



abyc super bowl party

Dana Bell photos

An afternoon can't get any better than gathering with friends, watching Super Bowl, and enjoying a smorgasbord of scrumptious food. Added to the fun was the Game Board masterfully managed by Patty Williams (earning \$200 for the Junior Program and giving out cash to a multitude of play winners throughout the game), followed by the suspense of the Pot Luck contest expertly judged and MC'ed by Jorge Suarez.

According to Judge Suarez, "This year's Super Bowl hor d'oeuvres contest category was opened up to all Pot Luck items, which means anything would qualify! The unintended consequence was that I did not anticipate the wide variety delicious dishes, there were vegan and vegetarian dishes, desserts, meaty and savory, healthy and not so healthy, salads, chili, even Swedish Meatballs! So how did I pick the winners? I honestly did not know until a bit into all of the dishes!

Congratulations to all the winners! So here they are in descending order:

3rd Place : Buffalo Cauliflower by Katie Donahoe - First, what caught my eye was that I thought it was crab meat and a sauce baked on a Triscuit.

The first bite was an enticing combination of flavors that was not crab, and I just wanted more. Katie said that it was cauliflower and fully vegetarian, which was her goal. My doctor told me to eat more vegetables, I try. But when it is this good, it does make it a lot easier! I should note that Kate is the first multi trophy winner her 3rd place this year, and 2nd place last year!



3rd Place - Katie Kohahoe



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save the date

- Race Management Appreciation Party March 1
 - EE Manning Regatta March 2-3
 - Ukelele Lessons March 5, 19
 - Happy Hours March 8, 22, 29
 - Sunset Saturday March 9, 16, 30
 - General Membership (St Pat's Party) March 15
 - CISA Clinic April 3 - 6
 - Spring Spruce Up April 13 - 14
- [Full ABYC Calendar](#)

manager's corner



Thank you ABYC volunteers for truly making my job more manageable. In addition to working with our Race Management and Social Advisory Committee folks, I have encountered many members who have taken on challenging responsibilities in promoting sailing programs, organizing social events and overseeing facility improvements.

One of those projects was the replacement of our club's big crane. Yes, the new crane is in and should be passing its final inspections as you are reading this. The next time you see Staff Commodore Ron Wood, let him know how much you appreciate his efforts.

Our club's Adult Sailing Program has taken off and will run most Saturdays through the second week in October. If you want to learn to sail, or it's been a while since you've grabbed a tiller and want to re-learn those skills, check with Dominic Meo. He'll get you started.

As we move through March and April, our races and regattas are ramping up. CISA (California International Sailing Association) teams and boats arrive on Wednesday, April 3, with the event starting the next day and running for four very busy days both on the water and in classrooms set up throughout our club. Thank you in advance to the member-volunteers helping us with this.

Should you have any question on club projects or have a suggestion or observation...please feel free to drop me an email or phone call. In-person works as well!

Keep up the good work volunteers, and we'll see you at ABYC, *The Place to BE!*

Rick

commodore's compass



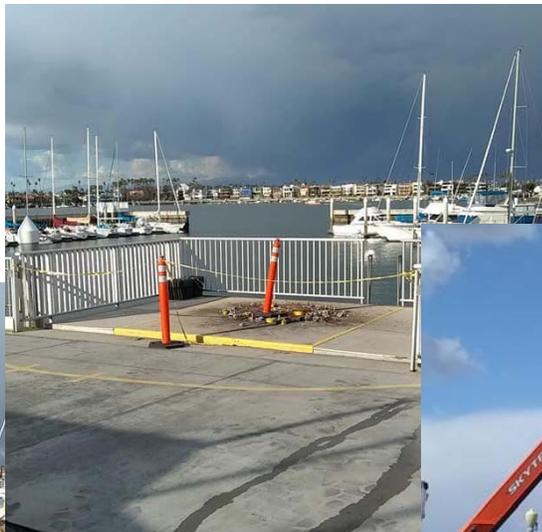
For those who helped out for SCYA Midwinters, thank you very much! It was great to see such a big turn-out from the Lido fleet. I also wanted to thank everyone who came to the membership meeting; what a great evening. Thanks to the Juniors for organizing such an informative discussion. Dr. Lowe has agreed to come back again for another evening.

Thanks to Ron Wood and Kevin Brown for overseeing the installation of the new hoist. It looks great-Thanks also to Yon Carpenter for some great and timely input. Also, next time you are at the club be sure to check-out the rail along the barbecue, thanks Bob Bishop. And-thanks to all of you who do so much to make ABYC the place to be.

We have some great things coming up in the next few months, make sure to check the ABYC website and pay attention to the Weekly Reader to stay up-to-date.

Dave

hoist project



Steve Kuritz photos





Spring Spruce Up is just around the corner. This year we have several projects that require a little extra help and planning. If you would like to get involved, please reach out to me. The yard is in pretty good shape and the waiting list is short. If you are thinking about keeping your boat at the club this summer, now is a good time to get on the list. You can reach Sheila at 434-9955 with any questions.

Also, please check out the Sunset Saturdays. We have some new wines and beers to check out as well as some new snacks. Look forward to seeing you at the next one.

