

# Sou' Wester

July 2019



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## long beach race week 2019

**A**lamitos Bay Yacht Club and Long Beach Yacht Club have successfully partnered for 10 years to produce the best multi-class regatta on the West Coast (sorry Big Boat Series this used to be your title). The just completed 2019 Long Beach Race Week (LBRW) was no exception. Over 100 keel boats ranging in size from 52' to 21' competed over three days in typical Long Beach conditions with clear skies and consistent winds averaging 9-18 knots during racing. The competitors and volunteers were treated to great parties every evening, as if perfect sailing conditions weren't enough. What I heard from almost everyone involved was that the 2019 edition of LBRW was one of the best.



So how did this happen? To start with we are blessed with Alamitos Bay, two great yacht clubs, and this year the perfectly timed meteorological start of Summer that all combined to create the perfect environment for a world class regatta. But even with all this good fortune, LBRW week would not happen without the ongoing care and feeding provided by an evolving group of people that love the sport of sailing (starting with Bruce Golison many years ago).

The deep support for LBRW by both ABYC and LBYC is one of the biggest factors in it's continued success. LBYC and ABYC continue to selflessly combine the talents and resources from both organizations to successfully host LBRW. This includes almost dedicated use of their facilities, significant financial resources, but most importantly a very large contingent of volunteers. I don't have an exact count but I think over 100 volunteers from the two clubs were needed to host this regatta. It goes without saying that these volunteers are the final ingredient in our recipe for success.

I can't personally thank all 100 people in this article. However, there are a few names I want to mention as being key contributors this year. They are; the regatta organizing committee made up of Jennifer Kuritz, John Bush (LBYC), Chuck Clay, Mark Townsend and myself. Believe it or not this group has already started working on the 2020 regatta. For the Friday night party at ABYC; Rick Roberts, Dana Bell, Naples Rib Co., our wonderful staff, several SAC members (unofficially), and a handful of other volunteers that I pestered into helping out. And last but definitely not least, all the many volunteers that managed great race courses, judged protests, managed the parking lots and manned our



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## save the date

Big Bang on the Bay .....	July 3
Happy Hour .....	July 5, 12, 26
4th of July Regatta .....	July 6
Junior Olympics .....	July 12 - 14
Membership Meeting .....	July 19
Happy Hour .....	August 2, 9, 16, 23, 30
New Member Party/Pine Block Regatta .....	August 10
Viper Worlds .....	August 19 - 24

[Full ABYC Calendar](#)

## manager's corner



The weather has warmed and the breeze fills from the southwest each afternoon. That sounds to me like the perfect reason to take your boat out on the bay or harbor for a fun and relaxing day on the water.

Over the last couple of weeks, I have observed more members working on their boats and dropping them in the water for a test run on new equipment...or maybe just a cruise to shake out the cobwebs. Whatever the reason, I think it's terrific.

Our love of sailing and our club's dedication to running quality races and regattas is recognized worldwide.

Many visitors, quite a few from other counties, have expressed to me their admiration for our club and our member's commitment to sailboat racing.

This year, we are pleased to host the Viper fleet for their World Championship, August 19-24. Ed Spotsky is the Duty Fleet Captain for this regatta and he, and his team, are working on all the details of making this a terrific event.

It is no coincidence that our club is sought out by many international classes to host their North Americans or World Championships. Our excellence in regatta management is second to none.

On a side note; Recently, we have experienced one or two individuals, who are clearly not members, using our Quarterdeck bathrooms and showers. Please help us in this issue by making sure the Quarterdeck bathroom gate is firmly closed each evening before you leave the Patio.

Our staff is also making sure this occurs but, especially in the summertime, members are enjoying an evening on the Patio long after our staff has locked up and gone home.

Thank you for your help on this.

I wish you all a happy summer, and am looking forward to seeing you at ABYC, *The Place to BE!*

*Rick*

## commodore's compass



Happy Summer! Long Beach Race Week was a huge success and I would like to thank all of our volunteers who dedicated so much time and effort into making it a hit. It was great to see ABYC so well represented in the organization and execution of such a successful event. We also had a lot of ABYC members competing this year. If you haven't heard ABYC successfully defended for the Yacht Club Challenge. This was the first time in many years that I did not race. It was great to get another perspective and to see how everything comes together through a lot of hard work.

