



# SAILING INSTRUCTIONS



## 75<sup>th</sup> Labor Day Regatta

Organizing Authority: Stillwater Yacht Club

### 1. RULES

- 1.1. This regatta will be governed by the rules as defined in *The Racing Rules of Sailing for 2025-2028* (RRS) and the prescriptions of the Mercury Class Yacht Racing Association (MCYRA).
- 1.2. RRS 40 is deleted and replaced with: "Competitors shall wear life jackets or other adequate personal buoyancy while racing." Flag Y may not be displayed.
- 1.3. RRS Appendix T1, *Post Race Penalties*, will apply.
- 1.4. RRS Appendices T2, T3, and T4 pertaining to arbitration, will apply.

### 2. SIGNALS ASHORE, NOTICES TO COMPETITORS, AND COMMUNICATIONS

- 2.1. Signals ashore will be made from the flagpole on Stillwater Pier.
- 2.2. Notices to competitors will be posted on SYC's website and on the Official Notice Board located at *Charlie's Place* on Stillwater Pier.
- 2.3. Changes to the Sailing Instructions, if any, will be posted not later than 1130 hours on the day they take effect, except that any change to the race schedule will be posted by 1800 hours on the day before it takes effect.
- 2.4. The Race Committee intends to communicate on marine VHF channel 68.

### 3. SCHEDULE

- 3.1. This is a two-day event scheduled for 8/29/26 and 8/30/26.  
Three (3) races are planned for 8/29, and two (2) races are planned for 8/30.
- 3.2. The planned schedule for each day is as follows:

|                                               | <u>8/29</u> | <u>8/30</u> |
|-----------------------------------------------|-------------|-------------|
| 3.2.1. Competitors' meeting (Stillwater Pier) | 1100 hrs    | 1030 hrs    |
| 3.2.2. First warning signal                   | 1230 hrs    | 1200 hrs    |
| 3.2.3. Additional races                       | To follow   | To follow   |
- 3.3. The Race Committee reserves the right to make changes to the racing schedule.

### 4. MARKS

- 4.1. All marks are orange buoys.

### 5. COURSES and STARTING/FINISHING LINES

- 5.1. Descriptions of the numbered courses and a course diagram are provided at Appendix A.
- 5.2. Starts will be conducted in accordance with RRS 26; all boats will start together.
- 5.3. Except as noted in Section 5.4, the starting line and finishing line will be between a staff with an orange flag and Mark X. This changes RRS Race Signals and RRS Appendix S, Section 11.1.

- 5.4. In the event of a shortened course, the finishing line will be as described in RRS 32.2, with the following clarification: If the course is shortened to finish at Mark X, competitors will finish by sailing between Mark X and flag S on a direct line from the preceding mark. If originally required, Mark X will not be rounded.

## **6. OBSTRUCTIONS**

- 6.1. Large bodies of kelp shall rank as obstructions, as shall the waters within a 100' radius of a stationary dive boat or a "Diver Down" safety flag displayed from a floating object.

## **7. HAILING OCS BOATS**

- 7.1. The Race Committee may hail the sail number or other identifying feature of any boat that was on the course side of the starting line at the start signal.
- 7.2. The failure of a hail, the failure of a boat to hear a hail, or the order of the hail(s) shall not be grounds for a yacht to request redress. This changes RRS 62.1.

## **8. PENALTIES AT THE TIME OF AN INCIDENT**

- 8.1. The first two sentences of RRS 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or RRS 31 while racing.

## **9. TIME LIMITS**

- 9.1. The time limit for the first boat to finish a race shall be ninety (90) minutes.
- 9.2. Boats failing to finish a race within 30 minutes of the time the first boat successfully finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

## **10. BOAT RETIRING**

- 10.1. A boat retiring before completing a race shall notify the Race Committee as soon as reasonably possible by contacting a Race Committee boat and announcing their intention to retire.

## **11. SCORING**

- 11.1. The Low Point Scoring System of RRS Appendix A will apply.
- 11.2. A boat disqualified by the Protest Committee shall be scored the number of entrants in the series plus two (2). This changes RRS A5.2.

## **12. PROTESTS**

- 12.1. The protest filing period expires one (1) hour after the principal Race Committee boat returns to its mooring.
- 12.2. Hearing schedules and notices to the parties to a hearing will be posted on the Official Notice Board within 90 minutes of the time the principal Race Committee boat returns to its mooring.

## **13. ENVIRONMENTAL STEWARDSHIP**

- 13.1. Stillwater Cove and Carmel Bay are in the Monterey Bay National Marine Sanctuary. Competitors will abide by all Sanctuary regulations (<https://montereybay.noaa.gov/>) and refrain from discharging or depositing anything into its waters.

# Appendix A

## Courses

|   |       |    |     |     |     |     |     |     |
|---|-------|----|-----|-----|-----|-----|-----|-----|
| 1 | Start | Wp | Fin |     |     |     |     |     |
| 2 | Start | Wp | Xp  | Wp  | Fin |     |     |     |
| 3 | Start | Wp | Xp  | Wp  | Xp  | Wp  | Fin |     |
| 4 | Start | Wp | Lp  | Fin |     |     |     |     |
| 5 | Start | Wp | Lp  | Wp  | Lp  | Fin |     |     |
| 6 | Start | Wp | Lp  | Wp  | Lp  | Wp  | Lp  | Fin |

Note: Unless shortened, courses 1-3 finish downwind and 4-6 finish upwind.