Stephen Mueller



Save the Date - June 21, 22, 23



Volunteers Needed
Contact Jennifer:
kuritz@earthlink.net

amazon smile

Alamitos Bay Sailing Foundation is registered on AmazonSmile. If you want Amazon to donate to Alamitos Bay Sailing Foundation, start each shopping session at the URL <http://smile.amazon.com>, and Amazon will donate 0.5% of the price of your eligible purchases. You do not need to set up a new account or login. Please see <http://smile.amazon.com/about> for program details and how to always start with a smile.

Sou'Wester DEADLINE

March 22, 2019 is the deadline for the April Sou'Wester.

Help us to Help you!

Please keep your e-mail address current with secretary@abyc.org to receive all of the weekly news and events. Thank you.

2017/18 OFFICERS & DIRECTORS

Commodore davidr.schack@gmail.com	Dave Schack	Treasurer	Nicole Peoples
Vice Commodore stephenrmueller@yahoo.com	Steve Mueller	Junior Commodore	Brett Peoples
Rear Commodore sdandelave@gmail.com	Dan DeLave	Fleet Surgeon	Dr. Richard Bell
Fleet Captain brooke_jolly@yahoo.com	Brooke Jolly	Judge Advocate	Tom Ramsey, Esq.
Secretary secretary@abyc.org	Nigel Brownnett	Fleet Chaplain	Don Reiman
Jr. Staff Commodore kbrown460@outlook.com	Kevin Brown	Port Captain	Dave Myers
Directors		Sou'wester Editor/Layout sharonpea@aol.com	Sharon Pearson
Junior Program mvd.lvd@gmail.com	Mike Van Dyke	Weekly Reader stacy@wellmakeithappen.com	Stacy Massey
Membership mikesheaphoto@gmail.com	Mike Shea	ABYC	Phone (562) 434-9955
Volunteers rq_stropky@msn.com	Rob Stropky	Homepage	www.abyc.org
		Email	tori@abyc.org



We are coming into a really busy season. We have Mother's Day and Easter to worry about as well as the Manning Regatta, Whaler Training, CPR Training, Race Management Appreciation Party, Swing Dance Lessons, Spring Spruce Up, and a host of Sailing Clinics. How involved would you like to be?

SAC (or as I coined last SouWester SGIDC - Social Get It Done Committee) will still be appreciating your assistance. If you are interested in the social side of the club then come on down to a SAC meeting and just listen in to see if it suits you.

The Bar area of the Club seems to be getting more and more popular. It is such a nice place to be and see your sailing enthusiast friends.

I want to thank everyone who came down to the Superbowl party. I think we had more than 110 people enjoying the not so interesting game. It didn't matter so much with the great food that was all part of the Jorge Food Competition and the Superbowl Squares.

The MidWinter Regatta was just last weekend and I would like to again thank all of the volunteers for stepping up and helping out. It looked as though the weather was going to be really rough. It was not the most conducive to the event but I heard no complaints about how the courses were handled. Races got off and sailors sent in when it looked as though the weather was going to get really nasty. I am always proud to be a part of this club when we run regattas as nice as this.

Dan DeLave

fleet captain's log



Happy March! As mentioned last month, we are working on getting all the whaler bottoms painted and ready to go for Spring/Summer. Many thanks to Jim Lincoln and Mike Corzine for doing such a great job on this!

If you have stacks of old sailing gear, clothing, life jackets or spare parts that have been sitting in your garage or even stashed in your boat, don't throw them out yet! We are planning to hold a "Sail Sale" on June 8th along the Rail Rider. There is plenty of time to dig out your loved but used gear, bring it down to the club, put it up for sale, haggle with your friends and make room for all the purchases you make! More news to follow but we hope to help you find a new home with another sailor who can put your unused items to good use.

Last but by no means least, a quick thanks to Dave Myers who helped corral a rogue marker "A" which we found down the bay mid-channel between "B" and "F" during the cold, windy, wet week of February 10th.

Brooke Jolly

eight bells

Mary Lou Nicolai
February 15, 2019

It is with great sadness that I announce we have lost a long-time fellow member, Mary Lou Nicolai, wife of past Commodore Bill Nicolai. Mary Lou passed away peacefully at home with her family at her side.

Bill and Mary Lou were married almost 68 years and have three children, four grandchildren and one great-grandchild. Mary exhibited a quick wit and ever-present smile. She created many lifelong friendships in Long Beach where she resided for 80 years. She will be missed by all as a loving wife, mother, grandmother and friend.

Service details are pending.

On behalf of the club membership, I would like to extend my deepest sympathy to the entire Nicolai family.

