



# 2023 DCYC Youth Program Sailing Classes

SAILING IS A SPORT THAT CAN BE EXPERIENCED BY A CHILD THROUGHOUT HIS OR HER LIFETIME.

[WWW.DCYC.ORG](http://WWW.DCYC.ORG)

**Sailing Coach Ed: [kw172occ@gmail.com](mailto:kw172occ@gmail.com)**

The DCYC Youth Sailing program is planned to be available in 2023 to new or experienced sailors ages 8- 13 (reasonable age exceptions considered on a case-by-case basis). While this class is open to new sailors, those children with experience are encouraged to apply because they will have an opportunity to improve their sailing proficiency. Our sailing coaches are experienced racers and cruisers.

## Learn the Basics, Improve Existing Skills



The program focuses on developing and/or improving sailing skills; classes are taught in Optimist Prams, RS Tera, O'pen Skiff, and sometimes in a P-15 Sloop.

The youth sailors will learn the basics of rigging and sailing in straight lines on and off the wind; capsize recovery; identifying points of sail; how to leave and return to a dock; wind direction; and sail trim. They may practice how to start a race and make their way around a racecourse. They will be taught about the responsibility of caring for the boats and equipment. Knot tying lessons are part of the curriculum.

### Sail a multi-crew dinghy

Sometimes, during the class schedule, the children will have an opportunity to crew on a larger dinghy with their coaches to learn how it differs from a one-person dinghy; how to tack a jib using sheets; how to steer a sloop on all points of sail; and how to raise and lower the sails; and adjust the main and jib sheets for proper sail trim.

These are sailing classes during which the primary focus is on learning to sail and/or improving existing sailing skills. It is different from DCYC's sensational, summer sailing camps which tend to be a balance between summertime fun and a relaxed sailing theme.



The DCYC facility is located on the scenic shores of Lake Lewisville in Oak Point, Texas. Your child may apply for the 2023 programs by contacting the Sailing Coach at [kw172occ@gmail.com](mailto:kw172occ@gmail.com)

Please check DCYC's website [www.dyc.org](http://www.dyc.org) for Youth Sailing information. Class is open to member's children or grandchildren and invited guest youth sailors and some referrals. DCYC Members have priority for program admission.

## Coaches/Instructors/Boats

Dallas Corinthian Yacht Club has club-owned sailboats available for sailing class students to use. The coach or coaches will be on-the-water providing guidance and safety from a motor-driven chase boat. Our coaches/instructors are mature, patient, enthusiastic, safety-conscious, highly experienced racers/cruisers. Safe boating and safe behavior at the Club is the top priority of all concerned. Our classes are relatively small to provide proper instruction to the young sailors. **All students must pass DCYC's basic swim skills test, wear a helmet, and wear an approved PFD (life jacket).**

- **Spring Sailing Class Schedule: Three Saturdays 9:30 a.m.-2:30 p.m. - April 29, May 6, and May 13, 2023. [Group Make-up date May 20, 2023 - if necessary] Tuition is just \$107 for non-members and \$90 for members, per child, for the 3- class program. Loyalty and multi-child discounts may be available - ask Coach. 9:30 a.m. to 2:30 p.m. Saturdays.**

## Other Youth Sailing Programs at DCYC:

- **Fall 2023 - Regatta Prep Classes<sup>1</sup>. (Three or four Saturdays in Sept.-Oct. 2023). Tuition: TBD**
- **2023 Summer Sailing Camps info. June 5-9 & June 12-16, 2023**



Some of our students have progressed in their sailing skills to reasonably compete in a Texas Sailing Association Youth Regatta. They have an opportunity to use DCYC's club-owned boats. The Pirates of the Corinthian Regatta is Oct. (TBA) 2023.

The Optimist Green Fleet is a fine opportunity for novice racers to get some regatta experience in a friendly competition. From the Green Fleet the sailors may move-up to more competitive fleets or larger boats. Our coaches provided on-the-water guidance and support to the youth sailors during the regatta.

Contact DCYC Youth Sailing Coach, Ed: [kw172occ@gmail.com](mailto:kw172occ@gmail.com)

<sup>1</sup> This class is by invitation for qualified sailors entering the 2023 Pirates of the Corinthian Regatta. Sailing Coach will determine eligibility.