# American Yacht Club
# 2026-27 Frostbiting Season

Nov 15, 2026 to March 28, 2027

Organizing Authority (OA): American Yacht Club (AYC), Rye, NY

# NOTICE OF RACE

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

**1. RULES**

1.1. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).

1.2. US Sailing Prescription Appendix U "AUDIBLE-SIGNAL RACING SYSTEM" shall apply, with modifications to U3 as defined in the Sailing Instructions.

1.3. RRS 40.1 will apply.

**2. SAILING INSTRUCTIONS**

2.1. The Sailing Instructions will be available no later than 2200 on Nov 12, 2026 on the Clubspot regatta website. [https://sailing.americanyc.org/regatta/bosRWkZ3JI]

**3. COMMUNICATION**

3.1. The official notice board is located at the Clubspot regatta website. Courtesy communications will also be sent out by email and the Frostbiting Whatsapp channel. Sailors in the Cook11 and Laser classes are required to provide an email to their respective fleet captains.

**4. ELIGIBILITY AND ENTRY**

4.1. The event is open to boats of the following classes: Cook11 and Laser-style boats with the "ILCA 6" rig or "ILCA 4" rig.

4.2. All competitors shall be members of American Yacht Club ("AYC Members") or "Frostbiting Special Members" of AYC. Frostbiting Special Members are

subject to the “Rules for Frostbiting Special Members”, found on the regatta website.

4.3. All Competitors must accept the “AYC Frostbiting Waiver / Entry Form” before starting their first race of the season. The form will be automatically emailed to registrants for an e-signature. Signed printed versions of the document may also be given to either of the Fleet Captains.

4.4. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees. AYC Members will be billed via their audit number. Frostbiting Special Members will pay through the regatta website.

4.5. Family Members: Direct family members may race one boat and be scored as one skipper for the qualification and series scoring calculations. This election must be made prior to the first day of racing each season and must be approved by the appropriate Fleet Captain.

## 5. FEES

5.1. The following fees apply:

i. AYC Members (Cook11 or Laser): $400 (billed through audit number)

ii. Frostbiting Special Members (Cook11 or Laser): $550 (paid at registration on the website)

iii. CPYC guests (Laser): $250 (for Cedar Point Yacht Club sailors who wish to join during their winter break)

5.2. On the Dave Perry Coach Day, sailors who choose to race or attend the post-racing debrief will be charged an additional $40 fee per person.

## 6. SCHEDULE

6.1. First Warning signal is scheduled for 1330 each day.

6.2. Dates:

FALL Series:
November 15, 22 (Dave Perry Coach Day), 29 (Distance Race)
December 6, 13, 20, 27

WINTER Series:
January 3, 10, 17, 24, 31
February 7

SPRING Series:
February 14, 21, 28
March 7, 14, 21

## 7. CLOTHING AND EQUIPMENT

7.1. [DP][NP] On and after Dec 6, sailors are required to wear drysuits or cold-weather-appropriate wetsuits.

## 8. VENUE

8.1. The racing area will be located inside or just outside of the American Yacht Club harbor.

## 9. COURSES

9.1. The courses, marks, and start/finish lines will be described in the Sailing Instructions.

## 10. PENALTY SYSTEM

10.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

## 11. SCORING

11.1. One race is required to be completed to constitute a series. Each Series of Fall, Winter, and Spring Series will be scored, as well as the overall series, referred to as the "Season".

11.2. Boats will be scored in 3 divisions: Laser, Laser Orange, and Cook11. Boats in the Laser and Laser Orange divisions may compete in either the ILCA 6 or ILCA 4 rig.

11.3. A minimum of three (3) competing boats in a division are required to constitute a scorable race.

11.4. For daily scoring, Appendix A will apply, with RRS A5.3 in effect.

11.5. Series and Season scoring will use the Cox-Sprague scoring system.

i. Each starter in each scheduled race shall be credited with the number of points for her finishing place in her division as indicated in the table in Addendum A.

ii. A boat's series score shall be in the quotient obtained from dividing her Total Points Scored by her Total Possible Points. The Total Possible Points will be calculated as if the boat received first place in every race sailed.

iii. A boat that does not complete the prescribed course after her starting signal, or withdraws or is disqualified, shall be counted as a starter and shall receive the number of points applying to the finishing place one worse than the number of starters in that race.

11.6. Qualification

i. To qualify for a Series or the Season, a skipper must sail at least 50% of the races sailed during the Series or Season.

ii. For purposes of qualification, for both a Series and a Season, a participant who is acting as the Principal Race Officer (PRO) or who is assisting the Race Committee at the request of the PRO or AYC staff, will be counted as having sailed on that day in each of the races sailed. The participant's score will not be affected.

iii. Sailors who race in the 2026 Women's Frostbiting Regatta will receive qualification for the number of races sailed, up to the number of races sailed the consecutive Sunday.

11.7. Turkey Distance Race Day

i. Distance races held on this day will be scored as two races.

## 12. PRIZES

12.1. For the Cook11, Laser, and Laser Orange divisions, prizes for 1st, 2nd, and 3rd shall be awarded for each of the Fall, Winter, and Spring Series as well as the overall series.