David Schack

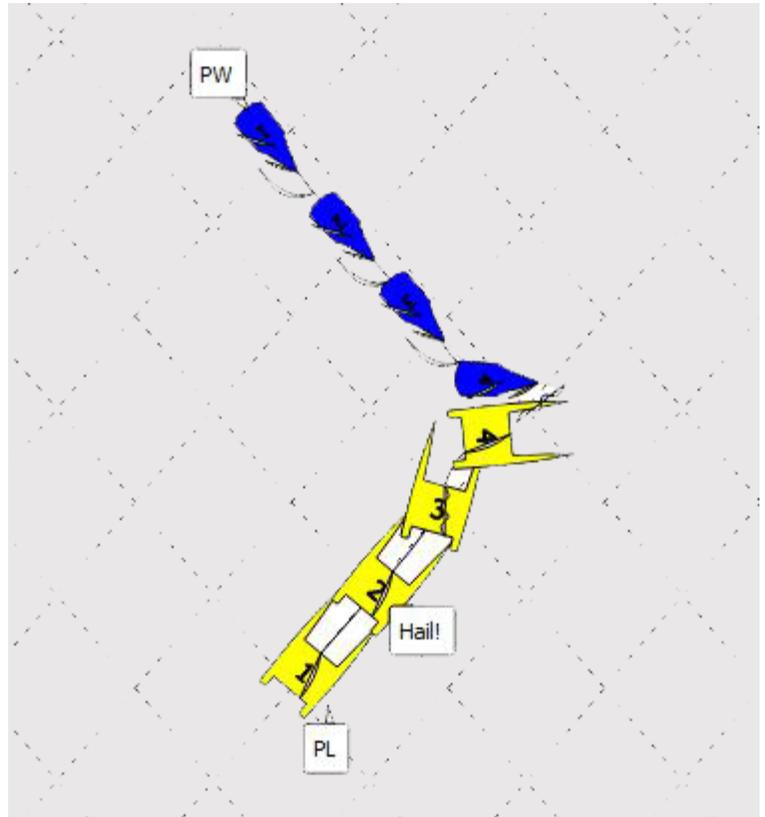
I'd like to remind the membership that the consumption of personal alcohol on club premises, which is not purchased at the club during hours in which alcohol is being served, is prohibited. Simply put, if the bar or galley are open, alcohol must be purchased from the club. For those of you who like to bring their own wine there is a nominal corkage fee.

Dave

racing rules quiz #52

Answer on page 13

The wind was 20 knots. PL (Yellow), a Nacra 15, and PW (Blue), a 29er, were sailing on different legs both on port tack. PL was on leg 1, a beat to windward, just after their start above the gate. PW was sailing on was on leg 4, a downwind leg to their finish. PL sees PW and that she is on a collision course and immediately hails when the two boats are about 4 or 5 boat lengths apart. When PW does not alter course to keep clear, PL luffs to avoid a collision, then realizes this will not avoid a collision and bears away immediately. PW sees PL when they are one boat length apart and luffs sharply to avoid contact, but PW and PL's masts hit and become locked together as both boats capsize and are locked together for about 10 minutes resulting in serious damage to both boats. Neither boat is able to continue racing and they both retire. Neither boat hails protest or displays a flag.



Both boats protest and PL request redress.

Review the following rules and see if you can figure it out. Definition, Keep Clear Rules 11, 14(a), 24.2, 61.1, 62.1(b), 64.1(b). WS Case 26 and WS Case 87



the bay logger

Water is getting warmer! I know all of our Juniors here have been toughing it out, sailing in the cold weather and they are doing a fantastic job! In February, we had a Opti Carrie Series regatta in Marina Del Rey and we had some fantastic finishes by our Champ Fleet sailors with amazing engagement from everyone! I really wanted to shout out to our Green Fleet juniors that weekend. I am so excited to see our younger generation of sailors falling in love with the sport.

Our Green Fleet sailors were having a great day sailing around in the very shifty conditions. When the storm front finally moved in they were all cold but still raced their hardest. The most rewarding part as a coach and Director of Junior Sailing programs is when racing is cancelled and your sailors beg to stay out on the water to plane around in their Opti in the bay. When the rest of the fleet had gone in, these young sailors were sailing upwind in the pelting rain just so they could wait for a huge puff and rip around. The most amazing part is that these sailors are ages 8, 9, and 12.

Thank you to ABYC and all of the parents for making these kinds of experiences possible for them, it is this recipe that makes sailors for life!

Keep up to date weekly with our Junior Sailors and their travels in the Weekly Reader!

Stay warm and sail fast!

Craig Ramsay, Director of Sailing Programs

This last season ABYC Opti Sailor Nicholas Mueller qualified for invitation for one of the US Opti Team events abroad. He was selected for the Regatta in Spain and held his own in a massive fleet of sailors. If you see him around the club, he would love to share his experience with everyone!



junior program board rep

Burrrr...What is up with this weather? Looking at spring sailing and wondering if we should add an ice boat class for a little variety. OK, just joking, the sun is around the corner and we'll soon be looking for shade, but we do have spring sailing coming up and then, surprise, summer. We are looking at adding some programs that should be interesting for everyone. Stay tuned and talk to Craig if you have questions. Sign up!

I had the opportunity to sail with fellow member Bill Durant on the gorgeous Chubasco on the Islands Race. It was a great opportunity to sail on a big classic yacht in big breeze along with talented sailors, very fun. Takes me back to wondering what it was like 90 years ago when they ran the inaugural race...an event to look forward to this summer!

