

Programs & Classes

Winter/Spring 2023

Payment/Cancellation Policy: Class registration and material fees (if any) will be charged to members' accounts following the class. Those who are registered for a class but unable to attend must notify the Club at least 24 hours prior to the start of the class to avoid being charged the registration and material fees. If a class is canceled by the City Club or the instructor, enrollees will be notified via telephone or email.

Culinary Class with Chef Nathan Ennis **“Seafood Selections”**

Tuesday, January 17, 2023

Time: 4:30 p.m.

Member Fee: \$40 Non-Member Fee: \$58

Minimum: 12

This class will feature some of Chef Nate's favorite seafood recipes.

Culinary Class with Chef Nathan Ennis **“Light and Easy”**

Tuesday, February 7, 2023

Time: 4:30 p.m.

Member Fee: \$40 Non-Member Fee: \$58

Minimum: 12

This class will include a variety of quick and easy meals that won't weigh you down.

Culinary Class with Chef Nathan Ennis **“Asian Inspirations”**

Tuesday, March 21, 2023

Time: 4:30 p.m.

Member Fee: \$40 Non-Member Fee: \$58

Minimum: 12

Ingredients and techniques from the Far East will be featured.

Culinary Class with Chef Nathan Ennis **“Taste of the Caribbean”**

Tuesday, April 18, 2023

Time: 4:30 p.m.

Member Fee: \$40 Non-Member Fee: \$58

Minimum: 12

Fun, fresh recipes with a tropical theme will be shared.

A2Zero and You: Ways to Create a More Sustainable, Equitable, and Healthy Ann Arbor

Instructor: Missy Stults, Sustainability and Innovations Director, City of Ann Arbor

Thursday, January 26, 2023

Time: 11:00 a.m. - 12:00 p.m.

Member Fee: \$10 Non-Member Fee: \$15

Minimum: 10

Join this interactive class to learn more about the City's efforts to achieve a just transition to community-wide carbon neutrality by 2030 and how you can get involved.

Exercise for Fitness

Instructor: Ann Hunt

Mondays, Jan. 23 - May 1, 2023 (13 classes over 15 weeks)

Time: 9-10 a.m.

Member Fee: \$30 Non-Member Fee: \$45

Minimum: 3

Move to music in a convivial atmosphere to condition your heart and stretch and strengthen your muscles. Join this longtime group for an hour of energy as we ease back into our exercise routine!

Exercise for Fitness

Instructor: Ann Hunt

Fridays, Jan. 27 - May 5, 2023 (13 classes over 15 weeks)

Time: 9-10 a.m.

Member Fee: \$30 Non-Member Fee: \$45

Minimum: 3

Move to music in a convivial atmosphere to condition your heart and stretch and strengthen your muscles. Join this longtime group for an hour of energy as we ease back into our exercise routine!

Keeping Safe With Online Transactions

Instructor: Jim Keen, Keen Focus Technology Tutoring

Tuesday, January 31, 2023

Time: 11:00 a.m. - 12:00 p.m.

Member Fee: \$20 Non-Member Fee: \$25

Minimum: 12

Conducting transactions online is now easier and more prevalent than ever. But what are the security risks of doing your banking on a website? What about purchasing a product or paying a bill online with a credit card? How do Venmo and Apple Pay work exactly, and are they safe? These are some of the topics Jim Keen will explore in his presentation “Keeping Safe with Online Transactions.” Jim will also discuss methods to prevent identity theft, including ways to wrangle in our frustrating chaos of passwords.

Programs & Classes

Winter/Spring 2023

The Huron River

Instructor: Pam Labadie, Marketing Director, Huron River Watershed

Thursday, February 23, 2023

Time: 10:00 a.m. - 11:00 a.m.

Member Fee: \$10 Non-Member Fee: \$15

Minimum: 10

Clean, safe drinking water. Beautiful landscapes. Healthy wildlife. Inviting places to swim, fish, paddle, and enjoy nature. The Huron River watershed covers 908 square miles of land and is home to more than 650,000 people in seven counties. More than 2.3 million people paddle, fish and swim in the Huron River and its watershed lakes each year. Learn about the threats facing the River system and efforts to restore and protect it for future generations.

A Dementia Update: With all the Progress, Why No Cure?

Instructor: Henry Paulson, U-M Professor of Neurology

Tuesday, March 16, 2023

Time: 11:00 a.m. - 12:00 p.m.

Member Fee: \$10 Non-Member Fee: \$15

Minimum: 25

Dr. Paulson will answer the question posed in the title of his presentation.

Ann Arbor Parks and Recreation Update

Instructor: Josh Landefeld, Manager, Parks and Recreation Services, City of Ann Arbor

Tuesday, February 28, 2023

Time: 10:00 a.m. - 11:00 a.m.

Member Fee: \$10 Non-Member Fee: \$15

Minimum: 10

Ann Arbor Parks and Recreation Manager Josh Landefeld will provide an overview and updates about the Parks Department. Having just completed the Parks, Recreation, and Open Space Plan, and an ADA study, Josh will share some of the findings as well as his vision for the coming year.

Crafting Community: Roadkill, Stinging Nettle, and 10th Century Viking Shoes

Instructor: Jason Gold, Director, Michigan Folk School

Wednesday, March 8, 2023

Time: 10:00 a.m. - 11:00 a.m.

Member Fee: \$10 Non-Member Fee: \$15

Minimum: 10

Jason will discuss this unique Michigan Folk School, and what it has to offer the community.

Bridge Classes

Have you ever wondered what is so exciting about the game of bridge? Are you a lapsed player who learned the game but never had the time to improve your skills? If you answered "yes" to either of those questions, the City Club is here to help you! We will offer classes for both beginners and experienced players. And we play duplicate games on Tuesdays, Thursdays, and Fridays at 1:00 pm.

Play of the Hand

Instructor: Ellen Silverest

Tuesdays, January 10 - February 28, 2023

Time: 10:00 a.m. - 11:30 a.m.

Member Fee: \$101 Non-Member Fee: \$144

Minimum: 8

Topics to be discussed: Making a Plan, Developing Tricks, The Finesse, Eliminating Losers, Watching Out for Entries, Watching Out for Opponents, and Managing the Trump Suit. The book for the class, *Play of the Hand in the 21st Century* by Audrey Grant, can be ordered from Amazon.

Supervised Play

Instructor: Ronnie Meade

Wednesdays, January 11 - February 1, 2023

Time: 10:00 a.m. - 11:30 a.m.

Member Fee: \$53 Non-Member Fee: \$72

Minimum: 1

Various topics will be discussed at the beginning of each class which could include the elements of bidding, defense, play of the hand, or useful conventions. This will be followed by playing some of the computer-generated hands from the Tuesday afternoon game.

Supervised Play

Instructor: Ronnie Meade

Wednesdays, February 15 - March 8, 2023

Time: 10:00 a.m. - 11:30 a.m.

Member Fee: \$53 Non-Member Fee: \$72

Minimum: 1

Various topics will be discussed at the beginning of each class which could include the elements of bidding, defense, play of the hand, or useful conventions. This will be followed by playing some of the computer-generated hands from the Tuesday afternoon game.

