

Cedar Point Yacht Club

Sailboat Racing at its Best



CT/RI District Championship

WESTPORT, CT, U.S.A.

June 17 - 18, 2023

NOTICE OF RACE

Cedar Point Yacht Club (CPYC) Fleet 126 is the Organizing Authority (OA)



1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the *ILCA Constitution, By-Laws, Lightning Specifications* and the *Document Governing All Sanctioned Lightning Class Championships* (**hereafter referred to as Document Governing**). They are available at <https://www.lightningclass.org/docs.ashx?id=328142>
- 1.2. US Sailing Prescriptions apply and are available at: <https://cdn.ussailing.org/wp-content/uploads/2020/11/2021-2024-US-Prescriptions-Final.pdf>
- 1.3. Boats are required to carry portable equipment in accordance with *NOR Addendum ILCA Required Equipment*. (attached)
- 1.4. Appendix T Arbitration applies. [T2, T3 and T4 are deleted]
- 1.5. The rules identified below will be changed as noted. The sailing instructions may also change other racing rules.
 - 1.5.1. RRS 42.3(c) is changed to read: "Except on a beat to windward, when surfing (rapidly accelerating down the front of a wave) or planing is possible, the boat's crew may pull the sheet only, (not the guy), in order to initiate surfing or planing, but each sail may be pulled only once for each wave or gust of wind. When the mainsail is pumped, only that part of the sheet between the crew member handling the sheet and the first block on the boom shall be used."
 - 1.5.2. RRS 44 is changed to add the following: "The two turns penalty as provided in RRS Rule 44 will apply with the additional provision that when an infringing yacht has its spinnaker drawing at the time of the infringement, drops it completely (below the gooseneck) while taking her penalty, and resets it immediately and has it drawing after the penalty, the penalty is one turn instead of two."
- 1.6. If there is a conflict between languages, the text written in its original English Document will take precedence.

2. SAILING INSTRUCTIONS

The sailing instructions will be available at <https://cpyc.theclubspot.com/regattas> and at CPYC during Registration / Check-In.

3. COMMUNICATION

- 3.1. Use of hand-held VHF radios will be permitted for communication from the Race Committee to competitors on a predetermined channel to be identified in the Sailing Instructions. The Race Committee intends to use VHF radio to identify OCS (On Course Side of the line) boats after starts and otherwise communicate with the fleet on the water. Failure to receive a hail, for a hail to be made, the order of hails made, or receive other communications to the fleet shall not be cause for redress.

- 3.2. Other use of any communication device is prohibited, and such use shall require withdrawal from the race unless determined by the Race Committee to have been for emergency purposes.

4. ELIGIBILITY AND ENTRY

- 4.1. All skippers must be ILCA Life, Active, or Associate members in good standing. Crew must be ILCA members in good standing.
- 4.2. Eligible boats may enter the Regatta by completing the registration form and paying the registration fee by 1000 on Saturday, June 17, 2023.
- 4.3. As part of registration, each competitor will be required to sign a waiver for loss, damage or injury to persons or property incurred in conjunction with the regatta, on the property of CPYC, or on the water, or during participation in any individual race of the regatta, or from the actions of the ILCA, its officers, the protest committee, the race management team and any sponsors of the Regatta and their members, officers, governors and agents, from liability for such damage or injury.

5. FEES

The entry fee will be \$115.00 per boat and includes:

- Awards / prizes
- Coffee / light continental fare each morning
- Post-race refreshments
- Full guest privileges at CPYC

Optional tickets for Rock the Dock on Saturday night are \$35/person and **must be reserved by 5/14**. Rock the Dock includes:

- Pizza truck (Napolitano style pizzas, unlimited salad, coffee / espresso, and dessert)
- Live band – The Underdogs
- Drink contest

6. CREW LIMITATIONS

Crew shall be three, all of whom shall be ILCA members as per ILCA By-Laws.

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9. SCHEDULE

- 9.1. The number of races scheduled shall be six (6).
- 9.2. No Warning Signal will be made after 1500 on Sunday, June 18, 2023.
- 9.3. Awards will be held Sunday, June 18, 2023 as soon as practical after racing completes.
- 9.4. Schedule of Events (Subject to Change). Daily adjustments may also be made based on weather conditions or other factors.

Day	Event	Time
Saturday, June 17	Light Continental Fare / Registration/Check-In	0900-1000
	Skipper's Meeting	1000
	Harbor Start	1030
	Races	First Warning 1130
	Post-Race Refreshments in Pavilion	After Racing
	Optional Rock the Dock Event (Separate Fee)	1800
Sunday, June 18	Light Continental Fare	0900-1000
	Harbor Start	1000
	Races	First Warning 1100
	No Warning Signal After	1500
	Awards	After Racing

10. EQUIPMENT INSPECTION [DP]

10.1. All sails shall have Official ILCA Royalty Labels. Mainsail and spinnaker numbers shall be the same. Spinnaker numbers shall be of a sufficiently contrasted color to make sail number identification possible.

11. CLOTHING AND EQUIPMENT

RRS 50 is not changed.