12.2. The Laser Fleet Captain has the option of awarding prizes to an "A" and "B" fleet. If a B fleet is created, sailors will be classified as in the A or B fleet at the completion of the Fall series at the discretion of the Laser Fleet Captain and this classification will be fixed for all three series and the entire season.

12.3. The Commodore Malcolm D. Clarke Jr. Trophy shall be awarded to the winner of the overall series in the Laser division.

12.4. All prizes shall be awarded at the annual frostbiting dinner, held after the completion of the season.

## 13. GREEN REGATTA

13.1. [DP][NP] In an effort to promote sustainability and reduce the amount of waste in Long Island Sound, single-use plastic water bottles shall not be used from the time competitors leave the dock until racing is concluded for the day. Reusable water bottles will not be provided by the OA, and competitors are encouraged to bring their own. Drinking water will be available from official boats for competitors to refill their reusable water bottles.

## 14. RESPONSIBILITY FOR SAFETY, WAIVER & RELEASE

14.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf

("Releasors") that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases). Releasors also agree, understand and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease (including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasors forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasors now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf ("Releasees"), for anything arising out of or relating to Releasors' participation in such sailing events (including contracting communicable diseases). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasors agree, acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

## 15. FURTHER INFORMATION

15.1. For further information, Laser sailors should contact: Fleet Captain/Frostbiting Chair Giff Constable at **giff.constable@gmail.com**.

15.2. Cook 11 sailors should contact: Fleet Captain Paul LaBossiere at **labossiere.paul@gmail.com**.

# Addendum A

## Cox Sprague Scoring Table

### Cox-Sprague Scoring System

**In each race the number of starters will determine the column to be used in the table below, and each yacht will be credited with the number of points indicated for her finishing place. A yacht's series score shall be her "Percentage of Perfection", calculated by dividing her Total Points Scored by the total points she would have had if she had won every race in which she started.**

| # Starters | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 or more | Place |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 10 | 31 | 43 | 52 | 60 | 66 | 72 | 76 | 80 | 84 | 87 | 90 | 92 | 94 | 96 | 97 | 98 | 99 | 100 | 1 |
| | 4 | 25 | 37 | 46 | 54 | 60 | 66 | 70 | 74 | 78 | 81 | 84 | 86 | 88 | 90 | 91 | 92 | 93 | 94 | 2 |
| | (0) | 21 | 33 | 42 | 50 | 56 | 62 | 66 | 70 | 74 | 77 | 80 | 82 | 84 | 86 | 87 | 88 | 89 | 90 | 3 |
| | | (17) | 29 | 38 | 46 | 52 | 58 | 62 | 66 | 70 | 73 | 76 | 78 | 80 | 82 | 83 | 84 | 85 | 86 | 4 |
| | | | (26) | 35 | 43 | 49 | 55 | 59 | 63 | 67 | 70 | 73 | 75 | 77 | 79 | 80 | 81 | 82 | 83 | 5 |
| Pts. In ( ) are for DNF & DSQ | | | | (32) | 40 | 46 | 52 | 56 | 60 | 64 | 67 | 70 | 72 | 74 | 76 | 77 | 78 | 79 | 80 | 6 |
| | | | | | (38) | 44 | 50 | 54 | 58 | 62 | 65 | 68 | 70 | 72 | 74 | 75 | 76 | 77 | 78 | 7 |
| | | | | | | (42) | 48 | 52 | 56 | 60 | 63 | 66 | 68 | 70 | 72 | 73 | 74 | 75 | 76 | 8 |
| | | | | | | | (46) | 50 | 54 | 58 | 61 | 64 | 66 | 68 | 70 | 71 | 72 | 73 | 74 | 9 |
| Place | Pts. | Place | Pts. | | | | | (48) | 52 | 56 | 59 | 62 | 64 | 66 | 68 | 69 | 70 | 71 | 72 | 10 |
| 21 | 58 | 31 | 48 | | | | | | (50) | 54 | 57 | 60 | 62 | 64 | 66 | 67 | 68 | 69 | 70 | 11 |
| 22 | 57 | 32 | 47 | | | | | | | (52) | 55 | 58 | 60 | 62 | 64 | 65 | 66 | 67 | 68 | 12 |
| 23 | 56 | 33 | 46 | | | | | | | | (53) | 56 | 58 | 60 | 62 | 63 | 64 | 65 | 66 | 13 |
| 24 | 55 | 34 | 45 | | | | | | | | | (55) | 56 | 59 | 61 | 62 | 63 | 64 | 65 | 14 |
| 25 | 54 | 35 | 44 | | | | | | | | | | (56) | 58 | 60 | 61 | 62 | 63 | 64 | 15 |
| 26 | 53 | 36 | 43 | Place | Pts. | | | | | | | | | (57) | 59 | 60 | 61 | 62 | 63 | 16 |
| 27 | 52 | 37 | 42 | 41 | 38 | | | | | | | | | | (58) | 59 | 60 | 61 | 62 | 17 |
| 28 | 51 | 38 | 41 | 42 | 37 | | | | | | | | | | | (58) | 59 | 60 | 61 | 18 |
| 29 | 50 | 39 | 40 | 43 | 36 | | | | | | | | | | | | (58) | 59 | 60 | 19 |
| 30 | 49 | 40 | 39 | etc. | etc. | | | | | | | | | | | | | (58) | 59 | 20 |