



2026 American Yacht Club Sunday Coastal Series

Organizing Authority: American Yacht Club
Select Sundays from Aug 9 - Oct 18 , 2026
Rye, NY

Sailing Instructions

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. The US Sailing Special Equipment Requirement (USSER) for Nearshore races ([source](#)) shall apply.
- 1.3. Appendix V ALTERNATIVE PENALTIES will apply.
- 1.4. Vakaros Usage:
 - 1.4.1. The Vakaros RaceSense system will be utilized by the race committee for both starts and finishes. This changes RRS 41(c). Details are in Addendum B.
 - 1.4.2. Each boat shall have a working Vakaros Atlas 2 configured for RaceSense at check-in, which shall be mounted according to the instructions of the race committee. A limited number of Vakaros Atlas 2 units will be available for rental on a daily fee basis to a boat that does not have one available, on a first-come, first-served basis.
 - 1.4.3. Each boat will need to have her Vakaros Atlas unit scanned into the RaceSense system by the race committee before leaving her mooring each race day.
 - 1.4.4. Failure of an Atlas 2 or the RaceSense system shall not be grounds for a request for redress by a boat. This amends RRS 61.1(a).

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2200 on the day before it will take effect.
- 2.2. Changes to the Sailing Instructions may be made verbally on the water by an Event Chair or designated Principal Race Officer (PRO) for that day. Changes



announced verbally on the water are specific to that day of racing and not the entire series.

3. COMMUNICATION WITH COMPETITORS

- 3.1. The official notice board is located on the Clubspot regatta website:
<https://sailing.americanyc.org/regatta/qBUyee6huK>
- 3.2. Communications on the water will be announced over VHF channel 73.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the JAYC House.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

5. SCHEDULE

- 5.1. There will be a practice Sunday Aug 9th, at 1330, which will not count towards the series score.
- 5.2. Dates of racing:
 - Sunday Aug 16
 - Sunday Aug 23
 - Sunday Sep 6
 - Sunday Oct 11
 - Sunday Oct 18
- 5.3. One race will be sailed each day, with the first warning at 1330.

6. RACE AREA

- 6.1. The racing area will be in the vicinity of Bell 42. It is expected that the starting area will be located within one mile of Bell 42.

7. COURSES AND MARKS

- 7.1. The starting and finishing marks will be yellow or orange MarkSetBots.
- 7.2. The course will use government marks described in Addendum A. The course will be chosen by a sailor designated as PRO by the Event Chair for the day, and will be shared on the water over VHF Channel 73 before the starting sequence.
- 7.3. If the course needs to be shortened during the race, the Event Chair or designated PRO will announce a new finish mark on Channel 73.

8. THE START AND FINISH

- 8.1. Boats will be started and finished according to Addendum B: Vakaros RaceSense.



9. HEARING REQUESTS

- 9.1. Protests or requests for redress shall be submitted digitally using the link at <https://sailing.americanyc.org/protest> no later than the end of the day of racing on which the alleged incident occurred. A list of hearing requests received, and the scheduled time and location for hearings, will be posted on the regatta website.

10. RISK STATEMENT

- 10.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf ("Releasors") that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases such as Covid-19). Releasors also agree, understand and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease (including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasors forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasors now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf ("Releasees"), for anything arising out of or relating to Releasors' participation in such sailing events (including contracting communicable diseases such as Covid-19). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasors agree,



acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases such as Covid-19), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

11. INSURANCE

- 11.1. Each participating boat shall be adequately insured with current, valid third-party liability insurance that is appropriate taking into account the value of the boats racing and the type of racing.