On the last day of the regatta I had the opportunity to ride along on the press boat. Wow, how exciting that was. Earlier in the day we watched the J/70s and Vipers battling it out in increasingly sporty conditions. We ended up on Charlie course, inside the break wall just as all the boats from the random leg course converged with the Catalina 37s and PHRF boats on inside windward-leeward course. It was awesome seeing all those boats come together (not really come together).

We have a seriously busy few months ahead of us and we need help from volunteers. We would especially like to see some of our new members come out and lend a hand-it's not hard and its fun. Ask any board member or any one of our active volunteers how to get involved.

Speaking of new members, we had a great open house and attracted many new members that we hope to see around very soon. If you have friends who you think might enjoy becoming members bring them on down and show off our little gem of a Club.

*Dave*

### Got Sails?

The Juniors are collecting old sails to recycle into duffle bags and other gear. Clean out your boat and garage! Simply drop off your old sails in the designated collection bin in the junior room.

# fleet captain'sg



**J**une was pretty busy! Between our inaugural Dock Swap event, the Open House, Long Beach Race Week and the start of our Junior Program, everybody, from our awesome volunteers to our fantastic staff, has been in full action mode! It was great to see tons of ABYC sailors participating in LBRW too. The month will end with the 2<sup>nd</sup> Annual Latham Bell Regatta.

The Dock Swap was lots of fun! We had everything from spray tops, boots and lifejackets to compasses, tons of dinghy hardware and even fishing pole holders. Many, many thanks to our "vendors" who did their own garage sweep to come up with some fantastic items for us to shop from. If you missed it, please put it in the back of your mind for next year. We hope the event

grows every year with sellers and a lot more buyers!

July will prove to be busy as well. Please come on down to enjoy the events going on (Big Bang on the Bay), maybe volunteer for an event (Jr. Olympics) or just catch a relaxing moment upstairs with a great view (Sunset Saturdays). There is always something going on, no matter what speed you like.

Cheers,

Brooke Jolly



## Catalina Cruise August 23 - 25

### Sou'Wester DEADLINE

July 21, 2019 is the deadline  
for the August Sou'Wester.

### Help us to Help you!

Please keep your e-mail address current  
with [secretary@abyc.org](mailto:secretary@abyc.org) to receive all of  
the weekly news and events. Thank you.

#### 2018/19 OFFICERS & DIRECTORS

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		Email	<a href="mailto:rick@abyc.org">rick@abyc.org</a>



# upcoming volunteer opportunity

Volunteering at ABYC is a great way to meet new people, hang-out with friends, learn new skills, and help run top-notch events for which ABYC is famous – all while having fun! Many of our volunteer opportunities revolve around regattas and social activities. Here are some great opportunities to get involved at ABYC in the next couple months:

Date	Event	Contact
7/6	July 4 <sup>th</sup> Regatta	Dominic Meo ( <a href="mailto:dommeo@verizon.net">dommeo@verizon.net</a> )
7/12-14	Junior Olympics	Brooke Jolly ( <a href="mailto:brooke_jolly@yahoo.com">brooke_jolly@yahoo.com</a> )
8/7-24	Viper 640 World Championship	Ed Spotskey ( <a href="mailto:espotman@aol.com">espotman@aol.com</a> )

Please feel free to reach out to the individuals above if you are interested in helping on any of these events. If you have any questions about volunteering at ABYC, please contact our Director of Volunteers, *Rob Stropky*, at [rj\\_stropky@msn.com](mailto:rj_stropky@msn.com) or (562)252-5321.

