



The "Herb Meyer Cup" Regatta

Pier 40 On the Embarcadero, San Francisco CA 94107

August 1 & 2, 2026

Sailing Instructions

&

AMENDMENT 1

Organizing Authority: Bay Area Association of Disabled Sailors ("BAADS")

1. RACING RULES OF SAILING

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (2025-2028)*, the NOR, and these SAILING INSTRUCTIONS (SI's).
- 1.2. Rule 40.1, Life-Saving Equipment and Personal Floatation Devices applies. Belt packs are not permitted. Y flag shall not be displayed. This changes Rule 40.2.
- 1.3. Rule 41c which reads "Help in the form of information freely available to all boats." is removed.

2. BOAT ASSIGNMENTS

- 2.1. Boat assignments shall be made by the Organizing Authority. In some cases, at the Organizing Authority's discretion, boats will be pre-assigned and set-up at Registration.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Official Notices to competitors or changes to sailing instructions will be posted on the official notice board located in the South Beach Community Room no later than 1100 hours on the day they will take effect and at the Online Notice Board at <https://southbeachyachtclub.org/regatta/QvSAjvIIA5/#notice-board>
- 3.2. Competitors SHALL MONITOR VHF CHANNEL 78.
- 3.3. Communication from the Race Committee shall not be considered outside help (RRS 41).
- 3.4. Signals made ashore will be displayed from the flagpole on the South Beach Yacht Club clubhouse upper deck.
- 3.5. When the AP flag is displayed from the deck flagpole, "1" minute is replaced by "not less than 30 minutes". This changes RRS Race Signals.
- 3.6. Oral changes may be made on the water over VHF. The L (Lima) Flag will be displayed.
- 3.7. (DP) All boats shall carry a working VHF radio.



3.8. The RC may announce the start, course selection and the sail number of boats that are OCS or have violated RRS 30 on VHF channel 78. The failure of the RC to hail a boat, the order of the hails, or the boat's inability to hear the hail shall not be grounds for redress.

4. NUMBER AND SCHEDULE OF RACES

- 4.1.** The race committee will attempt to run 2-3 races per day.
- 4.2.** The competitors meeting will be held in the South Beach Community Room on August 1 at 1000.
- 4.3.** The warning signal for the first race on Saturday and Sunday day will be at 1200.

5. RACING AREA

- 5.1** The racing area will be the waters South and East of South Beach Harbor & inside McCovey Cove.

6. COURSES and MARKS

- 6.1.** The course will be designated by hail and displayed on the digiboard displayed on the upper port and starboard sides of the Committee Boat, prior to the Warning Signal for each race.
- 6.2.** No later than the warning signal, a flag designating the mark rounding direction will be displayed from the signal boat. If a red flag is displayed, all temporary marks shall be rounded to port. If a green flag is displayed, all temporary marks shall be rounded to starboard.
- 6.3.** All marks shall be large temporary inflatables.
- 6.4.** Attachment #1 shows the courses, course designations, the marks in order and the rounding direction of each mark.

7. CHECK IN and OUT

- 7.1.** Competitors shall check in with the Signal Boat by sailing past prior to their warning class's signal. If possible, they shall hail their name and sail number and make sure to get a positive response from the Race Committee.
- 7.2.** Boats that retire shall check out by informing an RC or Safety Boat, if at all possible. If not possible, they shall do so at the dock with the dock crew.

8. THE STARTING ORDER

- 8.1.** The starting order for the first race will be:



DELTA FLEET – LASER CLASS

ECHO FLEET – HANSA LIBERTY CLASS

FOXTROT FLEET - ThHANSA 303 CLASS

8.2. Division and starting order are subject to change by the Principal Race Officer (PRO.)

9. THE START.

9.1. The starting line will be between a staff displaying an orange flag on the RC boat (Anabel) and a temporary orange mark.

9.3. The starting sequence will follow the 5-minute sequence as set out in the RRS 26. There will not be rolling starts.

9.4. A boat shall not start later than five (5) minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes Appendix A, RRS A3 and will be scored DNS without a hearing.

9.5. The Race Committee reserves the right to combine multiple divisions into a single start, in which case division flags will be flown simultaneously. In all cases, scoring will be by division.

