



**JSA LIS Eastern District Championship**  
**Noroton Yacht Club, Darien, CT**  
**June 27, 2024**  
**Class C420**

**SAILING INSTRUCTIONS**

**Abbreviations:**

PC	- Protest Committee	RC	- Race Committee
OA	- Organizing Authority	SI	- Sailing Instructions
RRS	- Racing Rules of Sailing	JSA	- Junior Sailing Association of LIS
NOR	- Notice of Race		

**1 ORGANIZING AUTHORITY**

The Organizing Authority (OA) is the Noroton Yacht Club (Host) in partnership with the Junior Sailing Association of Long Island Sound (JSA).

**2 RULES**

**2.1** The regatta is governed by the following:

- The rules as defined in the 2012-2024 Racing Rules of Sailing (RRS)
  - C420 Class Rules. (See [www.jsalis.org](http://www.jsalis.org) for further details.)
  - The Rules for JSA Events
  - The JSA Code of Conduct
- fe US Sailing [SafeSport Handbook](#)

**2.3** Appendix V will apply.

**2.4** RRS 61.1(a) is changed so that "A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, including (if possible) the boat identification number of the boat(s) being protested. The boat shall not consult with instructors, coaches, or support persons, prior to such notification."

**3 NOTICES TO COMPETITORS**

Notices will be posted on the official regatta notice board located in the breezeway.

**4 CHANGES TO SAILING INSTRUCTIONS**

Any change to the SIs will be posted no fewer than 30 minutes before the Harbor Start on the day the changes take effect.

## **5 SIGNALS MADE ASHORE**

- 5.1** Signals made ashore will be displayed from the flagpole on the Patio. The Harbor Start will be signaled by a horn from the signal boat.
- 5.2** No boat shall leave the dock until the Harbor Start has been signaled.
- 5.3** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

## **6 SCHEDULE OF RACES**

- 6.1** 5 races are scheduled. Additional races be held if time allows.
- 6.2** The racing schedule is as follows:

<b>Time</b>	<b>Activity</b>	<b>Location</b>
0800-0930	Registration	Main Clubhouse Breezeway - Regatta room
0930	Instructors' Meeting	Patio
0945	Competitors' Meeting	Patio
1000	Harbor Start	R.C. Leaves the Harbor
1045	First Warning Signal	Starting Area
Between races	Lunch	On the Water
1530	No Warning Signal will be made after 1530	
After racing	Ice cream social	Clubhouse -Lawn
After racing	Presentation of Awards	Patio

- 6.3** Flag A displayed, with no sound, while boats are finishing means 'No more racing today'.

## **7 CLASS FLAGS**

The C420 class flag will be the C420 Class Flag.

## **8 RACING AREA**

The racing area will be approximately 1 to 2 miles SE to SW of G "1" at the mouth of Darien Harbor.

## **9 THE COURSES**

- 9.1** Course "W", Addendum A, shows the order in which marks are to be passed and the side on which each mark is to be left.
- 9.2** No later than the warning signal the RC signal boat may display the approximate compass bearing of the first leg.

## **10 MARKS**

- 10.1** Original marks will be orange tetrahedrons.
- 10.2** New marks as provided in SI 12 will be green tetrahedrons.
- 10.3** The starting and finishing marks will be a Race Committee signal boat and a yellow tetrahedron.
- 10.4** The offset mark for course W will be an orange ball.

## **11 THE START**

- 11.1** Races will be started by using RRS 26.
- 11.2** A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 35, 63.1 and A5.
- 11.3** The starting line will be between a staff displaying an orange flag on the starboard end and a yellow tetrahedron on the port end.
- 11.5** A series of short sounds may be used to call attention just before each warning signal.

## **12 RECALLS OF OCS BOATS**

- 12.1** When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 12.3** Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

## **13 CHANGES OF THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the RC will lay a new green tetrahedron (or move the finishing mark) and remove the original mark as soon as practicable. When in a subsequent change and a new mark is replaced, it will be replaced by an original mark.

## **14 THE FINISH**

The finish line will be between a staff displaying a blue flag on the starboard end and a yellow tetrahedron on the port end.

## **15 TIME LIMITS**

- 15.1** Time limits for the first boat to finish shall be as follows:

<u>Class</u>	<u>Time limit</u>
C420	45 min

- 15.2** Boats failing to finish within 15 minutes after the first boat in their class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. This changes RRS 35, 63.1, A4 and A5.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1** Protest forms are available at the race office located on the patio at the registration desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2** For each class, the protest time limit is 30 minutes after the RC signal boat docks, which will be posted promptly on the notice board.
- 16.3** Notices will be posted as soon as practicable and no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Regatta Room located in the Breezeway as soon as practicable.
- 16.4** Notices of protests will be posted before the protest time limit to inform boats under RRS 61.1(b).