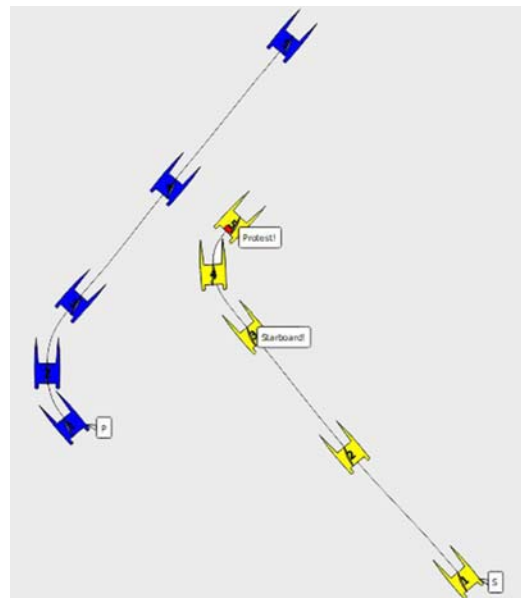
## racing rules quiz #56

Answer on page 13

Two Tornado catamarans are on a windward leg in 8-10 knots. S (Yellow) and P (Blue) are both on starboard tack with P (Blue) approximately 4 boat lengths to leeward and 7 boat lengths ahead. P (Blue) tacked to port. As P (Blue) was accelerating after the tack, S (Yellow) hailed starboard and then tacked approximately one boat length to leeward of P (Blue).

P (Blue) protests under rule 10, stating she was on a collision course with S (Yellow) and had to tack to avoid a collision. S (Yellow) said she would have passed well in front of S (Yellow) and had no idea why P (Blue) tacked or were hailing.

Review the following rules 10, 14, WS Case 26, WS Case 50 and see if you can figure out the relevant facts, conclusions and decision.



## membership report

Summer is officially here! And with it the usual surge of membership interest has been great. The Open House held June 8<sup>th</sup> was a great success with nearly 40 groups of people traveling down the peninsula to see what we're all about. Sam and Dana Bell did another amazing job with the food and BBQ along with a handful of volunteers including John and Cindy Peyton, Karen and Joe Zieba, Rich Ferdon, Stephen Mueller, Dave Schack, Chuck Clay, Yon Carpenter, and Oriana Shea, all of who gave club tours to the guests. After the dust had settled, we had 18 membership applications from good candidates who all seem to fit the ABYC mold! Also a big thanks to Rick, Sheila and the staff for helping make this another great event.

Also coming up along with all the usual summer regattas, events, and Friday Happy Hours is the New Member Party and Pine Block Race August 10<sup>th</sup>.

Mike Shea, Membership Director  
[mikesheaphoto@gmail.com](mailto:mikesheaphoto@gmail.com)  
(562) 900-0234

# the baylogger

All I see are smiles!!!  
Once again, ABYC has been fantastic in supporting Junior Sailing in the Long Beach area through our Summer Sailing Camp! With 90 youth in the program, and another 22 on the waiting list to get in, ABYC has maxed out the summer fun!

This year's classes are full of new faces ready to get their toes wet, and returning sailors eager to improve their skills and show their best! With Tuesday Twilights against Leeway, LBYC, and Seal Beach YC; this summer is destined to create some great stories for sailors, parents, and coaches alike! If you would like to see what your membership here at ABYC helps to create, please drop by during the week to see the smiling faces and be cheered up by loads of innocuous laughter!

Check out the fantastic events that the program has planned by going to the Junior Sailing Tab and finding the Summer Events Calendar to download and put on your fridge!

Happy Summer!

*Craig Ramsay, Director of Sailing Programs*



## junior perspective

Last weekend I raced the ABYC Memorial Day regatta and I sailed in the C2 sabot fleet. There were 13 sailors that I competed against. But overall there were 23 sabots through-out all the fleets. The first start on Saturday was around 12 PM. After the Lidos, the A fleet and B fleet started first, then the C1 fleet, then the C2 fleet (my start) and finally the C3 fleet. On Saturday we did 7 races. We did four races and then a quick lunch break. Then we headed back out for a final three races. The wind was decent but luckily there was not enough wind to flip over any boats. On Sunday we did 3 starts with no lunch break. The last race was canceled because of the lack of wind and because there was rain. I got wet because of the rain. After sailing we de-rigged and put away our boats. I ate lunch and went to my coach's debrief. After the debrief I went to the inside courses' trophy presentation. The weekend was fun and it was nice to see some sabot friends.

*Brynn Jolly*

The donation of your old sails to the Alamitos Bay Sailing Foundation is tax deductible. If you would like a letter acknowledging your donation, please leave your name and contact information taped to your donated sails or with the front office or contact Jennifer Golison at [jen@golison.com](mailto:jen@golison.com).



