

SAILING INSTRUCTIONS

VYC's FALL OPTI REGATTA (SCYRRA CARRIE SERIES #2)

Ventura Yacht Club – 1755 Spinnaker Dr, Ventura, CA 93001
November 7-8, 2026

ORGANIZING AUTHORITY: The 2026 *Fall Opti Regatta* will be organized by Ventura Yacht Club.

1. RULES

1.1 The regatta will be governed by the 2025-2028 Edition of the Racing Rules of Sailing; The Prescriptions of US Sailing; The International Optimist Dinghy Class Rules; The Notice of Series; The Notice of Race; and by these Sailing Instructions. If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall apply.

2. NOTICE TO COMPETITORS

2.1. Notices to competitors will be posted on the official Regatta Notice Board located on the Ventura Yacht Club lower patio no later than 0900 hours on the day they are to take effect.

3. SIGNALS MADE ASHORE

3.1 Signals made ashore will be displayed on the flagpole adjacent to the clubhouse.

4. RACING AREA

4.1. The Championship racing area will be in the ocean, approximately ½ mile NW of the detached breakwater, outside of the Ventura Harbor.
4.2. The Green Fleet racing area is planned to be inside of the detached breakwater, near Soter's Point.
4.2.1. The race committee reserves the right to move both fleets' racing areas, as it sees fit, to maintain competitor safety.

5. COURSES

5.1. Courses will be chosen from the *Course Chart* on the last page of these *Sailing Instructions*. The race committee will display the course number.

6. CLASS FLAGS
6.1. Championship Fleet (Red, Blue, and White Fleets) will use the Optimist Class Flag
6.2. Green Fleet will use the Green Optimist Class Flag

7. MARKS
7.1. Marks for the Championship racing area will be yellow inflatable tetrahedrons, with the *starting pin* being an orange inflatable tetrahedron and the *finish pin* being an orange inflatable cylinder. The race committee may use a leeward mark in place of a leeward gate at its discretion; this mark must be rounded to port.
7.2. Marks for the Green Fleet course will be orange spherical buoys, with the *starting pin* being an orange cylindrical buoy and the finish pin being an orange cylindrical buoy as well. These will be shown to Green Fleet competitors during Saturday's skippers meeting.

8. THE START/FINISH LINE
8.1. The start line for both fleets will be between the orange flag on the race committee boat and the *starting pin*.
8.2. The finish line for both fleets will be between the blue flag on the race committee boat and the *finishing pin*.
8.3. The start/finish line for both fleets is restricted unless otherwise noted by RC before 0900 that day of the event.
8.4. Starts will be signaled in accordance with RRS 26 for both Champs and Green.

9 INDIVIDUAL RECALLS
9.1. The Race Committee will attempt to hail *On Course Side* (*OCS*) competitors. The failure of any boat to hear the hail, the hail of some, but not all *OCS* boats, or the order of boats hailed shall not be grounds for redress. This changes RRS 62.1.
9.2. For Championships Fleet, after one general recall, U-Flag RRS 30.3 will be in effect.

10. TIME LIMITS
10.1. The time limit for the first boat to sail the course is 60 minutes. Boats whose place in the race has been established may be finished as is by the Race Committee in order to expedite the next start.

11. PROTESTS
11.1. Protesting boats shall inform the race committee of the boat being protested immediately after finishing. In accordance with Optimist Class rules, a protest flag must be flown by the protesting yacht. This changes RRS 61.1(a).
11.2. Protests must be filed at the VYC office within one hour of the race committee docking at VYC.

12. SCORING
12.1. The Low-Point Scoring System of RRS Appendix A will apply, except that a boat's series score shall be the total of all her race scores when fewer than six races have been sailed.
12.2. Eight (8) or more races will be attempted depending on the weather.
12.3. One race is required to constitute a regatta.

13. TROPHIES
13.1. Trophies will be presented on Sunday after racing. There will be trophies for the top three overall sailors, the respective winner of Red, Blue, and White fleets, and participation awards for Green Fleet.
13.2. Green Fleet coaches will also vote for a winner of the Amy West Corinthian Spirit Award. Memorializing VYC longstanding member and female sailor, Amy West, this trophy will be awarded to a green fleet participant who has shown outstanding Corinthian spirit during the regatta. Coaches may nominate a green fleeter from another yacht club when they see the child exemplify Corinthian spirit to Regatta Chair Katelyn Dembowski. Green fleet coaches will have the opportunity on Sunday to discuss and vote on the winner of the award before the trophy presentation.

