



2026 Opti Mom Regatta July 14th, 2026

Organizing Authority: Annapolis Yacht Club Junior Fleet
Annapolis, Maryland, USA

<http://www.annapolisyc.com/racing/regattas>

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the sailing instructions (SIs) or notice of race (NoR) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. The notation '[NP]' in a rule of the SIs or NoR means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The regattas will be loosely governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2 [DP] RRS 40 is changed to require all competitors to wear USCG approved Type III Personal Flotation Devices (PFDs) at all times while afloat, except for brief periods while changing or adjusting clothing or personal equipment. We have plenty of orange life jackets to go around.

2 COMMUNICATIONS WITH COMPETITORS

- 2.1 Notices to competitors will be yelled at you via the committee boat.
- 2.2 The race office is a moving target... find Hollis or Bobby to file.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 No changes. It is what it is.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be in the form of interpretive dance only.
- 4.2 When flag AP is displayed ashore, stay hydrated...

5 SCHEDULE OF RACES

- 5.1 Onsite registration will be available 1700-1720
- 5.2 A competitor's meeting will be held at 1730.
- 5.3 The warning signal for the first race of the regatta is whenever the majority of the boats make it to the starting line.
- 5.4 A total of 3 race(s) are scheduled.
- 5.5 No warning signal will be made after 1900.

6 OPTI MOM FLEET INFORMATION

- 6.1 The Optimist Mom fleet will race in Area Green as shown on SI Attachment 1.
- 6.2 The course is shown in SI Attachment 1.
- 6.3 Windward and leeward marks will be inflatable pink flamingos or similar. The reaching mark will

be an inflatable rainbow. The start and finish mark will be an orange mark.

6.4 The Start

(a) The start will be according to RRS/US Appendix U (Sound Signal Starting System). Starting penalties described in RRS 30 will be invoked by flying the appropriate flag prior to the warning signal. This changes RRS 26.

(b) The starting line will be between the staff or halyard with an orange flag displayed on the race committee signal vessel and the course side of the start/finish mark.

(c) A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

6.5 The finishing line will be between a staff displaying an orange flag on the race committee finishing vessel and the course side of the start/finish mark.

7 RECALLS

- 7.1 The race committee will announce using their best outside voice, any boats identified as OCS, UFD, or BFD. A boat may not base a request for redress on the failure to hear or receive the announcement, the timeliness of announcement, or the order in which boats are announced. This changes RRS 62.1(a).

8 CHANGES OF THE NEXT LEG OF THE COURSE

- 8.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark.

10 PENALTY SYSTEM

Penalties while racing: RRS 44.1, One-Turn and Two-Turns Penalties will apply. This only counts if you are intentionally spinning... no credit for poor helmsmanship.

11 TIME LIMITS

- 11.1 For each class, the time limit is 25 minutes.
- 11.2 Boats failing to finish within 12 minutes after the first boat in her class sails the course and finishes, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. This changes RRS 35, A4 and A5.

12 PROTESTS, REQUESTS FOR REDRESS, SCORING INQUIRIES

- 12.1 Protest forms, scoring inquiry forms, and penalty acceptance forms will only be accepted wrapped around a canned beverage.

- 12.2 Protests, requests for redress or reopening shall be delivered to the race office (see SI 2.2) by the protest time limit. See 2.2.
- 12.3 When the race committee receives a scoring inquiry form, they will laugh at you and thank you for your time.
- 12.4 The protest time limit is 10 minutes after the race committee signal vessel docks.
- 12.5 The race committee will post scores in very large print on the notice board.
- 12.6 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b). Bonus points for creativity.
- 12.7 As soon as practicable after the protest time limit, the protest committee will post a notice to inform competitors of the schedule and location of “hearings” in which they are parties or named as witnesses. The protest committee will be made up of four to seven RWB or Green Fleet Opti racers.

13 SCORING

- 13.1 RRS Appendix A4, Low Point System, will apply.
- 13.2 One race is required to be completed to constitute a series.
- 13.3 A boat’s series score will be the total of her race scores.
- 13.4 Boats to be scored TLE will be scored points equal to the number of boats finishing within the finishing window plus two points by the race committee without a hearing but no worse than the number of entries. This changes RRS A4.2 and A5.

14 SAFETY REGULATIONS

- 14.1 [DP] Each boat shall check in before the warning of their first race sailed each day by sailing past the stern if the race committee signal boat and hailing her sail number until acknowledged.
- 14.2 [DP] A boat that retires from a race, or leaves the racing area between races, shall notify the race committee at the first reasonable opportunity.

15 [DP] COACHING

- 15.1 All coaches must be under the age of 15 and heckling is encouraged.
- 15.2 On the water, the race committee intends to monitor and communicate with coaches and support boats via loud yelling and or interpretive dance.
- 15.3 All persons aboard support vessels shall wear a USCG approved personal flotation device (PFD), if not a US Citizen, then an “approved” World Sailing flotation aid (PFD) will be accepted, always while afloat, except briefly while changing or adjusting clothing or personal equipment. The PFD shall be the proper size for the wearer, and in good and serviceable condition. Inflatable PFDs are permitted.

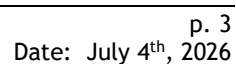
- 15.4 Except in the case of extreme embarrassment or emergency, support vessels shall not enter the racing area from the preparatory signal until the last boat finishes or permission is given by the race committee.

16 PRIZES

- 16.1 Prizes will be given to first, second, and third places
- 16.2 Additional prizes may be awarded at the discretion of the organizing authority.

17 DISCLAIMERS OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

2026 AYC Opti Mom Regatta- SAILING INSTRUCTIONS
Version FINAL

All marks to be rounded to port.