12. FURTHER INFORMATION

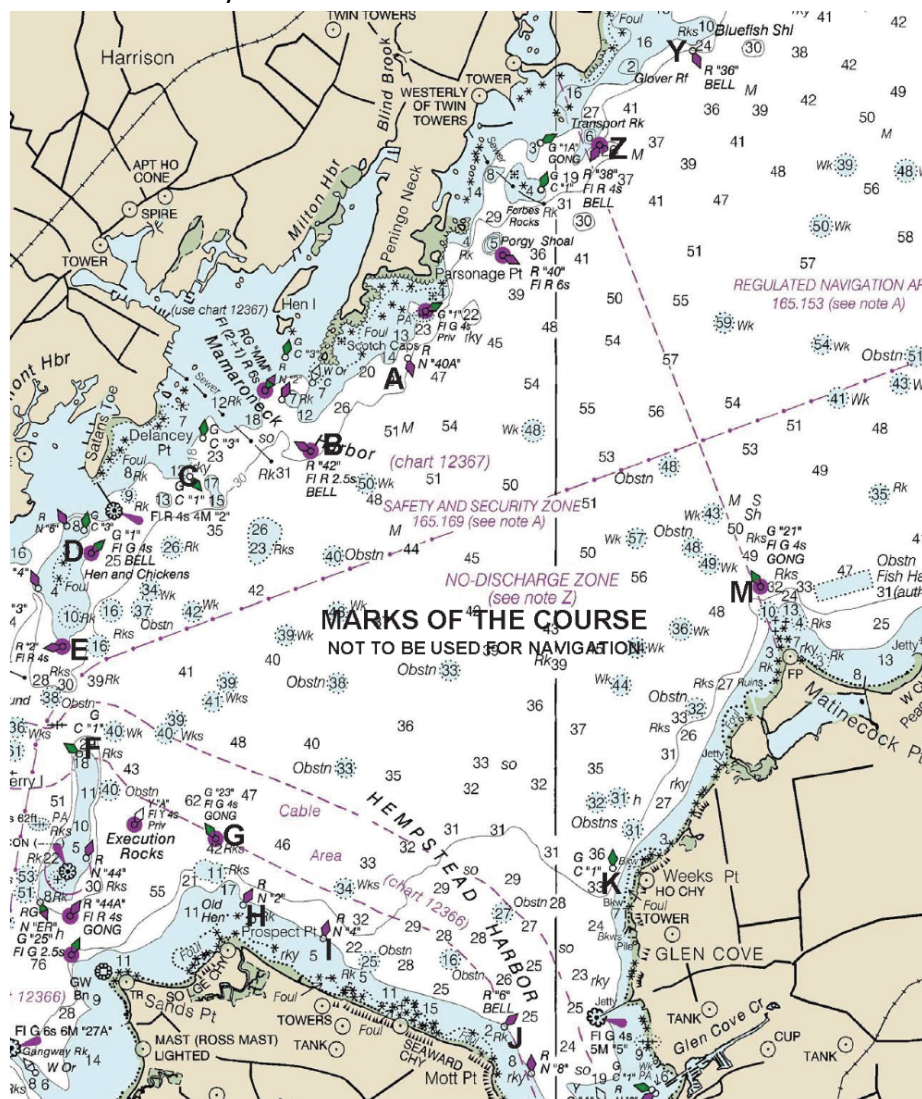
- 12.1. For more information, please contact the following:
RC / Event Chair: Giff Constable (giff.constable@gmail.com)
RC / Event Chair: Barry Gold (barrypgold@gmail.com)

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580



ADDENDUM A: Marks of the Course

- A Red nun "40A" off Scotch Caps
- B Red bell "42" off Scotch Caps
- C Green can "1" off Delancey Point
- D Green bell "1" Northeast of Hen & Chickens
- E Red bell "2" south of Hen & Chickens
- F Green can "1" Northeast of Execution Rocks
- G Green gong "23" off Prospect Point
- H Red nun "2" off Prospect Point
- I Red nun "4" off Prospect Point
- J Red bell "6" off Mott Point (Hempstead Harbor)
- K Green can "1" off Weeks Point
- M Green gong "21" off Matinecock Point
- Y Red bell "36" off Bluefish Shoal
- Z Red bell "38" off Playland





ADDENDUM B: Vakaros RaceSense

[NP] Rules and Instructions for Using the Vakaros and RaceSense System

1. Each boat shall have a working Vakaros Atlas 2 turned on at all times which shall be configured by the OA.
2. The Vakaros RaceSense system will be used by the Race Committee and the relevant information will be available to all boats.
3. Competitors with club-owned devices shall take all reasonable measures to keep the Atlas 2 safe and operational and promptly notify the Race Committee on the water or ashore of any device issues.
4. The countdown to the start on the Atlas 2 from RaceSense will be the official time. Signal flags shall not be used.
5. The starting line is between the Vakaros units on a port-end MarkSetBot and a starboard-end MarkSetBot, as seen from the pre-course side of the line looking towards the first rounding mark.
6. The finishing line is between the Vakaros units on a port-end MarkSet bot and a starboard-end MarkSet bot, as seen from the last rounding mark.
7. The visual identification of boats infringing RRS 29 and RRS 30 by the Race Committee is replaced with electronic identification through the Vakaros RaceSense system, modifying RRS 29.1, 30.1, 30.2, 30.3, and 30.4. In the event a start needs to be recalled, for fairness or safety reasons, the Race Committee will verbally announce the abandonment over VHF channel 73.
8. Any failure of the Atlas 2, RaceSense system, or communication systems will not constitute grounds to request redress by a boat or the Protest Committee. This changes 61.1(a) and 61.1(c).
9. If the Race Committee hails the fleet on VHF 73 with the words “Vakaros reset” before the start of a race, competitors shall restart their Vakaros Atlas 2 unit by switching it off, waiting 10 seconds and then switching it back on to reconnect to the RaceSense network.