I'm sure you have read about the yard sale someplace else in this issue and the seed was planted, but I'm going to water it bit. On June 8th we are doing a yard sale, much better than a garage sale, no permits needed! Bring your unwanted gear, equipment, small boats and misc excess marine equipment and sell it! It will also great day to make a contribution to the jr program too! Ok, so a little fertilizer with the water...

Stay warm

Mike

juniorboard

We were honored to have Dr. Chris Lowe from the CSULB Shark Lab at the February General Membership meeting. Dr. Lowe spoke about the movement of juvenile white sharks along the California coast and how the CSULB Shark Lab tracks them. He spoke to a packed house. I have never seen so many members at a general membership meeting. The Jr. Board would like to thank the membership for participating in the 50/50 raffle. In total we made \$420. Mark Golison was the winner, and generously donated his winnings back to the Jr. Program. Thank you, Mr. Golison. After the meeting and Dr. Lowe's presentation many members watched our own Riley Gibbs compete in the Sail GP competition in Sydney, Australia. It was an exciting Friday night at the yacht club: great food, knowledgeable speaker, and live stream sailboat racing.

Brett Peoples, Jr. Commodore

juniorperspective

I would like to thank the ABYC Sailing Foundation for such a generous donation so that I could so that I could sail C420's at the Orange Bowl regatta.

My partner and I left for the event on the 19th of December so that we could acclimate to the time change and be able to train with the other teams. We were both pretty nervous and excited to be competing in such a prestigious event. We started training in the 420 the last week in August. This was going to be our 3rd regatta in the 420, Perry #1 with a frustrating 22nd overall, Perry #2 with a 10th overall, and the Orange Bowl. We were excited to get out on the water and train with other C420 teams. I was especially excited to see all of my friends from my Opti days. Most of them are in the C420 so it was great to catch up with them. We sailed out of the US Sailing Center, which gave all of us lots of room to spread out, rig and launch our boats. The first few days of practice, the 29ers, 49ers, lasers and i420's were out practicing too, so we were surrounded by so many different kids and boats.

Once the regatta started the 29ers moved to Coconut Grove Sailing Center. The Laser radials and full rigs sailed out of Shake a Leg, which made it difficult to catch up with any of them. Our training started on the 21st, with my Coach Will Brown from LIMA, who had previously trained me in Optis. His specialty is coaching the 420. One of the windiest days was about 24 knots gusts of 30 and we had lots of fun that day. My partner and I struggled to train each day because both of us had come down with the flu, only two days after we arrived. We just told ourselves that we had to push through each day and do the best that we could.

We had dinner on Christmas Eve with family and friends, the Hackels, who were staying at the Ritz Carlton. Their son Gil is still in Optis, but we have a brotherly bond so it was fun to hang out with him. They had a grand piano in the hotel so I played for Gil and my partner Lucas, while we were waiting for our dinner. We drank Shirley Temples, ate ribeye steaks with truffle fries with Gil while we talked about our sailing that day, next to the fireplace.

The regatta started on the 27th. We spent part of Christmas Day, with many of the C420 and I420 families at a Christmas Brunch at our friends. The Honig's son Ben and I sailed on LIMA together for Optis. It was so fun to catch up with so many familiar faces and friends, eat good food that Mrs. Honig made us, and to share a couple of laughs.

The last day really took a toll on my partner Lucas and myself. We worked so hard to push through the flu, however, we just could not make it happen, on the last day. It was just too difficult, to compete against these top sailors when we were not feeling well. You definitely need to be on top of your game. The gold fleet has some of the best sailors in our age group for the class and one risky mistake can lead to some big loss.

We did pretty well at the regatta considering the amount of time we had on the boat together. I'm very appreciative to have Coach Sean Dougherty from DRYC, who allowed us to train in their C420. He trained us and got us mentally prepared for the OB. He worked hard to teach us how to sail the boat well and was dedicated to helping us get most of the butterflies out of the system. We made it to Gold Fleet in 19th overall with our best scores being an 8th, 7th, and 5th. We ended up in 31st overall out of 80 boats. We were told by Coach Sean prior, that given our experience in the boat and how many regattas that we have competed, that we should expect to end up in the '30s. The teams who we were competing against had either done the entire C420 circuit for years or just completed the east coast circuit this past summer and this was their second Orange Bowl. We were very happy with our result knowing the competition and had a lot of fun.

After racing we went to college night at Monty's. I got to go meet the coaches and sailors from so many of the universities and colleges that have sailing teams. It was so exciting to talk to such prestigious coaches and learn more about their programs. It inspired me to continue to do well in school and achieve more of my sailing goals. I love to sail and I am looking forward to more regattas especially, the next Orange Bowl.

Thank you again for your support!

Sincerely,

Taft Buckley

midwinter regatta

Bronny Daniels (Joysailing) photos

On again off again. As the Master of Ceremonies I could not tell if we were going to have a regatta. One of the reasons is registration information. Some of you may not be the biggest fans of having to plan too far in advance (life is a busy place) but there is a late fee for a reason... makes it so much easier to find out how many are going to show for setup and planning. If the late fee penalty is great enough then there will be participants that are willing to show their hands early. This really helps to plan a regatta. Thank you for considering this in the future. Just a couple of weeks before this event we had 4 people signed up and two were jokes. At that, it would be more efficient to send money to SCYA and be done with it.

