

CAROLINA YACHT CLUB
Wrightsville Beach, North Carolina
Labor Day Cup 2026
Sailing Instructions

1. RULES

1.1 The races will be governed by the rules as defined in the Racing Rules of Sailing 2025-2028

1.2 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail.

1.3 RRS 60.4(a)(2) is changed to state: "if it is from a boat that alleges a breach of a rule of Part 2 or rule 31, but she was not involved in it **and** did not see the incident, or".

2. ENTRIES

2.1 Eligibility requirements for competitors are that they shall be regular, sailing, or seasonal members of the Carolina Yacht Club, the spouses and children of those members and others invited.

2.2 Eligibility requirements for boats are that they shall be all one-design boats 20' or less with a minimum fleet size of 3. Boats shall display sail numbers on both sides of the main sail in accordance with rule 77 and Appendix G.

2.3 Eligible boats must enter by completing the registration through Club Spot. All crew must be listed. Late registrations and crew changes may be done at the stern of the Signal Vessel until the first warning signal. Any boat registering on the water must finalize registration in Club Spot within 24 hours of the completion of that day's races in order to be scored. Boats unable to access Club Spot must so indicate to the recorder and provide all information needed to properly register the boat within 15 minutes of the official docking time of the Signal Vessel.

2.4 Check in should be completed at the stern of the race committee vessel, sailing behind the Signal vessel on starboard tack until the first warning signal.

2.5 Competitors shall sail as one fleet in all classes.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on Club Spot here:

<https://theclubspot.com/regatta/>

4. CHANGES IN SAILING INSTRUCTIONS

4.1 Any change in the sailing instructions will be posted before 1000 hours on the day it will take effect except that any changes to the schedule of races will be posted before 2000 on the day before it will take effect.

4.2 A change may be made orally on the water after the "L" flag (Come Within Hail).

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flagpole at the sound side gazebo.

5.2 When code flag AP is displayed ashore. "1 minute" is replaced with "not less than 15 minutes" in race signal RRS Race Signal AP.

6. SCHEDULE OF RACES

September 7, 2026

3 Races Scheduled

1300 First Warning

7. CLASS FLAGS

Class/warning flags will not be used with the Appendix S Sound Signal Starting System. See paragraph 11. If the Race Committee elects to use the five (5) minute starting sequence, the warning signal will be the class flag for Sunfish, Laser, Lightning, and 420 and M15 classes. The warning signal for any other classes will be a yellow flag.

8. RACING AREA

The racing area will be in Banks Channel or Motts Channel areas of Wrightsville Sound.

9. THE COURSE

9.1 The course diagram attached to these sailing instructions shows the course and the order in which the marks are to be passed. All rounding marks are to be left to port.

9.2 The designation of the course to be sailed for each race will be displayed on the course board at the stern of the race committee signal boat no later than the warning signal for each race.

10. MARKS

10.1 Rounding marks will be a green tetrahedron for Sunfish and 420s and a yellow tetrahedron for all other classes.

10.2 Leeward marks will be a yellow tetrahedron for all classes except Melges and a red ball for the Melges class.

10.3 The starting and finishing mark will be a white ball.

11. THE START

11.1 Unless signaled otherwise, races will be started using Appendix S with a warning signal given 3 minutes before the starting signal. Option to use Rule 26 (5 minute start) will be signaled by displaying numeral pennant 5 (yellow/blue) on the race committee signal boat with several sounds.

11.2 No later than the warning signal, the order of class starts will be shown on the course board at the stern of the race committee signal boat. The order of class starts may change after the first race.

11.3 The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the port end white buoy.

11.4 [dp] Boats whose warning signal has not been made shall keep clear of the starting area and of boats that are racing. The race committee may penalize a boat that breaks this rule without a hearing.

11.5 A boat starting 3 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

11.6 Individual recalls will be signaled in accordance with Rule 29.1 modified as follows: An attempt may be made to hail OCS boat(s) orally. However, failure to hear the hail, the order of the boats hailed, or the timeliness of the hail, shall not be grounds for redress. This is only a courtesy to the competitors on the part of the race committee.

12. CHANGE OF COURSE AFTER THE START

To change the position of the next mark, the race committee will lay a new mark (or move the finishing mark) and remove the original mark as soon as practical. The change will be signaled before the leading boat has begun the leg although the new mark may not yet be in position. When in a subsequent change a new mark is replaced, it will be the original mark.

13. THE FINISH

Unless signaled otherwise, the finish line will be a staff displaying a blue flag on the race committee signal boat and a round white buoy.

14. PENALTY SYSTEM

14.1 The two-turns penalty, Rule 44.2, will apply except that when an infringing boat has its spinnaker drawing at the time of the incident, she shall lower her spinnaker head of the sail below the boom gooseneck, complete one turn including one tack and one jibe, reset her spinnaker and have it drawn after the penalty. This modifies Rule 44.2

15. TIME LIMIT

The time limit for all classes will be 50 minutes. Boats failing to finish within 10 minutes after the first boat of its class sails the course and finishes will be scored TLE. This changes Rule 35 and A4.

16. PROTESTS

16.1 Boats intending to protest shall notify the race committee at the finish line of the sail number(s) of the boat(s) being protested. Protests will be written on forms available at the sound side gazebo and lodged there with the jury's representative within the protest time.

16.2 Protest time begins when the race committee signal boat docks and signals with one sound and it ends 30 minutes later.

16.3 Protests will be heard in approximately the order of receipt as soon as possible.

16.4 If the Race Committee posts a list of boats scored OCS, UFD, ZFP, or BFD on the official notice board

before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes rule 61.2.

17. SCORING

17.1 With 3 races scheduled, 1 shall be completed to constitute the regatta.

17.2 The Low Scoring System, Rule A4.1 as modified by Rule A9, will apply.

17.3 Rule A8 will apply in the event of a tie.

18. SAFETY REGULATIONS

18.1 Wearing of a personal flotation device is **required in Sunfish, Laser, M15 and 420s but will be at the discretion of the competitor in Lightnings, unless signaled otherwise by the Race Committee.**

18.2 Before the warning signal is made for the first race of the day, each competitor shall sail by the stern of the signal boat, hail their name and sail number and be acknowledged. Failure to do so will result in a score of DNS for that race.

18.3 A boat that intends to leave the race area before racing for the day is finished shall notify a race committee member before leaving the race area. If that is impossible then, immediately after arriving ashore, the competitor shall notify the dock master or anyone else having a VHF radio who will in turn, notify the race committee via VHF in order to account for all competitors.

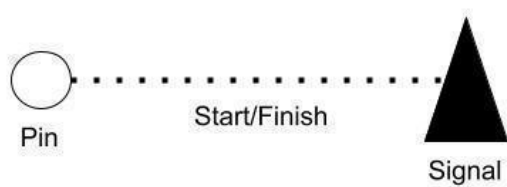
19. PRIZES

One prize	3 to 5 boat fleet
Two prizes	6 to 10 boat fleet
Three prizes	11 plus boat fleet

Course 1: Start-1-2-Finish

Course 2: Start-1-2-1-2-Finish

1
Sunfish/420 Only



2
Melges Only

