



2022 ILYA Race Day Safety Guidelines

Race day(s):

- Make sure all RC boats have safety cards for the event.
- Needs to be two people on a safety boat. One always in full control over boat, second to render assistance. One should be able/prepared to enter water if necessary (last resort).
- Be familiar with signs of heat exhaustion/heat stroke, concussions, hopefully one person on boat trained/current in basic first aid/CPR.
- Check weather – be prepared to provide PRO with updates of severe weather during the event. Be prepared to draft a second safety boat if conditions dictate. Make sure they are prepared to do the job - two persons including a “skilled” boat operator.
- Get a copy of competitors list (how many boats – take note of any odd crews – if most have 3, but some two make note so that you are not looking for missing folks.
- Two radios (Race channel/RC channel)
- Have your safety sheet handy – entire safety team familiar with emergency landings – make note of landmarks and be prepared to explain to other how to locate (sailors may need to be directed for self-rescue situations)
- Carry spare water for both RC team and competitors.
- Remember your sunscreen, food, drinks, phone, foul weather gear, etc.
- Organize Safety boat – quick access to throw ring, tow line, boat hook, first aid, etc. make sure you have all of your gear.
- Loiter at launch area and accompany last boats to race area – notify RC when last boats clear launch and enter race area.
- Confirm boat count with signal
- Position behind (below) starting area well clear of competitors prior to warning. Watch for collisions/injuries during pre-start. Stay in area after start – re-roundings can be hazardous.
- If two boat safety team – one port and leeward mark – the other starboard and windward patrol areas. If one, you will need to monitor the fleet and play sheepdog.
- Provide support to RC as needed and as requested – be helpful and fill in team gaps where possible.
- Provide timely info to PRO/Signal on your status – but allow for priority communications of RC.
- Between races, take note of boats/teams that may be struggling – check in as necessary.
- Check on competitors that retire from races – confirm status and report to PRO/signal – they are “ok” and boat is returning to landing to undergo repairs....
- Monitor fleet for collisions or capsizes – standby in area (away from competitors) – count heads. Follow procedure for assistance discussed during pre-race RC meeting. Determine if there are injuries. Announce that you are the RC Safety boat - ask competitor if they require assistance. Work quickly and carefully so that you can clear the area as soon as possible – rest of the RC will back up Safety if there are not two boats.
- Keep track of boat count between races.
- End of day, Safety is last to dock – Shepard the fleet back. Check in with PRO to see what worked - and what might need to change for the next day.