Seawanhaka Corinthian Yacht Club

Elihu Root Trophy

Sunday, September 20, 2026

SAILING INSTRUCTIONS

1. RULES

1.1 The races will be governed by rules as defined in *The Racing Rules of Sailing* including Appendix D, the current PHRF Regulations, as administered by the YRA of Long Island Sound (YRALIS) and the United States Sailing Safety Equipment Recommendations, with this event classified as a "Nearshore" event.

1.2 USCG approved personal floatation devices (PFDs) shall be available to competitors at all times while on the water by competitors. All competitors must supply their own PFDs, which shall be worn outside of all clothing when worn.

1.3 Advertising will be restricted to World Sailing Category A.

1.4 The event shall be scored using the PHRF Handicap Rating System of "Time on Time."

2. ENTRIES

2.1 Eligible competitors shall be yachts who have a valid YRALIS PHRF Certificate, who have completed an electronic entry form, and paid the entry fee prior to 1800 on Friday, September 18, 2026. Late entries may be accepted at the sole discretion of the Race Committee.

2.2 If a boat does not have a PHRF rating, one may be assigned by the Principal Race Officer for the regatta at the Captain's Meeting. The Race Committee encourages all yachts to obtain a PHRF certificate through the YRALIS. Yachts that do not have a valid certificate may be assigned a provisional rating at the discretion of the Principal Race Officer or Race Committee Chair, except that those yachts shall be assigned a rating that incorporates a five (5) second penalty to the yacht's last known rating.

3 FEES

The entry fee will be $35 per yacht.

4 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Main Clubhouse at the Seawanhaka Corinthian Yacht Club across from the service desk at the main entrance and will also be placed on the Regattas and Results pages of the Seawanhaka Corinthian Yacht Club at Seawanhaka.org

5. CHANGES IN SAILING INSTRUCTIONS

Change in the Sailing Instructions may be made at the competitors' Meeting in the Main Clubhouse at 1030 hours on the day of the Regatta and posted immediately after the Captains' Meeting.

6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed at the yardarm of the mainmast of the Seawanhaka Corinthian Yacht Club or from the Race Committee boat stationed at the Service Dock.

6.2 Code flag 'AP' over 'H' with two sound signals means "Do not leave shore." All races not started are postponed. Further signals will be made ashore.

7. SCHEDULE OF RACES

One race is scheduled for the day and one (1) race shall constitute the Regatta. The starting sequence for the first race of the Regatta will commence at 1255 hours. No race shall start after 1700 hours.

8. RACING AREA

The racing area will be Cold Spring Harbor, Oyster Bay and Long Island Sound. The rendezvous area for the first race of the regatta will be in the area of Class Racing Mark 'S', or, in the event sailing conditions are, in the discretion of the Principal Race Officer, not fit for fair racing, in the vicinity of Seawanhaka Club Mark "4".

9. COURSES

The Race Committee Signal Boat will signal the PHRF Course by the display of placards. The placards will correspond to marks as detailed on the chart "Chart of Out of Harbor Marks" (See Attachment "A") and "Chart of In Harbor Marks" dated 5/28/24. (See Attachment B). The Race Committee shall make an announcement on VHF Channel 68 prior to the commencement of each divisional starting sequence of the manner in which each mark is to be rounded.

10. MARKS

The approximate locations of the marks and their designations are found on a chart entitled "CSHBC, SYC & SCYC" "Chart of Out of Harbor Marks" (See Attachment "A") and "Chart of In Harbor Marks" dated 5/28/24. (See Attachment "B"). In the event the Principal Race Officer find that racing is not conducive to racing off Club Mark "S", the Principal Race Officer shall have the discretion to move racing into Cold Spring Harbor and Oyster Bay, with the Starting Area being in the vicinity of Club Mark "4". Should that occur, the Principal Race offer may select marks from the and "Chart of In Harbor Marks" dated 5/28/24. (See Attachment B).