## junior program board rep

Wow, finally we have summer! Boy it's been a busy time around the club. We have several big events just behind us and more coming, the first being the Latham Bell inverted start fund raiser for the Junior Program. Part of the fund raising is an auction. I want to thank the flag officers and Rick for allowing us to auction their parking space for the July 3<sup>rd</sup> Big Bang. Who wants to be Commodore for a day, Ok, it's only park like the Commodore for the day festivities on July 3<sup>rd</sup>. The regatta is June 29<sup>th</sup>, but we are taking highest bids up to the afternoon of July 2<sup>nd</sup>! Rolling right into the following weekend we have the July 4<sup>th</sup> Regatta. I want to thank Dominic and his team of volunteers for pulling this together for what I'm sure will be a top notch fun regatta for competitors and volunteers.

If it's not busy enough, we have the Junior Program in full gear with almost all classes completely filled with waiting lists. Thanks Craig for your time and effort leading the summer program. Then intertwined in all of this is the multiple Transpac starts and the Junior Olympic Regatta later in the month. That's some sailing fun!

See you at the Club!

*Mike VanDyke*

# adult sailing lessons

## HEY! Do You Want to Learn How to Sail?

Sailing lessons at ABYC are not just for kids anymore! Last year ABYC, working with the Tempest Fleet, introduced adult sailing lessons for the first time in Club history! We now offer members and sponsored non-members a top-notch program providing private instruction by experienced, certified instructors. The program, which we currently offer four times a year, features 25 hours of instruction on four consecutive Saturdays. This includes 10 hours of time actually at the helm of a fun, high-performance Tempest keelboat. Upon successful completion, students are awarded the ASA 101 Basic Keelboat Sailing Certification from the American Sailing Association.

There's no time like the present. So what do you say? The Summer session starts July 13 and our fall session is scheduled to begin September 14. Space is limited, so visit the ABYC website (<https://abyc.org/sailing-programs/adult-sailing-menu>) today for more information and registration. Please contact Rob Stropky ([rq\\_stropky@msn.com](mailto:rq_stropky@msn.com)) or Dominic Meo ([dommeo@verizon.net](mailto:dommeo@verizon.net)) with any questions.

Our program has received enthusiastic reviews from all of our graduates to date. If you don't believe me, read what Anne Walker has to say..

Rob Stropky

### Testimonial from Anne Walker

*I enjoyed the program very much! It was the most detailed course I believe there is available in the South Bay area. I had prior experience with 1:1 teaching at a place in Redondo Beach that shall remain nameless. Needless to say, I learned more in one day of the Adult Sailing Program than I learned in five private lessons on a J 80 (oops, probably TMI). I think this is definitely an exciting new program that ABYC should be proud of and promote as its own unique asset. What better way to get someone interested in sailing than to take them out on a Tempest! A Tempest is a perfect boat to instill confidence in a beginner sailor-it is stable but fun, fast but feels safe, and just the right size!*



## more long beach race week 2019

...from page 1

hoists. I hope you all know that you are responsible for the continued success of LBRW! Thank you for your generous contributions of time and effort.

All this sounds like a lot of work, right? It was, but it was also a lot of fun! Here are some of the highlights for me:

**Two tightly contested one-design classes that were loaded with talent in the form of the Vipers and J-70s. The Viper Worlds in August should be amazing if LBRW was a taste of what's to come.**

**An acceptably raucous party at ABYC with great food, over-priced but plentiful drinks, great music, and many great friends that didn't want to go home. LBYC had good parties too. But I am biased and proud of it!**

**The ability to spend time on the ocean in perfect weather.**

**800 plus sailors enjoying our amazing sport.**

**And the opportunity to work closely with a wonderful group of volunteers, resulting in building stronger friendships and making some new ones.**

I hope to see you next year at LBRW, because it is also the place to be!