12. VENUE

12.1. The Regatta will be held at: Cedar Point Yacht Club (CPYC), 1 Bluff Point, Westport, CT, (203) 226-7411.

12.2. Racing will be on Long Island Sound.

13. COURSES

Courses will be windward/leeward or windward/leeward/triangle and may include an offset mark and a gate, as described in the sailing instructions.

14. PENALTY SYSTEM

RRS 44 as amended by NOR 1.5.3

15. SCORING

15.1. The low point system of RRS Appendix A will apply in accordance with the Document Governing, available at <https://www.lightningclass.org/docs.ashx?id=328142>.

15.2. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.

15.3. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15.4. A maximum of six (6) races is scheduled. One (1) race is required to be completed to constitute a series.

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18. BERTHING [DP]

18.1. Boats will be dry-sailed. There are two high speed hoists available for launching.

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20. CLEANING OF BOATS

There will be no undue restrictions on cleaning of boats.

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22. RISK STATEMENT

RRS 3 Decision to Race states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.** The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23. INSURANCE

All boats stored on club property or participating in the event shall maintain in force for the duration of such storage or event liability insurance (P&I) with limits no less than \$300,000 and hull and equipment insurance with limits no less than the actual cash value of the stored or participating boat's hull and equipment. A copy of insurance company documents establishing that such coverage is current shall be produced if requested by the OA.

24. PRIZES

24.1. Prizes will be awarded to the top four (4) skippers and crews.

25. FURTHER INFORMATION

CLEAN REGATTA DESIGNATION - Competitors are asked to bring their own refillable water bottles. Refill stations will be available.

Cedar Point Yacht Club – Host Club

1 Bluff Point
Westport, CT 06880
Phone: (203) 226-7411
Website: <https://www.cedarpointyc.org>

Regatta Chair

Eric Heller
Phone: 475-298-5790
Email: ebheller@yahoo.com

Principle Race Officer (PRO):

Dick Thackaberry

See <https://cpyc.theclubspot.com/regattas> for additional information.



NOR Addendum - ILCA Required Equipment

Portable Equipment

a. Mandatory

- i) A fluke-type anchor weighing not less than 1.8Kg (4lb) with a line not shorter than 15.24m (50ft). The line shall be a minimum of 9.525mm (3/8 inches) in diameter and shall be made of Nylon or Dacron. This line shall be used only for towing or anchoring. Alternatives may be prescribed in the Notice of Race or Sailing Instructions.
- ii) Compass.
- iii) Bucket with a minimum capacity of one gallon.
- iv) Throwable life preserver or cushion with an attached whistle.
- v) Paddle
- vi) Other lifesaving equipment as required by government regulations.

b. Optional

- i) Electronic Equipment – the following electronic devices are allowed aboard a Lightning in 2022:
 - 1) Battery-powered wrist watches.
 - 2) An electronic digital compass with chronograph (timer and/or clock). The compass must be entirely self-contained with either an internal battery and/or solar power. The compass shall have no external connection and shall neither provide wind or boat speed nor compute correlations between time and distance.
 - 3) Other hand-held navigational devices. Use while racing is not permitted except for emergencies.
 - 4) Hand-held communication devices (cell phones, pagers, radios, etc.) with the following restrictions:
 - a) For this regatta, use is not permitted on the water except for emergencies. This restriction is modified to allow communication from the Race Committee to competitors on a predetermined Marine VHF channel.
 - b) The RC intends to communicate with competitors using a VHF Channel to be announced and will attempt to communicate to OCS boats using the same VHF Channel. Competitors should bring their own VHF radio. Failure or delay in this procedure shall not be grounds for redress. This changes rule 60.1 (b).
 - 5) Personal medical devices, attached to an individual, required for a person's well-being are allowed if they are medically necessary.
 - 6) In all cases where the use of electronic devices is not permitted, a competitor's use shall require withdrawal from the race unless the Race Committee deems use was for emergency reasons.

Cedar Point Yacht Club

Sailboat Racing at its Best



ENTRY FORM **CT/RI LIGHTNING DISTRICT CHAMPIONSHIPS** ***June 17 - 18, 2023***

PLEASE PRINT LEGIBLY!!

Skipper's Name: _____

Home Address: _____

Phone Number: _____ E-mail: _____

Hull Number: _____ Sail Number: _____

Boat Name: _____

Home Club: _____ Fleet #: _____

District: CT/RI Other: _____

Crew: _____

Registration	Amount
(Rock the Dock with Pizza Truck is optional / extra)	
Registration Fee: \$115	\$ _____
Rock the Dock Tickets: \$35 Qty: _____	\$ _____
Total	
Enclosed:	\$ _____

(Make check payable to LIGHTNING FLEET 126 or Venmo @Eric-Heller-31)

I agree to be bound by The Racing Rules of Sailing and by all other rules that govern this event.

Signature of Boat Owner/Skipper

Mail To: Eric Heller, Attn: 2023 Lightning Districts, 15 Pequot Ct, Monroe, CT 06468
(Mailed entries must be received by Friday, June 16 – recommend sending a week prior – Rock the Dock ticket requests must be received by Wednesday, June 14)