



**IOD and Luders Classes 2022
The Northeast Harbor Fleet
SAILING INSTRUCTIONS (SIs)**

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

The event is governed by the rules as defined in The Racing Rules of Sailing.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect. Changes will be posted online at the [Northeast Harbor Fleet](#) and notifications will be made by email to the [IOD Class google group list](#). The Luders 16 Class changes will be made by email to the [Luders 16 google group list](#).

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the NEHFleet.org web site.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors via VHF radio on channel 65.
- 3.3 [DP] While racing until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at The Northeast Harbor Fleet flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

Races with starting times are noted on the [Northeast Harbor Fleet Calendars](#). A certain number of race days will attempt to run three shorter races during this season.

7. CLASS FLAGS

The IOD Class flag is a black class insignia on a white field.
The Luders 16 Class flag is a blue class insignia on a white field.

8. RACING AREA

Racing will be conducted in the waters of the Great Harbor, the Western Way, the Eastern Way, Somes Sound, and waters surrounding Mount Desert Island. The RC Signal Boat will communicate their location to all competitors on VHF 65.

9. COURSES

Courses will be displayed on a rack located on the Race Committee Signal Boat prior to the Warning signal, with the first mark to be rounded on top. Marks shall be rounded to port, unless the letter “S”, indicating “Round this specific mark to Starboard” is placed beside the mark letter. Courses may include turns around islands and shoals as well as government marks and/or NEH Fleet marks. See Mark Descriptions for Racing.

10. MARKS

Marks of the course may be Northeast Harbor Fleet letter designated buoys (white and orange torpedo with flag atop), portable yellow or orange tetrahedrons, government navigational buoys, a portable pole buoy, inflatable buoys, islands, or combinations thereof. The [Description of Marks](#) and a [Race Chart](#) may be found at the Fleet House.

11. OBSTRUCTIONS

All government navigational buoys except those shown as racing marks E, P, I, R and Q must be observed unless they are posted as rounding marks of the course. EVERY PORSCHE IS REALLY QUICK

12. THE START

[Appendix U Audible Sound Starting System](#) replaces rule 26 and permits changes to Race Signals and the corresponding rules in Part 3. The Appendix U3 is modified as follows.

Signal	Sound	Time Before Start
Attention	Long Electronic Tone	6 minutes
Warning	1 Long Horn	5 minutes
Preparatory	3 Long Horns	3 minutes
	2 Long Horns	2 minutes
	1 Long, 3 Short Horns	1 minute, 30 seconds
	1 Long Horn	1 minute
	3 Short Horns	30 seconds
	2 Short Horns	20 seconds
	1 Short Horn	10 seconds
Starting	5 Short Horns	5,4,3,2,1 seconds
	1 Long Horn	0 seconds

- 12.2 The starting line is between a staff displaying an orange flag on the signal vessel and the course side of the starting mark.
- 12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail its boat name or sail number. Failure to hail the name or number, failure of the competitor to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.5 A boat that does not start within ten minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will additionally notify competitors on VHF 65. Failure to hear the change will not be grounds for redress. This changes RRS A5.2

14. THE FINISH

- 14.1 The finishing line is between a staff displaying a blue flag on the signal vessel and the course side of the finishing mark.
- 14.2 If the race committee is absent when a boat finishes, a competitor shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

15. PENALTY SYSTEM

The One-Turn Penalty may be used for exoneration after breaking a Rule of Part 2.

APPENDIX V2

POST-RACE PENALTIES

- (a) Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
- (b) A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.

© A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

16. TIME LIMITS [AND TARGET TIMES]

- 16.1 The Time Limit for the first IOD Class boat to sail the course and finish shall be 2 hours.
- 16.2 The Time Limit for the first Luders 16 Class boat to sail the course and finish shall be 1.5 hours.

16.3 The Finishing Window is 20 minutes for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

17. HEARING REQUESTS

17.1 The protest time limit is 45 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be announced by the Signal Boat on VHF 65.

17.2 [Hearing request forms](#) are available from the race office at The Fleet House.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will attempt to be held in the Fleet House within 24 hours.

18. SCORING

18.1 When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores. When fifteen or more races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.

18.2 Rule A5.3 is modified and will apply as follows:

SCORES DETERMINED BY THE RACE COMMITTEE

A5.1 A boat that did not start, sail the course or finish, or comply with rule 30.2, 30.3, 30.4 or 78.2, or that retires or takes a penalty under rule 44.3(a), shall be scored accordingly by the race committee without a hearing. Only the protest committee may take other scoring actions that worsen a boat's score.

A5.2 A boat that did not start or was disqualified shall be scored points for the finishing place one more than the number of boats entered in that race. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c).

A5.3 If the notice of race or sailing instructions state that rule A5.3 will apply, rule A5.2 is changed so that a boat that came to the starting area but did not finish or retired shall be scored points for the finishing place one more than the number of boats that finished the race.

19. SAFETY REGULATIONS

19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

- 19.2. If the Race Committee signals that spinnakers shall not be flown and displays code flag H over A, competitors shall no longer sail the race with a spinnaker flying. This signal will be announced by broadcast on VHF .
- 19.3. If the Race Committee signals that spinnakers may be flown and displays code flag H over L, boats may sail with a spinnaker flying. This signal will be announced by broadcast on VHF 65.
- 19.4 All competitors shall wear personal floatation devices while racing.

20. REQUIRED SAFETY EQUIPMENT

- 20.1 NP All competitors are required to carry on board a means of retrieval for a person overboard.
- 20.2 NP All entries must carry and monitor an operable VHF radio at all times.

21. TRASH DISPOSAL

Trash may be placed aboard official or support vessels.

22. PRIZES

Monthly Series have perpetual trophies for both one design classes. They will be awarded at the conclusion of each series.

23. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

24. INSURANCE

Each participating IOD Class boat and Luders 16 Class boat shall be insured with valid third-party liability insurance.