Kevin Brown



...continued next page



# more long beach race week 2019

Bronny Daniels (Joysailing) photos  
Photos available at [joysailing.com](http://joysailing.com)

...from page 6



.continued next page







# latham bell dinghy challenge

Chuck Clay photos



Paul Ancil, winner of the Challenge.  
Complete Results: [https://www.sailwave.com/results/ABYC\\_2019\\_LathamBell.htm](https://www.sailwave.com/results/ABYC_2019_LathamBell.htm)





# Ibrw abyc party

Stacy Massey photos







# Fall Patio Brunches

**SAVE THE  
DATES**

**SEPTEMBER 22  
"AUTUMN EQUINOX"**

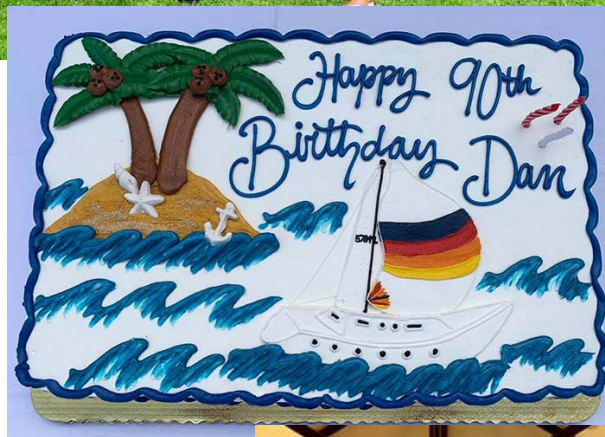
**NOVEMBER 3  
"TIME FALL-BACK"**





# dan clapp's 90th birthday

Stacy Massey photos



...continued page next page





## rules answer #56

...from page 4

There was reasonable doubt that P (Blue) could have crossed ahead of S (Yellow) if S (Yellow) had not changed course.

### CONCLUSION

1. S (Yellow) on starboard had a reasonable apprehension of collision with P (Blue) on port.
2. P (Blue) on port failed to keep clear of S (Yellow) on starboard as required by rule 10.

### DECISION

1. Boat P (Blue) is DSQ.
- Mark Townsend

## hails from the fleets



Cal 20's are going strong from Tacoma to San Diego. In particular, Long Beach is seeing a resurgence of Cal 20's. Old boats are being snapped up and it's great to see all the work being done on these fantastic sailboats.

Local action has been mostly in the form of the Wet Wednesday series hosted by Long Beach Yacht Club. The fleet has had 13 Cal 20s out with plenty of action. The first series was won by the new and improved Rubber Dog. DragonFly 42 was fast, No Stress Express had a daily first or two. Hot Pink, Horton, Breakfast Cub, Cheddar, Spar Wars, Racer X, Swoosh 4, Cheddar, Odie, Green Machine, 299, and Bravura all had moments of glory. All the races were super fun!

Cal 20 National Championship is hosted by King Harbor Yacht Club on August 8, 9, & 10. Let's get a strong ABYC contingent and bring home the hardware!

If you are interested in sailing Cal 20's, contact Jeff Ives, Steve George, Ron Wood, or Chuck Clay. These Cal 20 owners usually know who might need crew. If you want to buy a Cal 20, check the bulletin board by the office.

What a great boat!

Jeff Ives, Fleet Captain



Dave Kofahl rigging Spar Wars for Wet Wednesday



# hails from the fleets

Bronny Daniels (Joysailing) photo



Things were a little bit different this year for the Viper 640 Class at Long Beach Race Week. The Vipers were the largest class at the event with many teams using the regatta as a perfect warm up for the Viper World Championships coming to Alamitos Bay Yacht Club in August.

The variety of conditions from light air shifty races on day one to breezy conditions in the afternoon days two and three gave teams the opportunity to show their ability to shift gears and adapt. The race committee sent the fleet on long courses in the afternoon in an attempt to keep the Vipers from sailing into the J70 fleet. That combined with some choppy seas made for some tough racing.

In the end Mike Pentecost's "Nice Asp" brought home the championship with regular crew members Garrett Brown and Chuck Trip on board. In 2nd place was Geoff Fargo's "Boomslang". 3rd place went to a new member in the West Coast fleet Kevin McCarthy on his boat "Chance V".

LBRW was a great opportunity to see many regulars and long time Viper sailors, teams that traveled in from Arizona as well as a few new teams to the fleet. Big thanks to Ed Feo's support for organizing some fleet training opportunity and Keith Magnussen from Ullman sails who has shared a lot of information with many teams in preparation for the worlds.