14. SAFETY REGULATIONS

14.1. Coaches are expected to keep track of each of their sailors. If a sailor does not have a coach, there must be a competitor representative that is responsible for keeping track of the sailor on and off the water until back in the care of their custodian. Should a competitor not leave the dock after checking in, the coach, custodian, or competitor must inform Event Chairman, Katelyn Dembowski, as soon as possible via text message to (805) 727-0201, with the name and sail number of the competitor.

14.2. A boat that retires from a race shall notify the race committee as soon as possible. Notification via a coach or secondary source is acceptable.

14.3. Competitors shall wear UCSG approved Type III personal flotation at all times while on the water except for briefly to remove or add clothing. All competitors must have a whistle attached to their PFD at all times while on the water. Each boat must have a bow line with a secure loop in the end of it, a bailer, and a mast-clamp or mast tie-down. Any sailor that does not have these items may not be permitted to leave land and may have a standard penalty of 10 points per item missing added to their regatta score

15. VHF Channels

15.1. Race Committee for Champs Fleet will be on VHF 69 unless otherwise stated prior to 1000 on Saturday.

15.2. Race Committee for Green Fleet will be on VHF 72 unless otherwise stated prior to 1000 on Saturday.

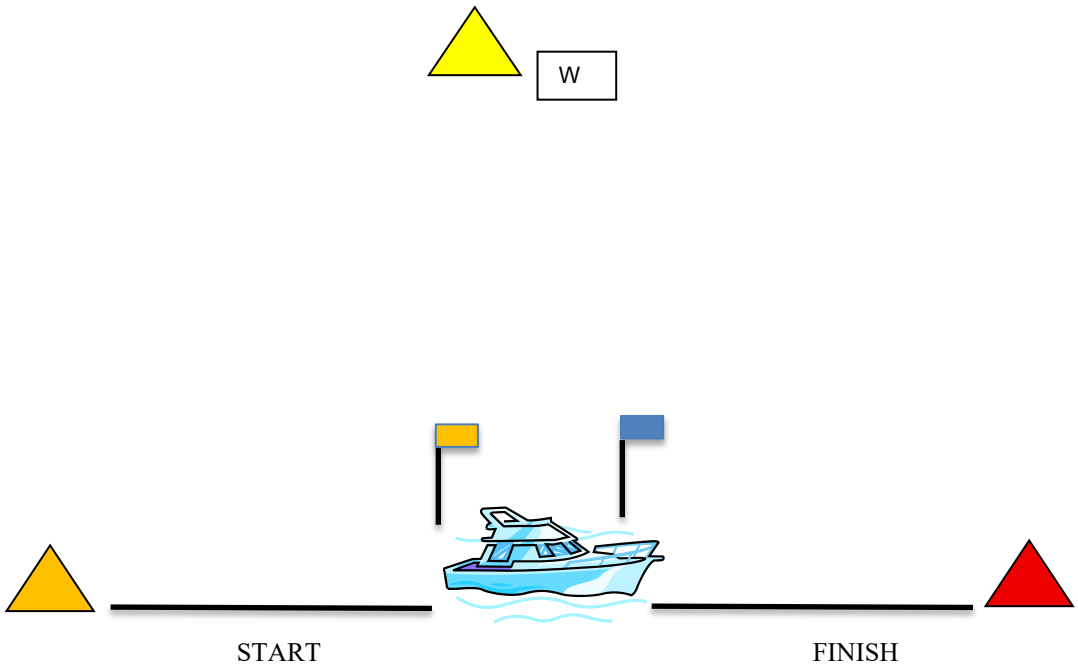
16. DISCLAIMER OF LIABILITY & ADULT RESPONSIBILITIES

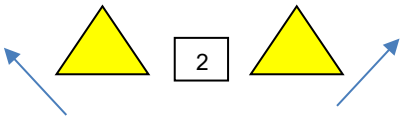
16.1. Competitors, Parents/Guardians in this event/series are participating entirely at their own risk. See RRS4, Decision to Race. By participating in this event/series, each competitor agrees to release the race organizers (Organizing Authority, host yacht club race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any liability associated with such competitor's participation in this event to the fullest extent permitted by law. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.**

16.2. An adult (parent, guardian or designated adult/coach) is responsible for the safety of each of their sailors. It is the responsibility solely of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

16.3. Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall indicate in writing the parent or adult representative that shall be responsible for the competitor throughout the event. The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

COURSE CHART – CHAMPS FLEET AND GREEN FLEET





Not to Scale

1. **S – W – 2p/2s – F**
2. **S – W – 2p/2s – W – 2p/2s – F**