11. THE START

11.1 Starts of each division shall be in conformity with RRS 26.

11.2 The "Class Flag" shall be Numeral Pennant #1 for Division One; Numeral Pennant "#2 for Division Two; etc.

11.3 The starting line will be between a staff displaying an orange flag on the Race Committee boat and the course side of either Seawanhaka Club Mark "S" or, in the event Course "O" is designated as the course to be raced, Seawanhaka Club Mark "4".

11.4 A boat shall not start later than five (5) minutes after her starting signal.

12. RECALLS

The recall number is the boat's sail number.

The following shall not be grounds for redress [This modifies RRS 62]:

a) Failure of a boat to hear or receive a recall broadcast;

b) A boat's position in the sequence of recall numbers broadcast;

c) Promptness of the broadcast.

13. THE FINISH

13.1 The finishing line will be between a staff displaying an orange flag on a Race Committee boat and the course side of Class Racing Mark "S" or, in the event racing is moved to start off Club Mark 4, then the finish line shall also be Mark 4.

14. PROTESTS

14.1 Protests shall be written on forms available at the front desk of the Seawanhaka Corinthian Yacht Club and lodged there by 1800 hours on the day of the regatta.

14.2 The Protest Committee will hear protests in approximately the order of receipt as soon as possible. The parties to the protest will be advised of the date, time, and place of the hearing.

15. SCORING

15.1 The scoring system is as follows: Entries will be divided into divisions at the sole discretion of the Race Committee. Each division will be scored separately. Prior to the start of the first race, yachts will commit to racing in either the Jib and Main or Spinnaker Division.

15.2 There will be no throwouts. This modifies Appendix A.

16. PRIZES

Prizes will be given for the first-place winner of each division. Additional prizes may be awarded in each division, depending on the number of starters, at the sole discretion of the Race Committee. Prizes will be distributed at the Annual Awards Dinner at Seawanhaka Corithian Yacht Club on October 24, 2026.

17. SAFETY

A boat that retires from a race, or from continued racing on a particular day, shall notify the Race Committee as soon as possible of her intent to retire.

18. VHF REQUIREMENTS

Each boat must carry a VHF radio on board and shall monitor Channel 68, with the understanding that the Race Committee may, in their discretion, move to another channel after duly notifying the participants of the change.

19. COMMUNICATIONS

19.1 A boat shall neither make radio, telephone or electronic transmissions while racing nor receive special radio, telephone or electronic communications that are not available to all boats.

19.2 The Race Committee shall monitor and make announcements over VHF Channel 68 or any successive channel after duly notifying participants of the channel change.

20. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. Seawanhaka Corinthian Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. The skipper of each boat shall be responsible for the behavior of each member of her crew.