We have had a hard time deciding to continue the SCYA MidWinters regatta at our club for a couple of reasons. One is that the proceeds are going to SCYA, for the most part, so it costs us money. Second is that without knowing how many boats are showing up we have a hard time staffing. We were being more prudent this year planning only one course, this would keep the costs down a bit. That was going to be the outside class as we were inviting, Vipers, Cal 20s, I-14s and Laser Masters only.



We had a challenging weekend of weather. Rain and wind forecasts were not looking too good. The race committee on the ocean and in the bay were able to work around the weather situation wonderfully and pulled off a really nice event, thank you all, volunteers (an absolutely stellar group)!

Vipers recently had an event in Arizona, a clinic planned for the following weekend, and will be helping out with the Manning regatta, so they opted out of this event.

We did not get enough Cal20s to make a fleet.

Twenty Laser Masters showed up and got 5 races in on this challenging weekend. Remember these were the Masters, not the young'uns. A hardy group of sailors and a pleasure to see still playing this tough game.

Five I-14s were in our playground. I personally like to see the faster boats playing and the I-14s are definitely in this genre. Saturday treated them a bit nicer than Sunday did, with 3 and 1 race on Sunday.

There was a nice venue chosen for the Lido 14s but since they did not want to drive that far we were able to accommodate them for a Sunday only event, which they seemed to like just fine. For the last couple of years we have only had 4 Lidos racing in this event which was a far cry from being able to breakeven or even lose just a bit. This year they did rally and we were able to get 16 teams into the game. We will probably try the Sunday only next year as well, unless we get different information from them.

Dan DeLave



...continued next page



Alamitos Bay Yacht Club is very happy to announce our **Adult Sailing Program!** For the 2019 year, ABYC is running four, four-week programs to help educate the next generation of sailors here in Long Beach! These classes provide the best structure for learning and becoming a confident sailor. 1-on-1 programming combined with a fun but intensive schedule keeps students excited about their growth! For more information on these classes, check out the [Adult Sailing Page HERE](#)

See everyone out on the water!

Craig Ramsay, Director of Sailing Programs

CLUB ABYC

MEMBER MIXER

Friday, March 22, 2019

Bar Opens 5:00 pm / Dinner 6:00 pm

Music 6:30 – 9:30 pm

Music by Kelly Fitzgerald



**SAVE THE DATE—
WATCH FOR
UPDATES**

**New Members
Have the Tickets**

**Old Members
Compete for Tickets**

**Are You Ticket
Worthy?**

**Free Drink Raffle for
"Old" Members Who Prove
Worthy of a Ticket**

driftwood march 2019

john gresham turns 60

A huge day for me made even better by all the cards sent you! I loved all the cards, like the "is that a forest fire or just your BD cake" cards, The many secret admirers cards (who was this?), The reusable cards, Cards with vintage sailing patches, Cards with a \$1 bill, Hand made cards, The "your next car is an electric scooter" cards, The "Dude, like in dog years you're... never mind!", and all the "Holy crap dude, you're old" cards. The goal was 60 cards on my 60th, however you all surpassed that number.

I loved how Christina organized and executed this and it took me a while to catch on until, when pressed, she finally fessed up. Christina made this entire month quite special and I know what a lucky guy I am to be married to this wonderful woman.

Thank you all!

John "The Birthday Boy" Gresham



burgee exchange



Steve Cole presents the burgee from the Portrush Club in Northern Ireland

dysart brothers



1st in Blue (11-12 yrs) and 3rd in white (8-10) @ California Yacht Club. Can't sail too much

well done engel

Bow Number	Sail Number	Yacht Name	Yacht Design	Owner/Skipper	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Total	
St. Petersburg NOOD Circle A 1 FT Racing															
One Design Division															
Flying Tiger															
1.	2	2	Hogfish Racing	Flying Tiger 7.5	Nigel Brownnett	6	1	4	2	5	1	3	3	4	29.0
2.	7	2	Business	Flying Tiger 7.5	Team Rod Favela	1	4	7	3	3	8	1	1	2	30.0
3.	5	5	Team Torch	Flying Tiger 7.5	Bill Wagner	2	3	3	7	9	3	2	2	3	34.0
4.	8	8	Ocho	Flying Tiger 7.5	Team Geoff Becker	3	6	9	5	1	5	3.7/ROG	4	1	37.7
5.	4	4	Tony	Flying Tiger 7.5	Team Mark Laura	8	2	2	1	6	4	6	5	7	41.0
6.	3	3	Escape Vol	Flying Tiger 7.5	Team Ben Chigier	4	7	6	8	4	2	5	7	5	48.0
7.	6	6	Snow	Flying Tiger 7.5	Team Nick Turney	9	5	5	9	2	7	4	6	8	55.0
8.	9	9	Cloud Nine	Flying Tiger 7.5	Team Drew Mitchell	7	8	1	4	7	9	7	8	9	60.0
9.	10	10	Stripes	Flying Tiger 7.5	Tom Babel Team	5	9	8	6	8	6	8	9	6	65.0

more super bowl

2nd Place: Stuffed Sausage Mushrooms by Cheryl Ferramola – My experience with cooking mushrooms, or cooking anything else for that matter, is that I always undercook it or overcook it. My dishes fall apart when bitten into, or squirt juice! When I bit into this dish, I could not tell where the mushroom ended and where the sausage started, but could taste both in every bite! Cheryl said she heard about the recipe on the Mark and Brian radio show, which meant she either wrote the recipe down quickly or planted it in her memory. Thank goodness she did!

