

# Regatta Safety Card

## White Bear Yacht Club

56 Dellwood Road, White Bear Lake, MN 55110 – ph. (651) 429-8395  
WBYS Lakeside Pavilion/White Bear Sailing School

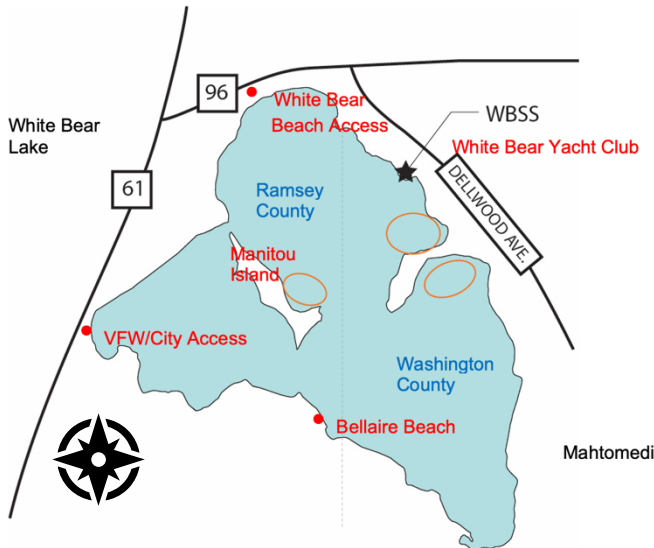
### Meet EMS at one of these access points

#### Be prepared to tell 9-1-1:

- **Current location** of injured person
- **Description of boats** (if requesting on-water help)
- **Where you plan to bring injured person ashore** (see below)
- **Age/gender/number** of injured people
- **Type of injury/situation**
- **Your name and call back number.**

**In the meantime** – Render assistance, monitor and administer first aid, call Event Safety Officer, send someone to meet emergency vehicles if needed.

Transfer injured person under supervision of EMS, debrief and inform key people, **DO NOT SPEAK TO PRESS OR ANYONE OTHER THAN EMS OR POLICE**, complete incident report, if advised.



VHF CH72 monitored by sheriff when on patrol

### Landing Information:

**White Bear Yacht Club** – 56 Dellwood Rd, White Bear Lake, MN – 0.7 miles southeast of the intersection of MN-96 and Dellwood Rd. Use main driveway on south side of the road, proceed down towards the tennis courts – meet at the dock south of the Lakeside Pavilion.

Lat/Lon 45.089487, -92.975171

**White Bear Lake County Park Boat Ramp** – 5050 Lake Avenue, White Bear Lake, MN – 0.4 miles East of the intersection of Highway 61 and MN-96. Proceed to the boat ramp.

Lat/Lon 45.095094, -92.996264

**VFW Ramp / City Access** – 4496 Lake Ave S, White Bear Lake, MN

Boat ramp is located on North side of VFH by public fishing pier.

Lat/Lon 45.077364, -93.016132

**Bellaire Beach** – Bellaire Avenue, White Bear Lake, MN

North of the intersection South Shore Drive and Bellaire Avenue. Meet at shoreline/beach directly West of swim area

Lat/Lon 42.838653, -88.380677

### Emergency numbers:

#### 911

White Bear Fire & Rescue non-emergency (651) 429-8568

White Bear Police non-emergency (651) 429-8511

White Bear Yacht Club Main Number - 651-429-4567

Event Shoremaster – Karen Alnes (651) 426-2464 cell

Event Safety Officer – Sean Wagner (651) 503-0957 cell

### Hospital:

M Health Fairview – St. John's Hospital

1575 Beam Ave., Maplewood, MN 55109

Ph. (262) 363-1901

### Pharmacy:

CVS Pharmacy – 4800 US61, WBL, MN 55110

CVS Pharmacy - 2730 Co Rd E East WBL, MN 55110

**VHF channels: 68 Primary Race Channel – 71 Race Committee – 06 Event Safety Channel**

### Safety items:

- First aid kits are available onshore in the Lakeside Pavilion/Sailing School, in the Tennis House, and at the Pool in the Yacht Club. Additional first aid kits are kept on the water in the WBYC Committee Boat, and in the Safety Boat.
- AED (defibrillator) is located on shore in the Sailing Pavilion and on the water during races in the Safety Boat.
- “Loaner” PFDs are available for check-out at the WBYC Sailing School/Lakeside Pavilion

### Contingency Plans:

In case of a storm, please monitor VHF Channel 72. The PRO will provide immediate information to the fleet. Race Committee and Safety Boats will be on station to assist any regatta participants who require assistance.

Refuge Areas noted below in BLUE will provide general shelter from high winds depending upon direction.

In the event of lighting or unusually high winds, please seek immediate shelter and notify the Race Committee

As a courtesy to regatta participants, certain homeowners around the lake have posted orange flags on docks to identify locations where additional support, assistance, refuge, water, or restrooms may be found.

