



2023 Cheeseburger in Paradise Junior Regatta

NOTICE OF RACE

Wednesday, July 26 to Friday, July 28th, 2023

**Northern Lake George Yacht Club
40 Friends Point Drive South
Hague, NY 12836
(518) 543-6533**

The Junior Sailors of The Northern Lake George Yacht Club cordially invite junior sailors from regional sailing organizations to participate in the 2023 Cheeseburger Regatta. This annual regatta on picturesque Lake George- the "Queen of American Lakes "- in the southern Adirondack Mountains of New York State alternates between The Lake George Club (odd years) and the Northern Lake George Yacht Club (even years). It features racing in single-handed Optimist and double- handed Flying Junior Dinghies, and has great hospitality, a beautiful setting, and lots of competitive racing.

Site: The Northern Lake George Yacht Club, 40 Friends Point Drive South, Hague NY. The Northern Lake George Yacht Club is located ten miles south of Ticonderoga in Hague, NY.

Rules: This regatta will be governed by The Racing Rules of Sailing, 2021- 2024 (RRS), the United States Sailing Association Prescriptions, this Notice of Race, and the Sailing Instructions.

Eligibility: Open to Optimist sailors ages 13 and under and Flying Junior sailors ages 17 and under (must not turn 18 before December 31, 2023) from the following clubs, Lake Champlain YC, The Lake George Club, Mallets Bay Boat Club, Northern Lake George YC and Saratoga Lake Sailing. Other clubs may request to participate by contacting the race chairman. A signed [Liability Waiver](#) and medical forms are required for each participating sailor.

Fee: There is no registration fee for this event.

Scoring: The low point scoring system of Appendix A of the RRS will apply (as modified by the Sailing Instructions). A yacht's total score will be the sum of her scores for all races. There will be one throw-out race if the total number of races sailed is 5 races or more.

Races: We will have as many races as conditions and time permit, at the discretion of the Race Committee. One race shall constitute a series.

Penalties and Protests: Protests must be filed in writing within the one hour Protest Time (marked at the time of the Committee Boat reaching the dock) or as instructed by the Sailing Instructions.

Registration & Housing: Please complete the following forms by **July 16** in order for us to plan for housing and meals.

The following link will take you to the NLGYC website and appropriate participation documents:

<https://nlgyc.com/cheeseburger2023>

in addition, the following will need to be submitted:

- Each club will need to submit one online [Club Information Form](https://goo.gl/forms/w0uo1PUNGROJt3M42):
(<https://goo.gl/forms/w0uo1PUNGROJt3M42>)
- Each participating sailor will need to submit one online [Participant Form](https://goo.gl/forms/5wjlopC57x5kQRsd2):
(<https://goo.gl/forms/5wjlopC57x5kQRsd2>)
- Please be sure to return a parent/guardian signed copy of this [Liability Waiver](#) for each participating sailor prior to Tuesday July 25th.

Please note that we will do our best to provide housing for coaches and participants ages 10 and older but cannot guarantee it. The earlier you register, the better our chances of finding housing. Note that as in past years, we will have limited host families. Hotels are available in the nearby communities of Hague, Silver Bay and Ticonderoga. Arrangements for camping can be made nearby at Rogers Rock campground. Note that the Friends Point community, where the NLGYC is situated, does not permit camping, nor does the NLGYC.

Please specify any special conditions and allergies. Liability Waivers will be sent out before the regatta and must be returned on or before, Tuesday July 25th.

Prizes: Trophies for first, second & third Opti Skipper, and first, second & third FJ Skipper and Crew, plus an Overall Sportsmanship award will be presented following lunch on Friday. Daily 1st's will be awarded as well.

Prohibited Equipment: FJ - bow sprits and 4 batten mainsails.

Commitment to the Environment: Lake George is clear and clean drinking water, and we are very concerned about the introduction of foreign organisms, particularly Zebra Mussels, Eurasian Milfoil and Asian Clams.

IMPORTANT INFO FOR ALL TEAM COACHES AND REGATTA COORDINATORS: **Please Note** that the Lake George Park Commission requires ALL off-lake boats to be clean, dry, and inspected before launching in Lake George. ALL boats will need to visit the Rogers Rock DEC Launch prior to arriving at NLGYC where they will be put

through the washing and inspection station. There are no fees for inspection or washing and it is a relative quick process. Once the boats are determined to be clean, they will receive VICS tags. FJ's and Opti's can launch at NLGYC. Coach boats should be launched at Rogers Rock.

Your understanding and cooperation will be very much appreciated.

In order to cut down on plastic water bottles, we request that each sailor bring their own reusable water bottle to use. We will not be providing disposable water bottles.

Prizes: Trophies for first, second, third FJ Skipper and Crew and Opti Skipper.

Schedule (may change slightly- Consult Sailing Instructions and notice board on the south end of the clubhouse porch for updates):

Wednesday, July 26, 2023

Arrive at NLGYC between 4:00 - 5:00 pm. **Please do not arrive before 4:00 pm**, we have a junior program in progress and want to minimize disruption to our participants.

Unload and rig boats

Free Sail if time permits

Limited dockspace available. We will try to accommodate as many boats as possible with dockside space. Some boats may need to be hauled out between race days.

Check in and receive host family information. Host families will pick up sailors and provide dinner 5:30 p.m.

Thursday, July 27, 2023

8:00 am Arrive at NLGYC and complete boat rigging by 8:30 A.M.

8:30 am Breakfast

9:15 am Skippers Meeting, clubhouse

9:45 Harbor Signal, (one long horn) shortly after the meeting

10:15 Racing Begins- at first Attention signal Approx. 30 min. after Harbor Signal

Lunch 12:00 noon (approx.)

We will seek to provide lunch to the competitors and coaches back at the NLGYC clubhouse. As an alternative, bagged lunches may be provided on the water. More information on Thursday lunch plans will be shared prior to the race at or at the skippers meeting.

1:15 p.m. - 4:00 p.m. Racing Continues

6:00 pm Cheeseburger in Paradise Dinner

Host Families Pick Up Sailors 7:30 – 8:00 p.m.

Friday, July 28, 2023

8:00 am Arrive at NLGYC and complete boat rigging by 8:30 A.M.

8:30 am Breakfast

9:00 am Skippers Meeting, south end of porch

9:15 Harbor Signal, (one long horn) shortly after the meeting

10:00 Racing Begins- at first Attention signal Approx. 30 min. after Harbor Signal

1:00 pm Lunch

2:00 pm Awards Ceremony

Regatta Contacts: Please send preliminary registration information and completed waivers to Jon

Krahulik, Race Chairman 2023 [jon.krahulik@gmail.com]. Mobile: 415-271-6997

For any questions regarding facilities, schedule, etc., contact:
George Huffman, Head Sailing Instructor : (802) 343-3389, or
Patrick Cartwright, Housing Chair: (518) 727-5882, or
Olivia Lucier : Junior Program Co-Head: (508) 395-6608