



SAILING INSTRUCTIONS

BALBOA YACHT CLUB'S

7th ANNUAL BRIDGES REGATTA

SATURDAY, SEPTEMBER 12TH, 2026

1) RULES:

- a) This regatta is governed by the 'rules' as they are defined in the Racing Rules of Sailing (RRS).
- b) Rule 40.1 will be enforced (all sailors must wear a PFD while on the water)

2) NOTICES:

- a) Official notices will be posted on the Regatta Notice Board located on the Sailing Office window of Balboa Yacht Club (BYC).
- b) Changes in the schedule will be posted by 1900 hours the day before it will take effect.
- c) Changes in the Sailing Instructions will be posted by 1030 hours on the day of the regatta.

3) SCHEDULE:

- a) All racing related events are per the table to the right.
- b) One (1) race is scheduled.

Event	Time & Place
Skippers Meeting	1200 hours on the BYC Flag Deck
Warning Signal	1300 hours
Awards/Refreshments	After Race

4) CLASSES:

- a) Mixed Open (A/B Fleet Sailors) are eligible for the perpetual trophy
- b) Mixed Team – all M/F teams with combined times eligible for team trophies.

5) RACING AREA:

- a) Racing will be in Newport Harbor.

6) PENALTIES:

- a) The Two-Turns penalty turn is replaced by a One-Turn penalty consisting of one tack and one gybe in the same direction. This changes RRS 44.2.

7) LINES, MARKS & COURSES

- a) The Start line will be between an orange flag on the BYC Race Committee Boat and an orange flag on a staff abeam of the R/C Boat.
- b) The Finish line will be between an orange flag on the BYC Race Tower and an orange flag on a staff. This changes the current RRS Race Signals.
- c) Bridge #1 is the PCH Bridge, Bridge #2 is the Lido Isle Bridge and Bridge #3 is the Balboa Island Bridge.
- d) Marks 12(a) is a red day marker.
- e) Marks N and T are yellow permanent marks.
- f) The course to be sailed will be displayed on a placard on the R/C Boat.

Course Number	Course Description
1	Start – N (s), Bridge #1 (PCH), 12, Bridge #1, T(s), Bridge #2 (Lido Isle to starboard), Bridge #3 (Balboa Island to starboard) - Finish
2	Start – Bridge #1 (PCH), 12, Bridge #1, T(s), Bridge #2 (Lido Isle to starboard), Bridge #3 (Balboa Island to starboard) - Finish

(s) – indicates a starboard rounding

8) PROTESTS

- a) Boats intending to file a protest should notify the Race Committee after finishing their race.
- b) Protests shall be written on the protest forms provided outside the BYC Race Office.
- c) Protests shall be filed at the BYC Race Office within thirty (30) minutes after the last boat finishes off the BYC Race Tower. Said time being posted on the Regatta Notice Board. This changes RRS 61.3
- d) Notices of protests to be heard shall be posted on the Regatta Notice Board and emailed to competitors.
- e) Protest hearings shall be heard as soon as possible after the protest filing period closes.
- f) Parties to a protest will be notified of hearing details by email within ten (10) minutes of the deadline for submitting protest forms.

9) TROPHIES

Trophies and refreshments will be presented as soon as possible after racing.

Trophies will be awarded to the top finishers of the Men's Open, Women's Open and Mixed Team class.

The winner of the Men's and Women's combined open class will have their name on the Bridges Regatta Perpetual Trophy.

10) Predicted Tides for Newport Beach

Estimated Balboa Island Bridge clearance time will be 2-2:30PM.