



2022 ILYA RC Briefing focusing on Safety

Safety portion of the race committee briefing:

- Identify all of the emergency landings – make sure everyone is familiar with where they are located.
- Identify a person who you may call on if there is an emergency to contact and pre-roll EMS. Make sure they have the numbers in their phone.
- Walk thru procedures if there is a major emergency with the team – who will be doing what, and who will step in as your back-up if you are dealing with a situation.
- Identify all places of refuge – and what the procedures will be if sailors need to seek refuge – remind the team that the RC Team that they are the last line and should assist sailors. Know also where you are going to go as well.
- Identify any unusual risks at the site – power lines at launch, rock bars, weather forecast, heat warnings...etc.
- Make sure any off-lake RC team members know the basics – where is the on-shore AED, first aid, nearest medical facility, anyone on the team have any health concerns (diabetic, heart conditions) that might need an eye kept on them during the event (awareness)...
- Discuss procedures you may have for dealing with capsized boats – remind folks to approach slowly, count heads and standby to see if assistance is needed.
- Introduce your safety team (if multiple boats)
- Discuss patrol quadrants for the safety team.
- Discuss outside assistance for capsizes – what is in the SI and how the PRO would like Safety to respond.
- Safety is last to leave dock – notify RC that all sailors are on the water. Last to return to dock – nobody left on the water.
- Ask if there are any questions – or thoughts.
- Be familiar with process for helping right a capsized boat...both people on the safety boat(s).
- Confirm VHF operation – cell coverage – have back-up plan if necessary
- Confirm who is the shoremaster – have their cell phone on speed dial-they should know who you are.
- Confirm where the YC first aid and AED is located – visually inspect.