



MYC Opti Regatta Area C with Green Fleet

Milford Yacht Club

131 Trumbull Ave, Milford, CT 06460

Wed, August 5, 2026

Class: Optimist

Open to: All boats of the Optimist Class Red, Blue and White age groups that meet JSA and regatta eligibility requirements.

Qualifier for: JSA Optimist Championship and Season Series Awards in 2026

Notice of Race

- Milford Yacht Club is the Organizing Authority (OA) in partnership with the Junior Sailing Association of Long Island Sound.
- [DP]** The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

Abbreviations:			
PC	- Protest Committee	RC	- Race Committee
OA	- Organizing Authority	SI	- Sailing Instructions
RRS	- Racing Rules of Sailing	JSA	- Junior Sailing Association of LIS
NoR	- Notice of Race		

1 RULES

1.1 The event will be governed by:

- the rules as defined in *The Racing Rules of Sailing*
- the Optimist Class Rules
- the [Rules for JSA Events](#)
- the [JSA Code of Conduct](#)
- the US Sailing [Athlete Safety Handbook](#)
- RRS Appendix V1 Penalty at the Time of an Incident, and Appendix V2, Penalty Taken After a Race, will apply.
- Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or

h. RRS Appendix T, Arbitration will apply

2 SAILING INSTRUCTIONS

- 2.1 The Sailing Instructions will be available at <https://milfordjrsailing.theclubspot.com/regatta/IMXz0ZE0ny/#notice-board> before and during the regatta, and at Regatta Registration Tables.

3 COMMUNICATION

- 3.1 This Notice of Race, results, and other information will be available here: <https://milfordjrsailing.theclubspot.com/regatta/IMXz0ZE0ny>
- 3.2 Each coach and support vessel shall carry a VHF radio capable of communicating on all US channels.
- 3.3 All coaches and support vessels shall monitor the VHF channel designated in the Sis for each course. Support persons shall maintain silence on this channel unless safety-related communication with the race committee or safety patrol is necessary. MYC base can be reached on VHF channel 68 for operational and emergency support.
- 3.4 While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 This regatta is open to all competitors who meet JSA and regatta eligibility requirements.
- 4.2 **If Qualifier:** This event is open as a qualifier for JSA Optimist Champs to sailors representing member programs in JSA Area C only. Sailors from programs outside JSA Area C may enter as non-champs qualifiers if space permits, in which case entries will be accepted in order of date of receipt.
- 4.3 The regatta is open to JSA members' racing boats of the Optimist Class that meet the age requirements set forth below and who have also been certified as competent for this event by, and are under the aegis of, the Head Instructor or Program Chair of the Junior Sailing Program at their club, or a similar competent organization.

Class	Minimum Age (As of)	Maximum Age (As of)
Optimist (White)	8 (as of Birthday)	10 (as of Birthday)
Optimist (Blue)	11 (as of Birthday)	12 (as of Birthday)
Optimist (Red)	13 (as of Birthday)	15 (as of Birthday)

- 4.4 Eligible boats may enter by registering online here: <https://milfordjrsailing.theclubspot.com/register/regatta/IMXz0ZE0ny/class>. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.5 Questions regarding eligibility and registration should be directed to Bruce Scull, Regatta Chair, vicecommodore@milfordyachtclub.com.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 Each boat shall carry the safety equipment specified by either the Optimist Class Association or JSA.

- 5.2** Each sailor shall complete a safety check, pass such check before sailing, and present their completed self-check safety form to registration. Safety check forms can be completed by the sailor's instructor prior to the boat arriving the club to expedite registration.
- 5.3** Each boat shall display a streamer designating their Division (red, blue or white) from the top of their sail. Streamers will be provided at registration.

6 FEES

- 6.1** The entry fee is \$80 per sailor due by Friday, July 31. The fee for entries submitted after the due date is \$90 per sailor. No refunds of the entry fee will be made after Monday, August 3rd 5pm. There is no fee to send an Instructor. The entry fee includes after race activities.
- 6.2** All skippers, crews, and Instructors are required to check in (in person) during registration.

7 SCHEDULE

Day	Date	Time	Activity	Location
Wed	August 5	0800	Registration	Main Clubhouse
		0800	Measurement and Equipment Check	Dry-sail area
		0945	Instructors Meeting	Front Lawn
		1000	Competitors Meeting	Front Lawn
		1030	Harbor Start	Docks
		1115	First Warning Signal	Starting Area
			Lunch	On the Water (BYO)
		1500	No Warning Signal after	
		Post Racing	Snacks and Awards	Front Lawn

8 VENUE

- 8.1** The racing area will be the Gulf off Charles Island in Milford.

9 COURSES

- 9.1** The course to be sailed will be an Optimist Trapezoid as described in the Sailing Instructions.

10 SCORING

- 10.1** 7 races are scheduled. One race is required to be completed to constitute a series.
- 10.2** When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. When six (6) to seven (7) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. This changes RRS A2.1.
- 10.3** All three age groups (Red, Blue, and White) will start together and be scored overall.

11 PRIZES

- 11.1** Prizes will be awarded to the top three overall finishers and to the top five finishers in the Blue, White and Red age groups.
- 11.2** A sportsmanship trophy may be awarded at the discretion of the race committee.

12 SUPPORT VESSELS

- 12.1** Any program entering three or more boats shall supply an instructor with a support vessel equipped with a working VHF radio, an anchor and a first aid kit.
- 12.2** Any program entering fewer than three boats that will not supply a support vessel shall arrange with another program to allow the supervising instructor out onto the water. In no circumstance shall competitors be allowed to sail without a designated instructor on the race course.
- 12.3** All support vessels shall be equipped with a functioning engine safety cut-out switch (kill switch) which shall remain attached to the operator at all times while the engine is running.
- 12.4** Instructors shall register with the OA at registration.
- 12.5** [Instructors shall attend the instructors' meeting to receive safety assignments.

13 DRONE USAGE

- 13.1** Drones are not allowed at the event unless they are authorized by the Organizing Authority (OA). Content from OA authorized drones should not be used for coaching during the event. If the content is used for coaching (or other similar purposes) it shall be made available to all competitors at the same time and not during competition hours. Further, the content shall be made available to the JSA for promotional purposes by promptly emailing said content to news@jsalis.org."

14 TRANSPORTATION AND PARKING

- 14.1** Neither competitor nor coach boats may arrive before Tuesday, Aug 4.
- 14.2** All boats and trailers that arrive on August 4 shall be stored in the club parking lot in the southwest corner under the white fence.
- 14.3** Coach boats that arrive by water should contact Milford Yacht Club on VHF channel 68 for docking instructions.
- 14.4** Coach boats shall not launch by hoist without assistance from Yacht Club staff.

15 RISK STATEMENT

- 15.1** RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

I agree to be bound by all rules that govern this event.

Regatta Chairperson: Bruce Scull 203-545-5862
vicecommodore@milfordyachtclub.com

Principal Race Officer: Bob Farnum 203-751-3281 rsfarnum@gmail.com

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