- 16.5** Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily “schedule of protest hearings” that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 16.6** If the RC posts a list of boats scored OCS, ZFP, UFD, BFD or NSC (RRS 29.1 and 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes the US Sailing prescription to 63.2.
- 16.7** Protests under SI 18 and 19 may be made only by the RC or PC. This changes RRS 30.1.
- 16.8** Protests regarding infractions of JSA rules or SI 10, 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC. Please see JSA Rule 4.

## **17 SCORING**

- 17.1** One race is required to be completed to constitute a series.
- 17.2** Each boat’s series score shall be the total of her race scores, no score will be excluded.

## **18 SAFETY REGULATIONS**

- 18.1** Before the first warning signal for each day, all boats shall check in with RC by sailing on starboard tack or towing past the stern of the anchored RC signal boat and hailing their sail number until acknowledged by a committee member.
- 18.2** A boat that retires from a race shall notify the RC boat before leaving the race area. If this is not possible, the competitor shall notify the safety desk or a regatta representative immediately after arriving ashore. The safety desk will be located on the second floor of the club house.

## **19 SUPPORT VESSELS**

Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the Race Committee signals a postponement or abandonment. Coaches and support personnel shall monitor the Race Committee VHF channel and follow any safety instructions issued by the Race Committee. When the Race Committee displays flag V with one sound, all boats and official and support vessels shall, if possible, monitor the Race Committee communication channel for search and rescue instructions.

## **20 RADIO COMMUNICATION**

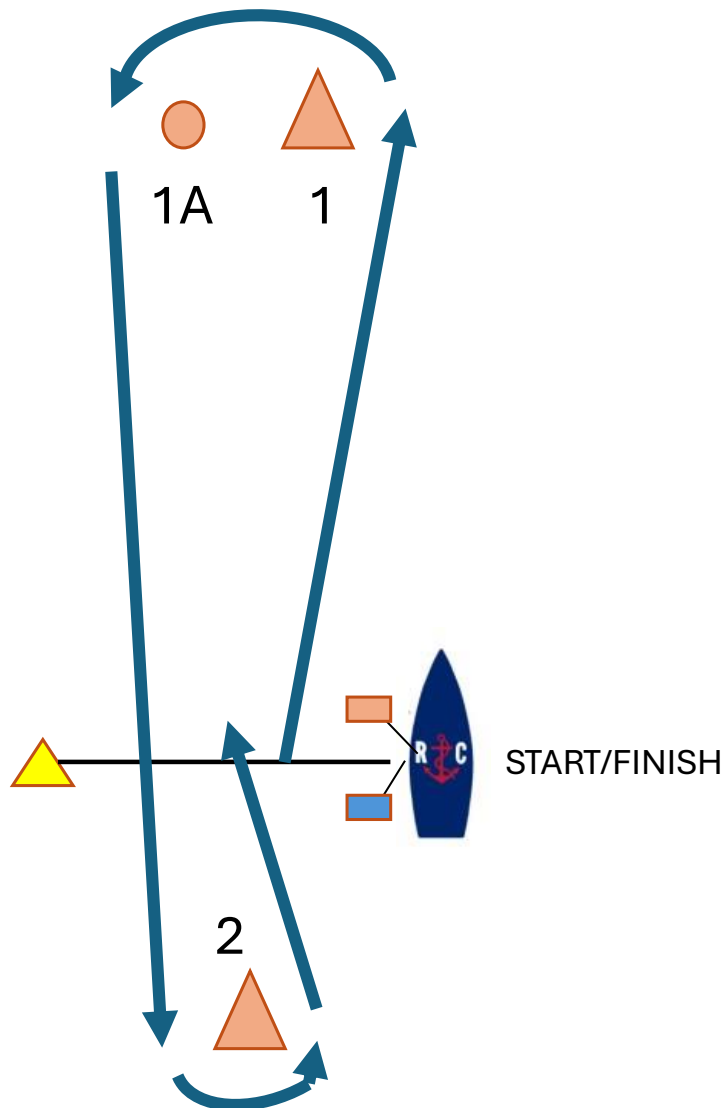
Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

## **21 TRASH DISPOSAL**

Competitors and support persons shall not intentionally put trash in the water. This rule always applies while afloat. The penalty for a breach of this rule may be less than disqualification. Trash may be placed aboard support or official boats. Disposable water bottles will not be distributed. Water will be available from official boats, and each contestant is responsible for bringing a refillable container for water.

Regatta Chairperson:	Casey Hart	<a href="mailto:hart@informermessages.com">hart@informermessages.com</a>
Principal Race Officer:	Britt Hall	<a href="mailto:Brittmhall0@gmail.com">Brittmhall0@gmail.com</a>
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## ADDENDUM A – COURSE W



**Course: Start – 1 – Offset – 2 – Finish**