1st Place: Blue Crab Pepper Bites by Karen Zieba – These were not bites at all to me! The scrumptious dish were halved red and yellow



1st Place - Karen Zieba

peppers stuffed with crab meat and served with shrimps and cocktail sauce on the side. Karen said that the dish was carb free, which falls into my healthy category. Simple seasonings and baked. What brought this over the top for me was that it seemed that Karen allowed the freshness and profundity of her ingredients to do what good food does best, to make people feel better! I asked her if the added shrimp was necessary to the dish. Her answer was no, she just wanted to fill space on the dish. Very good choice!

I want to thank everyone who brought a dish to the event, even if you did not have any intention of winning, Domino's Pizza and store bought fried chicken comes to mind. By the end of the evening, it was all gone! Finally, a special thanks to the Donahoe Family, Libby, Johonna, Katie, Finn, and Jerry who cooked four delectable dishes! All contenders! Well done!"

Jorge Suarez



2nd place - Cheryl Ferramola



1. PL (Yellow), a Nacra 15 was on leg 1, a beat to windward, just after their start above the gate. PW (Blue), a 29er, was on leg 4, a downwind leg to their finish.
2. Wind was 20 knots with waves.
3. PL was on port tack on a beat to windward.
4. PW was on port tack sailing downwind to the leeward gate.
5. PW was overlapped to windward of PL and on a collision course.
6. When the boats are 4-5 boats lengths apart PL saw PW.
7. PL hails.
8. PW did not alter course after the hail.
9. PL luffs and then bears away immediately.
10. PW saw PL and luffed just before contact occurred.
11. Contact occurred between PL's mast and PW's mast and they became locked together.
12. Both boats capsized and were stuck together for about 10 minutes.
13. There was serious damage to both boats following the collision.
14. Neither boat finished the race.

CONCLUSIONS

1. PW to windward failed to keep clear of PL to leeward, as required by RRS 11.
2. It was reasonably possible for PW to avoid contact with PL, as required by RRS 14.
3. It was reasonably possible for PL, the right-of-way boat to avoid contact with PW, when it was clear that PW was not keeping clear, as required by RRS 14.
4. PL's score in the race was not made significantly worse through no fault of her own.

DECISION

1. PW is not further penalized under RRS 64.1(b).
2. PL is not further penalized further under 64.1(b).
3. Redress is not given to PL.

The above rules interpretations are my own and should not be considered authoritative.

Have fun and good luck on the race course.

Mark Townsend

hails from the fleets



So 2019 started off with a Viper travel regatta at Arizona Yacht Club for their birthday regatta and a few ABYC boats made the trip. ABYC boats made up 4 of the 10 boat fleet with **James Baurley** pulling off a 3rd as the top local boat for the fleet. Word around the yard was that it was chilly there in the desert with near freezing temps overnight but AYC throws a great party and it's the local leukemia cup event so all for a good cause.

In addition the Viper fleet has begun working with club juniors working them into crew positions and hopefully sometime in the future having a full on junior team racing amongst our fleet. I had the pleasure of taking out Jack Hanson and Ben Watson who are part of the clubs junior program and race for Los Alamitos High School in FJ's. It was their first time sailing a Viper (or a spinnaker!) and the guys did a great job. They drove and did both crew positions and learned how to rig and launch with the crane as well. Both had a great attitude and would recommend asking them to crew for you if you're looking for a lighter forward crew.

I put Ben on the spot and here's what he had to say. "Sailing the viper was a blast! The boat really flies. We learned how to set and recover a spinnaker. We were also taught tactics and how to trim the sails based on wind direction. I plan to attend the Viper clinic, and further my education on these fabulous boats!"

Nick Kofski, Viper Fleet Captain



Jack on the helm, Ben trimming the kite

hails from the fleets

Bronny Daniels (Joysailing) photo

L¹⁴

Lido Love



For a regatta that we weren't even originally invited to, I'd say that Midwinters were a raging success! Ok, fine, it was a bit on the breezy side. Oh, and fine, it rained, not for too long, but it rained. Oh, fine, and there was a bit of carnage on the race course! But with 8 A's out of 10 signed up, and with 6 B's out of 9 signed up, I'd say that we surpassed the five boat minimum. Why all the no shows though? Those are the one's smart enough to watch the weather forecast, and decide that nah, I'm not doin' that! What started out as a bit sporty, turned in to a squall as boats headed for the barn.



Tell that to Kevin Thomas who played a splendid game of Flip the Boat....needless to say, the boat won. And then there's Gabe Ferramola, who was towed in with a broken mast. Well, not broken, but its damned bent. And then there was Sam Bell, who loved that weather mark so much, he decided to take it with him!

