailsaratoga.org.....	355-7581
Sailing Program.....	Tony Bianchini
slsc_sailingpgm@sailsaratoga.org.....	583-4514
Social.....	Shirley Waterfield
slsc_social@sailsaratoga.org.....	584-5552
Historian.....	Randall Rice
.....	785-7965
House Attendant.....	Kathy Johnston
kmorrisjohnston@aol.com.....	583-9646
House Phone.....	584-9659

## SARATOGA LAKE SAILING CLUB

The Saratoga Lake Sailing club promotes and develops interest in sailing and sailboat racing.

The Club cooperates with and aids individuals and groups interested in sailing and requires in return, observance of such rules and regulations as are set forth by this organization.

### ACTIVE FLEETS

Ensign.....	Bruce Blackie
	583-0759
Flying Dutchman.....	Bill Hamilton
	877-5203
Flying Scot.....	Rob Tikoft
	(803) 483-2786
Hobie 17.....	Don Railton
	584-4866
Jet 14.....	Al Tedrow
	371-8765
Kestrel.....	Tony Bianchini
	583-4514
Laser.....	Alan Miller
	885-5510
Sailboards.....	Dick Blackmer
	399-0541
Thistle.....	John Hudson
	374-0228