



**International 110 Class Association
84th National Championship Regatta
August 9–13, 2026**

Sailing Instructions

Organizing Authorities: Inverness Yacht Club and the International 110 Class Association

1. RULES

- 1.1** This event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2** The Bylaws and Rules Committee Rulings and the Championship Regulations of the International 110 Class Association shall apply.
- 1.3** The following International 110 Class Association rules under Article II Specifications, Optional Items are suspended for the 2026 National Championship Regatta:
 - ~~11g: Such controls shall not allow the clew of any size jib or genoa to be sheeted further inboard than the Working Deck.~~
 - ~~14: The jib sheet, for any size jib or genoa, must be led through blocks or fairleads located on the Working Deck.~~
- 1.4** RRS 40.1 shall apply to all competitors while on the water. Code “Y” will not be flown.

2. NOTICES TO COMPETITORS

- 2.1** Notices to competitors will be posted on [event notice board webpage](#). Notices may also be posted on the race shack at the end of the IYC pier.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1** Changes to the sailing instructions will be posted on the [event notice board webpage](#) before 0900 on the day they take effect, except that any change to the schedule of races will be posted by 1800 on the day prior.
- 3.2** Changes to a sailing instruction may be made on the water via VHF radio on **channel 69**.

4. COMMUNICATIONS

- 4.1** On the water communication by the race committee to competitors will be via VHF **channel 69**. Competitors should carry a VHF radio to receive these communications.
- 4.2** From the first warning signal until the end of the last race, except in an emergency or when retiring from a race, a boat shall not make or receive voice or data transmissions that are not available to all competitors. This restriction also applies to mobile telephones.

5. SIGNALS MADE ASHORE

- 5.1** Signals made ashore will be displayed from the mast at the end of the IYC pier.
- 5.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1** The racing schedule is as follows:

Aug 9	1400	Tune up race warning
Aug 10	0900	Competitors' meeting upstairs in the clubhouse
	1200	Race Warning (2 races are scheduled)
Aug 11	1200	1 st Race Warning (2 races are scheduled)
Aug 12	0900	Annual class meeting
	1300	1 st Race Warning (2 races are scheduled)
Aug 13	1300	Race Warning (1 race is scheduled)

- 6.2** Seven (7) races are scheduled for the regatta.
- 6.3** One additional race per day may be sailed, provided the regatta does not become more than one race ahead of schedule

7. RACING AREA

- 7.1** The intended starting area is in the vicinity of Marconi Cove northwest of Inverness YC.

8. COURSES AND MARKS

- 8.1** The courses will be windward/leeward or Gold Cup style (triangle/windward/leeward) to the extent possible given the wind direction and the geography of Tomales Bay.
- 8.2** The course diagram and descriptions are shown in Attachment A. Courses will be designated by a number board on the signal boat.
- 8.3** Turning marks will be red tetrahedrons and the offset mark is a red sphere.

9. RESTRICTED AREAS

- 9.1** Boats shall not sail between buoys marking the boundaries of oyster farms or beach swim areas, nor between any of those buoys and the nearest point on the shore.

10. THE START

- 10.1** Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 10.2** The starting line is between a staff displaying an orange flag on the signal boat and a yellow cylindrical mark.
- 10.3** When a general recall is signaled, the warning for the restarted race will be the starting gun of the previous recalled race (i.e. a rolling clock). This changes RRS 29.2.

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1** To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

12. THE FINISH

- 12.1** For courses 2, 4 and 6 the finish line is between a staff displaying an orange flag on the signal boat and a yellow cylinder mark.
- 12.2** For courses 3, 5 the finish line is between a staff displaying an orange flag on the signal boat and the windward mark.

13. PENALTY SYSTEM

- 13.1** The first two sentences of RRS 44.1 are modified per Appendix V1 as follows: *“A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.”*

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1** Protests and requests for redress shall be filed in writing with the PRO within 60 minutes of the signal boat's return to the IYC dock. The PRO will announce this time on VHF channel 69.
- 14.2** Notices of protests and the time and location of the hearings will be announced over VHF channel 69. Protest hearings will be heard by a panel chaired by the PRO.

15. SCORING

- 15.1** The Low Point Scoring system described in RRS A4 will be used.
- 15.2** Completion of three (3) races shall constitute a series.
- 15.3** When six (6) or more races have been completed, a boat's series score shall be the total of all her race scores excluding the worst score (however, a DSQ cannot be excluded).
- 15.4** A boat that did not sail correct the course, did not finish (DNF) or retired shall be scored one (1) point more than the number of boats that finished that race. This changes RRS A5.2.
- 15.5** A boat that did not start a race (DNC, DNS or OCS) or was disqualified (DSQ) shall be scored one (1) point more than the number of boats that started that race. This changes RRS A5.2.

16. SAFETY REGULATIONS

- 16.1** A boat that retires from the race, or that leaves the racing area prior to the conclusion of racing, shall notify the Race Committee at the first reasonable opportunity via VHF channel 69 or by hail.

17. PRIZES AND TROPHIES

17.1 Prizes will be awarded to the top five (5) overall competitor teams for the regatta.

17.2 Deeded perpetual trophies for Masters, Masters Runner-up and Women's championships will be awarded per class rules.

18. RISK STATEMENT

18.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes."

19. FURTHER INFORMATION

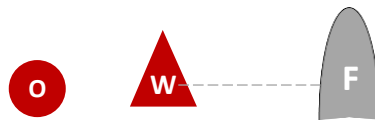
Principal Race Officer (PRO): Skip Shapiro (sailorskip76@gmail.com or 650-799-4247)

Regatta Co-Chairs: Michael Sporer (mgsporer@gmail.com)

Regatta Measurer: Milly Biller (millybiller@gmail.com)

Boat Management Chair: Bren Meyer (bmeyer_co@sonic.net)

ATTACHMENT A – RACE COURSES



<u>Number</u>	<u>Course</u>	
2	Start – Wp – Op – Finish (downwind)	[WL]
3	Start – Wp – Op – Lp – Finish (upwind)	[WLW]
4	Start – Wp – Op – Lp – Wp – Op – Finish (downwind)	[WLWL]
5	Start – Wp – Op – Lp – Wp – Op – Lp – Finish (upwind)	[WLWLW]
6	Start – Wp – Rp – Lp – Wp – Finish (downwind)	[△WL]

Note: If offset mark O is not set, proceed to the next mark of the course