The Race Organization and hospitality shown at the event was very impressive and really made the fleet realize this is going to be an amazing World Championship event. ABYC and the West Coast fleet is looking forward to hosting all Viper class members and encourage you to make the trip to worlds this summer that you will not regret.





# hails from the fleets

Mike Shea photo

# L<sup>14</sup>

Lido Love



Lido's continue in full Twilights mode, with some really great turn outs on Thursday evenings. Indeed, while racing in the bay and then sitting around the firepit after dinner, Lido Twilights continue to be the biggest happenings! With roughly 15-18 boats turning up, if you own a Lido but aren't racing it, well, why not???

Thursday the 13<sup>th</sup> was extra special, as we were joined by Dale Berkihsier, the founder of Fleet Six, and 102 years old, just as sharp as ever! Jorge Suarez banged out three races in an hour, and then, back ashore, it was all about bbq'ing, enjoying ourselves, and singing happy birthday to Dale! A huge thanks to Dana Bell, our fleet den mother, for helping Ken put all this together. A huge shout out to Nathan Dalleska for handling the grilling duties, as well as Carol Selvin, and Angela Albright for their support duties in putting out the grub for a lot of hungry sailors and their guests. And a huge, Trumpian YUGE shout out to Susan Lanoue for sticking around after helping on the birthday party to then help with all of the after party mess and its clean up! If you didn't make it down for dinner? You missed one helluva steak dinner!



A great group photo after dinner, lots of singing all around, more cake than we could finish, and most importantly, some very grateful smiles from Mr. Berkihsier, as we celebrated his 102<sup>nd</sup> birthday! At his age? He's still wanting to climb into a Lido and go rubbin' rails, but his care giver says not a chance! Oh, come on, he'd be just fine!

Next up on the Lido fleet's out of town happenings is the upcoming Huntington Lake High Sierra regatta, July 13<sup>th</sup> and 14<sup>th</sup>. So far, I think we have six boats signed up, with more promising that they will! Make sure you reserve your Kazinsky Kastle at the famous Lakeshore Resorts soon before the book up!

A few teams have mentioned that they might make the trek up to the Class Championships in Portland, with Steve Cole already signed up, and others thinking about it.

So if you're watching one of the myriad of car chases that L.A. is so famous for, and they're heading up I-5, look at your screen closely. See if they're towing a Lido, 'cause it might just be someone heading up to one of these regattas, and they're just runnin' a bit late!

Glenn Selvin



## SABOT NATIONALS RECAP – SDYC

San Diego La Playa is always a challenging place to sail and this year was no exception. 15 sailors competed in the Masters Fleet and Saturday's racing brought a southerly wind direction with lots of shifts and more holes than Swiss cheese! ABYC was represented by Tom Newton, Kathy Reed and Cindy Heavrin. After 4 races Tom was in 2nd place right behind Betty Becker, Kathy was just a few points out of 3rd place and Cindy...well she really enjoyed the sandwiches and coconut water on the docks provided by our wonderful hosts. Sunday brought the westerly winds we all expected but they came in at 15 plus knots! Race committee had more rescues than they could count and ran 2 races, each a 3 lap course. Tom started out strong and was in first place after 2 laps but capsized after a quick tack for a starboard boat. He also capsized on the 2nd race and was out of the running for the podium. Kathy almost submarined her sabot at the first windward mark and retired. Cindy couldn't make it out of irons after the start and also retired and by the end of the day about half of the fleet either retired or capsized.

Congratulations to Betty Becker from SDYC who hung on and won the gold for Sabot Masters by 1 point! Chuck Sinks was the winner of Sabot Seniors. SDYC were wonderful hosts providing dinner Saturday and a BBQ on Sunday. Thank you regatta chairs Dee Van Horne and Danny North.

Kathy Reed



# sou'wester sponsors



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Submit your business card, 3.5" x 2" .jpg, .tif, .png or .jpg file to the club secretary at [abyc.secretary@gmail.com](mailto:abyc.secretary@gmail.com) or the Sou'wester editor at [sharonpea@aol.com](mailto:sharonpea@aol.com)

Rates:

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\$125/year

Billed directly to your club account

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