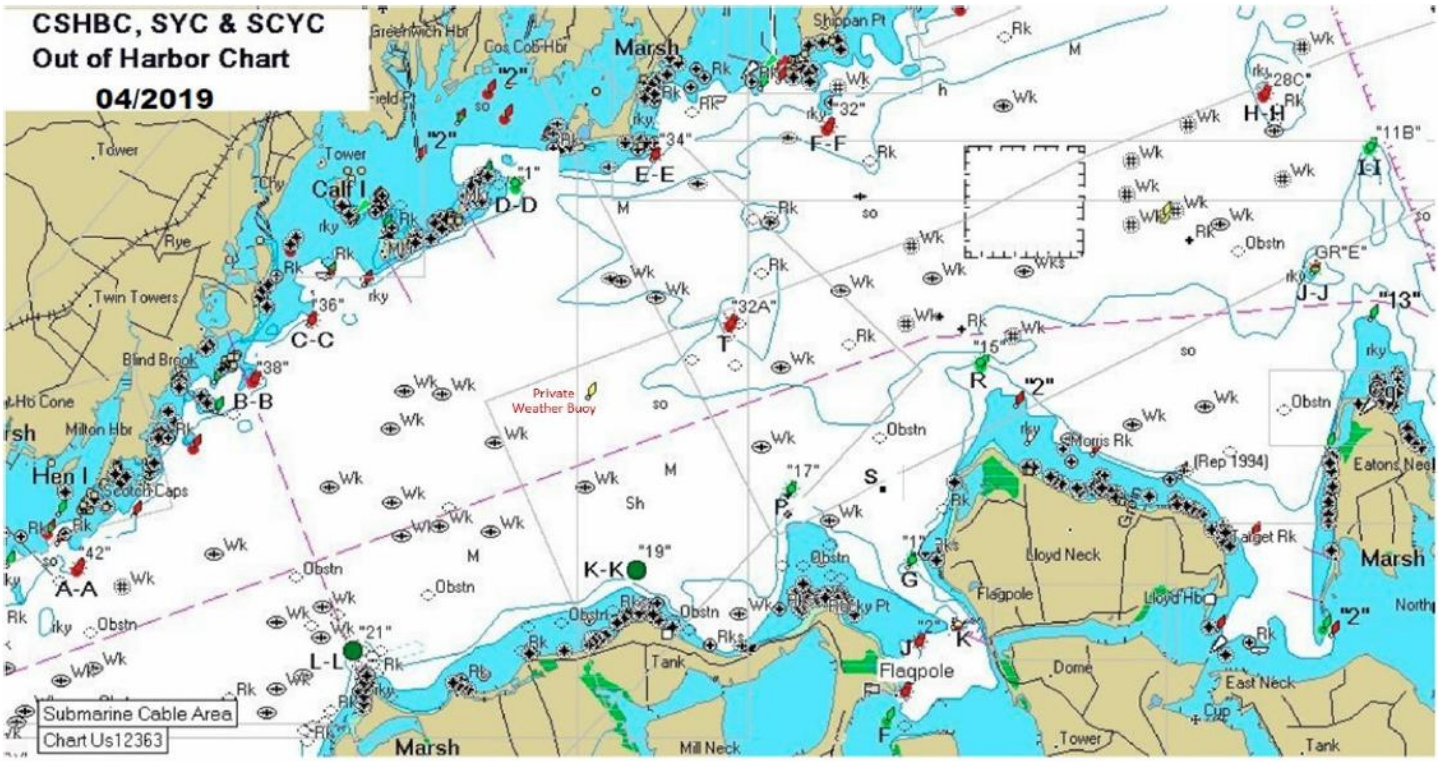
21. INSURANCE

Each participating yacht shall be insured with valid third party liability insurance with a minimum coverage of $300,000.

Seawanhaka Corinthian Yacht Club
314 Yacht Club Road
Centre Island, Oyster Bay, New York 11771
(T) 516 922-6200 * (F) 516 922-6203
RaceCommittee@seawanhaka.org

Tina Blaise, Chair, Race Committee
Dated: 9/14/26

ATTACHMENT A



Mark	Location	Buoy	Characteristics
A-A	Mamaroneck Harbor	R"42"	FIR 2.5 sec Bell
B-B	Transport Shoal	R"38"	FIR 4 sec Bell
C-C	Bluefish Shoal	R"36"	Bell
D-D	Little Captain I. (Hen & Chickens)	G"1"	FIG 2.5 sec Gong
E-E	Greenwich Point	R"34"	Nun
F-F	The Cows (Stamford)	R"32"	FIR 6 sec Bell
F	Clubhouse Channel	G"3"	FIG 4 sec
G	West of Lloyd Neck	G"1"	Gong
H-H	Cable & Anchor Reef	R"28C"	FIR 4 sec Bell
I-I	Mid-Sound N. of Eaton's Neck	G"11B"	FIG 4 sec Gong

