## Swim -DCYC 2023 Youth Sailing

1399 Yacht Club Rd. Oak Point, TX 75068

## Basic Swim Skills Assessment in DCYC Pool:

(Child's swimming style is not an important measurement. We want to verify that your child can swim, is comfortable in the water, and keeps calm.)

- Tread water for up to 2 minutes.
- Swim from the deep end of the DCYC pool and back, approximately 100 feet.
- Place PFD on and secure it while treading water.
- Pull oneself out of pool from the deep end.

No test required for returning DCYC campers and sailing class students.