10. TIME LIMITS

10.1. The time limit for each race will be 45 minutes for the first boat to finish. 10.2. Boats that have not finished within 7 minutes after the first boat in class finishes shall be scored in the place they are in at that time, without a hearing. This changes RRS A5

11. RECALLS

11.1. As a courtesy, the race committee may attempt to hail On Course Side (OCS) boats via VHF Channel 78. Failure to execute this hail, the order or timing of hails, or the failure to receive a hail shall not relieve a boat of her sole obligation to start properly, nor shall it constitute an improper action or omission of the race committee under RRS 61.4(b)(1).

12. THE FINISH

12.1. The finish line will be the same as the Start Line, a staff displaying an orange flag on the RC boat (Anabel) and a temporary orange mark.

13. RESTRICTED AREAS

13.1. Boats whose preparatory signal has not been made shall keep clear of the Start Line while other boats are in sequence for their start.



14. SCORING

14.1. Fleet and class assignments are at the sole discretion of the Race Committee.

14.2. One race must be completed to constitute a series.

14.3. A boat's series score will be the total of her scores with one score excluded if (four) 4 or more races have been completed.

15. PENALTIES AT THE TIME OF THE INCIDENT

15.1. Appendix T, T1 shall apply: The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while *racing*. However, when she may have broken a rule of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'

16. PROTESTS AND REQUESTS FOR REDRESS

16.1. The Protest Time Limit is 2200 on Saturday night for Saturday races and one hour after competitors have been taken off the boats on Sunday for the Sunday races only.

16.2. *Protests and requests for redress shall be emailed to both the chief judge and the PRO, at rareitmeyer@gmail.com and suni.petersen@gmail.com, respectively. This changes RRS 60.3(b) and 61.2(b).*

16.3. The Hearing Request Form is available on the online notice board. A hard copy will also be in the community room. Hard copy protest forms shall be handed to the PRO.

16.4. A list of protests, redress received, and hearings schedule will be posted on the online notice board and in the community room.

16.5. *Arbitration, protests and requests for redress will be heard over Zoom starting Tuesday August 4 at 7 PM. The protest committee will send a link to the parties. The order of hearings will be determined by the protest committee.*

17. COMMERCIAL TRAFFIC AND SAFETY

17.1. Boats shall not impede the passage of commercial vessels and shall comply with the Navigation Rules.

17.2. If a commercial vessel sounds five blasts at a boat or boat(s) which are racing or the USCG is able to identify any offending boats, the boat(s) may be subject to protest.

17.3. A boat may not take a penalty to exonerate herself when she may have broken any part of this instruction. When a protest committee decides that a boat



has broken a rule in this instruction, the penalty shall be disqualification that is not excludable (DNE).

18. AWARDS

18.1. Prizes will be awarded at the end of the Herb Meyer Regatta on Sunday, August 2, 2026 at the South Beach Yacht Club.

18.2. The Awards will be as follows:

Hansa Liberty Class: First, Second and Third Places

Hansa Liberty Class with servo: First, Second and Third Places (If at least 3 participant)

Hansa 303 Class: First, Second and Third Places

Laser Class: First, Second and Third Places

19. DISCLAIMER OF LIABILITY

19.1. Sailing is an activity that has an inherent risk of damage and injury. The race organizers (OA), ratings authority, race committee, host club, sponsors, or any other organization or official will not be responsible for damage to any boat or other property or the injury of any competitor, including death, sustained as a result of participation in this race. By participating in this event, each competitor agrees to release the race organizers (organizing authority, host yacht clubs, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

20. FURTHER INFORMATION

20.1 For further information, please contact:

Regatta Chair: David Feig - 808-493-2772; david@baads.org

Principal Race Officer: Suni Petersen - 415-971-1127; suni.petersen@gmail.com

Chief Judge: rareitmeyer@gmail.com

Attachment # 1

COURSES and COURSE LAYOUT

Course 1 Start, 1, 2, 3, 1, 3, Finish

Course 2 Start, 1, 2, 3, Finish

Course 3 Start, 1, 3, Finish

Marks 1, 2 and 3 are rounding marks and
they shall be left to port.

Attachment # 2