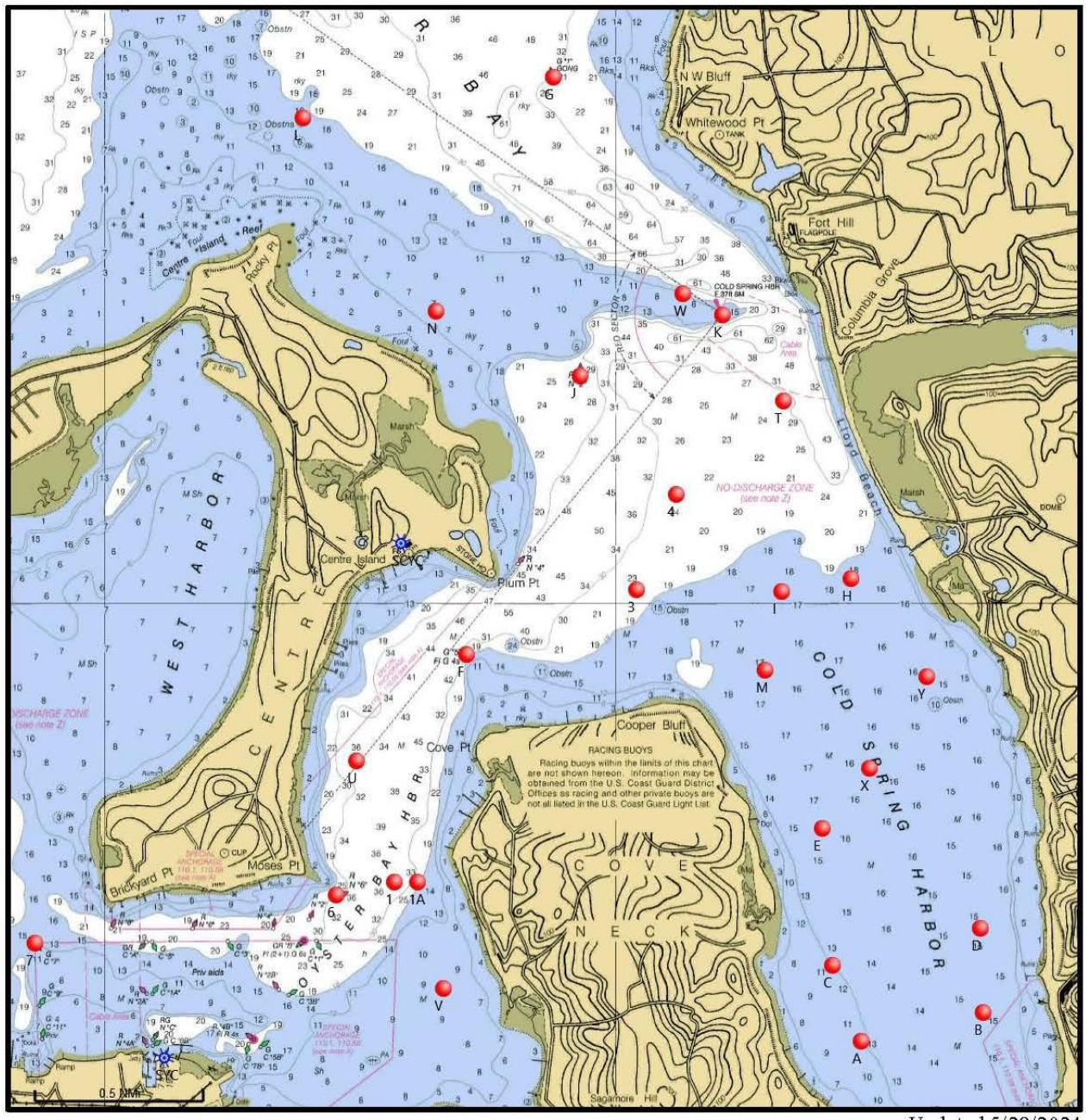
Mark	Location	Buoy	Characteristics
J-J	Eaton's Neck	GR"E"	Can - Red & Green
J	Sandbar - off C.J.	R"2"	Nun
K-K	Oak Neck	G"19"	Can
K	Lighthouse	Gvmt	Spire - Red/White
P	Centre Island Reef	G"17"	Bell
R	North of Lloyd Neck	G"15"	Gong
T	Mid-Sound Buoy	R"32A"	FIR 2.5 sec Bell

Plum Point	R"4"	Nun

All races start and finish at Mark S, a club mark located between Mark P and the end of Lloyd Neck Point.

