



Rothesay Yacht Club

Sail/Voile NB Circuit Regatta

420 Provincial Championship

SAILING INSTRUCTIONS

Club 420, Optimist, 29er

1 Rules

- 1.1 The regatta will be governed by the 2025-2028 Racing Rules of Sailing (RRS), the prescriptions of Sail Canada, C420, and Optimist classes, except as any of these are changed by the Notice of Race or by the Sailing Instructions.
- 1.2 Each participant is required to wear a personal buoyancy device with an attached whistle while afloat. This changes rule 40.1.
- 1.3 If there is a conflict between the Notice of Race and the Sailing Instructions (SI's), the SI's will take precedence.

2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice board located outside the clubhouse as well as the clubspot website :
<https://theclubspot.com/regatta/UqYuHvbhfp>

3 Changes to Sailing Instructions

- 3.1 Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed on the flagpole of the RYC. When a signal is displayed over a class flag, it applies to that fleet only.
- 4.2 When Code Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 Schedule of Races

5.1 Dates of racing: August 8-9, 2026

Friday, August 7	8am-5pm	Early arrival, boat drop, practice day
	3pm-7pm	Check in
Saturday, August 8	7:30am	Check in, continental breakfast
	9:15am	Competitors meeting, coaches meeting
	10:30am	First Warning
	After races	BBQ
Sunday, August 9	8am	Continental breakfast
	10am	First Warning (up to 4 races)
	2:30pm	No warning signal after this time
	After races	Pizza and beverages, Awards Ceremony

5.2 No Warning Signal will be made after 1430 on Sunday, August 9, 2026.

5.3 The number of races sailed will not exceed 11

5.4 All subsequent races after the first race of the day will be started as soon as practicable after the conclusion of the preceding race.

6 Class Flags

6.1 Class Flags will be as follows:

Optimist

Club 420

29er

Optimist Class flag

420 Class flag

29er Class flag

7 The Courses

7.1 The diagrams in Section 21 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8 Marks

- 8.1 All marks will be yellow inflatable tetrahedrons, except Mark #3 (Optimist Windward) may be a smaller Buoy.
- 8.2 If a replacement mark is required while racing, it will be a yellow inflatable tetrahedrons. A replacement mark will be replaced by the original mark as soon as practicable.

9 The Start

- 9.1 The starting marks for all courses will be the orange flag displayed on the Race Committee boat displaying the RC flag at the starboard end and a pin or mark at the port end.
- 9.2 Boats whose warning signal has not been made shall avoid the starting area.

10 The Finish

- 10.1 The finishing marks for all courses will be the range flag displayed on the Race Committee boat displaying the RC flag at the port end and a pin or mark at the starboard end.

11 Penalty System

- 11.1 For the 29er class, rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

12 Time Limits

- 12.1 Time limits are as follows: The time limit for the first boat of each class to reach Mark 1 will be 30 minutes. The time limit for the first boat to sail the course and finish the race will be 60 minutes for the 29er class and 90 minutes for all other classes.

13 Protests and Requests for Redress

- 13.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 13.2 For each class, the protest time limit for each class is 60 minutes after its race committee boat has docked.
- 13.3 Notices will be posted to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Committee room, located at the yacht clubhouse.

14 Scoring

- 14.1 One race is required to be completed to constitute a series.
- 14.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 14.3 When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

- 14.4 When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

15 Safety Regulations

- 15.1 All boats shall check in with the Race Committee Boat when they arrive in their racing area.
- 15.2 A boat that retires from a race shall notify the race committee as soon as possible.
- 15.3 All boats are required to have a 5 metre by 7 mm. floating line attached to the mast as described in the Notice of Race.

16 Replacement of Crew or Equipment

- 16.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

17 Support Boats and Coaches

- 17.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.
- 17.2 Coaches must follow Sail Canada's "Coaches Code of Conduct"

18 Radio Communications

- 18.1 The race committee will monitor VHF channel 69 Coach/support boats are asked to monitor that channel and to respond to any reasonable request from the race committee to stand by or otherwise assist in the safe conduct of this event.
- 18.2 In the interest of competitor safety, coach/support boats are also requested to report any potentially dangerous situations they observe to the Safety Committee on VHF channel 69.

19 Prizes

- 19.1 Prizes will be awarded to the top three finishers in each class.

20 Disclaimer of Liability

- 20.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

21 Insurance

21.1 Each participating boat shall be insured with adequate valid third-party liability insurance.

22 Sailors for the Sea

22.1 This regatta will be running as a clean regatta on behalf of Sailors for the Sea – the world's leading sustainability certification for all water-loving events. The Rothesay Yacht club is asking you to help us achieve our goals by participating in this initiative. We ask that you help us out by:

- Using our water refill station on land to refill your reusable water bottle
- Avoid using plastic straws
- Ensuring all your garbage is placed in the correct garbage bins.

As the host, we will also commit to reducing single use plastics, offer vegetarian food options and spread the word about the importance of environmental sustainability.

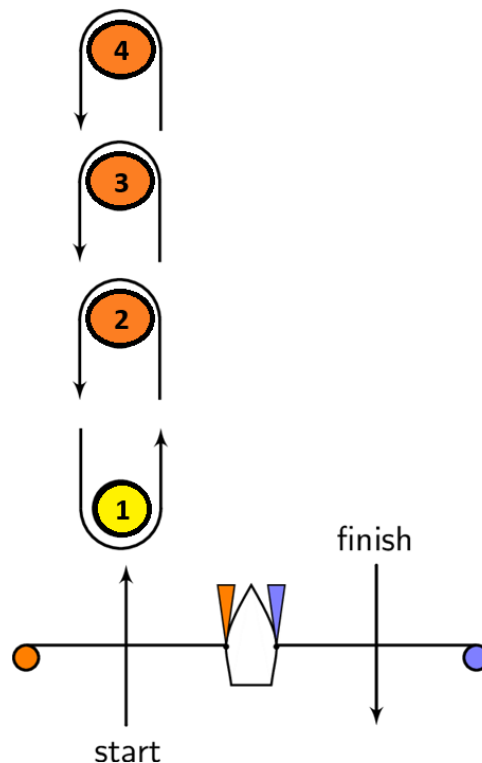
22.2 Water will be available on the racecourse from safety boats if needed.

23 Course Diagrams

23.1 Course: Start – 2 – 1 – 2 – Finish (*Optimist Class Only*)

23.2 Course: Start – 3 – 1 – 3 – Finish (*420*)

23.3 Course: Start – 4 – 1 – 4 – Finish (*29er Only*)



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