A big congrats to Tom Jenkins for coming down from Central California, and then winning the A fleet, and to our own Jack Johnson for dragging his beautiful wife out of the day spa and winning the B fleet.

SCYA's Manning Series is March 2nd and 3rd, put on by our friends at ABYC. Per the NOR, The regatta is open to any class of small sail boat, monohull or multihull, not exceeding twenty (20) feet in overall length and not having a fixed keel. While this regatta has somewhat morphed into a large junior event with Opti's and Sabots in the bay and FJ's, 420's, etc. out in the ocean, Lido's have generally supported the regatta, with Lido's specifically named as an inside class on the NOR. If you're someone who gets frustrated by the droves and droves of kids? To quote Archie Bunker as he'd so often reprimand Meathead? Just stifle it!



Right after Manning? The Harry Wood regatta is down at Balboa Yacht Club on March 24th. Fleet One, in Newport Harbor, is hanging on by a thread, and is truly trying to build its numbers back up to the point that they're viable again, and having a successful Harry Wood regatta will go a long, long way! Realize that Balboa YC is only about 30 minutes down PCH, so for people that don't really travel, this is a great way to get in to a routine of traveling to out of town regattas. If you want to attend but don't have a tow vehicle? Many of us do, and I'm sure that one of us could tow you down on a Saturday. Lets really get out the numbers for this one!

Glenn Selvin



After an amazing good start last year with the Adult Sailing Program, The Tempest fleet is very pleased to announce that this year we will be teaching Basic Keelboat Sailing at a total of four courses, and the first session has already started. Each session is taught over four Saturdays, and new this year is that we offer/invite ABYC members to take part in teaching their fellow ABYC members how to sail. You can teach as much or as little as you want, from just one Saturday to all four Saturdays. The Tempest fleet supplies the teaching manuals for students, guidance and the radios and support material for teachers.

For students to sign up for one of the remaining three courses, simply log onto the ABYC website and go to "Sailing Programs" at the top of the page. Select "Adult Sailing" and register for the session that best fits your personal schedule for this year.

The ABYC Tempest fleet supports the Holiday Regatta Series, and now we have boats available to ABYC members who want to participate in one of the five regattas scheduled for this year. The only requirement for sailing a Tempest is that you volunteer one day of your time to support the fleet for every day that you sail. This support can be in the form of working on boats, helping to run a fleet race, teaching sailing, or anything else you can think of that supports the fleet and the Adult Sailing Program. For more information contact me, Henk Baars

The Tempest fleet will be giving a brief presentation on the ABYC Adult Sailing Program at the March General Membership meeting on March 15, and we are looking forward to seeing everyone at the meeting.

Henk Baars, Fleet Captain

hails from the fleets



Hello Sabot Sailors!
ABYC Sabot
Fleet sails once

a month on Sundays, and in February we had a good turnout with 12 boats on the starting line and light shifty winds made for a challenging day. Scott Finkboner of MBYC finished in first, but Tom Newton was in hot pursuit on almost every race.

Kathy Reed played the shifts and was consistent throughout the day finishing in 2nd place when Mark Ryan was over early in the 4th race and Tom Newton also had a tough 4th race with some issues at the start. A fun time after sailing on the patio with new hats and chocolate trophies. Thank you Race committee Terri Bishop, Nichole Peoples, Jim Drury and Bill Moore.



Upcoming Races/Regattas:

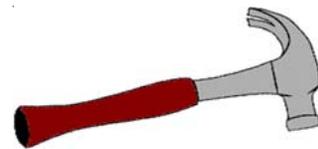
- Saturday, March 16 – BYC - Super Sabot Saturday
- Sunday, March 24 – NHYC - Ladies/Mens Regatta
- Sunday, March 31 – ABYC - Senior Sabot Sunday
- Saturday, April 20 – BYC - Super Sabot Saturday Finale
- Saturday, May 11 – MBYC - Senior Sabot Invitational



Save the Date



*Spring Spruce
Up
April 13 & 14*



For Nirvana II and all RC sailors, welcome the Ides of March. (Ides simply referred to the first full moon of a given month, which usually fell between the 13th and 15th. In fact, the Ides of March once signified the new year, which meant celebrations and rejoicing). Let's celebrate. Daylight Saving Time is just around the corner, and our first Racin' in the Basin and Happy Hour Friday is coming March 15. Fun races start at 6:00 pm. Also on the spring schedule is SCYA Midwinter's at Lake Gregory Yacht Club on May 19. Always a great road trip and fresh water to rinse our boats! There are still 4 boats for sale on the

ABYC Nirvana web page, and new RC fleet members are welcome.

Don Shirley, Fleet Secretary

sou'wester sponsors



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Instructions for Member Ads page

Submit your business card, 3.5" x 2" .jpg, .tif, .png or .jpg file to the club secretary at abyc.secretary@gmail.com or the Sou'wester editor at sharonpea@aol.com

Rates:

\$50/3 months

\$125/year

Billed directly to your club account

Contact the club secretary at abyc.secretary@gmail.com for non-member rates



Alamitos Bay Yacht Club

GENERAL MEMBERSHIP MEETING

FRIDAY, MARCH 15



Bar Opens 5:00 pm

Dinner 6:00 pm

Cost \$12.00

Membership Meeting

7:00 pm

Program 8:00 pm

Jesse Fielding, Team Mgr.