ATTACHMENT B

Approximate Mark Positions in OB/CSH



Updated 5/28/2024

Mark	Location Description	Buoy	Characteristics	Approximate Coordinates[1]				Last Verified
				Lat (Deg)	Lat (Min)	Long (Deg)	Long (Min)	
1	West of Cove Neck	SYC	Orange Cylinder	40	53.178	73	30.867	2024
1A[2]	West of Cove Neck	SYC	White Cylinder	40	53.177	73	30.776	2024
3	North of Cooper Bluff	SCYC	Yellow Race Mark	40	54.041	73	29.918	2024
4	North of Cooper Bluff	SCYC	Yellow Race Mark	40	54.323	73	29.761	2024
T[3]	Lloyd Neck Causeway (N)	SCYC	Yellow Race Mark	40	54.600	73	29.341	2024
6	Moses Point	R "6"	Nun	40	53.136	73	31.083	2023
U	Yellow Race Mark, SW corner of SCYC mooring field	SYC	Small Yellow Race Mark	40	53.535	73	31.013	2024
7	North of The Waterfront Center	G "7"	Nun	40	52.998	73	32.273	2023
A	1/2 nm WNW of CSHBC	SCYC	Yellow Race Mark	40	52.708	73	29.037	2024
B	1/2 nm NW of CSHBC	SCYC	Yellow Race Mark	40	52.791	73	28.562	2024
C	East of Cove Neck	SCYC	Yellow Race Mark	40	52.931	73	29.150	2024
D	1/2 nm N of CSHBC	SCYC	Yellow Race Mark	40	53.042	73	28.573	2024
E	Southeast of Cooper's Bluff	SCYC	Yellow Race Mark	40	53.336	73	29.190	2024
F	SCYC Clubhouse Channel	G"5"	Fl G 4 sec	40	53.850	73	30.591	2023
G	West of Lloyd Neck	G"1"	Gong	40	55.557	73	30.244	2023
H	Lloyd Neck Causeway (S)	CSHBC	Yellow Race Mark	40	54.074	73	28.078	2024
I	Between M & H	CSHBC	Yellow Race Mark	40	54.037	73	29.349	2024
J	Sandbar - off C.I.	R"2"	Nun	40	54.674	73	30.138	2023
K	Cold Spring Harbor Light	Beacon	Spire - 37ft - 7mi - Red/White	40	54.854	73	29.583	2023
L	Centre Island Reef	SCYC	Yellow Race Mark	40	55.437	73	31.223	2024
M	East of Cooper's Bluff	SCYC	Yellow Race Mark	40	53.804	73	29.414	2024
N[4]	Off Kennedy's Beach, C.I.	SCYC	Yellow Race Mark	40	54.865	73	30.704	2024
O	West of Lloyd Neck	SCYC	Yellow Race Mark	40	56.260	73	29.874	2024
P	Centre Island Reef	G"17"	Bell	40	56.310	73	31.965	-
C19	North of Oak Neck Pt	G"19"	Can	40	55.450	73	34.193	-
R	North of Lloyd Neck	G"15"	Gong	40	57.680	73	29.258	-
S	Between P & O	SCYC	Yellow Race Mark	40	56.358	73	30.685	2024
32A[5]	Mid-Sound Buoy	R"32A"	Fl R 2.5 sec Bell	40	58.122	73	32.801	-
V	Oyster Bay Cove	SYC	Orange Ball	40	52.865	73	30.673	2023
W	Mark west of Lighthouse in CSH	SCYC	Yellow Race Mark	40	54.916	73	29.735	2024
X	Between E & Y (Cold Spring Harbor North)	CSHBC	Yellow Race Mark	40	53.515	73	29.005	2024
Y	East of X (Cold Spring Harbor North/East)	CSHBC	Yellow Race Mark	40	53.784	73	28.783	2024
Z	Position to be announced by RC	SYC	Yellow Tetrahedron	N/A	N/A	N/A	N/A	N/A

[1] Note that several marks not under the responsibility of SYC are often not at their stated positions. The SYC Racing Coordinator verifies the marking and position of all marks on a best-effort basis and periodically updates the SIs with this information.

[2] Although verified, 1A tends to be regularly shifted small amounts, consider the listed coordinates to be approximate

[3] Legacy mark "5" is now labeled as "T"

[4] In shallow water. Recommend it only be used during the top half of the tide.

[5] Legacy mark "T" is now labeled as "32A"