STARS + STRIPES

TEAM USA

MENU

Bill Bailey's Corned Beef

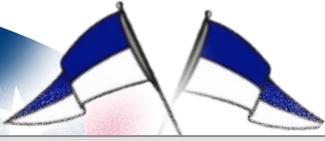
Cabbage, Potatoes & Carrots

Shamrock Pasta

Homemade Irish Soda Bread

Leprechaun Cake

Please Reserve by March 13
Call Sheila @ ABYC (562) 434-9955



Alamitos Bay Yacht Club



GENERAL MEMBERSHIP MEETING

FRIDAY, MARCH 15



*Mike Buckley and Taylor Canfield
Co-Founders Stars + Stripes,
Team USA*

Jesse Fielding, Team Manager
STARS + STRIPES,
TEAM USA

Come and hear **Jesse Fielding, Sailing Team Manager** of **Stars + Stripes Team USA** talk about the first all-American entry in over 15 years to challenge for the America's Cup.

Stars + Stripes Team USA was co-founded by world champion sailors, Mike Buckley and Taylor Canfield with the goal to build an inclusive and authentic, American team to win the 36th America's Cup and inspire the next generation.

Representing the Long Beach Yacht Club, Stars + Stripes Team USA is honored to reignite the iconic Stars & Stripes brand, a name that for decades defined American excellence in the sport. The team has assembled some of the best minds in American boat building and yacht design to learn from global experts as part of the team's grassroots approach to win the Cup and create a sustainable legacy for the American yacht industry. Stars + Stripes Team USA is a 501(c)(3) organization.



For March 15 Dinner,
Please Reserve by March 13
Call Sheila @ ABYC (562) 434-9955



ABYC

EASTER FAMILY BRUNCH

Sunday, April 21

~ Brunch ~

1st Seating 10:00 ~ 11:30 am

2nd Seating 12:00 ~ 1:30 pm

~ Photos with Easter Bunny ~

10:00 ~ 11:30 am

~ Easter Egg Hunt ~

11:00 am

Reserve by April 14

Adults \$25 ~ Kids (5 - 10) \$10
(4 & under eat free!)

After April 14

Adults \$30 ~ Kids (5 - 10) \$10

(562) 434-9955
sheila@abyc.org

When Reserving, Let Sheila Know:

- 10:00 or 12:00 Seating?
- Number (Children + Adults)
- Children's Ages (12 & under)

*Scrumptious
Champagne
Brunch*





March



2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Happy Hour Race Management Appreciation Party Bridge	2 SCYA E.E Manning Regatta
3 SCYA E.E Manning Regatta	4 Club Closed	5 Club Closed Ukulele Lessons PBPG Meeting (5:30 pm)	6 RMC/SAC/JAC Meeting (7:00 pm)	7	8 Happy Hour	9 Whaler Training CPR Training Sunset Saturday Adult Sailing Program (9:00 am)
10	11 Club Closed	12 Club Closed	13 BOD Meeting (6:00 pm)	14	15 General Membership Meeting	16 Sunset Saturday Adult Sailing Program (9:00 am)
17	18 Club Closed	19 Club Closed Ukulele Lessons	20	21	22 Club ABYC Keelboat Fleet Meeting	23 Lido Clinic Adult Sailing Program (9:00 am)
24	25 Club Closed	26 Club Closed	27	28	29 Happy Hour Swing Dance Lessons	30 Sunset Saturday Adult Sailing Program (9:00 am)
31 Senior Sabots						

Club Hours
Social
Meetings
Other
Race



April



2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Club Closed	2 Club Closed Ukulele Lessons PBPG Meeting (5:30 pm)	3 CISA CLINIC	4 CISA CLINIC	5 CISA CLINIC Happy Hour Bridge	6 CISA CLINIC
7 CISA CLINIC	8 Club Closed	9 Club Closed	10 RMC/SAC/JAC Meeting (7:00 pm)	11 Lido Twilight Racing & Dinner Community Meeting (6:30 pm)	12 Happy Hour Swing Dance Lessons	13 Spring Spruce Up Sunset Saturday Adult Sailing Program (11:00 am)
14 Spring Spruce Up	15 Club Closed	16 Club Closed Ukulele Lessons	17 BOD Meeting (6:00 pm)	18 Lido Twilight Racing & Dinner	19 General Membership Meeting	20 Easter Setup Adult Sailing Program (9:00 am)
21 Easter Brunch	22 Club Closed	23 Club Closed	24	25 Lido Twilight Racing & Dinner P.I.C. Meeting (2:00 pm)	26 Happy Hour NOSA Newport to Ensenada Race	27 NOSA Newport to Ensenada Race Viper Clinic Adult Sailing Program (9:00 am)
28 NOSA Newport to Ensenada Race Senior Sabots	29 Club Closed	30 Club Closed				